



## National Interscholastic Swimming Coaches Association 2019- 2020 NISCA/Speedo Swimming All-America

### *Meter Time Standards*

*Meters are converted to Yards by the online entry database  
Coaches enter Meter Times and check "Meters"*

*Top 100 Athletes determined by time will be recognized  
as All-America in individual and relay events.*

<i>Boys All-America</i>		<i>High School</i>	<i>Girls All-America</i>	
<u>Automatic</u>	<u>Consideration</u>	<u>Event in Yards</u>	<u>Consideration</u>	<u>Automatic</u>
1:44.07	1:45.86	200 Medley Relay	1:58.53	1:56.29
1:49.16	1:51.05	200 Freestyle	2:03.61	2:00.48
2:01.91	2:04.18	200 Individual Medley	2:17.24	2:14.87
:23.05	:23.45	50 Freestyle	:26.24	:25.86
:54.49	:55.64	100 Butterfly	1:01.64	1:00.46
:49.98	:50.86	100 Freestyle	:56.76	:55.81
3:55.63	3:59.78	400 Freestyle	4:23.36	4:16.30
1:34.63	1:35.81	200 Freestyle Relay	1:48.28	1:46.51
:54.86	:55.96	100 Backstroke	1:02.12	1:00.88
1:01.98	1:02.91	100 Breaststroke	1:10.94	1:09.58
3:27.47	3:30.47	400 Freestyle Relay	3:55.07	3:51.32



**Back to All-America**