

1. Event Performance Objective

- i. The objective for this Event is to provide a key racing opportunity for Performance athletes seeking to perform at the 2020 and/or the 2024 Olympic Games
- ii. Team selections will be made taking into consideration:
 - a. The Vision of the Swim Ireland Performance programme
 - b. The development needs of individual athletes in terms of their potential to compete as part of the Ireland team at the 2020 & 2024 Olympic Games. Priority will be given to targeted athletes with Olympic Games 2020 medal potential
 - c. The higher priority and needs of other National Teams or squads selected by Swim Ireland in the 2019-2020 period
 - d. The opportunity to win medals at the meet in question

2. Selection Trials

- i. Selections will be made from Olympic individual event performances at the following summer benchmark meets, known as the 'Selection Trials':
 - a. 2019 European Youth Olympic Festival where this event was declared as their summer benchmark meet
 - b. 2019 LEN European Junior Championships (for athletes who also competed in the 2019 Irish Summer National Championships in their primary Olympic event if not selected for the 2019 FINA World Junior Championships or the 2019 FINA World Championships) where this event was declared as their summer benchmark meet. Where such an athlete competed in the 2019 LEN European Junior Championships in a relay only, the 2019 Irish Summer National Championships will be considered as an additional summer benchmark meet
 - c. 2019 FINA World LC Championships where this event was declared as their summer benchmark meet. Where such an athlete competed in the 2019 FINA World Championships in a relay only, the 2019 Irish Open Championships will be considered as an additional benchmark meet
 - d. 2019 World University Games (for athletes who also competed in the 2019 Irish Summer National Championships in their primary Olympic event) where this event was declared as their summer benchmark meet. Where such an athlete competed in the 2019 World University Games in a relay only, the 2019 Irish Summer National Championships will be considered as an additional summer benchmark meet
 - e. 2019 FINA World Junior Championships where this event was declared as their summer benchmark meet. Where such an athlete competed in the 2019 FINA World Junior Championships in a relay only, the 2019 LEN European Junior Championships will be considered as an additional summer benchmark meet
 - f. 2019 Irish Summer National Championships where this event was declared as their summer benchmark meet
- ii. For strokes/distances in which an athlete did not compete in an individual event in their benchmark meet, lead off legs in single gender relays will be considered
- iii. Athletes will be notified of their selections in the week beginning 3rd September 2019

3. Team Size

- i. Up to a maximum of 20 athletes will be selected for the 2019 LEN European SC Championships
- ii. There is no obligation on Swim Ireland to select 20 athletes and the total Team size will be subject to available funding and will be determined by the National Performance Director and validated by the National Selection Panel
- iii. Up to a maximum of four athletes can be selected per individual event
- iv. Up to a maximum of one relay can selected per relay event

4. Athlete Selections

i. At the conclusion of the Selection Trials, all eligible athletes will be ranked as a percentage inside/outside the Olympic Qualifying 'A' Times (Table 1) using the fastest time/s achieved in individual events or lead-off legs in single gender relays and from performances at the Selection Trials only

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- ii. Up to 12 ranked athletes (Females born in 2001 or earlier and Males born in 1999 or earlier) will be considered for selection to the 2019 LEN European SC Championships (Glasgow)
- iii. Up to 8 ranked athletes (Females born in 2002 or later and Males born in 2000 or later) will be considered for selection to the 2019 LEN European SC Championships (Glasgow)
- iv. In the event of a percentage tie, FINA points will be used as the determining tool

Table 1		
MALE		FEMALE
Olympic Qualifying 'A'	Event	Olympic Qualifying 'A'
Time		Time
22.01	50m Freestyle	24.77
48.57	100m Freestyle	54.38
1:47.02	200m Freestyle	1:57.28
3:46.78	400m Freestyle	4:07.90
7:54.31	800m Freestyle	8:33.36
15:00.99	1500m Freestyle	16:32.04
53.85	100m Backstroke	1:00.25
1:57.50	200m Backstroke	2:10.39
59.93	100m Breaststroke	1:07.07
2:10.35	200m Breaststroke	2:25.52
51.96	100m Butterfly	57.92
1:56.48	200m Butterfly	2:08.43
1:59.67	200m IM	2:12.56
4:15.84	400m IM	4:38.53

5. Athlete Eligibility

- i. Be an Irish citizen and eligible to represent Ireland as per FINA General Rules 1 & 2 (GR1 & GR 2)
- ii. Hold an Irish passport at the time of entries being submitted to LEN
- iii. Be a registered Swim Ireland member for the 2019-2020 season and in good standing
- iv. Be available to fulfil National Team commitments
- v. Other than in exceptional circumstances, have accepted their place on the National Squad or their respective Regional Squad for the 2019-2020 season (where offered)
- vi. Be aligned with the statements within the Swim Ireland 'On This Performance Team' booklet

6. Athlete Selection Procedure

- i. Subject to National Performance Director approval, any athlete selected may also be considered for additional individual and/or relay event selections
- ii. The decision of the National Selection Panel shall be final and subject to Section 22

7. Team Leader

i. The Team Leader for the event will be the National Performance Director

8. Team Head Coach

i. The Head Coach for the event will be the National Senior Team Head Coach

9. Team Coach Eligibility

- i. Declare themselves to be available for selection prior to 3rd September 2019 via the National Team Coach Application Form available via www.swimireland.ie. Any coach who does not declare himself/herself eligible by this deadline will not be considered for selection to this event
- ii. Be a registered Swim Ireland member for the 2019-2020 season and in good standing
- iii. Be a full time resident within Ireland and be a practising coach within an Irish swimming programme
- iv. Be holders of the Swim Ireland Level 3 Coaching Certificate or international equivalent or be enrolled on a Level 3 Coaches Course at the time of nomination

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- v. Hold a Swim Ireland Coaching Licence
- vi. Be available to fulfil the commitments of this National Team
- vii. Other than in exceptional circumstances, have applied for a place on the Advance Coach Education Programme for the 2017-2020 period (where offered)
- viii. Other than in exceptional circumstances, have provided first hand service or support as a coach as part of the National Squad or Regional Squad Programme in the period 1st September 2018 – 31st August 2019 (where offered/requested)
- ix. Where offered/requested, have engaged as part of the Home Programme Coach Policy in the 2018-2019 season
- x. Be aligned with the statements within the Swim Ireland 'On This Performance Team' booklet

10. Team Coach Selection Procedure

- i. Following the application process, National Team coaches will be recommended by the Senior Leadership Team and validated at the discretion of the National Performance Director. The National Performance Director may consult with the Swim Ireland CEO as necessary
- ii. Selections will be reflective of the Team size, the needs of the individual athletes and/or relays selected, as well as considering the optimum balance of the Team as a whole

11. Team Manager Eligibility

- i. Declare themselves to be available for selection prior to 3rd September 2019 via the National Team Manager Application Form available via www.swimireland.ie. Any Team Manager who does not declare himself/herself eligible by this deadline will not be considered for selection to this event
- ii. Be a registered Swim Ireland member for the 2019-2020 season and in good standing
- iii. Be a full time resident within Ireland
- iv. Have responded to the seasonal availability request distributed by the Performance Manager
- v. Be available to fulfil the commitments of this National Team
- vi. Other than in exceptional circumstances, Team Managers will not be the parent or guardian of an athlete member of the Team
- vii. Other than in exceptional circumstances, have Team Managed as part of the National Squad or Regional Squad Programme in the period 1st September 2018 1st August 2019 (where offered/requested)
- viii. Be holders of the Swim Ireland Level 2 Team Management Certificate or international equivalent
- ix. Be aligned with the statements within the Swim Ireland 'On This Performance Team' booklet

12. Team Manager Selection Procedure

- i. Following the application process, Team Manager/s will be nominated by the Senior Leadership Team and validated at the discretion of the National Performance Director. The National Performance Director may consult with the Swim Ireland CEO as necessary
- ii. Selections will be reflective of the Team size, the needs of the athletes selected, and the age & gender balance of the Team as a whole. As such, a Team Manager may not be required/selected

13. Sports Science/Sports Medicine Practitioner Eligibility

- i. Be available to fulfil the commitments of this National Team
- ii. Be holders of an appropriate and recognised qualification for the position of appointment
- iii. Be aligned with the statements within the Swim Ireland 'On This Performance Team' booklet

14. Sports Science/Sports Medicine Practitioner Selection Procedure

- i. Sports Science/Sports Medicine Practitioners will be recommended by the National Performance Services Manager to the Senior Leadership Team and validated at the discretion of the National Performance Director
- ii. Selections will be reflective of the Team size and the needs of the athletes selected



15. Team Commitments

Full Team commitments will be confirmed following the Selection Procedure. All athlete Team members will be required to:

- i. Complete, sign and comply with the Swim Ireland National Team Code of Conduct
- ii. Complete a Swim Ireland Medical Form prior to competing at the event
- iii. Commit to the values of the Swim Ireland National Squad Athlete Charter
- iv. Abide by the Uniform Policy, the Media & Sponsorship Policy, the Appearances Policy, the Betting, Gambling & Integrity Policy and the Sports Supplements Policy of the Swim Ireland National Team
- v. From the point of Selection, ensure that both they and their home programme coach independently submit the 'Coach Planning' log sheet each week via e-mail to the National Team Senior Head Coach
- vi. Make themselves available for all Team activities designated by the National Performance Director (including, but not limited to, preparation camps and staging camps) as part of or in addition to the National Squad or Regional Squad programme. No Team member will be allowed to leave a National Team camp or undertake any activities that are not directly relevant to the National Team camp, including any external media, sponsor or social activities. Failure to attend the required activities could result in de-selection to the Team. Under exceptional circumstances, written approval to be excluded from activities can be given by the National Performance Director
- vii. Comply with Swim Ireland and FINA swimwear regulations, including full compliance with Swim Ireland's agreement with Arena
- viii. Adhere to all prescribed travel arrangements which might involve different travel dates to other members of the Team

16. Competitive Readiness

Competitive readiness is defined as the ability of the athlete to achieve equal or superior performance/s at the scheduled event, as compared to the performance/s the athlete achieved in qualifying for the Team

- i. Athletes who do not remain competitively ready by reason of lack of fitness, injury or illness may be removed from the Team. Athletes and home programme coaches are required to immediately report any injury, illness or change in training that could affect their ability to compete at their highest level at this event to the National Performance Director and the National Senior Team Head Coach in writing via e-mail
- ii. The final decision on competitive readiness will be made in concert by the National Performance Director and the National Senior Team Head Coach once selection is completed. These two individuals will have absolute discretion in relation to which factors they will consider in making a final decision
- iii. In the case of injuries or illnesses, the National Performance Director and the National Senior Team Head Coach will consider recommendations made by a suitably qualified medical expert employed by the Sport Ireland Institute or similar
- iv. Injured or ill athletes may be subject to a proof of readiness test to be determined by the National Performance Director and the National Senior Team Head Coach in consultation with the athlete's home programme coach. The test will consist of a controlled performance such as a competition or observed test or time trial. These athletes will not travel with the Team until this requirement has been satisfied. If it is determined that the athlete is not competitively ready once onsite at the event, he or she may be required to return home immediately

17. Team Uniform/Kit

- i. All Team uniform and kit will be provided for and to the Team by Swim Ireland
- ii. Athletes will be issued with one or more Arena racing suit/s. Athletes accepting suits must wear them (or another Arena suit) for all of their races
- iii. Athletes may exercise 'freedom of choice' in the wearing of a non-Arena suit, but such a suit must be unbranded

18. Withdrawals/Removals

i. An athlete or member of staff may, at any time, be disqualified for consideration for selection to a National Team or be removed after selection based on current or past behaviour of the athlete/staff



member that is inconsistent with the National Team Code of Conduct. A copy of this document is available via performance@swimireland.ie

- ii. An athlete will be removed from being considered for selection to the National Team or removed after selection if he/she is found to be in violation of any anti-doping policy or procedure as outlined by Swim Ireland, Sport Ireland and/or the World Anti-Doping Agency (WADA)
- iii. If for any reason an athlete is unable or unwilling to fully comply with the Team Commitments (Section 15) they may be deselected from the Team

19. Editions & Additions

i. Editions and/or additions to the Team will be considered at the discretion of the National Performance Director if viewed to be in the best interest of the overall Team performance and will not require validation from the National Selection Panel

20. Unforeseen Circumstances

i. Should the Swim Ireland Senior Leadership Team and/or the National Selection Panel determine that unforeseen circumstances have arisen during the process of applying this Policy, the National Selection Panel shall have the full and absolute discretion to resolve the matter as it sees fit, taking into account factors and circumstances that it deems it relevant

21. Amendments

- i. The Swim Ireland Senior Leadership Team reserves the right to make changes to this document which, in its discretion, are necessary. No such changes shall be made after the commencement of the Selection Trials unless the changes relate to the National Selection Panel exercising its discretion under the 'Unforeseen Circumstances' provisions (Section 20)
- ii. The Swim Ireland Senior Leadership Team reserves the right to review and modify this Policy or a decision related to the selection process in the case of rule or policy changes from the IOC, FINA and/or LEN that affect the criteria set out in this document
- iii. Any changes to this Policy shall be communicated via www.swimireland.ie

22. Appeals

- i. Any appeals against selections in relation to the Selection Policy must be made in accordance with the Swim Ireland Appeals Procedures, available by request via www.swimireland.ie
- ii. Athletes should be aware of the time limits contained within the Procedures, which are designed with the intention of resolving issues expediently and fairly

23. Queries

i. Any queries/documentation requests should be directed to the Swim Ireland Performance Manager via <u>performance@swimireland.ie</u>

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