BACKSTROKE START LEDGE - (LTSV) Track Start Velcro Model:

The Anti Wave BackStroke Start Ledge provides a simple and easy to use Ledge for swimmers to perform highest performance backstroke starts in both training and competition. Designed in close collaboration with the Australian backStroke swim team and top level Australian coaches, the ledge is simple to install and adjust by the swimmer or coach while in the pool or on the pool deck. The Ledge locks securely into place once set, and is quickly removed from the Block when used in competition or training.

For Track Start Blocks with Movable Track Starts:
The ledge attaches securely to the rear of the Block TrackStart Wedge by 3M Velcro Hook and Loop attachments. No drilling or other modifications required.

Easily Adjustable Settings:
The height of the Ledge can be adjusted by the swimmer while in the pool, or the coach on pool deck. The ledge is raised or lowered into needed position by adjustment of the position of the Track Start Wedge on the block.

Fixed Settings for Events, FINA Compliant:
For competition meets the Ledge may be fixed at a uniform fixed position at water level, as used at FINA WCH Event 2019. Fina compliant design.

Heavy Duty Straps:
Heavy Duty nylon straps are rated to withstand even the strongest of swimmers' starts. Load rated to 13kN.
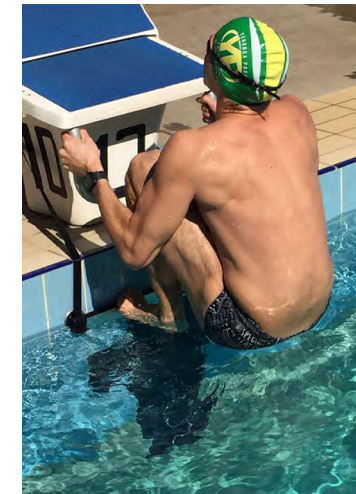
Anti Slip Surface:
Includes custom Anti-slip trasction surface which is secure and also gentle on the feet. Croc-Grip non-slip tape is installed on the crucial upper edge, where most pressure is applied when using correct start techniques.

Simple Manual System:
Simple, trouble free manual movement ensures no moving parts to break or freeze, and reliable installation, adjustment and removal each and every time.

Quick Easy Removal from Block:
During competition, the Ledge is quickly and easily removed from the Block.

2020 RRP USD155.00 FOB AUS
Low cost global air courier delivery available

PATENT PENDING

Designed and produced in Australia

For Ordering Information:
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anti

ANTI WAVE - SINCE MUNICH 1972 AND ON
SWIM • POLO • POOL DECK • LEISURE • BULKHEAD