



**SWIM WALES**  
**NOFIO CYMRU**

**#SUPERSERIES<sup>©</sup>**

INFORMATION PACK

**2020**

# INTRODUCTION

We all miss competition, the smell of the chlorine, the roar from the crowd, the stomach knots as you take the block, the silence before the whistle and that huge sense of achievement at the end of it all.

Swim Wales have been running competitions every year for 123 years, so we know that nothing will really replace those real life competition experiences, but what if we could bring some of the excitement and competitive edge back to fill the void until we can once again wait in anticipation poolside for the finals to begin. The Swim Wales team have worked collaboratively to create a new innovative competitive offer for our members, arguably our most accessible competitive offer ever.

## WE ARE PROUD TO INTRODUCE TO YOU...

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2020

The Super Series is a virtual competition open to all registered Welsh Club members, which will be held across 3 stages, each stage is 1 week long and will finish with a **Super Final**.

At the end of each stage (week) a leader board will be published for all participating clubs and swimmers across Wales. Swimmers will have 3 opportunities across the stages to submit times and climb the leader board. The Top 8 swimmers at the end of stage 3 in each age band and event will be invited to compete in the Super Final.

Swim Wales will be running a campaign to promote **The Swim Wales Super Series 2020** highlighting the achievements of our members and the fantastic work being under taken daily by our coaches, clubs, operators and partners to get swimmers back in to the water.

Preliminaries		0.00
Back		
rys	TDoy	1:21.65
	HOLY	1:23.51
han	NEAY	1:24.30
nzin	TDoy	1:24.37
gh, Kat	COCY	1:24.60
ri	WREY	1:26.60
es, N	SWAY	1:28.61
	SWAY	1:29.15



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## PHASE 1



There are plans to launch additional phases of the Super Series over the next 18 months, ensuring that there are accessible competitive opportunities for our members. Swim Wales will also continue to develop plans to deliver live events, ready for when it is safe to do so, in line with Welsh and British Performance pathways.

## EVENT DETAILS

The Super Series competition is accessible for registered Swim Wales members of affiliated clubs, including Age Group Swimmers, Masters Swimmers and Para Swimmers.

### AGE BANDS

Super Series age bands for Age Group Swimmers will be as follows:

- 9-12 years
- 13-14 years
- 15-16 years
- Open (17+)

Para events will be swum multiclass and multi-event, using the British Para Points calculator to score swimmers in the following age group:

- Junior 14 and under
- Open 15 and over

Super Series age bands for Masters Swimmers will be as follows:

- 18-24 years
- 25-29 years
- 30-34 years
- 35-39 years
- 40-44 years
- 45-49 years
- 50-54 years
- 55-59 years
- 60-64 years
- 65-69 years
- 70-74 years
- 75-79 years
- 80-84 years

Swimmers with a disability wishing to take part in the Super Series who do not currently have a British Para Swimming or World Para Swimming classification, please contact Matt Kendrick, National Para Pathway Manager: [matt.kendrick@swimming.org](mailto:matt.kendrick@swimming.org)

And in five year bands as high as necessary



"The Super Series will provide an innovative and exciting competitive experience for swimmers across Wales while adhering to the current Welsh Government regulations. It will undoubtedly motivate our swimmers to continue to work hard in training, both in the pool and on land, and enable them and their coaches to set clear performance goals and targets. Ultimately it will provide swimmers with a fantastic opportunity to test themselves against not only their own personal goals but also against their peers across the competitive swimming network in Wales through the virtual leader board."

Ross Nicholas, National Performance Director, Swim Wales

# EVENTS

## AGE GROUP EVENTS

### EVENT# EVENT NAME

101	Girls 9 & Over 50 Freestyle
102	Boys 9 & Over 50 Freestyle
103	Girls 9 & Over 100 Freestyle
104	Boys 9 & Over 100 Freestyle
105	Girls 9 & Over 200 Freestyle
106	Boys 9 & Over 200 Freestyle
107	Girls 9 & Over 400 Freestyle
108	Boys 9 & Over 400 Freestyle
109	Girls 9 & Over 50 Backstroke
110	Boys 9 & Over 50 Backstroke
111	Girls 9 & Over 100 Backstroke
112	Boys 9 & Over 100 Backstroke
113	Girls 9 & Over 200 Backstroke
114	Boys 9 & Over 200 Backstroke
115	Girls 9 & Over 50 Breaststroke
116	Boys 9 & Over 50 Breaststroke
117	Girls 9 & Over 100 Breaststroke
118	Boys 9 & Over 100 Breaststroke
119	Girls 9 & Over 200 Breaststroke
120	Boys 9 & Over 200 Breaststroke
121	Girls 9 & Over 50 Butterfly
122	Boys 9 & Over 50 Butterfly
123	Girls 9 & Over 100 Butterfly
124	Boys 9 & Over 100 Butterfly
125	Girls 9 & Over 200 Butterfly
126	Boys 9 & Over 200 Butterfly
127	Girls 9 & Over 100 IM
128	Boys 9 & Over 100 IM
129	Girls 9 & Over 200 IM
130	Boys 9 & Over 200 IM

## MASTER EVENTS

### EVENT# EVENT NAME

201	Women 18 & Over 50 Freestyle (MASTERS)
202	Men 18 & Over 50 Freestyle (MASTERS)
203	Women 18 & Over 100 Freestyle (MASTERS)
204	Men 18 & Over 100 Freestyle (MASTERS)
205	Women 18 & Over 200 Freestyle (MASTERS)
206	Men 18 & Over 200 Freestyle (MASTERS)
207	Women 18 & Over 400 Freestyle (MASTERS)
208	Men 18 & Over 400 Freestyle (MASTERS)
209	Women 18 & Over 50 Backstroke (MASTERS)
210	Men 18 & Over 50 Backstroke (MASTERS)
211	Women 18 & Over 100 Backstroke (MASTERS)
212	Men 18 & Over 100 Backstroke (MASTERS)
213	Women 18 & Over 200 Backstroke (MASTERS)
214	Men 18 & Over 200 Backstroke (MASTERS)
215	Women 18 & Over 50 Breaststroke (MASTERS)
216	Men 18 & Over 50 Breaststroke (MASTERS)
217	Women 18 & Over 100 Breaststroke (MASTERS)
218	Men 18 & Over 100 Breaststroke (MASTERS)
219	Women 18 & Over 200 Breaststroke (MASTERS)
220	Men 18 & Over 200 Breaststroke (MASTERS)
221	Women 18 & Over 50 Butterfly (MASTERS)
222	Men 18 & Over 50 Butterfly (MASTERS)
223	Women 18 & Over 100 Butterfly (MASTERS)
224	Men 18 & Over 100 Butterfly (MASTERS)
225	Women 18 & Over 200 Butterfly (MASTERS)
226	Men 18 & Over 200 Butterfly (MASTERS)
227	Women 18 & Over 100 IM (MASTERS)
228	Men 18 & Over 100 IM (MASTERS)
229	Women 18 & Over 200 IM (MASTERS)
230	Men 18 & Over 200 IM (MASTERS)

## PARA SWIMMING

### EVENT# EVENT NAME

### CLASIFICATION

301	Girls 50 Freestyle (MC)	S4,S6,S8,S10,S11,S13
302	Boys 50 Freestyle (MC)	S3,S4,S5,S7,S9,S10,S11,S13
303	Girls 100 Freestyle (MC)	S3,S5,S7,S9,S10,S11,S12
304	Boys 100 Freestyle (MC)	S4,S5,S6,S8,S10,S12
305	Girls 200 Freestyle (MC)	S5,S14
306	Boys 200 Freestyle (MC)	S2,S3,S4,S5,S14
307	Girls 400 Freestyle (MC)	S6,S7,S8,S9,S10,S11,S13
308	Boys 400 Freestyle (MC)	S6,S7,S8,S9,S10,S11,S13
309	Girls 50 Backstroke (MC)	S2,S3,S4,S5
310	Boys 50 Backstroke (MC)	S1,S2,S3,S4,S5
311	Girls 100 Backstroke (MC)	S2,S6,S7,S8,S9,S10,S11,S12,S13,S14
312	Boys 100 Backstroke (MC)	S1,S2,S6,S7,S8,S9,S10,S11,S12,S13,S14
313	-	
314	-	
315	Girls 50 Breaststroke (MC)	SB3
316	Boys 50 Breaststroke (MC)	SB2,SB3
317	Girls 100 Breaststroke (MC)	SB4,SB5,SB6,SB7,SB8,SB9,SB11,SB12,SB13,SB14
318	Boys 100 Breaststroke (MC)	SB4,SB5,SB6,SB7,SB8,SB9,SB11,SB12,SB13,SB14
319	-	
320	-	
321	Girls 50 Butterfly (MC)	S5,S6,S7
322	Boys 50 Butterfly (MC)	S5,S6,S7
323	Girls 100 Butterfly (MC)	S8,S9,S10,S13,S14
324	Boys 100 Butterfly (MC)	S8,S9,S10,S11,S12,S13,S14
325	-	
326	-	
327	-	
328	-	
329	Girls 200 IM (MC)	SM5,SM6,SM7,SM8,SM9,SM10,SM11,SM13,SM14
330	Boys 200 IM (MC)	SM6,SM7,SM8,SM9,SM10,SM11,SM13,SM14

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## LEADER BOARD

A swimmer will have 3 opportunities, over the 3 stages of competition, to submit times. A swimmer may submit one time per event per stage of competition; there is no limit on the number of events a swimmer may enter.

At the end of each stage a leader board will be published showcasing the achievements of our members, ranked by time in their respective age band and stroke.

**Leader boards will be published for the following:**

- Age Groups (age bands 9-12, 13-14, 15-16 Open)
- Masters (18-24 and 5 year age bands starting from 25-29)
- Para (Multi classification, Multi events based on British Para Swimming Points) (Junior 14 & under and Open 15+)

Following the completion of each stage, the leader boards will be updated to reflect fastest times. The leader board will only display the fastest, and not individual, times submitted by a swimmer.

**For example:**

- **Rhys Jones aged 13 swims the 100 free in a time of 01:05.76 in stage 1**
  - The leader board for boys age band 13-14 will show a time for Rhys of 01:05.76
- **In Stage 2 Rhys swims 100 free in a time of 01:05.78**
  - This time is slower than Rhys submitted in stage 1
  - Therefore his stage 1 time will remain on the leader board and is not updated
- **In Stage 3 Rhys swims the 100 free in a time of 01:04.52**
  - This time is faster than Rhys submitted in stage 1 and 2
  - The leader board is therefore updated to show Rhys' fastest achieved time across the stagesSwimmers can check the leader boards to reference their position, and check the times they need to achieve to climb their respective leader board.

## SUPER FINAL

At the completion of Stage 3, a leader board will be published showing the fastest times in each respective age. The top 8 swimmers in each group will be invited to submit times for the Super Final, which will take place Monday-Sunday, similar to the previous stages (only difference is that swimmers are invited to submit times rather than an open entry). The winners will be announced on the Swim Wales social media platforms and website on Christmas Eve.

## LICENSING

Traditional events in Wales require a license number, following sign off of the appropriate meet documents. Whilst there is not a 'license requirement' to compete in the Super Series, clubs will be asked to adhere to the following competition rules and standardisation practices to ensure the competition is managed and delivered fairly.

**The fee to partake in the Super Series 2020 will be waived and all costs for phase 1 will be covered by Swim Wales.** Please be aware, times achieved are eligible for the Super Series competition only, times will not be eligible for rankings or future event admission at this point in time.

## OFFICIATING STANDARDS

In order to ensure the competition is accessible and manageable, the required officiating standard of races has been significantly reduced from traditional events. Super Series races will require a stopwatch operator (Swim Wales member) and a Technical Official (Swim Wales Member) qualified at J2 or above to sign off the achieved time. Races should be completed during training hours utilising existing pool time and available supporting coaches and/or officials. Once a club has registered their interest in taking part in the Super Series, the respective Technical Officials Panel regional representative will be in contact, and will endeavour to ensure suitable and sufficient official support is received.

## STANDARDISING COMPETITION

We acknowledge that across Wales, access to water will vary, and clubs will need to adapt to new ways of delivering and operating. We are also aware that access to equipment and facilities will vary.

**To ensure competition is as fair as possible, the following rules will be in place:**

1. Super Series racing must comply fully with Swim Wales Return to Water Guidance and Government guidance in addition to any specific health and safety requirements of the venue
2. Super Series races are in place to support swimmers returning to a competitive environment, offering training goals and providing some level of normality for our members, please operate with this in mind at all times
3. Short Course times should be used (submitted times will be assumed as SC)
4. An official qualified minimum J2 must be present for the race to start, and sign off the achieved time
5. The presiding Technical Official present may be accompanied by a stopwatch operator, both must be current Swim Wales Members
6. Starts will be initiated by an official however a start box is not required, this is to minimise the amount of equipment required
7. The use of backstroke ledges is not allowed
8. We encourage clubs to discuss use of equipment, such as diving blocks, with their facility, to ensure safe and appropriate use
9. Ages are as December 31st 2020
10. Disqualifications for infractions of the technical rules should only be made if the infraction committed provides the swimmer with an unfair advantage. If a swimmer is slowed by their infraction, advice may be given by a coach to help the swimmer improve
11. In the event of a valid time not being available for a swimmer, the swimmer may be asked to re-swim
12. Times must be submitted, using the correct file (available online) by midday Monday following the end of each stage, times submitted after this deadline will not be accepted

## INTEGRITY DECLARATION

Swimmers competing in the Super Series must submit times in confidence that the achievement is legitimate. Fraudulent submissions not only damage the integrity of the competition and cause disruption for others, but let the swimmer in question down. We ask all swimmers, coaches, clubs and others involved in the process to uphold the integrity of the sport, creating an enjoyable and safe environment for all our members to compete.

## SAFEGUARD AND CHECKS

Event Management withhold the right to run random 'checks' on submitted times to ensure fraudulent times are not submitted; these will be completed with the support of the Swim Wales performance team and relevant coaches.

## WHISTLE BLOWING AND APPEALS

Please see separate documents relating to the Super Series Whistle Blowing Policy and Appeals process (these will be published online before the start of stage 1 on the Super Series webpage).

## HOW TO GET INVOLVED

### Registering your interest to take part

Clubs are encouraged to register their interest to take part in the Super Series so that the team can ensure appropriate official and technical support is provided. Clubs registering their interest to compete in the Super Series also receive a box full of goodies full of Super Series stash!

To register your clubs interest please click here:  
<https://www.swimwales.org/pages/super-series>

## ENTERING THE SUPER SERIES

Entry management can be completed using HyTek Team Manager, Swim Manager or Team Manager Lite (FREE).

Supporting documents including 'Submitting Times for the Super Series' and 'Using TMLite' and relevant entry files can be found here:

<https://www.swimwales.org/pages/super-series>

**Times must be submitted by midday Monday following the end of each stage;**  
E.g. Stage 1 runs October 19th-25th, achieved times must be submitted by midday Monday 26th for processing

Times submitted after this deadline will not be processed.  
If after reading the above documents online you require additional support in submitting your times, please contact the team who will happily assist:

**Swim Wales Events Team - [Swimwales-events@swimming.org](mailto:Swimwales-events@swimming.org)**  
**Rob Williams, Entry Manager - [robwilliams1145@gmail.com](mailto:robwilliams1145@gmail.com)**

## SHOUT ABOUT IT!

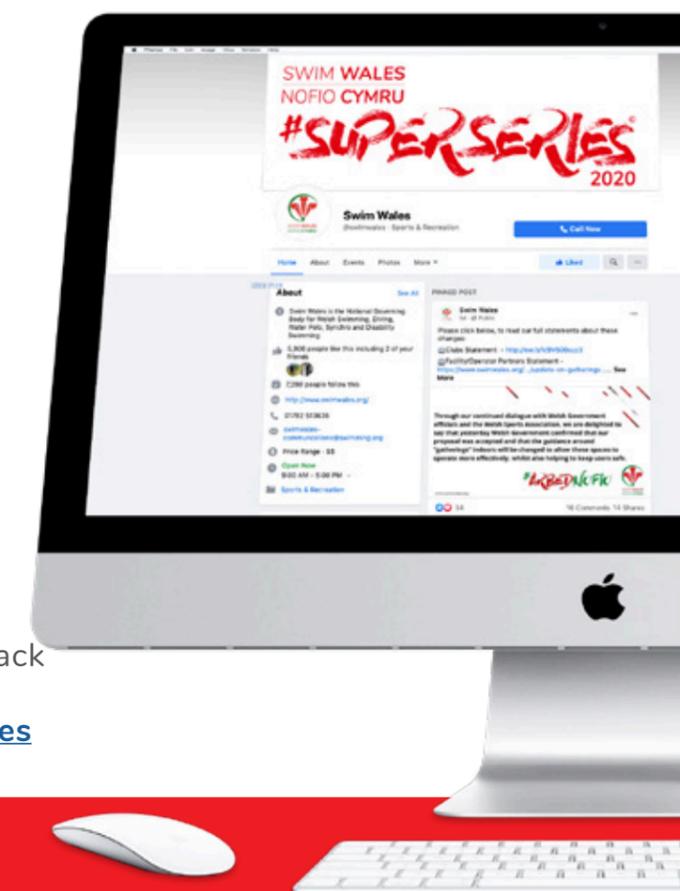
### SOCIAL MEDIA CAMPAIGN

Whilst we might be swimming across various locations in Wales, we hope this competition brings us together, albeit virtually! We really encourage our members to join us online and share your Super Series experiences.

At the end of each stage Swim Wales will produce a highlight reel of the previous stage, showcasing the fantastic achievements of our members, including interviews with our leading swimmers and your performances.

To submit content to the team and be included in this please email your clips to:  
[Swimwales-events@swimming.org](mailto:Swimwales-events@swimming.org)

The full Swim Wales Super Series Campaign pack can be found here:  
<https://www.swimwales.org/pages/super-series>



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### SWIM WALES SOCIAL ACCOUNTS

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