## 2019 TECHNICAL INFORMATION

ALL YOU NEED TO KNOW ABOUT THE ISL

## MATCH <br> INFORMATION

Group A: Indianapolis, USA | October 5-6 | 14:00 local
Group A: Naples, ITA | October 12-13 | 19:00 local
Group B: Lewisville-Dallas, USA | October 19-20|14:00 local
Group B: Budapest, HUN | October 26-27 | 18:00 local
Derby USA: Washington DC, USA | November 16-17|14:00 local
Derby Europe: London, GBR | November 23-24 | 17:00 local
Final Match: Las Vegas, USA | December 20-21| 13:00 local

## GENERAL COMPETITION INFORMATION team \& technical information

- 8 clubs; 4 European | 4 US
- Each club will have 1 captain and 1 vice-captain; they have to be of different gender
- The suggested size of each club's traveling roster is 24 athletes ( 12 men $\& 12$ women), plus 4 substitutes ( 2 men \& 2 women), for a total of 28 . The total roster a club may have for 2019 is 32.
- The events' schedule is found later in the document.
- Each match day will be split in 3 sessions, which will have 2 breaks in between. Each session has a block of events. The line-ups for each match must be provided to the organization by the teams before 19:00 of the day prior to the start of the match. The teams must confirm the line-ups by 12:30 on the day of the competition. After 12:30, no changes for session 1 will be allowed. The teams will be allowed to submit changes twice during the day: i) by the 2'mark into break \#1, for sessions 2 \& 3, ii) by the 2 'mark into break \#2, for session 3 .
- 2 athletes will compete per event per club.
- 2 relay teams will compete per relay event per club.
- Lane assignment for all individual and relay events for the first day of each match will be random and consistent throughout the day:
- Lanes 1 \& 2: Team A
- Lanes 3 \& 4: Team B
- Lanes 5 \& 6: Team C
- Lanes 7 \& 8: Team D
- On the second day of the competition of each match, lane assignment will be changed and as follows:
- Lanes 1 \& 2: Team C
- Lanes 3 \& 4: Team D
- Lanes 5 \& 6: Team A
- Lanes 7 \& 8: Team B
- Skin races'rounds will be conducted every 3 'and the athletes will return behind the blocks after rounds 1 \& 2 :
- 1st Round --------8 athletes
- 2nd Round------- 4 athletes
- Final Round------ 2 athletes

The "eliminated" athletes will return to their team's area. The qualified athletes cannot use the competition pool to cool down. The lanes that the qualified athletes will use will be according to their team's lane assignment for the day. For example, if a team is using lanes $7 \& 8$ for the day, then a qualified to the second round athlete of that team will use either lane 5 (if his teammate is qualified, who will use lane 6) or lane 6.

- The $4^{*} 50$ medley mixed relay will only be held if two teams tie in points at the end of the match.



## THE SCORING FOR EACH EVENT WILL BE AS FOLLOWS:

1st place 9 points<br>2nd place 7 points<br>3rd place 6 points<br>4th place 5 points<br>5th place 4 points<br>6th place 3 points<br>7th place 2 points<br>8th place 1 point

Relay races will score double points.

## SKIN RACES WILL SCORE AS FOLLOWING:

ROUND 1
8th place 1 point 7 th place 2 points 6th place 3 points 5th place 4 points

ROUND 2
4th place 10 points
3rd place 12 points

FINAL ROUND
2nd place 21 points
1st place 27 points

THE CLUB SCORING AT THE END OF EACH MATCH WILL BE AS FOLLOWS:
1st place 4 points
2nd place 3 points
3rd place 2 points
4th place 1 point

## RULES

- The Top 2 US clubs and Top 2 European clubs in standings of club cumulative points after the 6 regular season matches, will advance to the Final Match. If two clubs are tied at the end of the regular season, then the cumulative points of these clubs will be taken into account to determine the qualifying club. In the rare case of two clubs being tied and also having the exact same number of cumulative points throughout season 1, then the two teams will have a swim-off in order to determine the qualifying club, which will be $4^{*} 50$ medley mixed.
- If a swimmer, in any given individual event, is slower than the respective times seen on the table below, then the swimmer will receive -1 point (minus 1) from the actual points his/her place refers to
- If a relay team, in any given relay event, is slower than the respective relay times seen on the table below, then the team will receive -2 points (minus 2) from the actual points the team's place refers to.


SHORT COURSE METERS

| SHORT COURSE METERS |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  | DISTANCE | MEN | WR | WOMEN | WR |
| FREE | 50 | 22.50 | 20.26 | 25.50 | 22.93 |
|  | 100 | 49.50 | 44.94 | 55.00 | 50.25 |
|  | 200 | 1.49.50 | 1.39.37 | 1.58 .50 | 1.50.43 |
|  | 400 | 3.50.50 | 3.32.25 | 4.10.00 | 3.53.92 |
| BACK | 50 | 25.00 | 22.22 | 28.50 | 25.67 |
|  | 100 | 54.00 | 48.88 | 1.01.00 | 55.03 |
|  | 200 | 1.58 .00 | 1.45 .63 | 2.11.00 | 1.59.23 |
| BREAST | 50 | 28.50 | 25.25 | 31.50 | 28.56 |
|  | 100 | 1.00.00 | 55.61 | 1.08.50 | 1.02.36 |
|  | 200 | 2.12 .00 | 2.00.16 | 2.28 .50 | 2.14.57 |
| FLY | 50 | 24.00 | 21.75 | 26.50 | 24.38 |
|  | 100 | 53.00 | 48.08 | 58.50 | 54.61 |
|  | 200 | 1.59.50 | 1.48.24 | 2.12.00 | 1.59.61 |
| IM | 200 | 2.01.00 | 1.49 .63 | 2.13.50 | 2.01.86 |
|  | 400 | 4.19.00 | 3.55 .50 | 4.46.50 | 4.18.94 |
| FREE | 4*100 | 3.17 .00 | 3.03 .03 | 3.39 .00 | 3.26 .53 |
| MEDLEY | 4*100 | 3.35 .50 | 3.19.16 | 4.02.00 | 3.45.20 |
| MIXED FREE | 4*100 | 3.28.00 |  |  |  |

## RULES CONTINUED

- If a swimmer, in any given individual event, does not appear (DNS) for a race, then the swimmer will receive - 4 points (minus 4 )
- If a swimmer, in any given individual event, does not finish (DNF) the race or is disqualified, then the swimmer will receive - 2 points (minus 2)
- If a relay team, in any given relay event, does not appear (DNS) for a race, then the team will receive -8 points (minus 8 ).
- If a relay team, in any given relay event, does not finish (DNF) the race or is disqualified, then the team will receive -4 points (minus 4).
- If a swimmer, in the first round of the 50 -freestyle skin race event, does not appear (DNS) for the race, then the swimmer will receive -4 points (minus 4 ).
- If a swimmer, in the second round of the 50 -freestyle skin race event, does not appear (DNS) for the race, then the swimmer will receive -8 points (minus 8).
- If a swimmer, in the third round of the 50 -freestyle skin race event, does not appear (DNS) for the race, then the swimmer will receive -12 points (minus 12 ).
- If a swimmer, in the first round of the 50 -freestyle skin race event, does not finish (DNF) the race or is disqualified, then the swimmer will receive -2 points (minus 2 ).
- If a swimmer, in the second round of the 50 -freestyle skin race event, does not finish (DNF) the race or is disqualified, then the swimmer will receive -4 points (minus 4 ).
- If a swimmer, in the third round of the 50 -freestyle skin race event, does not finish (DNF) the race or is disqualified, then the swimmer will receive -6 points (minus 6 ).


## EVENTS \& SCHEDULE

| Freestyle | 50 m | 100 m | 200 m | 400 m |
| :--- | :--- | :--- | :--- | :--- |
| Freestyle Skins | 50 m |  |  |  |
| Breaststroke | 50 m | 100 m | 200 m |  |
| Butterfly | 50 m | 100 m | 200 m |  |
| Backstroke | 50 m | 100 m | 200 m |  |
| Ind. Medley |  |  | 200 m | 400 m |
| Freestyle relay | $4 \times 100 \mathrm{~m}$ |  |  |  |
| Medley relay | $4 \times 100 \mathrm{~m}$ |  |  |  |
| Mixed Freestyle Relay | $4 \times 100 \mathrm{~m}$ |  |  |  |
| Mixed Medley Relay | $4 \times 50 \mathrm{~m}$ | (only used as a tie breaker) |  |  |


| WOMEN EVENT \# | DAY 1 | MEN EVENT \# |
| :---: | :---: | :---: |
| 1 | 100 Butterfly | 2 |
| 3 | 50 Breaststroke | 4 |
| 5 | 400m Individual Medley | 6 |
| 7 | 400 m Freestyle Relay |  |
| 9 | 200m Backstroke | 8 |
| 11 | 50 m Freestyle | 10 |
|  | 400m Medley Relay | 12 |
| 13 | 200m Freestyle | 14 |
| 15 | 50m Backstroke | 16 |
| 17 | 200 m Breaststroke | 18 |
|  | 400m Freestyle Relay | 19 |
|  |  |  |
|  |  |  |
| 20 | 100m Freestyle | 21 |
| 22 | 100 m Breaststroke | 23 |
| 24 | 400 m Freestyle | 25 |
| 26 | 400m Medley Relay |  |
| 28 | 200 m Individual Medley | 27 |
| 30 | 50 m Butterfly | 29 |
| 32 | 100m Backstroke | 31 |
| 33 | 400m Mixed Freestyle Relay | 33 |
| 34 | 200m Butterfly | 35 |
| 36 | 50 m Freestyle Skins | 37 |
| 38 | 200m Mixed Medley Relay* | 38 |
|  | * In case of_ Team tie only |  |

## PRIZE MONEY:

| ATHLETE PLACE | POINTS | Prize Money | Details |
| :---: | :---: | :---: | :---: |
| $1^{\text {st }}$ |  | \$ 300 | Per point in Regular Season Matches |
| ${ }^{\text {nd }}$ |  | \$ 1,000 | Per point in Final Match |
| $2{ }^{\text {nd }}$ | 4 |  | Per swimmer per match attended; for swimmers in Clubs that |
| 3 rd | 2 | \$ 1,000 | qualified to Final Match and are attending the Final Match |
| $4^{\text {th }}$ | 1 | \$ 10,000 | Per swimmer; for swimmers in Club that finished 1st in Final Match |
| Relays score double points; each swimmer receives $25 \%$ of team's relay points. |  | \$5,000 | Per swimmer; for swimmers in Club that finished $2^{\text {nd }}$ in Final Match |
|  |  | \$ 3,000 | Per swimmer; for swimmers in Club that finished 3rd in Final Match |
|  |  | \$ 1,000 | Per swimmer; for swimmers in Club that finished $4^{\text {th }}$ in Final Match |

## MOST VALUABLE PLAYER (M V P )

An MVP will be selected after the completion of each match. The criterion for such selection will be the number of points (towards team score; not prize money points) that the swimmer will have accumulated during the match.
An MVP will be selected after the completion of the season, following the match in Las Vegas. The criterion for such selection will be the number of points (towards team score; not prize money points) that the swimmer will have accumulated during the season.

- An MVP can only be 1 each time and can be a woman or a man.


International Swimming League Ltd

