

GOLDEN BEAR MEET 2019
13th – 14th July 2019, Zagreb, Croatia
SELECTION POLICY



1. Event Performance Objective

- i. The objective for this event is to provide a meaningful and beneficial competitive opportunity to further the development of:
 - Male athletes born in 1999/2000 and female athletes born in 2000/2001 towards senior international success at World Championship (2021 & 2023) and Olympic (2024) levels either in individual or relay events
 - Male athletes born in 1998 or earlier and female athletes born in 1999 or earlier towards senior international success at World Championship (2021 & 2023) and Olympic (2020 & 2024) levels in relay events
- ii. Team selections will be made taking into consideration:
 - a. The Vision of the Swim Ireland Performance programme
 - b. The development needs of individual athletes in terms of their potential to compete as part of the Ireland team at the 2020 and/or the 2024 Olympic Games. Priority will be given to targeted athletes with Olympic Games 2024 medal potential
 - c. The higher priority and needs of other National Teams or squads selected by Swim Ireland in the 2019-2020 period

2. Selection Trials

- i. Selections will be made from Olympic individual event performances at the 2019 Irish Open Championships held in Dublin, Ireland in the period 27th – 31st March 2019. This event will be known as the 'Selection Trials'
- ii. Athletes will be notified of their selections in the week beginning 1st April 2019

3. Team Size

- i. Up to a maximum of 8 athletes will be selected for the 2019 Golden Bear Meet
- ii. There is no obligation on Swim Ireland to select 8 athletes and the total Team size will be subject to available funding and will be determined by the National Performance Director and validated by the National Selection Panel

4. Athlete Selections (Individual Events)

Table 1

MALE Born 1999	MALE Born 2000	Event	FEMALE Born 2001	FEMALE Born 2000
Consideration Time	Consideration Time		Consideration Time	Consideration Time
22.86	23.05	50m Freestyle	25.50	25.38
50.37	50.78	100m Freestyle	55.60	55.34
1:48.49	1:49.39	200m Freestyle	2:02.45	2:01.87
3:50.29	3:52.19	400m Freestyle	4:17.62	4:16.39
		800m Freestyle	8:47.61	8:45.07
15:38.26	15:46.02	1500m Freestyle		
55.28	55.73	100m Backstroke	1:03.10	1:02.80
2:00.24	2:01.24	200m Backstroke	2:14.56	2:13.91
1:01.15	1:01.66	100m Breaststroke	1:09.72	1:09.38
2:12.68	2:13.77	200m Breaststroke	2:29.00	2:28.28
53.24	53.68	100m Butterfly	1:00.27	59.98
1:59.71	2:00.70	200m Butterfly	2:14.10	2:13.46
2:03.79	2:04.81	200m IM	2:16.52	2:15.86
4:24.93	4:27.12	400m IM	4:52.08	4:50.68

Table 2

MALE Born 1998 or Earlier	Event	FEMALE Born 1999 or Earlier
Consideration Time		Consideration Time
49.53	100m Freestyle	55.31
1:49.01	200m Freestyle	2:00.44
54.87	100m Backstroke	1:01.50
1:00.85	100m Breaststroke	1:08.44
52.74	100m Butterfly	59.36

- i. To be eligible for selection, athletes must record a time at the Selection Trials equal to or better than the individual event Consideration Standards detailed in Table 1 or Table 2 and such a time recorded must be a lifetime best performance in a long course (50m) pool
- ii. To be eligible for selection, athletes will not have been selected for the 2019 FINA World Championships (50m) or the 2019 World University Games, which will both be considered priority selection events
- iii. Athletes who decline or withdraw from a 2019 FINA World Championships (50m) or a 2019 World University Games selection will not be eligible for selection for this event

5. Athlete Eligibility

- i. Be an Irish citizen and eligible to represent Ireland as per FINA General Rules 1 & 2 (GR 1 & GR 2)
- ii. Hold an Irish passport at the time of entries being submitted
- iii. Be a registered Swim Ireland member for the 2018-2019 season and in good standing
- iv. Be available to fulfil National Team commitments
- v. Other than in exceptional circumstances, have accepted their place on the National Squad or their respective Regional Squad for the 2018-2019 season (where offered)
- vi. Be aligned with the statements within the Swim Ireland 'On This Performance Team' booklet

6. Athlete Selection Procedure

- i. At the conclusion of the Selection Trials, those who have achieved the Consideration Standards outlined in Section 4 will be considered by the National Performance Director for nomination to the National Selection Panel
- ii. In the event of a tie (equal times achieved by two athletes), the times achieved in all rounds of competition at the Trials will be considered (heat, semi-final and/or final)
- iii. Subject to National Performance Director approval, any athlete selected may also be considered for additional individual event selections
- iv. The decision of the National Selection Panel shall be final and subject to Section 20

7. Team Coach Eligibility

- i. Be a registered Swim Ireland member for the 2018-2019 season and in good standing
- ii. Be a full time resident within Ireland and be a practising coach within an Irish swimming programme
- iii. Be holders of the Swim Ireland Level 3 Coaching Certificate or international equivalent or be enrolled on a Level 3 Coaches Course at the time of nomination
- iv. Hold a Swim Ireland Coaching Licence
- v. Be available to fulfil the commitments of this National Team
- vi. Other than in exceptional circumstances, have applied for a place on the Advance Coach Education Programme for the 2017-2020 period (where offered)
- vii. Other than in exceptional circumstances, have provided first hand service or support as a coach as part of the National Squad or Regional Squad Programme in the period 1st September 2017 – 31st August 2018 (where offered/requested)
- viii. Where offered/requested, have engaged as part of the Home Programme Coach Policy in the 2017-2018 season
- ix. Be aligned with the statements within the Swim Ireland 'On This Performance Team' booklet

8. Team Coach Selection Procedure

- i. National Team coaches will be recommended by the Senior Leadership Team and validated at the discretion of the National Performance Director. The National Performance Director may consult with the Swim Ireland CEO as necessary
- ii. Selections will be reflective of the Team size, the needs of the individual athletes and/or relays selected, as well as considering the optimum balance of the Team as a whole

9. Team Manager Eligibility

- i. Be a registered Swim Ireland member for the 2018-2019 season and in good standing
- ii. Be a full time resident within Ireland
- iii. Have responded to the seasonal availability request distributed by the Performance Manager
- iv. Be available to fulfil the commitments of this National Team
- v. Other than in exceptional circumstances, Team Managers will not be the parent or guardian of an athlete member of the Team
- vi. Other than in exceptional circumstances, have Team Managed as part of the National Squad or Regional Squad Programme in the period 1st September 2017 – 1st August 2018 (where offered/requested)
- vii. Be holders of the Swim Ireland Level 2 Team Management Certificate or international equivalent
- viii. Be aligned with the statements within the Swim Ireland 'On This Performance Team' booklet

10. Team Manager Selection Procedure

- i. Team Manager/s will be nominated by the Senior Leadership Team and validated at the discretion of the National Performance Director. The National Performance Director may consult with the Swim Ireland CEO as necessary
- ii. Selections will be reflective of the Team size, the needs of the athletes selected, and the age & gender balance of the Team as a whole

11. Sports Science/Sports Medicine Practitioner Eligibility

- i. Be available to fulfil the commitments of this National Team
- ii. Be holders of an appropriate and recognised qualification for the position of appointment
- iii. Be aligned with the statements within the Swim Ireland 'On This Performance Team' booklet

12. Sports Science/Sports Medicine Practitioner Selection Procedure

- i. Sports Science/Sports Medicine Practitioners will be recommended by the National Performance Services Manager to the Senior Leadership Team and validated at the discretion of the National Performance Director
- ii. Selections will be reflective of the Team size and the needs of the athletes selected

13. Team Commitments

Full Team commitments will be confirmed following the Selection Procedure. All athlete Team members will be required to:

- i. Compete in the 2019 Irish Summer National Championships as their summer benchmark meet of the 2018-2019 season
- ii. Complete, sign and comply with the Swim Ireland National Team Code of Conduct
- iii. Complete a Swim Ireland Medical Form prior to competing at the event
- iv. Commit to the values of the Swim Ireland National Squad Athlete Charter
- v. Abide by the Uniform Policy, the Media Policy, the Appearances Policy, the Betting, Gambling & Integrity Policy and the Sports Supplements Policy of the Swim Ireland National Team
- vi. From the point of selection, ensure that their home programme coach submits the 'Coach Planning' log sheet each week via email to the National Performance Pathway Manager
- vii. Comply with Swim Ireland and FINA swimwear regulations, including full compliance with Swim Ireland's agreement with Arena
- viii. Adhere to all prescribed travel arrangements which might involve different travel dates to other members of the Team
- ix. Not take holiday between the Selection Trials and the meet for which they have been selected

- x. Not attend overseas camps and/or competitions between the Selections Trials and the meet for which they have been selected without prior written approval from the National Performance Director
- xi. Make themselves available for all Team activities designated by the National Performance Director (including, but not limited to, the 2019 National Team Day, preparation camps and staging camps) as part of or in addition to the National Squad or Regional Squad programme. No Team member will be allowed to leave a National Team camp or undertake any activities that are not directly relevant to the National Team camp, including any external media, sponsor or social activities. Failure to attend the required activities could result in de-selection to the Team. Under exceptional circumstances, written approval to be excluded from activities can be given by the National Performance Director

14. Competitive Readiness

Competitive readiness is defined as the ability of the athlete to achieve equal or superior performance/s at the scheduled event, as compared to the performance/s the athlete achieved in qualifying for the Team

- i. Athletes who do not remain competitively ready by reason of lack of fitness, injury or illness may be removed from the Team. Athletes and home programme coaches are required to immediately report any injury, illness or change in training that could affect their ability to compete at their highest level at this event to the National Performance Director and the National Senior Team Head Coach in writing via e-mail
- ii. The final decision on competitive readiness will be made in concert by the National Performance Director and the National Senior Team Head Coach once selection is completed. These two individuals will have absolute discretion in relation to which factors they will consider in making a final decision
- iii. In the case of injuries or illnesses, the National Performance Director and the National Senior Team Head Coach will consider recommendations made by a suitably qualified medical expert employed by the Sport Ireland Institute or similar
- iv. Injured or ill athletes may be subject to a proof of readiness test to be determined by the National Performance Director and the National Senior Team Head Coach in consultation with the athlete's home programme coach. The test will consist of a controlled performance such as a competition or observed test or time trial. These athletes will not travel with the Team until this requirement has been satisfied. If it is determined that the athlete is not competitively ready once onsite at the event, he or she may be required to return home immediately

15. Team Uniform/Kit

- i. All Team uniform and kit will be provided for and to the Team by Swim Ireland
- ii. Athletes will be issued with one or more Arena racing suit/s. Athletes accepting suits must wear them (or another Arena suit) for all of their races
- iii. Athletes may exercise 'freedom of choice' in the wearing of a non-Arena suit, but such a suit must be unbranded

16. Withdrawals/Removals

- i. An athlete or member of staff may, at any time, be disqualified for consideration for selection to a National Team or be removed after selection based on current or past behaviour of the athlete/staff member that is inconsistent with the National Team Code of Conduct. A copy of this document is available via performance@swimireland.ie
- ii. An athlete will be removed from being considered for selection to the National Team or removed after selection if he/she is found to be in violation of any anti-doping policy or procedure as outlined by Swim Ireland, Sport Ireland and/or the World Anti-Doping Agency (WADA)
- iii. If for any reason an athlete is unable or unwilling to fully comply with the Team Commitments (Section 13) they may be deselected from the Team

17. Editions & Additions

- i. Editions and/or additions to the Team will be considered at the discretion of the National Performance Director if viewed to be in the best interest of the overall Team performance and will not require validation from the National Selection Panel

18. Unforeseen Circumstances

- i. Should the Swim Ireland Senior Leadership Team and/or the National Selection Panel determine that unforeseen circumstances have arisen during the process of applying this Policy, the National Selection Panel shall have the full and absolute discretion to resolve the matter as it sees fit, taking into account factors and circumstances that it deems it relevant

19. Amendments

- i. The Swim Ireland Senior Leadership Team reserves the right to make changes to this document which, in its discretion, are necessary. No such changes shall be made after the commencement of the Selection Trials unless the changes relate to the National Selection Panel exercising its discretion under the 'Unforeseen Circumstances' provisions (Section 18)
- ii. The Swim Ireland Senior Leadership Team reserves the right to review and modify this Policy or a decision related to the selection process in the case of rule or policy changes from the IOC, FINA and/or LEN that affect the criteria set out in this document
- iii. Any changes to this Policy shall be communicated via www.swimireland.ie

20. Appeals

- i. Any appeals against selections in relation to the Selection Policy must be made in accordance with the Swim Ireland Appeals Procedures, available by request via performance@swimireland.ie
- ii. Athletes should be aware of the time limits contained within the Procedures, which are designed with the intention of resolving issues expediently and fairly

21. Queries

- i. Any queries/documentation requests should be directed to the Swim Ireland Performance Manager via performance@swimireland.ie

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