

#### ANONYMOUS CONSENT FORM

Northern Michigan University
School of Health and Human Performance

Coaching Styles influence on Motivation & Performance in Elite NCAA D1 Swimming Programs

IRB APPROVAL NUMBER: HS20-1094

## Purpose of the research study:

The purpose of this research study is to develop a better understanding of different coaching styles and how they motivate elite college swimmers and if they experience objective improvements.

What you will be asked to do in this study? The participants will be asked to answer questions regarding what motivates them, what types of coaching motivates them, and if they improved under types of coaching.

### Incentive or Compensation:

There will be no compensation or incentive for completing the survey.

## Confidentiality:

Your part in this study is anonymous. That means that your answers to all questions are private. No one else can know if you participated in this study and no one else can find out what your answers were. Scientific reports will be based on group data and will not identify you or any individual as being in this project. Your identity will be kept confidential to the extent provided by law.

# Voluntary participation:

Your participation in this study is completely voluntary. You have the right to withdraw from the study at any time without consequence or penalty. You have the right to omit any questions or decline any procedures.

If you have any further questions regarding your rights as a participant in a research project you may contact Dr. Lisa Schade Eckert of the Human Subjects Research Review Committee of Northern Michigan University (906-227-2300) leckert@nmu.edu. Any questions you have regarding the nature of this research project will be answered by the principal researcher who can be contacted as follows: Dr. XXX (906-227-XXXX) XXXX@nmu.edu.

I have read the above "Informed Consent Statement." The nature, risks, demands, and benefits of the project have been explained to me. I understand that I may ask questions and that I am free to withdraw from the project at any time without incurring ill will or negative consequences. I also understand that this informed consent document will be kept separate from the data collected in this project to maintain anonymity (confidentiality). Access to this document is restricted to the principal investigators.

Participant's signature	
Date	
Email (optional):	