

ACC
SWIMMING & DIVING
CHAMPIONSHIPS



ACC SWIMMING AND DIVING
CHAMPIONSHIP MANUAL

FEBRUARY 17-20 AND FEBRUARY 24-27, 2021 | GREENSBORO AQUATIC CENTER | GREENSBORO, NC



CHECKLIST

The following is a checklist of forms that must be completed and returned to various individuals prior to the 2021 ACC Men's and Women's Swimming and Diving Championships.

Item	Date Due	To Whom	Completed
Electronic Entries	Women's Swimming & Diving: Monday, February 8, 2021 Men's Diving: Monday, February 8, 2021 Men's Swimming: Monday, February 15, 2021	Please contact Franke Marsden at fmarsden@atlantaswimming.com or 404.664.3975 with questions.	
Athletic Trainers Video Call	Thursday, February 11, 2021 @ 1:00 pm	via Webex	
Pre-Championship Logistics Video Call	Men's & Women's Swimming Friday, February 12, 2021 @ 11:30 am Men's & Women's Diving Friday, February 12, 2021 @ 12:30 pm	via Webex	
Team Information Forms	Monday, February 15, 2021	via Teamworks	
Roster & Awards Ceremony List	Men's and Women's Diving: Tuesday, February 16, 2021 Women's Swimming: Tuesday, February 16, 2021 Men's Swimming: Tuesday, February 23, 2021	via Teamworks	

CHAMPIONSHIP INFORMATION

The ACC Manual shall take precedence over the information contained in this manual should a discrepancy exist.

ARTIFICIAL NOISEMAKERS

No artificial noisemakers (i.e., cowbells, whistles, clappers, thundersticks) will be permitted at the 2021 ACC Swimming and Diving Championships.

AWARDS

The following awards will be announced and presented **during** the Championship:

- 1 Championship Trophy
- 1 Championship Most Valuable Swimmer Award
- 1 Championship Most Valuable Diver Award
- 1 Award for Each Event Champion
- 1 Award for Each Event Second Place
- 1 Award for Each Event Third Place
- 28 Individual Awards for members of the winning team will be provided but will not be announced during the Awards Ceremony

Most Valuable Swimmer. *The ACC Most Valuable Swimmer will be selected by a vote of the head coaches. Coaches will be provided a list of the top 10 point recipients following Friday night's competition.*

Most Valuable Diver. *The ACC Most Valuable Diver will be selected by a vote of the head coaches.*

All-Conference Team - *The Women's and Men's Swimming and Diving All-Conference Teams will be composed of the first, second and third place finishers in each individual event plus all first-place relay teams.*

The following awards will be announced **after** the Championship, and will be shipped to the winning school's SWA:

Coach of the Year - *The ACC Women's Swimming, Women's Diving, Men's Swimming, and Men's Diving Coach of the Year awards will be selected by a vote of the head coaches.*

Swimmer of the Year - *The ACC Swimmer of the Year will be selected by a vote of the head coaches.*

Diver of the Year - *The ACC Diver of the Year will be selected by a vote of the head coaches.*

Freshman of the Year - *The ACC Women's and Men's Freshmen of the Year will be selected by a vote of the head coaches.*

A voting ballot will be sent out one week prior to the post NCAA Championship conference call asking each coach to rank all other coaches and fill in their vote for Swimmer, Diver, and Freshman of the Year. This will need to be emailed (tbeck@theacc.org) or faxed (336-854-8797) to **Tyler Beck** at the ACC office following the Post-NCAA conference call.

AWARDS CEREMONY

An awards ceremony will be held immediately after the conclusion of each final event. All individuals receiving an award must be represented on the awards stand. If a student-athlete is swimming in the event immediately after the awards ceremony, and only in that circumstance, another participating student-athlete from that institution must stand in to receive the award, unless a record has been broken. If an individual is swimming in multiple events that session, the coach must inform the ACC Championships Liaison prior to the start of that session if that student-athlete may have a substitute for any of the award ceremonies.

For the 2021 Championship, the coach of each medaling student-athlete will come to the awards podium and present the award to their student-athlete. Each place will be announced individually in an effort to maintain adequate social distancing. The order of announcement will be bronze, silver, then gold.

BANNERS

The display of banners is subject to the approval of the Conference Office and the Greensboro Aquatic Center. No banners may be placed over existing signage and only painters tape should be used on the walls to display signage. Each team must provide

CHAMPIONSHIP INFORMATION

their own tape. Any banners hung by other methods will be immediately removed by Aquatic Center staff. All teams will need to hang their own banners and must hang all of their banners in their designated team area (within their assigned bleacher space). Banners and signs are not permitted in other areas of the facility.

CHAMPIONSHIP COMMITTEE

The championship games committee includes Jessica Rippey (ACC representative), Danny White (Committee Chair), Bethany Wagner (Committee Vice-Chair), Renae Myles Payne (Committee Vice-Chair), Michelle Lee (Committee Ex-Officio), Amy Kwan (Head Diving Official) and Melissa Hellervik-Bing (Head Swimming Official). This committee reserves the right to make alterations to the Championship schedule of events due to inclement weather, security threats, team travel issues and other emergency situations.

COACHES' LOGISTICS MEETING

The men's and women's swimming coaches' logistics meeting will be held Friday, February 12 at 11:30 a.m. via Webex. The men's and women's diving coaches' logistics meeting will be held Friday, February 12 at 12:30 p.m. via Webex.

COACHES' MAILBOXES

Mailboxes will be directly behind the swimming administration riser. Mailboxes will be event specific.

COMMUNICATIONS INFORMATION

ACC Contact: Tyler Beck, Assistant Director, Communications

Phone: 336.369.3744 (office) 336.268.1253 (cell)

Email: tbeck@theacc.org

Fax: 336.854.8797

Post-Championship Interview Policy

Each participating institution's head coach must be made available to the media, if requested. Efforts must be made to grant media access to requested student-athletes, however a student-athlete's post-championship media availability is at the ultimate discretion of the ACC Communications liaison and/or the team's sports information director. If a head coach or student-athlete is made available to any member of the media, the individual must be made available to all media. Post-Championship interviews, if requested, will take place in on the pool deck following each day's competition.

Results and Releases

At the conclusion of each day, the results will be posted to theACC.com. Results will also be sent to sports information directors, coaches and media within the league's footprint.

CONCESSIONS

Concessions will not be available for the 2021 championship.

COLD TUBS AND HOT TUBS

Cold tubs will not be permitted for the 2021 ACC Swimming and Diving Championship. Additionally, the hot tub near the diving well will not be available for the 2021 ACC Swimming and Diving Championship.

CREDENTIALS

Team Credentials

For the Women's Swimming and Diving Championships, each team will receive the following credentials:

- | | |
|-----|---|
| 4 | All-Access credential (Head Swimming Coach, Head Diving Coach, and two Assistant Coaches) |
| 5 | Team credentials (Assistant Coaches or Team Personnel) |
| 21 | Participant credentials (Student-Athletes) |
| TBD | Participant credentials (Declared Number of Men's Divers) |



CHAMPIONSHIP INFORMATION

For the Women's Swimming and Diving Championships, a total of thirty (30) credentials including coaches, student-athletes, athletic trainers, managers, massage therapists, etc., will be provided plus the number of men's divers that will be competing. Coaches should inform the Conference office of the number of men's divers via the Roster & Awards Ceremony Form.

For the Men's Swimming Championship, each team will receive the following credentials:

3	All-Access credential (Head Swimming Coach and two Assistant Coaches)
7	Team credentials (Assistant Coaches or Team Personnel)
18	Participant credentials (Student-Athletes)

For the Men's Swimming Championship, a total of twenty-eight (28) credentials including coaches, student-athletes, trainers, managers, massage therapists, etc., will be provided.

These credentials are non-transferable and should be distributed only to the individuals listed on the Roster & Awards Ceremony List(s). Each team's Senior Woman Administrator will be contacted regarding the number of administrators from your institution who will be attending the championship.

Administrator credentials and parking passes will be sent to the SWA or designees for distribution prior to the event. **Any changes in credentials must be approved by the ACC Swimming and Diving Committee.**

Media Credentials

All requests for working press, radio, and photo credentials should be made through Tyler Beck at tbeck@theacc.org.

For the 2021 Championship, one ACC videographer and one ACC photographer will be on the pool deck and will shoot for the whole championship. No additional media shall be permitted on the pool deck. Additionally, no outside media shall be permitted inside the venue unless they are part of the team roster.

CROWD CONTROL

The responsibility for crowd control rests with the event management staff or designated representative of the competing institutions and the ACC championship representative. The Directors of Athletics of the competing institutions are expected to communicate with their student-athletes and fans to encourage enthusiastic support within the confines of good sportsmanship. In case of an emergency, an emergency evacuation plan will be reviewed at the Coaches' Logistics Meeting.

DATES AND SITE

The 2021 ACC Women's and Men's Swimming and Diving Championships will be hosted by the Greensboro Aquatic Center, 1921 West Gate City Blvd, Greensboro, NC. The Women's Swimming and Diving as well as the Men's Diving Championships will be held Wednesday, February 17 - Saturday, February 20, 2021. The Men's Swimming Championship will be held Wednesday, February 24 - Saturday, February 27, 2021.

DRESSING ROOMS

During the Women's Swimming and Diving Championships week, both dressing rooms off the competition pool will be for women. During the Men's Swimming Championship week, both dressing rooms off the competition pool will be for men. Teams will not be assigned to a specific locker room. Each swimmer must provide his/her own towels and lock. Appropriate signs will be posted during the event.

During the 2021 Championship, a men's dressing room will be available off the diving well and in the main concourse for male divers during week 1. Three single use men's locker rooms will also be available in the training pool area between the hours of 8:00 a.m. - 4:00 p.m. for male divers during week 1. Additional changing areas will be located in the concourse restrooms, in the upper lobby classroom, in the Special Events Center, and in two pipe-and-drape changing spaces on the pool deck. Teams may bring their own pop-up changing tents which will be permitted for use in the Fieldhouse. Each changing space will have a capacity restriction due to state regulated COVID-19 guidelines and an Aquatic Center staff member will monitor the entrances to each location. Please see page 21 for a detailed outline.

DRY LAND SPACE

For the 2021 Championship, a dry land space equipped with one trampoline will be available in the Fieldhouse. If a student-athlete wishes to use this space, they **MUST** be supervised by their team athletic trainer or a coach.



CHAMPIONSHIP INFORMATION

ELIGIBILITY

All entrants must be eligible according to Atlantic Coast Conference and NCAA rules and regulations. Twenty-one (21) participants may be certified and dressed, including no more than eighteen (18) swimmers with divers counting as one (1). A list of eligible student-athletes shall be included on the Roster and Awards Ceremony List submitted via Teamworks.

EMERGENCY PROCEDURES

Emergency procedures have been provided by the Greensboro Aquatic Center in conjunction with the ACC Office.

FORMS

The following forms will need to be completed via Teamworks by the dates listed below. Please contact Jessica Rippey should you have any questions.

- Women's Swimming & Diving Team Information Form - Monday, February 15
- Women's Swimming and Diving Roster & Awards Ceremony List - Tuesday, February 16
- Men's Diving Roster & Awards Ceremony List - Tuesday, February 16
- Men's Swimming Team Information Form - Monday, February 22
- Men's Swimming Roster & Awards Ceremony List - Tuesday, February 23

GATORADE

As an Official Corporate Partner of the ACC, Gatorade may provide the following for each championship event:

- Coolers (for team bench and locker room)
- Product (Gatorade in bottles and powder mixes)
- Water Bottles
- Towels
- Energy Bars

If you are a Gatorade school then we will assume that you will travel with your own Gatorade squeeze bottles. If you are not a Gatorade School and therefore do not have Gatorade squeeze bottles, please inform Jessica Rippey so that she may order extra for the Championship event. No other sports drink or sideline coolers will be used at ACC Championship events. Feel free to contact Jarod Grace at jarod.grace@pepsico.com should any questions arise.

HEAT SHEETS

Heat sheets will be made available for team personnel.

HOSPITALITY

Student-athlete hospitality will be provided in a designated box which will be placed in each team bleacher space before the preliminary session every morning. Student-athlete hospitality boxes should be left in the team bleacher space for sanitization and refill every night. Officials hospitality will be located in a meeting room in the Special Events Center. Working staff with a Green All-Access wristband may access the hospitality room off of the pool deck.

LAUNDRY

Laundry services will not be provided.

LODGING

Teams are responsible for making their own lodging arrangements.

MEDICAL INFORMATION

Athletic Training Room

There will be an athletic training room set-up in a room off the pool deck and will serve as the main sports medicine facility for the 2021 ACC Men's and Women's Swimming and Diving Championships. Any requests for additional supplies or equipment for the athletic training room must be made through Jessica Klerlein, the ATC liaison with EmergeOrtho Triad Region. The athletic training room will be available during practice, during competition and 30 minutes after the completion of the final event. Emergency equipment, including AED, crutches, splints, spine board, etc. will be available within the pool area.

CHAMPIONSHIP INFORMATION

Medical Personnel

EmergeOrtho personnel will be available for all sessions. Please contact Jessica Klerlein for any physician needs. If your team is traveling without a certified athletic trainer, advance notification is appreciated. A written prescription from a physician and/or certified athletic trainer is required for treatment other than ice and heat in such situations. In addition, an athletic trainer from EmmergeOrtho will be available to assist your team with any taping/wrapping needs, provided that student-athletes provide their own taping supplies.

Massage Therapists

Massage therapists must be included in your credential listing if you choose to bring or contract one.

For the 2021 season, each team will have a designated space within the Greensboro Aquatic Center for one massage table to be set up (see page 21 for massage therapist table map). An additional massage table may be set up in the Fieldhouse within your team's designated space. One grey wristband will be given to each team for an extra massage therapist to access the Fieldhouse. This grey wristband will not gain access inside the Aquatic Center.

Medical Services Surveys

A link to the medical services survey will be sent to the head athletic trainer at each institution following the championship. Please fill out within ten (10) days of the Championship.

Athletic Trainers Conference Call

The pre-championship athletic trainers conference call will be on Thursday, February 11 at 1:00 p.m. The video conference call link is: <https://theacc.webex.com/theacc/j.php?MTID=m9cbcddcbc12b528ea625d7d8cf4cd33b> and the call-in number is 1-415-655-000 and the passcode is 178 735 8928. Jessica Klerlein from EmmergeOrtho will be available to answer any questions at this time. Athletic trainers can contact Jessica at 336.339.1024 for any additional questions.

MEET TIMES, ENTRIES, AND FORMAT

Schedule of Events

Please see the full schedule of events on pages 12-14.

Scratch Process

Scratches for each day of the championship are due one (1) hour prior to the finals on the previous day. Please see the following scratch schedule below:

2021 Championship Scratch Schedule

Wednesday (17, 24) at 4:15 p.m. for Thursday's Preliminary competition

Thursday (18, 25) at 5:00 p.m. for Friday's Preliminary competition

Friday (19, 26) at 5:00 p.m. for Saturday's Preliminary competition

Entries

Entries are required to be submitted on the OME system thru USA Swimming. All entries must be completed nine (9) days prior to each championship meet, Monday, February 8, 2021 (Women) and Monday, February 15, 2021 (Men).

Please submit your entries at the following link:

<https://www.usaswimming.org/Home/events/event-registration>

Please remember to enter your swimmers for the 1650 with their best 1650 time from this season. Once all 1650 times are seeded, student-athletes without a 1650 time will be seeded using their 1000 time. Student-athletes with neither will be seeded with "no time". Please see page 28 for further instructions on how to select 1650 SCY times on OME. Coaches are required to provide their best estimate on relay personnel when they submit their individual entries. This information will not be published in the psych sheets or heat sheets for the meet and will only appear in final results. Teams are allowed to change their relay personnel after these initial entry submissions per NCAA regulations regarding meet entries. Entry times for the meet must be achieved in bona fide competition, as defined in the NCAA Swimming and Diving Championships Handbook, not prior to September 1 or their institution's first day of classes for the fall term, whichever is earlier.

CHAMPIONSHIP INFORMATION

Coaches should email a Hy Tek entry file of your divers only including the board(s) they will compete on by the entry deadline for swimming. This is necessary to include them in team scoring during the meet. Divers must also be entered in Divemeets.com by the prescribed deadline on page 26 of this manual.

For any questions regarding entries, please contact Franke Marsden (cell - 404.664.3975 or email - fmarsden@atlantaswimming.com).

Draft sheets will be posted on www.TheACC.com by 9:00 a.m. eight (8) days prior to each Championship meet (Tuesday, February 9, 2021 - Women & Tuesday, February 16, 2021 - Men). Corrections should be submitted via email to Franke Marsden by 5:00 p.m. that same day. In addition, if no corrections are necessary, please confirm with Franke Marsden that all entries submitted are correct.

MERCHANDISE

Merchandise will not be sold at the 2021 ACC Swimming and Diving Championship.

NATIONAL ANTHEM

The National Anthem will be played before the swimming finals each day of competition.

OFFICIALS

Meet officials will be assigned by the Atlantic Coast Conference. The Atlantic Coast Conference feels strongly that officials must have the courage to enforce the rules set forth by the Conference and covered in this document. When officials enforce the decorum rules, they will be supported by the member institutions of the Conference and the Conference Office. Failure to enforce rules may subject officials to reprimand or suspension by the Conference office.

PA ANNOUNCEMENTS

All PA Announcements for the championship will be coordinated by the ACC and Greensboro Aquatic Center. If you are interested in obtaining a copy of the PA Announcements at the championship, please contact Jessica Rippey.

PARKING

Each school should indicate parking needs on its Team Information Form. Parking passes will be provided to teams at the practice day each week. Limited parking is available near the spectator entrance in the VIP Lot. Additional parking will be available across Patterson Street in the Operations Lot. Parking passes **WILL NOT BE NEEDED** during the Tuesday practice hours.

PARTICIPANT GIFTS

Participating student-athletes will receive their Championship participant gift after the championship. Each school has designated a gift suite coordinator who will coordinate gift selection and pick-up on each campus. Each institution will be eligible to receive the student-athlete in uniform limit of twenty-one (21) for swimming and diving. If a team would like to purchase additional gifts, they should contact their school's gift suite coordinator.

PEP BANDS, CHEERLEADERS, MASCOTS, AND DANCE TEAMS

Pep bands, cheerleaders, mascots and dance teams are not allowed to attend Olympic Sport Championships. (ACC Manual, General Policies and Procedures, Article VII-2, page 133).

POST-CHAMPIONSHIP SURVEYS

Post-championship surveys for both coaches and student-athletes will be sent via email to all coaches following the championship.

PRE-CHAMPIONSHIP CONFERENCE CALL

The pre-championship swim coaches' conference call is scheduled for Friday, February 12 at 11:30 a.m. The pre-championship dive coaches' conference call is scheduled for Friday, February 12 at 12:30 p.m. A meeting invitation will be emailed to all coaches prior to the calls.



CHAMPIONSHIP INFORMATION

PROTEST PROCEDURE

The following protest procedure will be effective for the 2021 ACC Swimming and Diving Championship, per NCAA rules:

1. Teams wishing to appeal a decision should obtain a protest form from the referee.
2. The written statement made on the appeal must be submitted to the referee not later than 15 minutes after the finish of the final heat of the event in which the appeal is applicable.
3. Appeal must be acted upon by the appropriate meet committee. The decision of this committee is final.
4. Appeals may only be lodged for in the recording of data, scoring and nonjudgment errors in the application of rules.

RESTROOMS

Restrooms are located in the dressing rooms for participating student-athletes.

For the 2021 Championship, additional restrooms will be located in the concourse for participating student-athletes.

RESULTS

At the conclusion of each day, the results will be posted at the Aquatic Center as soon as possible. In addition, results will be posted on the ACC Website (theACC.com). Results will also be sent to the Associated Press, national newspapers as well as media outlets in the ACC footprint. Live stats will be available throughout the championships on the ACC's official website, theACC.com. If coaches or sports information directors have special requests concerning results, please contact Tyler Beck at 336.268.1253.

SCHEDULE OF EVENTS

Please refer to pages 12-14 for the ACC Swimming and Diving Championships schedule of events.

SCRATCH BOX

A scratch box will be available on the pool deck at the swimming admin riser/table. All scratches must be submitted by 1 hour prior to the start of the first Finals event for the following day's preliminaries. Thursday scratches must be submitted by 4:15 p.m. Wednesday. For all remaining sessions, the scratch box will close at 6:00 p.m. during the Women's Swimming Championship and 5:00 p.m. during the Men's Swimming Championship. All entries not scratched will become official entries.

SENIOR RECOGNITION

There will be a brief introduction of each senior participating in the meet. During warm-ups Saturday night, the videoboard will play a slideshow of headshot photos of each senior from each institution. At 5:50 p.m., after the competition pool has been cleared, an announcement will be made introducing the seniors participating in the ACC Championship.

SPECTATOR SEATING

Spectators will not be permitted for the 2021 ACC Swimming and Diving Championship.

SPORTSMANSHIP PA

The Atlantic Coast Conference promotes good sportsmanship by students-athletes, coaches and spectators. We request your cooperation by supporting the participants and officials in a positive manner. Profane, racist, sexist or other intimidating actions directed at officials, student-athletes, coaches, team representatives or other spectators will not be tolerated and are grounds for removal from the site of competition. We greatly appreciate your help in making this event a positive experience for all participants and attendees.

SPORTSMANSHIP PRINCIPLE

The ACC Sportsmanship Principle can be found on pages 30-32.

SWIMMERS/DIVERS IN UNIFORM

The number of student-athletes in uniform for the Championship is limited to twenty-one (21) competitors with divers counting as one. No more than eighteen (18) competitors can be swimmers. All competitors must wear exclusively the official uniform of their institution in competition, warm-up for competition, and awards ceremony. In the event uniforms are not available, apparel with institutional emblems, initials and/or name may be worn.

CHAMPIONSHIP INFORMATION

TEAM DECK SPACE

Teams will not have a space on the deck for the 2021 ACC Swimming and Diving Championship. Each team will have a designated section in the grandstands. Team sections in the grandstands will be chosen during the pre-championship logistics call and will be awarded based on last year's order of finish.

Deck Limit

Deck limits will be in effect for the 2021 ACC Men's and Women's Swimming and Diving Championships. A green wristband must be worn to access the deck at all times. Each team will be given four green wristbands during the Women's Swimming and Diving Championship and three green wristbands during the Men's Swimming Championship. There shall be no more than four swimmers in a lane at a time. Student-athletes shall only be on the deck if they are scheduled to be training, warming up/cooling down, or competing. The ACC Swimming and Diving Committee reserves the right to remove anyone from the pool deck who is not serving in an official team capacity.

TEAM HOSTS

Team Hosts are volunteers with the Greensboro Sports Foundation who will extend a personal welcome to Greensboro. Their main purpose is to assist with any details while not at the Greensboro Aquatic Center such as directions, restaurant recommendations and reservations, and any special needs that may arise. Team Hosts will be assigned to each team and they will work directly with the person designated by their team that is responsible for coordinating the arrangements while at the championship. They have the experience of being a Team Host to know that some teams will request assistance and others will not want much involvement. They are happy to help as much or as little as requested.

TESTING PROTOCOL

For the 2021 Championship, COVID-19 testing will be required of all team members and will be provided by the Conference. Additional information regarding testing cadences and specific testing timelines will be distributed prior to the Coaches' Logistics Meeting.

TICKET PRICES

No admission will be allowed for the 2021 ACC Men's and Women's Swimming and Diving Championships.

TIME TRIALS

Time trials will be offered to swimmers at the conclusion of each preliminary and finals session, except Saturday's finals where time trials will not be available. Per NCAA and US Swimming rules, a swimmer may time trial a particular event only once for the duration of the meet. Time trials will begin as soon as possible after the end of each session, unless a specific request is made for an accommodation for a swimmer competing in the last event of the session. Time trial entry forms will be available in the coach's mailbox area. Teams are encouraged to submit their time trial entries as early as possible. Entries for time trials must be submitted to the Hy Tek operator no later than the beginning of the last event of a session to ensure participation in that time trial session. Entries submitted after that time will be accepted at the discretion of the meet referee and Hy Tek operator.

TIMING SYSTEM (OMEGA)

Swimmers will use Omega Timing System and Touch Pads (gutter hung 200x60). The starting blocks are fitted with OMEGA OSB12 RBD starting platforms with non-removable start wedges. There are OMEGA back stroke ledges with footrests. These are manual (not retractable). The setup and removal of backstroke wedges will continue to be the responsibility of each participating institution.

Electronic Takeoff Equipment

In accordance with NCAA Relay Judging Equipment rules, the automatic window for exchange differential is -0.12s to +0.06s. Any exchange at -.04s to -.12s will be called a disqualification, subject to video review, and any exchange at -0.3s to +.06s will be deemed legal.

TRAVEL REIMBURSEMENT

The Atlantic Coast Conference will reimburse each school for travel up to twenty-eight (28) individuals. Please submit all team travel reimbursement forms to the ACC office within thirty (30) days following the conclusion of the championships.

UNITY WEEK RECOGNITION

The ACC Unity Statement will be read followed by a moment of silence before the swimming finals session on Saturday night of each week.



CHAMPIONSHIP INFORMATION

VIDEO REVIEW

Electronic equipment video review will be utilized (provided by Strokeview) at the 2021 ACC Swimming and Diving Championships.

VIDEOSTREAMING

ESPN will produce live coverage for both the Women's and Men's Championships exclusively on ACC Network Extra. For more details, please visit www.theACC.com.

WARM-UP AND COOL-DOWN SCHEDULE

A detailed warm-up and cool-down schedule timeline will distributed separately. No equipment is allowed in the competition pool. The competition pool will be cleared for all award ceremonies.

For the 2021 Championship, no more than 4 swimmers may be in a lane at a time. Each team will have designated practice lanes throughout the duration of the championship. Due to local ordinances, the building must be cleared by 10:00 PM every night.

SCHEDULE OF EVENTS

2021 - Week 1			
Date	Scheduled Time	Event	Notes
Tuesday, Feb. 16	TBD	COVID Testing	
	7:30 - 9:00am	Diving Group A Workout	
	8:00am - 8:00pm	Flighted Swim Workout	Flighted Swim workouts - see next tab
	9:00 - 10:30am	Diving Group B Workout	
	10:30am - 12:00pm	Diving Group C Workout	
	12:00 - 2:00pm	Open Dive Workout	
	2:00 - 3:30pm	Diving Group A Workout	
	3:30 - 5:00pm	Diving Group B Workout	
	5:00 - 6:30pm	Diving Group C Workout	
	6:30 - 8:00pm	Open Dive Workout	
Date	Scheduled Time	Event	Notes
Wednesday, Feb. 17	6:00 - 8:00am	Open Dive Workout	
	8:30 - 11:30am	Flighted Swim Workout	Flighted swim workouts - see next tab
	8:00 - 8:50am	Diving Group A Workout	
	8:50 - 9:40am	Diving Group B Workout	
	9:40 - 10:30am	Diving Group C Workout	
	11:00am - 1:30pm	Women's 3-meter preliminaries	Simultaneous diving events
	11:00am - 1:30pm	Men's 1-meter preliminaries	
	12:30 - 1:30pm	Competition pool, warm-up pool, & training pool sanitization	
	1:30 - 5:00pm	Swim Workouts	Pre-assigned lanes for each team - see next tab
	1:30 - 2:00pm	Men's 1-meter final warm-up	
	2:00 - 2:40pm	Men's 1-meter final	
	2:40 - 3:10pm	Women's 3-meter final warm-up	
	3:10 - 3:50pm	Women's 3-meter final	
	3:50 - 4:15pm	Diving well sanitization & installation of lane lines	
	5:15pm	200 Medley Relay	
	6:15pm	800 Free Relay	
Date	Scheduled Time	Event	Notes
Thursday, Feb. 18	TBD	COVID Testing	
	6:00 - 8:00am	Open Dive Workout	
	6:00 - 10:50am	Open Swim Workout	Pre-assigned lanes for each team - see next tab
	8:10 - 9:00am	Diving Group B Workout	
	9:00 - 10:00am	Diving Group C Workout	
	10:00 - 11:00am	Diving Group A Workout	
	11:00 - 11:30am	Men's 3-meter and Women's 1-meter warm-ups	
	11:00am	500-yard Freestyle preliminaries	Simultaneous diving events
	11:30am - 2:00pm	Men's 3-meter preliminaries	
	11:30am - 2:00pm	Women's 1-meter preliminaries	
	11:43am	200-yard Individual Medley preliminaries	
	12:08pm	50-yard Freestyle preliminaries	
	1:45 - 2:45pm	Competition pool, warm-up pool, & training pool sanitization	
	2:00 - 2:30pm	Women's 1-meter final warm-up	
	2:30 - 3:10pm	Women's 1-meter final	
	2:45 - 6:50pm	Open Swim Workout	Pre-assigned lanes for each team - see next tab
	3:10 - 3:40pm	Men's 3-meter final warm-up	
	3:40 - 4:20pm	Men's 3-meter final	
	4:20 - 4:45pm	Diving well sanitization & installation of lane lines	
	7:04pm	500-yard Freestyle final	
	7:31pm	200-yard Individual Medley final	
	7:52pm	50-yard Freestyle final	
		40-minute break	
	8:40pm	200-yard freestyle relay	

SCHEDULE OF EVENTS

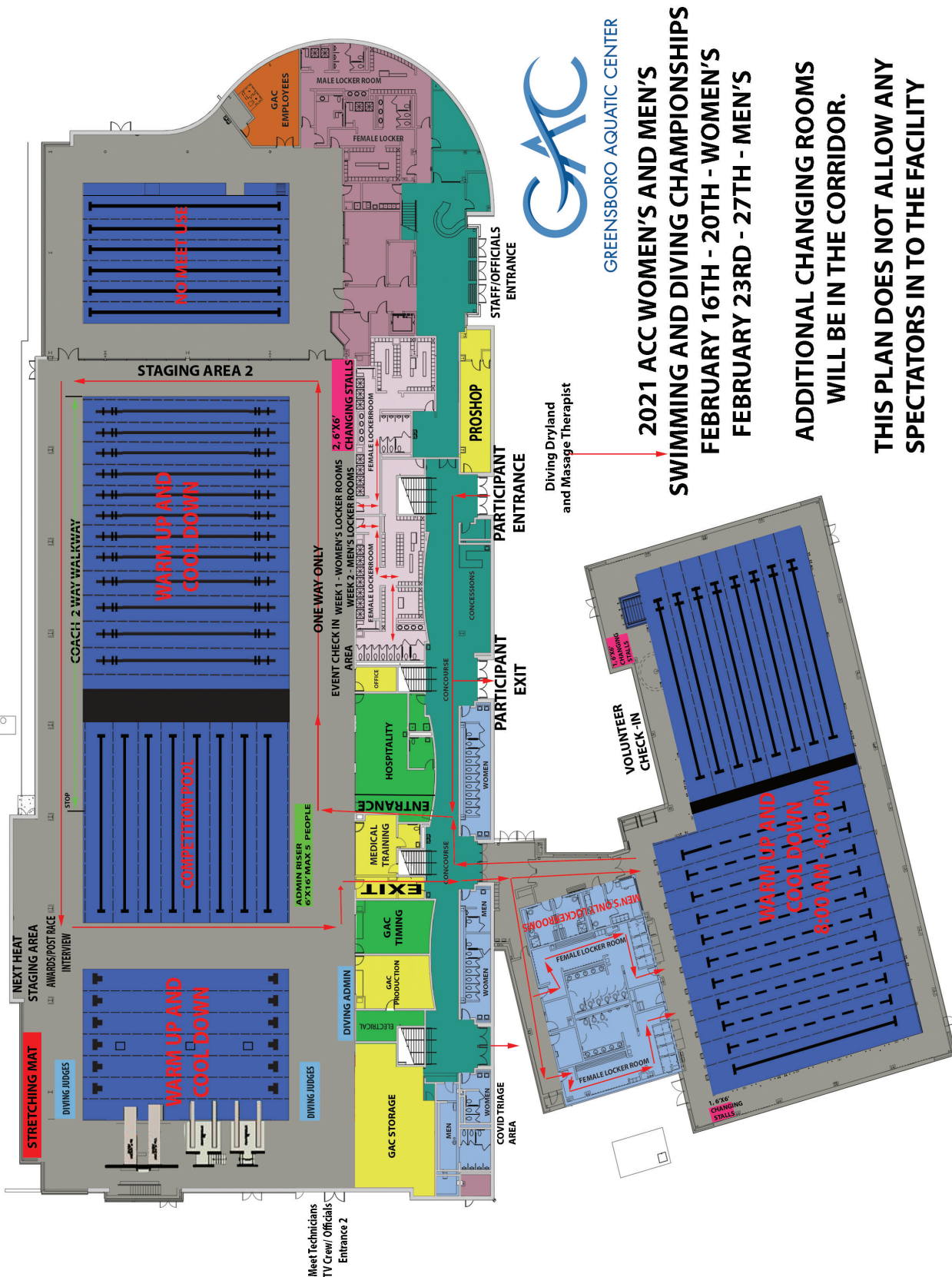
2021 - Week 1 Continued

Date	Scheduled Time	Event	Notes
Friday, Feb. 19	6:00 - 9:00am	Open Dive Workout	
	6:00 - 10:50am	Open Swim Workout	Pre-assigned lanes for each team - see next tab
	9:00 - 9:50am	Diving Group C Workout	
	9:50 - 10:40am	Diving Group A Workout	
	10:40 - 11:30am	Diving Group B Workout	
	11:00am	100-yard Butterfly preliminaries	
	11:10am	400-yard Individual Medley preliminaries	
	11:30am - 12:00pm	Women's Platform prelim warm-up	
	11:39am	200-yard Freestyle preliminaries	
	12:00 - 1:30pm	Women's Platform Diving Preliminaries	
	12:03pm	100-yard Breaststroke preliminaries	
	12:13pm	100-yard Backstroke preliminaries	
	1:45 - 2:45pm	Competition pool, warm-up pool, & training pool sanitization	
	1:30 - 2:00pm	Women's Platform final warm-up	
	2:00 - 2:30pm	Women's Platform Diving Final	
	2:30 - 3:20pm	Diving Group C - Men's Platform practice	Flighted men's platform diving practices
	2:45 - 6:50pm	Open Swim Workout	Pre-assigned lanes for each team - see next tab
	3:20 - 4:10pm	Diving Group A - Men's Platform practice	Flighted men's platform diving practices
	4:10 - 5:00pm	Diving Group B - Men's Platform practice	Flighted men's platform diving practices
	5:00 - 5:25pm	Diving well sanitization & installation of lane lines	
	7:03pm	100-yard Butterfly final	
	7:18pm	400-yard Individual Medley final	
	7:44pm	200-yard Freestyle final	
	8:01pm	100-yard Breaststroke final	
	8:15pm	100-yard Backstroke final	
		40-minute break	
	9:10pm	400-yard Medley Relay	
Date	Scheduled Time	Event	Notes
Saturday, Feb. 20	TBD	COVID Testing	
	6:00 - 8:00am	Open Dive Workout	
	6:00 - 10:50am	Open Swim Workout	Pre-assigned lanes for each team - see next tab
	9:00 - 9:50am	Diving Group A Workout	
	9:50 - 10:40am	Diving Group B Workout	
	10:40 - 11:30am	Diving Group C Workout	
	11:00am	200-yard Backstroke preliminaries	
	11:17am	100-yard Freestyle preliminaries	
	11:30am - 12:00pm	Men's Platform prelim warm-up	
	11:31am	200-yard Breaststroke preliminaries	
	11:47am	200-yard Butterfly preliminaries	
	12:00 - 2:30pm	Men's Platform Diving preliminaries	
	1:30 - 2:30pm	Competition pool, warm-up pool, & training pool sanitization	
	2:30 - 6:50pm	Open Swim Workout	Pre-assigned lanes for each team - see next tab
	2:30 - 3:00pm	Men's Platform final warm-up	
	3:00 - 3:40pm	Men's Platform diving final	
	3:40 - 4:05pm	Diving well sanitization & installation of lane lines	
	4:00pm	1650-yard Freestyle preliminary heat (all heats except last)	
	6:50pm	Senior Recognition	
	7:04pm	1650-yard Freestyle Final Heat	
	7:30pm	200-yard Backstroke final	
	7:49pm	100-yard Freestyle final	
	8:04pm	200-yard Breaststroke final	
	8:23pm	200-yard Butterfly final	
		40-minute break	
	9:20pm	400-yard freestyle relay	

SCHEDULE OF EVENTS

2021 - Week 2			
Date	Scheduled Time	Event	Notes
Tuesday, Feb. 23	TBD	COVID Testing	
	8:00am - 8:00pm	Flighted Swim Workout	Flighted Swim workouts - see next tab
Date	Scheduled Time	Event	Notes
Wednesday, Feb. 24	8:30 - 11:30am	Flighted Swim Workout	Flighted swim workouts - see next tab
	11:45am - 12:45pm	Competition pool, warm-up pool, training pool, & diving well sanitization	
	12:50 - 3:50pm	Swim Workouts	Pre-assigned lanes for each team - see next tab
	4:00pm	200 Medley Relay	
	5:00pm	800 Free Relay	
Date	Scheduled Time	Event	Notes
Thursday, Feb. 25	TBD	COVID Testing	
	6:30 - 9:50am	Open Swim Workout	Pre-assigned lanes for each team - see next tab
	10:00am	500-yard Freestyle preliminaries	
	10:40am	200-yard Individual Medley preliminaries	
	11:03am	50-yard Freestyle preliminaries	
	12:30 - 1:30pm	Competition pool, warm-up pool, training pool, & diving well sanitization	
	1:30 - 5:50pm	Open Swim Workout	Pre-assigned lanes for each team - see next tab
	6:00pm	500-yard Freestyle final	
	6:28pm	200-yard Individual Medley final	
	6:48pm	50-yard Freestyle final	
		40-minute break	
	7:40pm	200-yard freestyle relay	
Date	Scheduled Time	Event	Notes
Friday, Feb. 26	6:30 - 9:50am	Open Swim Workout	Pre-assigned lanes for each team - see next tab
	10:00am	100-yard Butterfly preliminaries	
	10:15am	400-yard Individual Medley preliminaries	
	10:39am	200-yard Freestyle preliminaries	
	11:00am	100-yard Breaststroke preliminaries	
	11:09am	100-yard Backstroke preliminaries	
	12:30 - 1:30pm	Competition pool, warm-up pool, training pool, & diving well sanitization	
	1:30 - 5:50pm	Open Swim Workout	Pre-assigned lanes for each team - see next tab
	6:00pm	100-yard Butterfly final	
	6:15pm	400-yard Individual Medley final	
	6:40pm	200-yard Freestyle final	
	7:01pm	100-yard Breaststroke final	
	7:15pm	100-yard Backstroke final	
		40-minute break	
	8:10pm	400-yard Medley Relay	
Date	Scheduled Time	Event	Notes
Saturday, Feb. 27	TBD	COVID Testing	
	6:30 - 9:50am	Open Swim Workout	Pre-assigned lanes for each team - see next tab
	10:00am	200-yard Backstroke preliminaries	
	10:17am	100-yard Freestyle preliminaries	
	10:29am	200-yard Breaststroke preliminaries	
	10:45am	200-yard Butterfly preliminaries	
	1:00 - 2:00pm	Competition pool, warm-up pool, training pool, & diving well sanitization	
	2:00 - 5:50pm	Open Swim Workout	Pre-assigned lanes for each team - see next tab
	4:00pm	1650-yard Freestyle preliminary heat (all heats except last)	
	5:50pm	Senior Recognition	
	6:00pm	1650-yard Freestyle Final Heat	
	6:25pm	200-yard Backstroke final	
	4:44pm	100-yard Freestyle final	
	6:59pm	200-yard Breaststroke final	
	7:17pm	200-yard Butterfly final	
		40-minute break	
	8:15pm	400-yard freestyle relay	

FACILITY MAPS



FACILITY MAPS

DIVING MAP

STRETCHING MAT

AWARDS/POST RACE INTERVIEW

DIVING JUDGES

PLATFORM ENTRY

PLATFORM

TO PLATFORMS

ADMIN RISER 6'X16' MAX 5 PEOPLE

WARM UP AND COOL DOWN

COMPETITION POOL

STAGING AREA 2

NO MEET USE

WEEK 1 - WOMEN'S LOCKER ROOMS

WEEK 2 - MEN'S LOCKER ROOMS

2.6'X6' CHANGING STALLS

LOCKER ROOM

PROSHOP

STAFF/OFFICIALS ENTRANCE

MALE LOCKER ROOM

FEMALE LOCKER

GAC EMPLOYEES

WOMEN'S LOCKER ROOM

LOCKER ROOM

CONCESSIONS

PARTICIPANT/COACH ENTRANCE 1

PARTICIPANT EXIT

HOSPITALITY ENTRANCE

OFFICE

CONCOURSE

WOMEN

MEN

COVID TRIAGE AREA

GAC STORAGE

DIVING ADMIN

GAC TIMING

GAC PRODUCTION

ELECTRICAL

LOCKER ROOM

LOCKER ROOM

1.4'X6' CHANGING STALLS

WARM UP AND COOL DOWN 8:00 AM - 4:30 PM

VOLUNTEER CHECK-IN

6'X6' CHANGING STALL

GREENSBORO AQUATIC CENTER

2021 ACC WOMEN'S AND MEN'S SWIMMING AND DIVING CHAMPIONSHIPS

FEBRUARY 16TH - 20TH - WOMEN'S

FEBRUARY 23RD - 27TH - MEN'S

ADDITIONAL CHANGING ROOMS WILL BE IN THE CORRIDOR.

THIS PLAN DOES NOT ALLOW ANY SPECTATORS IN TO THE FACILITY

GREENSBORO AQUATIC CENTER

**2021 ACC WOMEN'S AND MEN'S
SWIMMING AND DIVING CHAMPIONSHIPS
FEBRUARY 16TH - 20TH - WOMEN'S
FEBRUARY 23RD - 27TH - MEN'S**

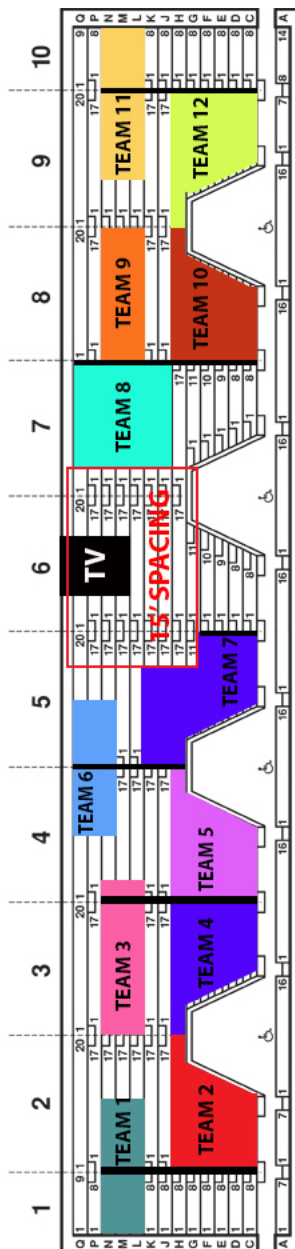
**ADDITIONAL CHANGING ROOMS
WILL BE IN THE CORRIDOR.**

THIS PLAN DOES NOT ALLOW ANY SPECTATORS IN TO THE FACILITY

FACILITY MAPS



ONLY ENTER AND EXIT THE GRANDSTAND IN YOUR TEAMS VOMITORY
 POOL ENTRANCE: HOSPITALITY ROOM
 POOL EXIT: CUT THROUGH
 MASKS ARE REQUIRED AT ALL TIMES IN THE GRANDSTANDS
 THE BLACK LINES IN BETWEEN THE TEAMS REPRESENT THE 4'6" STAIR WAY



FACILITY MAPS



FACILITY MAPS

2021 ACC WOMEN'S AND MEN'S SWIMMING AND DIVING CHAMPIONSHIPS

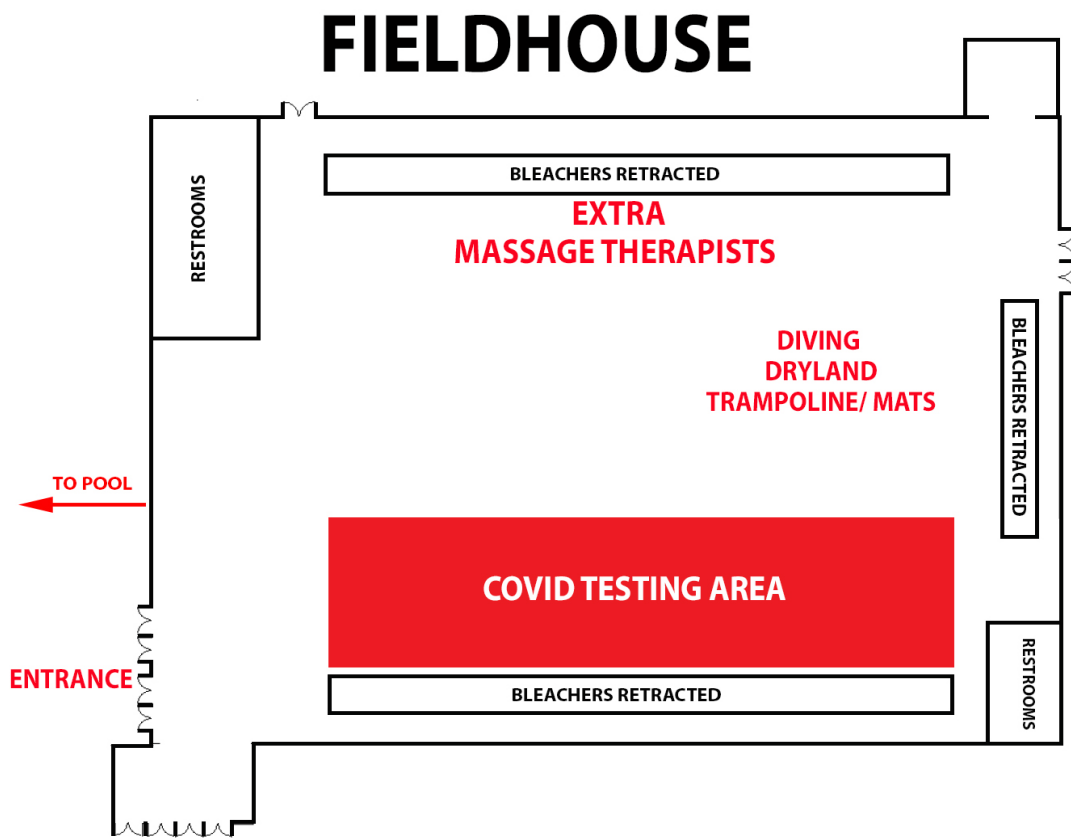
FEBRUARY 16TH - 20TH

FEBRUARY 23RD - 27TH

Adjacent Special Events Center (SEC)



FACILITY MAPS



FACILITY MAPS

2021 ACC Swimming and Diving Championships

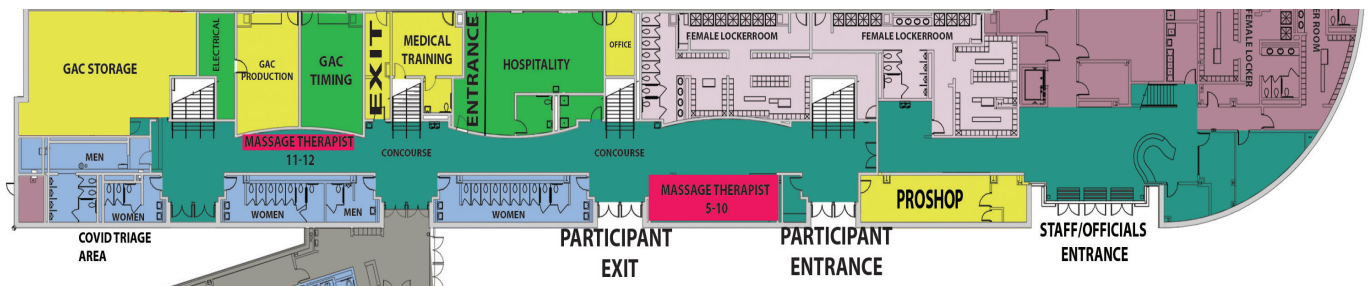
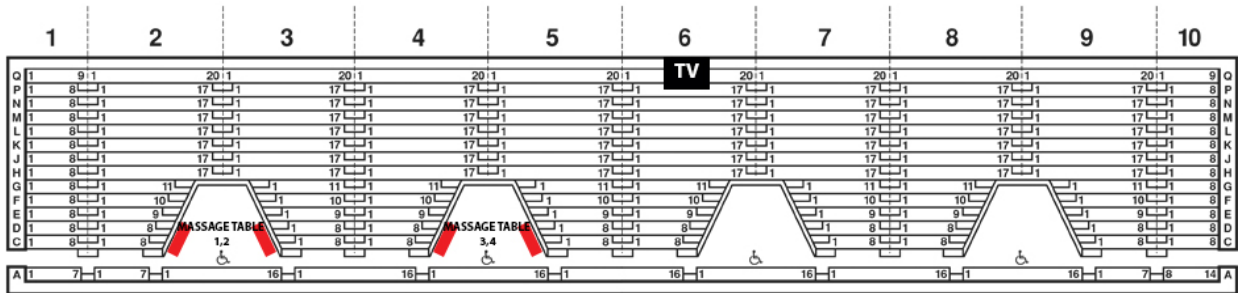
Below are the occupancy totals and locations for changing areas.

Location		Occupancy Total
Locker Rooms		
	Competition Locker Room	33
	Competition Locker Room	33
	Training Pool Locker Room	23
	Training Pool Locker Room	22
Concourse Rooms		
	Concourse Room 105 - Athlete Only	10
	Concourse Room 107 - Athlete Only	2
	Concourse Room 108 - Athlete Only	7
Pool Decks (Temporary Pipe and Drape)		
	Competition Pool Deck East Side	2
	Training Pool North Side	1
	Training Pool South Side	1
Mezzanine		
	Restrooms	2
Single Use Locker Rooms		
	Training Pool Lobby	3
	Note: These Bathrooms will be reserved for male divers. (Week 1)	
Total:		139

FACILITY MAPS



ONLY ENTER AND EXIT THE GRANDSTAND IN YOUR TEAMS VOMITORY
 POOL ENTRANCE: HOSPITALITY ROOM
 POOL EXIT: CUT THROUGH
 MASKS ARE REQUIRED AT ALL TIMES IN THE GRANDSTANDS
 THE BLACK LINES INBETWEEN THE TEAMS REPRESENT THE 4'6" STAIR WAY



MEDICAL INFORMATION

To All ACC Swimming and Diving Athletic Trainers:

The Greensboro Aquatic Center staff would like to take this opportunity to welcome you to the 2021 ACC Swimming and Diving Championships to be held February 17-20 and February 24-27.

The following will be provided for you per GAC staff:

- Ice/Ice Bags
- One Treatment Table
- First Aid Supplies
- AED/Splints
- OSHA Supplies

EmergeOrtho will provide the following on-site:

- Treatment Tables, Pillows, Bolsters, & Blankets
- Taping, Padding, Casting, & Splinting Supplies
- Biohazard & Sharps Waste Containers
- Crutches, Immobilizers, Walking Boots
- OTC Medications
- Electrodes & Ultrasound Gel
- Plastic Wrap, Towels, Cleaning Supplies
- Wound Care Supplies
- Biohazard Spill Kits
- Splints, Slings, Braces, & Ace Wraps
- Hydrocollater, Heat Packs & Covers
- TENS Unit
- Electrodes

Physician equipment & supplies to include but not limited to

- Injectables
- Needles
- Sterile Gloves
- Select Prescription Medications
- Syringes
- Gowns, Face Protection
- Suture kits
- Fenestrated/Non Fenestrated Drapes

EmergeOrtho will provide the following off-site:

Diagnostic Imaging: During office hours

X-ray - EmergeOrtho: Contact Host ATC and/or MD

MRI - EmergeOrtho: Contact Host ATC and/or MD

A physician will be "on-call" and EMS will be on-site for any needs that may arise during your visit. The local hospital will be Moses Cone Hospital located at 1121 North Church Street Greensboro, NC 27401.

Procedures:

If your team is traveling without an ATC, we ask that you send a prescription for treatments signed by an ATC or physician with your student-athlete or coach. All injuries or illness will try to be handled on site. However, there is not an on-site x-ray facility. X-rays will be done at Moses Cone Hospital or EmergeOrtho. Please be sure to bring any necessary information (i.e. insurance info).

Medical Staff and Phone Numbers:

EmergeOrtho Triad Region

Jessica Klerlein, MHA, LAT, ATC

3200 Northline Avenue, Suite 160, Greensboro, NC 27408

Email: Jessica.Klerlein@EmergeOrtho.com Cell: 336.339.1024

Hospital

Moses Cone Hospital

1121 N. Church Street Greensboro, NC 27401

336-832-7000

Pharmacy

CVS- 24 hour pharmacy

309 East Cornwallis Dr, Greensboro NC 27408

336-274-0179



EMERGENCY ACTION PLANS

The championship sports medicine coordinator may be contacted at any time for assistance during your stay in Greensboro.

EMS will be provided for competition only during the meet. They will be visible at all times and stationed near diving.

Public First Aid:

Notify any of the GAC Security staff located in the spectator corridor & lobby (wearing yellow jackets).

Training Areas:

Each team will be designated space on the Warm Up Pool Deck. You are able to bring your own Training Tables and First Aid kit if needed. You will be provided one chair per section.

ACC CHAMPIONSHIPS CRITICAL INCIDENT RESPONSE TEAM CONTACT INFORMATION

GREENSBORO AQUATIC CENTER 1921 W GATE CITY BLVD. GREENSBORO, NC 27403

Critical Incident Response Team:

Jessica Rippey, ACC Director of Championships	336.404.8907 (cell)	336.369.1213 (O)
Susan Braman, GAC Manager	336.542.7777 (cell)	336.315.8489 (O)

Medical Contacts:

Jessica Klerlein, EmergeOrtho Triad Region	336.339.1024 (cell)
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Local Hospitals:

Moses Cone Hospital	1121 N. Church St, Greensboro, NC 27401	336.832.7000
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Local Emergency Numbers:

Local Police Department	336.373.2222
Local Fire Department	336.373.2035
Local EMS	336.641.7565
Poison Control Center	800.222.1222

EMERGENCY ACTION PLANS

Greensboro Aquatic Center Emergency Action Plans

- I. General Information
 - a. The purpose of these directions is to provide precautions to be followed by the staff and patrons during an emergency.
- II. Serious Injury or illness
 - a. Minor
 - i. Treat with medical supplies on hand
 - ii. Evaluate periodically to see if further medical treatment is needed
 - iii. Document incident and medical aid given
 - iv. Contact family members if necessary
 - b. Major
 - i. Inform first aid personal, if needed
 - ii. Call 911 if immediate medical attention is needed
 - i. Emergency phones are located on Competition Pool deck, Therapy Pool Deck and Front Desk.
 - ii. CPR Masks are located on each guard staff/AED are located at Front Lobby
 - iii. Breathing emergencies- place victim on his/her back, open airway. Monitor ABC's and check for non-threatening conditions.
 - iv. GAC management staff will call security to notify parking attendants and other staff. GAC staff is responsible for keeping other patrons away from victim.
- III. Bomb Threat
 - a. General Precautions
 - i. Any bomb threat should be taken seriously
 - ii. Unidentified or suspicious object should be reported to the GAC management staff
 - iii. Evacuation will be to the Amphitheater Lot
 - iv. The appropriate authorization should be given prior to reentry to the facility.
 - b. Telephone Threat
 - i. The staff member that received the call should tell another staff member or GAC Management Staff
 - ii. Immediately evacuate the building
 - iii. Call Local Law Enforcement
 - iv. Any person receiving a phone call bomb threat should ask the caller
 - v. When is the bomb going to explode?
 - vi. Where is the bomb located?
 - vii. What kind of bomb is it?
 - viii. What does it look like?
 - ix. Why did you place the bomb?
 - c. Keep Talking to the caller as long as possible and record the following
 - i. Time of call
 - ii. Approximate age and sex of caller
 - iii. Speech pattern, accent, etc.
 - iv. Emotional state of the caller
 - v. Background noise.

EMERGENCY ACTION PLANS

Greensboro Aquatic Center Emergency Action Plans (cont.)

- IV. Fire
 - a. Upon the fire alarm sounding, all individuals must evacuate the building immediately.
 - b. All individuals must exit through the nearest exit and report to the Amphitheater Lot (other side of Patterson Avenue)
 - c. In case of person needed assistance, they should report next to the elevator, where GAC staff will assist you to safety.
 - d. The City of Greensboro Fire Department will give GAC Management Staff the all-clear to enter the facility after a facility check
 - e. GAC Fire extinguishers are located at the following
 - i. 4 located on Competition Pool Deck
 - ii. 1 located between lobby and recreation pool locker rooms
 - iii. 2 located on corridor hallways
- V. Tornado
 - a. In the event of a Tornado Watch, the supervisor will inform staff those conditions for a tornado exist.
 - b. In the event of an impending Tornado, a Tornado Warning:
 - i. The GAC Management staff will immediately clear the pool
 - ii. Report and direct all individuals to the locker rooms/restrooms
 - iii. In case of person needing assistance, they should report next to the elevator, where GAC staff will assist you to safety.
 - iv. Lifeguard/Meet/Front Desk staff will bring spare towels for restrooms and locker rooms
 - v. Remain calm and wait for a clear signal from the GAC Management staff.
 - vi. If the warning is issued, individuals should remain in the safe area until the conclusion of the warning period.
- VI. Power Failure
 - a. The building emergency lights should come on automatically. GAC generator will be used for primary source if there is a power failure. Be sure the pool and decks are cleared of all people.

ACC DIVING PROCEDURES

1. Coaches are required to submit the diving sheet(s) electronically through the DiveMeets.com website.
2. Once officially entered, a diver must dive in all trials and finals events for which the diver qualifies. Failure to compete for any reason, except illness or injury certified by the designated health official, shall prohibit any further competition in the meet.
3. A diver may withdraw from a preliminary diving event by electing to take a declared scratch. A diver who elects to take a declared scratch shall have his or her coach notify the referee before the start of the preliminary diving event. A declared scratch in a given event shall count as participation in that event.
4. All divers may submit, if needed, a list of their dives by the scratch deadline which is one (1) hour prior to the start of the event.
5. If a diver chooses to submit a different list of dives from that provided at the pre-championship meeting, changes to the dive sheet will be accepted up to one hour before the start of the contest. Changes must be made at the official scorer's table.
6. Each diver must execute the dive number as written or have that dive declared failed. If the announced dive is not performed and the dive performed is properly listed on the diver's sheet, it will be considered an announcer's error and judged as performed. If the diver executes a dive as announced and it is determined that the announcer was in error, then the diver will be permitted to immediately perform the correct dive. However, the diver may elect to keep the scores for the incorrectly announced dive, with the referee making an immediate correction on the diving sheet.
7. If a dive is listed out of order and the error is discovered before the execution of the dive, the diver will instruct the secretary to correct the list. If the error is discovered after the execution of the "out-of-order" dive, then the dive that should have been performed shall be declared failed. The performed dive, in its proper place on the diving list as directed by the diver, must be performed a second time and must be judged and scored at its proper time.
8. A diver may change the number, letter and/or platform level of a dive at any time before the execution of the dive without penalty.
9. Online registration will close at 5 p.m. on Tuesday, February 16, 2021.

ACC DIVING PROCEDURES

Follow these easy steps to register for the
2021 ACC Men's & Women's Diving Championships:

Follow these steps to register:

1. Before giving this information to your team members, every coach participating in this competition must register at www.divemeets.com. Place your cursor over the Login menu and click on Get a Dive Meets ID. Fill out your information. For organization choose **NCAA** on the Coach column (if you do not find your team listed, please send an email to support@meetcontrol.com with the following information: Team Website, Team Name, Team Address, Team City, Team State, Team Zip / Postal, Team Email, Team Phone, Team Code / Abbreviation, Team Point Of Contact, Team Fax, and Team Affiliation. They will update the database. You will not be able to register if you do not follow this process) **If a coach has already registered in the past, he/she does not have to register again.**

2. After you register, you can tell your divers to go to www.divemeets.com to sign up and then register for the **2021 ACC Diving Men and Women Championships**. **If a diver has already registered in the past, they don't have to register again, but they must update their account to reflect they belong to the NCAA and choose their respective team and coach. They can do this by login in and click on "Update account". If they forgot the ID and <http://www.divemeets.com/Password>, they can click on Forgot your password or Dive Meets ID on the Login page.**

3. Divers will be prompted to the meet information where they will be able to click on the events they are registering and fill out dive sheets for each event. The program will make sure each dive sheet will be sent correctly. Coaches or divers can make changes to a dive sheet any time up to the time the meet is closed.

Note: If coaches decide to register the divers for the meet, they will be able to do that after the divers have signed up with DiveMeets.com. Then, a coach logs in and can click on the **2021 ACC Diving Men and Women Championships** link. On that page coaches will find a drop box with the divers of their team. You will choose the diver you want to register for the meet, fill out dive sheet and follow the prompts. You will have to do this process for every diver.

The next page is a good guide explaining the process of how to register for the meet. If you need any help please email support@meetcontrol.com

ACC DIVING PROCEDURES

How to Register for the 2021 ACC Diving Men and Women Championships:

- A. If a diver has already registered in the past with divemeets.com, you don't have to register again, all you have to do is to log in with their [divemeets](http://divemeets.com) ID and password and click on **2021 ACC Diving Men and Women Championships**. If you forgot the ID and Password, you can click on [Forgot your password or DiveMeets ID](#). You will get an email with your ID and new Password. If you do not see the **2021 ACC Diving Men and Women Championships** after you log in, you must update your account to reflect that you are a member of the **NCAA**. You can do this by logging on and clicking on "[Update account](#)"
- B. If you have not registered before with divemeets.com follow the following instructions:
1. Go to www.divemeets.com and place your cursor over the Login menu and click on Get a DiveMeets ID.
 2. Fill out the form. For organization choose **NCAA under the diver or coach column**. Click on Submit
 3. Fill out Form for registration (**when asked for Team Affiliation choose your team, for coach choose your coach**) If you Do Not find a coach you can choose "**Unattached/ Not Listed**" for now. You can always update your account later. (if you do not find your team and club listed, please send an email to support@meetcontrol.com with the following information: Team Website, Team Name, Team Address, Team City, Team State, Team Zip / Postal, Team Email, Team Phone, Team Code / Abbreviation, Team Point Of Contact, Team Fax, and Team Affiliation.)
 4. After you submit this form you will get a message "you have successfully registered"
 5. Click on the "Pool Deck"
 6. **Click on "2021 ACC Diving Men and Women Championships"**
 7. Select your name on the drop window.
 8. Click on the event you will be competing
 9. Click on Submit
 10. Depending on how many events you register, you must fill out as many dive forms.
 11. Once you are done filling out the dive form click on submit.
 12. Click on the "Release Form Paragraph", select coach that will be in the meet with you, and provide your email address and click submit. It will ask you to review your information click submit again.
 13. The new page will have your dive sheet and a message that "you have successfully register for the **"Atlantic Coast Conference Diving Championships"**
 14. You will get an email with your DiveMeets ID and password. Also, you will receive an email with confirmation of your registration in the meet.

If you need any help please send an email to support@meetcontrol.com , they have a great customer service.

SWIM ENTRY PROCEDURE - 1650 SCY TIMES

How to select 1650 SCY times:

Once you have entered your swimmer in 1650 and you are back out at the main page for Individual Events, you can see all swimmers and the events they are entered in. Click on the 1000 time.



Once you click on the 1000 time, this screen will pop up:

The screenshot shows the "Enter Events" window for Anna Jahns (Female, 19). It includes instructions, entry times, and a table of qualifying times.

- Select a time from the NCAA Database.
- If you want to skip entering the swimmer in this event at this time, click the 'Remove This Event' link.

Entry Times for: Jahns, Anna (Female, 19)

1650 FR

☒ Time in Database 10:05.39 SCY ▼

☐ Override Time 00:00.00

Entry Event: 1650 FR SCY ▼

Meet Name:

Meet Date: (mm/dd/yyyy)

Qualifying Times			
Event	SCY	SCM	LCM
1650 FR	59:59.59	0.00	0.00
1000 FR	59:59.59	59:59.59	59:59.59

OK Cancel

Click on the drop down arrow and 1650 times will show as an option. Click on the fastest 1650 time and click OK!

ACC SPORTSMANSHIP PRINCIPLE

2.1 SPORTSMANSHIP PRINCIPLE

It shall be the responsibility of each Member to ensure that all individuals associated with the athletics program of that Member conduct themselves in a sportsmanlike manner when representing their university. For purposes of this Article 2.1, an individual associated with the athletics program includes, but is not limited to, coaches, administrators, student-athletes, team attendants, band members, cheerleaders, and mascots. Coaches and administrators have the responsibility to set the tone for responsible behavior on the part of their teams and followers. It is an infraction of the rules for an individual associated with the Member's athletics program to conduct themselves in an unsportsmanlike manner.

Unsportsmanlike conduct, when demonstrated by any individual associated with the athletics program, will not be tolerated and may subject the Member and/or individual to disciplinary action. The duties with regard to sportsmanship of Members, any individual associated with the Member's athletics program, and the Commissioner are elaborated below.

2.1.1 Duties of Members.

Each Member is responsible for the actions of any individual associated with its athletics program and other individuals over whom it has authority and may be held accountable for their actions. Every reasonable effort shall be made by competing Members to emphasize the importance of good sportsmanship at all athletics events. When an action violates the sportsmanship principle, the Member is encouraged to take any action it deems appropriate to demonstrate this emphasis.

Further, in the event crowd control procedures must be initiated, this responsibility rests with each host Member, or with the tournament or meet director at off-campus championship events. The athletics directors or their designated representatives shall be available at the site of the competition to assist in controlling the crowd. Only participants, coaches, officials, and authorized personnel shall be allowed in the competition area before, during and at the conclusion of competition.

2.1.2 Duties of the Commissioner.

Whenever the Commissioner believes after a reasonable investigation that there has been a violation of the sportsmanship principle, the following shall apply:

2.1.2.1 Process. The Commissioner will provide the Member with the time and opportunity that the Commissioner considers reasonable to take action and may adopt that action as Conference action if he or she deems appropriate. A Member or individual at risk of penalty will be provided an opportunity, which may be waived, to offer its position on whether the conduct occurred as alleged. After considering all information the Commissioner deems necessary, he or she shall determine whether a penalty should be imposed and what penalty is appropriate. In the event the individual or the Member believes the Commissioner's penalty is inappropriate or excessive in nature, an appeal may be initiated with the Executive Committee by filing a notice with the Chair. The appeal must be filed within 48 hours of receipt of notification of the penalty imposed by the Commissioner.

2.1.2.2 Considerations. In deciding whether to assess a penalty for a violation of the sportsmanship principle, the factors to be considered by the Commissioner include, but are not

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limited to, the following:

- a. The general nature or severity of and the circumstances surrounding the act;
- b. Any injury or damage that is a direct result of the act;
- c. The manner in which the rules of the game, if any, address the act and whether those rules were appropriately applied by those with authority (e.g., officials);
- d. The response and any action taken by the involved Member; and
- e. Any prior acts by the involved Member or individual that were subject to this process.

2.1.2.3 Penalties. After investigating the alleged act, concluding that the act is a violation of the sportsmanship principle, and considering the factors in Section 2.1.2.2 above, the Commissioner may assess against the involved Member and/or individual any, or all, of the penalties below. The Commissioner may also determine that no additional Conference action is necessary.

- a. Reprimand (public or private);
- b. At the discretion of the Commissioner, fines can be issued to the Member and/or individual up to \$25,000 per occurrence, with such fines being put into the Weaver-James-Corrigan Postgraduate Scholarship account; and
- c. Suspension from contests.
 - 1) Carrying Penalty Over to Next Season. Whenever a penalty or suspension is imposed, such penalty may be carried over into the next season of competition at the discretion of the Commissioner.
 - 2) Definition of Suspension. As used in this regulation, "suspension" in the case of a player, means that the player cannot participate in the designated number of contests but may practice; in the case of a coach, "suspension" means that the coach cannot be present in the playing area for the designated number of contests but may conduct practice sessions; in the case of a band member, cheerleader or mascot, "suspension" means that the individual cannot be present in the playing area for the designated number of contests.

2.1.3 Punishable Acts of the Sportsmanship Principle.

2.1.3.1 Punishable Acts. Acts violating the sportsmanship principle shall include, but not be limited to, the following and the acts prohibited under 2.1.3.2 and may subject violators to the process in Section 2.1.2:

- a. Any person who physically or verbally abuses an official, opposing coach, student-athlete, or spectator;
- b. Any person who intentionally incites participants or spectators to violent or abusive (physical or verbal) action;
- c. Any person who makes obscene gestures;
- d. Any person who publicly criticizes any contest official, Conference personnel, Member or Member personnel;
- e. Any person who engages in negative recruiting by making statements which are unduly derogatory of another institution or its personnel to a prospective student-athlete, parents, high school coach, or other person associated with the prospective student-athlete;
- f. Any person who enters the competition area for an unsportsmanlike purpose;
- g. Any other act of unsportsmanlike conduct not specifically prescribed.

2.1.3.2 Public Criticism of Officials. Public criticism of officials or public comments evaluating the officiating of particular contests is not in the best interest of intercollegiate athletics.

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Individuals associated with the athletics program are prohibited, therefore, from commenting while acting in an official capacity on officiating other than directly to the Conference office. Head coaches are responsible for the comments of assistant coaches and other athletics staff members associated with their teams.

2.1.4 Distribution of Policy.

A copy of this Article 2.1 (Sportsmanship Principle) is to be given by the athletics director at each Member to each head coach, assistant coach, band director, and cheerleading and mascot coordinator at the beginning of each academic year. A copy shall also be given to each student-athlete, band member, cheerleader and mascot at the squad meeting held at the beginning of each year. Acceptance of this document, pursuant to NCAA rules governing the student-athlete statement, will constitute agreement to conform to its requirements.

2.1.5 Annual Review.

Any case for which the Commissioner has activated the process outlined in Section 2.1.2.1 will be reviewed annually by the Infractions and Sportsmanship Review Committee, regardless of whether any penalties were assessed. The purpose of the review is to provide each Member with information on the treatment of possible violations of the sportsmanship principle so the Members may use it when considering possible institutional actions in the future.

ACC UNITY STATEMENT

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We, the ACC, are committed to seeing each other as equals and treating each other with respect and dignity at all times; recognizing that our differences don't divide us, but they make us stronger.

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