



**National Interscholastic Swimming Coaches Association
2019 - 2020 NISCA Swimming All-America**

Yard Time Standards

*Top 100 Athletes determined by time will be recognized
as All-America in individual and relay events.*

<i>Boys All-America</i>		<i>High School</i>	<i>Girls All-America</i>	
<u>Automatic</u>	<u>Consideration</u>	<u>Event in Yards</u>	<u>Consideration</u>	<u>Automatic</u>
1:33.21	1:34.74	200 Medley Relay	1:46.21	1:44.21
1:38.40	1:40.13	200 Freestyle	1:50.57	1:48.74
1:49.57	1:51.57	200 Individual Medley	2:03.64	2:01.51
:20.54	:20.91	50 Freestyle	:23.54	:23.20
:48.92	:49.95	100 Butterfly	:55.49	:54.42
:44.95	:45.73	100 Freestyle	:51.05	:50.19
4:28.38	4:33.10	500 Freestyle	4:56.85	4:52.18
1:24.80	1:25.86	200 Freestyle Relay	1:36.94	1:35.36
:49.38	:50.37	100 Backstroke	:55.92	:54.80
:55.84	:56.98	100 Breaststroke	1:03.80	1:02.58
3:06.28	3:09.26	400 Freestyle Relay	3:31.02	3:27.65

