

Colorado Girls 5A High School Swimming and Diving Top 20 Rankings - 1/23/2019

50 Yard Freestyle (25.80)				100 Yard Freestyle (56.40)				200 Yard Freestyle (2:03.00)			
1. M. Rees	Sr.	Lewis-Palmer	:23.28	1. L. Stenstrom	Valor Christian	:51.01	1. K. Shanley	So.	Chatfield	1:53.28	
2. L. Stenstrom		Valor Christian	:23.56	2. A. Shaw	Heritage	:51.26	2. K. Baker	So.	ThunderRidge	1:53.71	
3. M. Smithbaker	So.	Rocky Mountain	:23.59	3. G. Gomez	Sr.	Northglenn	3. E. Brock	Fr.	Cherry Creek	1:53.84	
4. A. Shaw		Heritage	:23.60	4. R. Gillilan	Fr.	Fossil Ridge	4. M. Simon	Sr.	Fairview	1:55.36	
5. A. Turney	So.	Chatfield	:23.88	5. T. Juran	Sr.	Columbine	5. C. Gillilan	Sr.	Fossil Ridge	1:55.73	
6. R. Gillilan	Fr.	Fossil Ridge	:24.01	6. A. Turney	So.	Chatfield	6. M. Rees	Sr.	Lewis-Palmer	1:55.86	
7. L. Wehr	So.	Arapahoe	:24.01	7. K. Shanley	So.	Chatfield	7. E. Culbertson	Jr.	Boulder	1:55.88	
8. C. Gillilan	Sr.	Fossil Ridge	:24.05	8. A. Stenstrom	Valor Christian	:52.78	8. R. Gillilan	Fr.	Fossil Ridge	1:56.18	
9. E. Drury	Jr.	Cherry Creek	:24.11	9. J. Surrrell-Norwooc	Regis	:52.94	9. P. Peitz-Diaz		Cherry Creek	1:56.30	
10. A. Wetzal	Jr.	Arapahoe	:24.22	10. M. Rees	Sr.	Lewis-Palmer	10. M. Seigal	Sr.	Fairview	1:56.34	
11. A. Stenstrom	Valor Christian	:24.23	11. J. Smith	Sr.	Cherry Creek	:53.05	11. E. Blair	So.	Cherry Creek	1:56.47	
12. M. Seigal	Sr.	Fairview	:24.35	12. H. Dennis	Jr.	Mountain Vista	12. M. Kroening	So.	Castle View/Dougl	1:56.96	
13. C. Fie'eiki		Horizon	:24.35	13. A. Osmun	Jr.	Mountain Vista	13. C. Brennan	Sr.	Regis	1:57.20	
14. T. Juran	Sr.	Columbine	:24.36	14. I. Armon	Fr.	Legacy	14. K. Steele	Jr.	Cherry Creek	1:57.44	
15. J. Surrrell-Norwooc	Regis	:24.40	15. E. Culbertson	Jr.	Boulder	:53.41	15. B. Nichols		Rock Canyon	1:57.45	
16. G. Van Anne	Sr.	Arapahoe	:24.41	16. L. Bell	Fr.	Fossil Ridge	16. M. Upton	Sr.	Regis	1:57.52	
17. A. Rojas	Fr.	Doherty	:24.45	17. M. Mulvihill	So.	Chatfield	17. A. Turney	So.	Chatfield	1:57.59	
18. M. Kirton	Sr.	Cherry Creek	:24.45	18. L. Wehr	So.	Arapahoe	18. J. Haensly	Sr.	Fairview	1:58.00	
19. M. Norford	Sr.	Cherry Creek	:24.46	19. K. Reznicek	Sr.	Fairview	19. A. Adams		Valor Christian	1:58.20	
20. I. Armon	Fr.	Legacy	:24.49	20. B. Kempe	Jr.	Chatfield	20. S. Feran	Sr.	Legacy	1:58.22	
500 Yard Freestyle (5:32.00)				100 Yard Backstroke (1:03.00)				100 Yard Butterfly (1:02.50)			
1. K. Shanley	So.	Chatfield	5:01.93	1. M. Rees	Sr.	Lewis-Palmer	:54.14	1. R. Gillilan	Fr.	Fossil Ridge	:54.34
2. E. Brock	Fr.	Cherry Creek	5:03.53	2. R. Tapley	Sr.	Fairview	:55.78	2. C. Gillilan	Fr.	Fossil Ridge	:55.05
3. M. Simon	Sr.	Fairview	5:04.68	3. C. Fie'eiki		Horizon	:56.80	3. L. Bell	Fr.	Fossil Ridge	:55.11
4. M. Seigal	Sr.	Fairview	5:07.30	4. R. Gillilan	Fr.	Fossil Ridge	:56.80	4. R. Tapley	Sr.	Fairview	:55.33
5. P. Peitz-Diaz	Cherry Creek	5:08.50	5. D. Colon	Valor Christian	:57.36	5. M. Seigal	Sr.	Fairview	:56.13		
6. E. Blair	So.	Cherry Creek	5:10.90	6. J. Reznicek	So.	Fairview	:57.77	6. J. Reznicek	So.	Fairview	:56.74
7. B. Ford	Jr.	Mountain Vista	5:11.15	7. J. Smith	So.	Cherry Creek	:57.79	7. A. Rojas	Fr.	Doherty	:57.14
8. A. Kramer	Jr.	Cherry Creek	5:11.25	8. M. Drost-Parra	Fairview	:57.89	8. M. Rees	Sr.	Lewis-Palmer	:57.58	
9. C. Gillilan	Sr.	Fossil Ridge	5:12.76	9. P. Henry	Sr.	Mountain Vista	:57.96	9. K. Reznicek	Sr.	Fairview	:57.74
10. K. Mallory	Fr.	ThunderRidge	5:13.46	10. S. Bales	Fr.	Legacy	:57.99	10. K. McClelland	So.	Lewis-Palmer	:57.75
11. L. Wood	Sr.	Grandview	5:13.87	11. L. Stenstrom	Valor Christian	:58.05	11. M. Kroening	So.	Castle View/Dougl	:57.85	
12. M. Hoehn	Valor Christian	5:14.01	12. J. Surrrell-Norwooc	Regis	:58.11	12. J. Surrrell-Norwooc	Regis	:57.95			
13. R. Gillilan	Fr.	Fossil Ridge	5:14.20	13. E. Harnum	Sr.	Columbine	:58.39	13. K. Baker	So.	ThunderRidge	:57.98
14. B. Nichols		Rock Canyon	5:14.29	14. K. Chandra	Jr.	Legacy	:58.41	14. M. Hoehn		Valor Christian	:58.06
15. R. Cruz-Abrams	Fairview	5:14.39	15. L. Hunt		Heritage	:58.41	15. C. Fie'eiki		Horizon	:58.36	
16. H. Matthews	So.	Grandview	5:14.53	16. S. Metzler	So.	Ralston Valley	:58.61	16. S. Romero	Sr.	Legacy	:58.40
17. M. Rees	Sr.	Lewis-Palmer	5:14.59	17. A. Sanchez	Fr.	Legend	:58.68	17. M. Saldanha	Fr.	Cherry Creek	:58.48
18. H. Maclachlan	Fairview	5:15.22	18. K. Reznicek	Sr.	Fairview	:58.80	18. U. Forsythe	Sr.	Fairview	:58.79	
19. M. Bergstrom	So.	Arapahoe	5:16.42	19. K. Lee	So.	Fairview	:58.85	19. J. Smith	So.	Cherry Creek	:58.89
20. K. Lessing	So.	Fairview	5:17.34	20. P. Biley	Jr.	Regis	:59.03	20. S. Metzler	So.	Ralston Valley	:58.95
100 Yard Breaststroke (1:12.30)				200 Yard Individual Medley (2:18.50)				1-Meter Diving (345(12.3))			
1. C. Gillilan	Sr.	Fossil Ridge	1:04.22	1. R. Gillilan	Fr.	Fossil Ridge	2:04.01	1. I. Gregersen	So.	Ralston Valley	520.15
2. A. Wetzal	Jr.	Arapahoe	1:05.02	2. C. Gillilan	Sr.	Fossil Ridge	2:05.11	2. F. Cable	Sr.	Arapahoe	518.55
3. E. Weber	Fr.	Fairview	1:05.02	3. A. Shaw		Heritage	2:07.12	3. A. Brown		Horizon	486.10
4. E. Drury	Jr.	Cherry Creek	1:05.13	4. A. Lessing	Sr.	Fairview	2:07.83	4. G. Wensuc	Sr.	ThunderRidge	480.65
5. M. Smithbaker	So.	Rocky Mountain	1:05.14	5. J. Smith	So.	Cherry Creek	2:08.01	5. K. Belitz	Sr.	Arapahoe	466.90
6. K. McClelland	So.	Lewis-Palmer	1:05.26	6. M. Hoehn	So.	Valor Christian	2:08.18	6. A. Foster	Sr.	Lewis-Palmer	463.80
7. M. Robben	Jr.	Smoky Hill	1:05.52	7. S. Metzler	So.	Ralston Valley	2:08.35	7. M. Hampton	Fr.	Arapahoe	446.30
8. I. Rich	Jr.	Fairview	1:06.17	8. M. Erlandson	So.	Fossil Ridge	2:09.13	8. J. Santiago	Sr.	Smoky Hill	431.10
9. M. Erlandson	So.	Fossil Ridge	1:06.44	9. M. Robben	Jr.	Smoky Hill	2:09.19	9. P. Roberts	Jr.	Ralston Valley	427.20
10. L. Bell	Fr.	Fossil Ridge	1:06.46	10. M. Drost-Parra	Fairview	2:09.95	10. M. Stefanski	Jr.	Cherry Creek	423.50	
11. K. Haworth	Sr.	ThunderRidge	1:06.59	11. L. Bell	Fr.	Fossil Ridge	2:10.40	11. P. Dorsett	So.	ThunderRidge	418.05
12. S. Bradac	Jr.	Regis	1:06.67	12. I. Rich	Jr.	Fairview	2:10.56	12. A. Dellinger		Fossil Ridge	413.90
13. H. Dennis	Jr.	Mountain Vista	1:06.73	13. E. Weber	Fr.	Fairview	2:10.82	13. T. Sayers	Sr.	Ralston Valley	413.80
14. A. Urroz		Heritage	1:06.74	14. A. Stenstrom		Valor Christian	2:10.88	14. E. Drazek	Jr.	ThunderRidge	409.70
15. J. Jones	Fr.	Fairview	1:07.88	15. M. Smithbaker	So.	Rocky Mountain	2:11.08	15. D. Killeen	So.	Columbine	408.35
16. M. Kroening	So.	Castle View/Dougl	1:08.00	16. E. Rinker	So.	Fossil Ridge	2:11.41	16. N. Wright	Sr.	Lewis-Palmer	408.10
17. M. Deevy	Heritage	1:08.23	17. Q. Hinerfeld	Fr.	Rocky Mountain	2:11.43	17. K. Duff	Fr.	Chatfield	406.20	
18. S. Metzler	So.	Ralston Valley	1:08.29	18. J. Surrrell-Norwooc	Regis	2:11.47	18. C. Brown		Denver East	405.00	
19. K. Bank	Fr.	Cherry Creek	1:08.63	19. K. Baker	So.	ThunderRidge	2:11.57	19. R. Muller	Sr.	Fairview	403.25
20. M. Hunter	So.	Cherry Creek	1:08.71	20. K. Haworth	Sr.	ThunderRidge	2:11.99	20. I. Bassock		Heritage	398.25
200 Yard Medley Relay (2:03.00)				200 Yard Freestyle Relay (1:50.00)				400 Yard Freestyle Relay (4:00.00)			
1. Fairview			1:43.96	1. Fairview			1:36.84	1. Valor Christian			3:32.12
2. Fossil Ridge			1:46.57	2. Chatfield			1:37.57	2. Cherry Creek			3:32.72
3. Horizon			1:47.76	3. Valor Christian			1:37.88	3. Chatfield			3:33.80
4. Lewis-Palmer			1:47.96	4. Legacy			1:37.89	4. Mountain Vista			3:34.20
5. Cherry Creek			1:48.31	5. Cherry Creek			1:38.14	5. Fairview			3:35.19
6. Arapahoe			1:49.11	6. Arapahoe			1:38.19	6. Legacy			3:36.09
7. Heritage			1:49.70	7. Heritage			1:39.19	7. Regis Jesuit			3:36.80
8. Regis Jesuit			1:50.14	8. Regis Jesuit			1:39.77	8. Fossil Ridge			3:37.41
9. Legacy			1:50.28	9. Rock Canyon			1:40.60	9. Heritage			3:40.06
10. Mountain Vista			1:50.49	10. Fossil Ridge			1:40.94	10. Columbine			3:40.49
11. ThunderRidge			1:50.55	11. Mountain Vista			1:41.02	11. Lewis-Palmer			3:40.82
12. Rocky Mountain			1:50.64	12. Grandview			1:41.64	12. Grandview			3:41.20
13. Smoky Hill			1:50.73	13. Horizon			1:41.72	13. Arapahoe			3:41.49
14. Valor Christian			1:51.58	14. Cherokee Trail			1:42.77	14. Smoky Hill			3:42.22
15. Northglenn			1:51.61	15. Lewis-Palmer			1:42.94	15. ThunderRidge			3:42.76
16. Columbine			1:51.63	16. Boulder			1:42.96	16. Rock Canyon			3:43.86
17. Legend			1:52.32	17. Rocky Mountain			1:43.07	17. Cherokee Trail			3:44.34
18. Rock Canyon			1:52.96	18. Ralston Valley			1:43.54	18. Legend			3:45.12
19. Boulder			1:53.13	19. Columbine			1:44.05	19. Boulder			3:45.43
20. Ralston Valley			1:53.23	20. Chaparral			1:44.28	20. Horizon			3:46.42

Posted at: <http://prepswimco.com> - State qual times in parentheses

Colorado Girls 5A High School Swimming and Diving Top 20 Rankings - 1/23/2019

5A Team Rankings

1. Fairview	483
2. Cherry Creek	368
3. Fossil Ridge	273
4. Valor Christian	234
5. Arapahoe	222
6. Chatfield	194
7. Lewis-Palmer	173
8. Regis Jesuit	166
9. Legacy	164
10. Mountain Vista	161
11. Heritage	160
12. ThunderRidge	133
13. Horizon	116
14. Columbine	91
15. Ralston Valley	79
16. Smoky Hill	77
17. Rocky Mountain	74
18. Rock Canyon	68
19. Grandview	63
20. Boulder	47

Colorado Girls 4A High School Swimming and Diving Top 20 Rankings - 1/23/2019

50 Yard Freestyle (26.70)			100 Yard Freestyle (58.20)			200 Yard Freestyle (2:08.00)		
1. S. Zinis	Sr. Mullen	:24.12	1. L. Immel	So. Rampart	:53.18	1. F. Hayward	Jr. Cheyenne Mtn.	1:55.55
2. A. Burton	Sr. Highlands Ranch	:24.26	2. L. White	Sr. Golden	:53.62	2. K. Lewicki	Monarch	1:56.05
3. L. Immel	So. Rampart	:24.38	3. F. Hayward	Jr. Cheyenne Mtn.	:53.75	3. L. Matheson	Jr. Longmont	1:56.75
4. H. Lehman	Jr. Cheyenne Mtn.	:24.63	4. M. Nedom	So. Loveland	:53.98	4. E. Yie	So. Niwot	1:57.97
5. K. Lewicki	Monarch	:24.88	5. A. Burton	Sr. Highlands Ranch	:54.26	5. E. Lang	Sr. Loveland	1:58.78
6. M. Black	Jr. Silver Creek	:24.89	6. A. Shaw	Jr. Niwot	:54.36	6. J. Carpenter	Sr. Greeley West	1:59.20
7. C. Chahbandour	So. Mullen	:24.91	7. M. Black	Jr. Silver Creek	:54.55	7. D. Roney	Sr. Highlands Ranch	1:59.35
8. L. White	Sr. Golden	:24.96	8. M. Shaeffer	Sr. Coronado	:54.77	8. M. Powers	So. Broomfield	1:59.36
9. M. Nedom	Loveland	:25.17	9. K. Lewicki	Monarch	:54.93	9. C. Fisher	Sr. Cheyenne Mtn.	1:59.45
10. A. Shaw	Jr. Niwot	:25.19	10. E. Kahn	So. G. Washington	:55.10	10. K. Austin	Fr. Broomfield	1:59.67
11. G. Zinis	So. Mullen	:25.19	11. S. Zinis	Sr. Mullen	:55.17	11. H. Lehman	Jr. Cheyenne Mtn.	1:59.93
12. E. Chen	Sr. Rampart	:25.21	12. R. Thompson	Jr. Broomfield	:55.20	12. A. Burton	Sr. Highlands Ranch	2:00.20
13. S. Bricker	Sr. Cheyenne Mtn.	:25.27	13. N. English	Grand Junction	:55.63	13. L. Sowitch	So. Mullen	2:00.24
14. M. Johnson	Dakota Ridge	:25.35	14. C. Chahbandour	So. Mullen	:55.66	14. R. Thompson	Jr. Broomfield	2:00.32
15. A. McLaughlin	Denver South	:25.40	15. C. Petersen	Sr. Windsor	:55.75	15. M. Nedom	Loveland	2:00.40
16. N. English	Grand Junction	:25.41	16. E. Huesch	Dakota Ridge	:55.80	16. E. Kahn	So. G. Washington	2:00.91
17. K. Terry	Sr. Pine Creek	:25.45	17. M. Powers	So. Broomfield	:55.86	17. C. Webster	Monarch	2:00.94
18. E. Kahn	So. G. Washington	:25.46	18. E. Lang	Sr. Loveland	:55.88	18. A. Shaw	Jr. Niwot	2:01.11
19. E. Hermeston	So. Silver Creek	:25.48	19. L. Sowitch	So. Mullen	:55.91	19. D. Kidd	Grand Junction	2:01.19
20. M. Powers	So. Broomfield	:25.50	20. K. Maloney	Monarch	:55.94	20. K. Dirks	So. Silver Creek	2:01.24
500 Yard Freestyle (5:48.50)			100 Yard Backstroke (1:06.00)			100 Yard Butterfly (1:06.30)		
1. L. Matheson	Jr. Longmont	5:08.94	1. K. Lewicki	Monarch	:54.85	1. K. Lewicki	Monarch	:57.78
2. F. Hayward	Jr. Cheyenne Mtn.	5:10.01	2. C. Timson	Fr. Rampart	:56.43	2. A. Burton	Sr. Highlands Ranch	:58.49
3. M. Codevilla	Fr. Niwot	5:11.31	3. H. Lehman	Jr. Cheyenne Mtn.	:56.51	3. L. Matheson	Jr. Longmont	:58.50
4. J. Carpenter	Sr. Greeley West	5:11.81	4. E. Lang	Sr. Loveland	:58.03	4. M. Shaeffer	Sr. Coronado	:58.67
5. L. Brovold	Jr. Rampart	5:15.39	5. A. Shaw	Jr. Niwot	:58.27	5. L. Sowitch	So. Mullen	:59.03
6. M. Johnson	Dakota Ridge	5:16.51	6. K. Terry	Sr. Pine Creek	:58.51	6. H. Lehman	Jr. Cheyenne Mtn.	:59.41
7. M. Powers	So. Broomfield	5:17.21	7. L. White	Sr. Golden	:59.26	7. S. Cook	Grand Junction	:59.46
8. E. Lang	Sr. Loveland	5:17.97	8. A. Vermeulen	Fr. Golden	1:00.26	8. E. Hermeston	So. Silver Creek	:59.91
9. K. Austin	Fr. Broomfield	5:18.57	9. D. Kidd	Grand Junction	1:00.26	9. H. Luo	Sr. Niwot	1:00.01
10. D. Roney	Sr. Highlands Ranch	5:22.39	10. E. Hermeston	So. Silver Creek	1:00.82	10. C. Timson	Fr. Rampart	1:00.05
11. R. Thompson	Jr. Broomfield	5:23.28	11. L. VanFleet	Jr. Ponderosa	1:00.97	11. C. Webster	Monarch	1:00.24
12. L. Immel	So. Rampart	5:25.03	12. K. LaRiviere	Jr. Highlands Ranch	1:01.13	12. K. Dirks	So. Silver Creek	1:00.27
13. E. Yie	So. Niwot	5:25.22	13. J. Carpenter	Sr. Greeley West	1:01.16	13. L. Brovold	Jr. Rampart	1:00.30
14. H. Lehman	Jr. Cheyenne Mtn.	5:26.43	14. E. McShane	Sr. Arvada West	1:01.20	14. L. Deitmeyer	Golden	1:00.54
15. K. Lewicki	Monarch	5:26.44	15. M. Shaeffer	Sr. Coronado	1:01.41	15. I. Osborne	Sr. Pueblo West	1:00.58
16. E. Moore	Jr. Silver Creek	5:26.93	16. E. Brower	Fr. Cheyenne Mtn.	1:01.51	16. S. Zinis	Sr. Mullen	1:01.21
17. S. Cook	Grand Junction	5:27.11	17. R. Thompson	Jr. Broomfield	1:01.63	17. N. Pauly	Jr. Arvada West	1:01.41
18. L. Sowitch	So. Mullen	5:27.71	18. E. Huesch	Dakota Ridge	1:01.66	18. D. Roney	Sr. Highlands Ranch	1:01.86
19. L. McLean	Fr. Wheat Ridge	5:28.63	19. M. Blode	Sr. Mullen	1:02.00	19. J. Carpenter	Sr. Greeley West	1:02.06
20. D. Kidd	Grand Junction	5:29.61	20. M. Codevilla	Fr. Niwot	1:02.10	20. J. Miller	So. Rampart	1:02.20
100 Yard Breaststroke (1:15.50)			200 Yard Individual Medley (2:26.00)			1-Meter Diving (310(11.4))		
1. E. Chen	Sr. Rampart	1:03.51	1. K. Lewicki	Monarch	2:07.31	1. M. Buckley	So. Rampart	474.75
2. S. Bricker	Sr. Cheyenne Mtn.	1:04.28	2. S. Bricker	Sr. Cheyenne Mtn.	2:08.83	2. L. Hammar	Denver South	467.85
3. A. Hedges	So. Arvada West	1:05.82	3. H. Lehman	Jr. Cheyenne Mtn.	2:09.11	3. G. Peltier	Sr. Rampart	462.05
4. E. Krasovec	Fr. Cheyenne Mtn.	1:06.15	4. L. Sowitch	So. Mullen	2:09.70	4. G. Pauly	Fr. Arvada West	461.45
5. S. Cook	Grand Junction	1:06.27	5. M. Codevilla	Fr. Niwot	2:09.78	5. L. Gryboski	Jr. Coronado	457.10
6. M. Codevilla	Fr. Niwot	1:06.34	6. A. Hedges	So. Arvada West	2:10.69	6. M. Sanger	Windsor	447.55
7. C. Chahbandour	So. Mullen	1:06.55	7. E. Lang	Sr. Loveland	2:10.97	7. K. Chambo	Sr. Highlands Ranch	438.00
8. D. Cos	So. Pine Creek	1:06.74	8. E. Chen	Sr. Rampart	2:10.99	8. S. Brown	Sr. Ponderosa	417.90
9. K. Hobbs	Dakota Ridge	1:06.94	9. S. Cook	Grand Junction	2:12.53	9. J. Zinis	Sr. Mullen	417.70
10. J. Miller	So. Rampart	1:07.63	10. E. McShane	Sr. Arvada West	2:12.71	10. K. Weygandt	Jr. Silver Creek	412.12
11. A. Burton	Sr. Highlands Ranch	1:08.57	11. D. Cos	So. Pine Creek	2:12.80	11. K. Hinesley	So. Cheyenne Mtn.	411.30
12. A. Peet	Sr. Loveland	1:08.60	12. E. Yie	So. Niwot	2:12.87	12. A. Settle	Monarch	408.15
13. K. Lewicki	Monarch	1:10.07	13. M. Powers	So. Broomfield	2:13.67	13. A. Teets	Jr. Pine Creek	401.41
14. D. Engel	Fr. Windsor	1:10.32	14. J. Miller	So. Rampart	2:15.03	14. M. Kimmett	So. Silver Creek	400.95
15. H. Lehman	Jr. Cheyenne Mtn.	1:10.52	15. D. Engel	Fr. Windsor	2:15.10	15. A. Smith	Sr. Silver Creek	393.30
16. M. Jenkins	Centaurus	1:10.55	16. H. Luo	Sr. Niwot	2:15.36	16. R. Brucker	Jr. Skyline	391.65
17. A. Schwamm	Jr. Mullen	1:10.85	17. A. Burton	Sr. Highlands Ranch	2:15.38	17. K. Kohls	Fruita Monument	386.50
18. E. Yie	So. Niwot	1:10.91	18. K. Nielsen	Standley Lake	2:16.59	18. T. Lenhart	Mountain View	381.55
19. L. Zhang	Monarch	1:11.64	19. M. Shaeffer	Sr. Coronado	2:16.63	19. R. Williams	Jr. Thompson Vall.	381.15
20. E. Brower	Fr. Cheyenne Mtn.	1:11.94	20. K. Hobbs	Dakota Ridge	2:16.84	20. S. Fuller	So. Longmont	380.63
200 Yard Medley Relay (2:06.00)			200 Yard Freestyle Relay (1:52.00)			400 Yard Freestyle Relay (4:08.00)		
1. Rampart		1:46.82	1. Mullen		1:38.80	1. Rampart		3:37.44
2. Cheyenne Mountain		1:48.90	2. Rampart		1:40.57	2. Niwot		3:40.02
3. Loveland		1:49.81	3. Cheyenne Mountain		1:41.64	3. Cheyenne Mountain		3:40.69
4. Mullen		1:49.85	4. Silver Creek		1:42.39	4. Highlands Ranch		3:42.30
5. Niwot		1:51.55	5. Broomfield		1:43.13	5. Dakota Ridge		3:45.56
6. Highlands Ranch		1:51.79	6. Niwot		1:43.17	6. Arvada West		3:45.84
7. Monarch		1:52.32	7. Grand Junction		1:43.24	7. Broomfield		3:46.27
8. Dakota Ridge		1:53.14	8. Monarch		1:43.62	8. Monarch		3:46.99
9. Arvada West		1:55.17	9. Highlands Ranch		1:44.97	9. Silver Creek		3:47.77
10. Silver Creek		1:55.57	10. George Washington		1:45.89	10. Golden		3:49.16
11. Coronado		1:55.85	11. Loveland		1:46.48	11. Coronado		3:49.25
12. Grand Junction		1:56.53	12. Windsor		1:46.57	12. Wheat Ridge		3:50.93
13. Pine Creek		1:57.00	13. Golden		1:46.98	13. Loveland		3:52.08
14. Golden		1:57.65	14. Greeley West		1:47.39	14. Windsor		3:52.53
15. Broomfield		1:58.04	15. Standley Lake		1:47.76	15. Mullen		3:52.77
16. George Washington		1:58.12	16. Coronado		1:48.29	16. Grand Junction		3:53.04
17. Windsor		1:58.25	17. Dakota Ridge		1:48.41	17. Thompson Valley		3:54.89
18. Greeley West		1:59.35	18. Wheat Ridge		1:48.43	18. George Washington		3:55.17
19. Wheat Ridge		1:59.61	19. Pueblo West		1:48.64	19. Greeley West		3:58.30
20. Ponderosa		2:00.18	20. Pine Creek		1:49.11	20. Standley Lake		3:58.82

Colorado Girls 4A High School Swimming and Diving Top 20 Rankings - 1/23/2019

4A Team Rankings

1. Rampart	359
2. Cheyenne Mountain	344
3. Niwot	256
4. Mullen	254
5. Silver Creek	224
6. Highlands Ranch	207
7. Monarch	192
8. Broomfield	183
9. Loveland	181
10. Arvada West	154
11. Dakota Ridge	152
12. Grand Junction	145
13. Golden	122
14. Coronado	121
15. Windsor	100
16. Pine Creek	85
17. George Washington	72
18. Greeley West	65
19. Wheat Ridge	59
20. Longmont	46

Colorado Girls 3A High School Swimming and Diving Top 20 Rankings - 1/23/2019

50 Yard Freestyle (27:50)			100 Yard Freestyle (1:01.00)			200 Yard Freestyle (2:16.00)		
1. C. Cairns	St. Mary's	:24.25	1. C. Cairns	St. Mary's	:53.43	1. A. Nalen	Fr. Kent Denver	1:58.87
2. E. Moreland	Sr. La Junta	:24.80	2. E. Mishmash	Jr. Salida	:54.39	2. E. Mishmash	Jr. Salida	1:59.35
3. A. Musso	Sr. Pueblo County	:24.85	3. A. Musso	Sr. Pueblo County	:54.63	3. C. Cairns	St. Mary's	2:00.26
4. P. Irwin	Jr. Erie	:25.14	4. C. Crane	Sr. Evergreen	:54.95	4. A. Gallagher	Sr. Colorado Acad.	2:02.17
5. D. Brown	Sr. Aspen	:25.23	5. A. Nalen	Fr. Kent Denver	:55.65	5. K. Smith	So. Glenwood Spr.	2:02.67
6. C. Stevens	Jr. Manitou Springs	:25.43	6. A. Gallagher	Sr. Colorado Acad.	:55.83	6. E. Moreland	Sr. La Junta	2:02.67
7. E. Mishmash	Jr. Salida	:25.45	7. P. Irwin	Jr. Erie	:55.98	7. A. Giesbrecht	Disc. Canyon	2:03.16
8. A. Blickensderfer	Sr. Pueblo County	:25.48	8. N. Clayton	Disc. Canyon	:56.12	8. A. Brooks	Jr. Kent Denver	2:03.36
9. A. Gallagher	Sr. Colorado Acad.	:25.76	9. J. Dellwardt	So. Berthoud	:56.65	9. H. Atkins	Jr. Evergreen	2:03.50
10. C. Crane	Sr. Evergreen	:25.82	10. F. Hellard	Evergreen	:56.67	10. R. Gucker	Jr. Evergreen	2:03.55
11. A. Nalen	Fr. Kent Denver	:25.89	11. E. Moreland	Sr. La Junta	:56.85	11. L. Khan-Farooqi	Aspen	2:03.74
12. N. Evans	Fr. Kent Denver	:25.89	12. A. Ouellette	Green Mountain	:57.39	12. M. Wilkins	Jr. Conifer	2:04.66
13. J. Krinsky	Sr. Pueblo County	:25.97	13. A. Blickensderfer	Sr. Pueblo County	:57.44	13. A. Madsen	Fr. Glenwood Spr.	2:04.74
14. K. Smith	So. Glenwood Spr.	:25.99	14. N. Evans	Fr. Kent Denver	:57.52	14. J. Dellwardt	So. Berthoud	2:05.39
15. M. McDonald	Evergreen	:26.07	15. E. Neuroth	Green Mountain	:57.73	15. N. Fry	Fr. Colorado Acad.	2:05.58
16. S. Dolloff-Holt	Manitou Springs	:26.07	16. M. McDonald	Evergreen	:57.75	16. G. Genova	So. Pueblo South	2:06.03
17. A. Maurello	Jr. Pueblo County	:26.13	17. L. Khan-Farooqi	Aspen	:57.78	17. C. Crane	Sr. Evergreen	2:06.75
18. E. Rhee	Sr. Fountain Valley	:26.21	18. A. Madsen	Fr. Glenwood Spr.	:57.81	18. K. Tehrani	Fr. Aspen	2:06.93
19. P. Briney	Jr. Thomas Jefferson	:26.25	19. K. Smith	So. Glenwood Spr.	:57.88	19. P. Oaster	Green Mountain	2:07.13
20. R. Paolucci	So. Pueblo County	:26.47	20. Q. Schmidt	So. Durango	:57.90	20. M. Strickland	Gunnison	2:07.67
500 Yard Freestyle (6:14.00)			100 Yard Backstroke (1:10.00)			100 Yard Butterfly (1:10.00)		
1. A. Giesbrecht	Disc. Canyon	5:22.84	1. J. Dellwardt	So. Berthoud	1:00.17	1. A. Blickensderfer	Sr. Pueblo County	:57.34
2. C. Beery	So. Thomas Jefferson	5:23.64	2. D. Brown	Sr. Aspen	1:00.21	2. P. Irwin	Jr. Erie	:58.04
3. R. Gucker	Jr. Evergreen	5:24.59	3. G. Moreland	So. La Junta	1:00.28	3. J. Kim	So. Kent Denver	:58.93
4. Q. Schmidt	So. Durango	5:26.13	4. C. Cairns	St. Mary's	1:00.67	4. K. Tehrani	Fr. Aspen	1:00.09
5. M. Wilkins	Jr. Conifer	5:27.46	5. A. Nalen	Fr. Kent Denver	1:01.23	5. L. Khan-Farooqi	Aspen	1:01.52
6. A. Brooks	Jr. Kent Denver	5:27.99	6. R. Gucker	Jr. Evergreen	1:01.37	6. N. Evans	Fr. Kent Denver	1:01.62
7. L. Khan-Farooqi	Aspen	5:30.37	7. K. Liberato	So. Pueblo County	1:02.56	7. C. Cairns	St. Mary's	1:01.68
8. C. Cairns	St. Mary's	5:32.32	8. M. McDonald	Evergreen	1:02.61	8. A. Maurello	Jr. Pueblo County	1:01.94
9. P. Irwin	Jr. Erie	5:33.83	9. S. Dolloff-Holt	Manitou Springs	1:03.35	9. R. Gucker	Jr. Evergreen	1:02.12
10. G. Genova	So. Pueblo South	5:34.51	10. N. Evans	Fr. Kent Denver	1:03.37	10. S. Dolloff-Holt	Manitou Springs	1:02.32
11. A. Madsen	Fr. Glenwood Spr.	5:37.64	11. P. Irwin	Jr. Erie	1:03.57	11. M. Wilkins	Jr. Conifer	1:03.17
12. N. Fry	Fr. Colorado Acad.	5:37.92	12. L. Khan-Farooqi	Aspen	1:04.51	12. J. Krinsky	Sr. Pueblo County	1:03.22
13. J. Dellwardt	So. Berthoud	5:38.89	13. A. Madsen	Fr. Glenwood Spr.	1:04.86	13. B. Musso	Fr. Pueblo County	1:03.35
14. K. Tehrani	Fr. Aspen	5:39.98	14. A. Ouellette	Green Mountain	1:04.95	14. T. Jacobsen	Evergreen	1:03.71
15. L. Fruhwirth	Jr. St. Mary's Acad.	5:46.27	15. M. Wilkins	Jr. Conifer	1:04.99	15. C. Beery	So. Thomas Jefferson	1:04.04
16. T. Jacobsen	Evergreen	5:47.14	16. M. Stinson	Sr. Glenwood Spr.	1:05.45	16. A. Pierce	D'Evelyn	1:04.16
17. H. Atkins	Jr. Evergreen	5:47.37	17. G. Genova	So. Pueblo South	1:05.58	17. K. Cashdollar	Sr. Manitou Springs	1:04.24
18. P. Oaster	Green Mountain	5:49.50	18. S. Vijay	Disc. Canyon	1:05.71	18. C. Crane	Sr. Evergreen	1:04.53
19. E. Knight	Fr. Durango	5:49.61	19. A. Musso	Sr. Pueblo County	1:05.91	19. E. Silliman	Fr. Colorado Acad.	1:05.01
20. S. Dolloff-Holt	Manitou Springs	5:51.87	20. E. Moreland	Sr. La Junta	1:06.13	20. E. Mishmash	Jr. Salida	1:05.16
100 Yard Breaststroke (1:20.00)			200 Yard Individual Medley (2:36.00)			1-Meter Diving (290(11.1))		
1. J. Dellwardt	So. Berthoud	1:00.17	1. J. Kim	So. Kent Denver	2:12.56	1. S. Steele	Sr. Pueblo County	393.70
2. D. Brown	Sr. Aspen	1:00.21	2. S. Dolloff-Holt	Manitou Springs	2:12.75	2. R. Alexander	Disc. Canyon	391.15
3. G. Moreland	So. La Junta	1:00.28	3. C. Beery	So. Thomas Jefferson	2:13.32	3. K. Abbott	Jr. Colorado Acad.	377.95
4. C. Cairns	St. Mary's	1:00.67	4. A. Blickensderfer	Sr. Pueblo County	2:14.08	4. A. Behn	Fr. Durango	372.80
5. A. Nalen	Fr. Kent Denver	1:01.23	5. C. Crane	Sr. Evergreen	2:14.76	5. K. Behn	Sr. Durango	368.45
6. R. Gucker	Jr. Evergreen	1:01.37	6. R. Gucker	Jr. Evergreen	2:14.80	6. J. Frietsche	Sr. Evergreen	349.35
7. K. Liberato	So. Pueblo County	1:02.56	7. J. Dellwardt	So. Berthoud	2:15.64	7. V. Sanders	Disc. Canyon	338.50
8. M. McDonald	Evergreen	1:02.61	8. E. Mishmash	Jr. Salida	2:15.76	8. H. Townsend	Jr. Fountain Valley	326.05
9. S. Dolloff-Holt	Manitou Springs	1:03.35	9. P. Irwin	Jr. Erie	2:15.86	9. C. Sviatko	Sr. Eaton	324.10
10. N. Evans	Fr. Kent Denver	1:03.37	10. N. Clayton	Disc. Canyon	2:17.60	10. L. Meinert	Green Mountain	304.85
11. P. Irwin	Jr. Erie	1:03.57	11. C. Cairns	St. Mary's	2:18.32	11. J. Griffin	Disc. Canyon	304.50
12. L. Khan-Farooqi	Aspen	1:04.51	12. Q. Schmidt	So. Durango	2:18.47	12. E. Kruse	Green Mountain	302.85
13. A. Madsen	Fr. Glenwood Spr.	1:04.86	13. M. Wilkins	Jr. Conifer	2:18.94	13. M. Henrickson	Sr. Pueblo County	299.50
14. A. Ouellette	Green Mountain	1:04.95	14. D. Brown	Sr. Aspen	2:19.05	14. C. Brants	So. Colorado Acad.	294.85
15. M. Wilkins	Jr. Conifer	1:04.99	15. K. Tehrani	Fr. Aspen	2:21.20	15. O. Mummery	Jr. Durango	291.10
16. M. Stinson	Sr. Glenwood Spr.	1:05.45	16. E. Kinney	So. Aspen	2:21.91	16. A. Scruton	So. Glenwood Spr.	290.60
17. G. Genova	So. Pueblo South	1:05.58	17. A. Madsen	Fr. Glenwood Spr.	2:22.59	17. P. Hankins	So. Pueblo County	290.23
18. S. Vijay	Disc. Canyon	1:05.71	18. R. Schneller	So. Holyoke	2:23.15	18. H. Hibler	Sr. Pueblo South	286.55
19. A. Musso	Sr. Pueblo County	1:05.91	19. N. Evans	Fr. Kent Denver	2:23.50	19. S. McCormick	Jr. Berthoud	284.95
20. E. Moreland	Sr. La Junta	1:06.13	20. H. Atkins	Jr. Evergreen	2:23.53	20. L. Claassen	So. Glenwood Spr.	276.90
200 Yard Medley Relay (2:10.00)			200 Yard Freestyle Relay (1:56.00)			400 Yard Freestyle Relay (4:16.00)		
1. Pueblo County		1:50.82	1. Pueblo County		1:40.57	1. Evergreen		3:45.82
2. Aspen		1:54.34	2. Kent Denver		1:44.57	2. Kent Denver		3:53.36
3. Manitou Springs		1:54.78	3. Manitou Springs		1:45.76	3. Salida		3:53.81
4. Evergreen		1:54.83	4. Aspen		1:45.81	4. Pueblo County		3:56.82
5. La Junta		1:56.13	5. Erie		1:46.72	5. Colorado Academy		3:57.01
6. Erie		1:58.94	6. Evergreen		1:47.37	6. Discovery Canyon		3:57.85
7. Discovery Canyon		1:59.10	7. Thomas Jefferson		1:47.84	7. Erie		3:57.95
8. Kent Denver		1:59.89	8. Colorado Academy		1:47.98	8. Aspen		3:58.17
9. Salida		2:00.60	9. Glenwood Springs		1:48.21	9. Thomas Jefferson		3:58.40
10. Gunnison		2:01.34	10. La Junta		1:49.12	10. Glenwood Springs		3:59.42
11. Green Mountain		2:01.85	11. Green Mountain		1:49.17	11. Durango		3:59.50
12. Glenwood Springs		2:01.90	12. St. Mary's		1:49.26	12. Manitou Springs		4:00.24
13. Thomas Jefferson		2:02.55	13. Berthoud		1:49.79	13. Gunnison		4:00.38
14. D'Evelyn		2:04.57	14. Salida		1:50.12	14. Berthoud		4:02.85
15. Berthoud		2:04.70	15. Summit		1:50.41	15. Summit		4:04.10
16. Holyoke		2:05.36	16. Durango		1:50.64	16. Green Mountain		4:04.85
17. Pueblo South		2:05.53	17. Holyoke		1:52.71	17. St. Mary's		4:07.23
18. Colorado Academy		2:05.66	18. Fountain Valley		1:53.88	18. D'Evelyn		4:07.89
19. Eaton		2:05.88	19. Conifer		1:54.63	19. St. Mary's Academy		4:09.01
20. Durango		2:06.10	20. Gunnison		1:54.76	20. Holyoke		4:09.38

Colorado Girls 3A High School Swimming and Diving Top 20 Rankings - 1/23/2019

3A Team Rankings

1. Pueblo County	378
2. Evergreen	318
3. Kent Denver	287
4. Aspen	230
5. Disc. Canyon	214
6. Salida	206
7. Manitou Springs	188
8. Glenwood Spr.	181
9. Colorado Acad.	169
10. Erie	162
11. La Junta	146
12. Green Mountain	140
13. Thomas Jefferson	137
14. Durango	127
15. Berthoud	97
16. Gunnison	87
17. St. Mary's	74
18. Pueblo South	41
19. Fountain Valley	40
20. Conifer	38