

Colorado Girls 5A High School Swimming and Diving Top 20 Rankings - 1/10/2019

50 Yard Freestyle (25.80)			100 Yard Freestyle (56.40)			200 Yard Freestyle (2:03.00)		
1. M. Rees	Sr. Lewis-Palmer	:23.28	1. L. Stenstrom	Valor Christian	:51.01	1. K. Shanley	So. Chatfield	1:53.28
2. L. Stenstrom	Valor Christian	:23.56	2. A. Shaw	Heritage	:51.26	2. K. Baker	So. ThunderRidge	1:53.71
3. M. Smithbaker	So. Rocky Mountain	:23.59	3. T. Juran	Sr. Columbine	:52.62	3. E. Brock	Fr. Cherry Creek	1:53.84
4. A. Shaw	Heritage	:23.60	4. A. Turney	So. Chatfield	:52.63	4. M. Simon	Sr. Fairview	1:55.36
5. A. Turney	So. Chatfield	:23.88	5. A. Stenstrom	Valor Christian	:52.78	5. C. Gillilan	Sr. Fossil Ridge	1:55.73
6. L. Wehr	So. Arapahoe	:24.01	6. M. Rees	Sr. Lewis-Palmer	:53.03	6. M. Rees	Sr. Lewis-Palmer	1:55.86
7. R. Gillilan	Fr. Fossil Ridge	:24.01	7. J. Smith	So. Cherry Creek	:53.05	7. E. Culberson	Jr. Boulder	1:55.88
8. E. Drury	Jr. Cherry Creek	:24.11	8. H. Dennis	Jr. Mountain Vista	:53.07	8. P. Peitz-Diaz	Cherry Creek	1:56.30
9. A. Wetzel	Jr. Arapahoe	:24.22	9. A. Osmun	Jr. Mountain Vista	:53.09	9. M. Seigal	Sr. Fairview	1:56.34
10. A. Stenstrom	Valor Christian	:24.23	10. I. Armon	Fr. Legacy	:53.29	10. E. Blair	So. Cherry Creek	1:56.47
11. M. Seigal	Sr. Fairview	:24.35	11. E. Culberson	Jr. Boulder	:53.41	11. C. Brennan	Sr. Regis	1:57.20
12. C. Fie'eiki	Horizon	:24.35	12. L. Bell	Fr. Fossil Ridge	:53.42	12. K. Steele	Jr. Cherry Creek	1:57.44
13. T. Juran	Sr. Columbine	:24.36	13. M. Mulvihill	So. Chatfield	:53.44	13. B. Nichols	Rock Canyon	1:57.45
14. G. Van Anne	Sr. Arapahoe	:24.41	14. R. Gillilan	Fr. Fossil Ridge	:53.47	14. J. Haensly	Sr. Fairview	1:58.00
15. M. Kirtan	Sr. Cherry Creek	:24.45	15. K. Reznicek	Sr. Fairview	:53.54	15. A. Adams	Valor Christian	1:58.20
16. A. Rojas	Fr. Doherty	:24.45	16. P. Henry	Sr. Mountain Vista	:53.61	16. S. Feran	Sr. Legacy	1:58.22
17. M. Norford	Sr. Cherry Creek	:24.46	17. S. Feran	Sr. Legacy	:53.81	17. M. Saldanha	Fr. Cherry Creek	1:58.48
18. I. Armon	Fr. Legacy	:24.49	18. M. Smithbaker	So. Rocky Mountain	:53.85	18. L. Bell	Fr. Fossil Ridge	1:58.65
19. J. Reznicek	So. Fairview	:24.54	19. A. O'Donnell	Horizon	:54.05	19. M. Lukinac	Fr. Fairview	1:58.71
20. M. Lukinac	Fr. Fairview	:24.66	20. S. Bradac	Jr. Regis	:54.16	20. E. Drury	Jr. Cherry Creek	1:59.01
500 Yard Freestyle (5:32.00)			100 Yard Backstroke (1:03.00)			100 Yard Butterfly (1:02.50)		
1. K. Shanley	So. Chatfield	5:01.93	1. M. Rees	Sr. Lewis-Palmer	:54.14	1. R. Gillilan	Fr. Fossil Ridge	:54.34
2. E. Brock	Fr. Cherry Creek	5:03.53	2. R. Tapley	Sr. Fairview	:55.78	2. L. Bell	Fr. Fossil Ridge	:55.11
3. M. Simon	Sr. Fairview	5:04.68	3. C. Fie'eiki	Horizon	:56.80	3. R. Tapley	Sr. Fairview	:55.33
4. M. Seigal	Sr. Fairview	5:07.30	4. R. Gillilan	Fr. Fossil Ridge	:56.80	4. M. Seigal	Sr. Fairview	:56.13
5. P. Peitz-Diaz	Cherry Creek	5:08.50	5. D. Colon	Valor Christian	:57.36	5. J. Reznicek	So. Fairview	:56.74
6. E. Blair	So. Cherry Creek	5:10.90	6. J. Reznicek	So. Fairview	:57.77	6. A. Rojas	Fr. Doherty	:57.14
7. B. Ford	Jr. Mountain Vista	5:11.15	7. J. Smith	So. Cherry Creek	:57.79	7. K. Reznicek	Sr. Fairview	:57.74
8. A. Kramer	Jr. Cherry Creek	5:11.25	8. M. Drost-Parra	Fairview	:57.89	8. K. McClelland	So. Lewis-Palmer	:57.75
9. C. Gillilan	Sr. Fossil Ridge	5:12.76	9. P. Henry	Sr. Mountain Vista	:57.96	9. M. Kroening	So. Castle View/Doug	:57.85
10. K. Mallory	Fr. ThunderRidge	5:13.46	10. S. Bales	Fr. Legacy	:57.99	10. J. Surrall-Norwood	Regis	:57.95
11. L. Wood	Sr. Grandview	5:13.87	11. L. Stenstrom	Valor Christian	:58.05	11. K. Baker	So. ThunderRidge	:57.98
12. M. Hoehn	Valor Christian	5:14.01	12. K. Chandra	Jr. Legacy	:58.41	12. M. Hoehn	Valor Christian	:58.06
13. R. Gillilan	Fr. Fossil Ridge	5:14.20	13. L. Hunt	Heritage	:58.41	13. S. Romero	Sr. Legacy	:58.40
14. B. Nichols	Rock Canyon	5:14.29	14. S. Metzler	So. Ralston Valley	:58.61	14. M. Saldanha	Fr. Cherry Creek	:58.48
15. R. Cruz-Abrams	Fairview	5:14.39	15. K. Reznicek	Sr. Fairview	:58.80	15. U. Forsythe	Sr. Fairview	:58.79
16. H. Matthews	So. Grandview	5:14.53	16. K. Lee	So. Fairview	:58.85	16. C. Fie'eiki	Horizon	:58.88
17. M. Rees	Sr. Lewis-Palmer	5:14.59	17. P. Biley	Jr. Regis	:59.03	17. J. Smith	So. Cherry Creek	:58.89
18. H. MacLachlan	Fairview	5:15.22	18. Q. Hinerfeld	Fr. Rocky Mountain	:59.28	18. S. Metzler	So. Ralston Valley	:58.95
19. M. Bergstrom	So. Arapahoe	5:16.42	19. E. Rinker	So. Fossil Ridge	:59.79	19. K. Lanaghan	Fairview	:59.62
20. K. Lessing	So. Fairview	5:17.34	20. A. Malloy	Jr. Cherry Creek	:59.81	20. J. Matney	So. Grandview	:59.64
100 Yard Breaststroke (1:12.30)			200 Yard Individual Medley (2:18.50)			1-Meter Diving (345(12.3))		
1. C. Gillilan	Sr. Fossil Ridge	1:04.22	1. R. Gillilan	Fr. Fossil Ridge	2:04.01	1. I. Gregersen	So. Ralston Valley	520.15
2. A. Wetzel	Jr. Arapahoe	1:05.02	2. A. Lessing	Sr. Fairview	2:07.83	2. F. Cable	Sr. Arapahoe	518.55
3. E. Weber	Fr. Fairview	1:05.02	3. J. Smith	So. Cherry Creek	2:08.01	3. G. Wensuc	Sr. ThunderRidge	480.65
4. E. Drury	Jr. Cherry Creek	1:05.13	4. M. Hoehn	Valor Christian	2:08.18	4. K. Belitz	Sr. Arapahoe	466.90
5. M. Smithbaker	So. Rocky Mountain	1:05.14	5. S. Metzler	So. Ralston Valley	2:08.35	5. M. Hampton	Fr. Arapahoe	446.30
6. K. McClelland	So. Lewis-Palmer	1:05.26	6. M. Erlandson	So. Fossil Ridge	2:09.13	6. A. Foster	Sr. Lewis-Palmer	434.25
7. M. Robben	Jr. Smoky Hill	1:06.11	7. M. Robben	Jr. Smoky Hill	2:09.19	7. J. Santiago	Sr. Smoky Hill	431.10
8. I. Rich	Jr. Fairview	1:06.17	8. M. Drost-Parra	Fairview	2:09.95	8. P. Dorsett	So. ThunderRidge	418.05
9. M. Erlandson	So. Fossil Ridge	1:06.44	9. L. Bell	Fr. Fossil Ridge	2:10.40	9. A. Dellinger	Fossil Ridge	413.90
10. L. Bell	Fr. Fossil Ridge	1:06.46	10. I. Rich	Jr. Fairview	2:10.56	10. T. Sayers	Sr. Ralston Valley	413.80
11. K. Haworth	Sr. ThunderRidge	1:06.59	11. E. Weber	Fr. Fairview	2:10.82	11. E. Drazek	Jr. ThunderRidge	409.70
12. S. Bradac	Jr. Regis	1:06.67	12. A. Stenstrom	Valor Christian	2:10.88	12. D. Killeen	So. Columbine	408.35
13. H. Dennis	Jr. Mountain Vista	1:06.73	13. M. Smithbaker	So. Rocky Mountain	2:11.08	13. N. Wright	Sr. Lewis-Palmer	408.10
14. A. Urroz	Heritage	1:07.14	14. E. Rinker	So. Fossil Ridge	2:11.41	14. R. Muller	Sr. Fairview	403.25
15. J. Jones	Fr. Fairview	1:07.88	15. Q. Hinerfeld	Fr. Rocky Mountain	2:11.43	15. P. Roberts	Jr. Ralston Valley	398.85
16. M. Deevy	Heritage	1:08.23	16. J. Surrall-Norwood	Regis	2:11.47	16. G. Downing	Heritage	380.65
17. S. Metzler	So. Ralston Valley	1:08.29	17. K. Baker	So. ThunderRidge	2:11.57	17. K. Bauer	So. Mountain Vista	374.10
18. K. Bank	Fr. Fairview	1:08.63	18. K. Haworth	Sr. ThunderRidge	2:11.99	18. T. Hays	Valor Christian	372.90
19. M. Hunter	So. Cherry Creek	1:08.71	19. L. Wood	Sr. Grandview	2:12.15	19. C. Smith	Sr. ThunderRidge	369.80
20. R. Gillilan	Fr. Fossil Ridge	1:08.90	20. J. Jones	Fr. Fairview	2:12.32	20. M. Buszkewicz	Heritage	368.05
200 Yard Medley Relay (2:03.00)			200 Yard Freestyle Relay (1:50.00)			400 Yard Freestyle Relay (4:00.00)		
1. Fairview		1:43.96	1. Fairview		1:36.84	1. Valor Christian		3:32.12
2. Fossil Ridge		1:46.57	2. Chatfield		1:37.57	2. Cherry Creek		3:32.72
3. Horizon		1:47.76	3. Valor Christian		1:37.88	3. Mountain Vista		3:34.20
4. Lewis-Palmer		1:47.96	4. Legacy		1:37.89	4. Fairview		3:35.19
5. Cherry Creek		1:48.31	5. Cherry Creek		1:39.19	5. Chatfield		3:36.03
6. Heritage		1:50.02	6. Heritage		1:39.86	6. Legacy		3:36.09
7. Regis Jesuit		1:50.21	7. Regis Jesuit		1:39.95	7. Fossil Ridge		3:37.41
8. Legacy		1:50.28	8. Arapahoe		1:40.10	8. Regis Jesuit		3:38.86
9. Mountain Vista		1:50.49	9. Rock Canyon		1:40.60	9. Lewis-Palmer		3:40.82
10. Arapahoe		1:50.50	10. Mountain Vista		1:41.02	10. Grandview		3:41.20
11. ThunderRidge		1:50.55	11. Grandview		1:41.64	11. Arapahoe		3:41.49
12. Rocky Mountain		1:50.64	12. Horizon		1:41.72	12. Columbine		3:42.29
13. Smoky Hill		1:50.88	13. Cherokee Trail		1:42.77	13. ThunderRidge		3:42.76
14. Valor Christian		1:51.58	14. Boulder		1:42.96	14. Smoky Hill		3:43.43
15. Rock Canyon		1:52.96	15. Rocky Mountain		1:43.07	15. Rock Canyon		3:43.86
16. Boulder		1:53.13	16. Fossil Ridge		1:43.30	16. Heritage		3:44.09
17. Legend		1:53.22	17. Ralston Valley		1:43.54	17. Cherokee Trail		3:44.34
18. Ralston Valley		1:53.23	18. Lewis-Palmer		1:43.69	18. Boulder		3:45.43
19. Columbine		1:53.35	19. Columbine		1:44.05	19. Rocky Mountain		3:49.25
20. Grandview		1:53.71	20. Legend		1:45.45	20. Mountain Range		3:50.09

Colorado Girls 5A High School Swimming and Diving Top 20 Rankings - 1/10/2019

5A Team Rankings

1. Fairview	513
2. Cherry Creek	366
3. Fossil Ridge	268
4. Valor Christian	240
5. Arapahoe	209
6. Mountain Vista	184
7. Lewis-Palmer	177
8. Chatfield	176
9. Legacy	175
10. Regis	162
11. ThunderRidge	151
12. Heritage	150
13. Horizon	99
14. Rock Canyon	85
15. Rocky Mountain	85
16. Ralston Valley	84
17. Grandview	80
18. Smoky Hill	78
19. Columbine	66
20. Boulder	61

Colorado Girls 4A High School Swimming and Diving Top 20 Rankings - 1/10/2019

50 Yard Freestyle (26.70)			100 Yard Freestyle (58.20)			200 Yard Freestyle (2:08.00)		
1. S. Zinis	Sr. Mullen	:24.12	1. L. Immel	So. Rampart	:53.18	1. F. Hayward	Jr. Cheyenne Mtn.	1:55.55
2. A. Burton	Sr. Highlands Ranch	:24.26	2. F. Hayward	Jr. Cheyenne Mtn.	:53.75	2. K. Lewicki	Monarch	1:56.05
3. L. Immel	So. Rampart	:24.38	3. M. Nedom	Loveland	:53.98	3. L. Matheson	Jr. Longmont	1:57.12
4. C. Chahbandour	So. Mullen	:24.91	4. A. Burton	Sr. Highlands Ranch	:54.26	4. E. Lang	Sr. Loveland	1:58.78
5. L. White	Sr. Golden	:24.96	5. A. Shaw	Jr. Niwot	:55.48	5. J. Carpenter	Sr. Greeley West	1:59.20
6. M. Nedom	Loveland	:25.17	6. J. Petersen	Sr. Windsor	:55.75	6. D. Roney	Sr. Highlands Ranch	1:59.35
7. G. Zinis	So. Mullen	:25.19	7. M. Powers	So. Broomfield	:55.86	7. K. Austin	Fr. Broomfield	1:59.67
8. E. Chen	Sr. Rampart	:25.21	8. E. Lang	Sr. Loveland	:55.88	8. H. Lehman	Jr. Cheyenne Mtn.	1:59.93
9. M. Black	Jr. Silver Creek	:25.23	9. N. English	Grand Junction	:55.97	9. A. Burton	Sr. Highlands Ranch	2:00.20
10. S. Bricker	Sr. Cheyenne Mtn.	:25.27	10. E. Kahn	So. G. Washington	:56.00	10. L. Sowitch	So. Mullen	2:00.24
11. A. McLaughlin	Denver South	:25.40	11. D. Roney	Sr. Highlands Ranch	:56.00	11. M. Nedom	Loveland	2:00.40
12. E. Hermeston	So. Silver Creek	:25.48	12. C. Webster	Monarch	:56.01	12. M. Powers	So. Broomfield	2:00.45
13. M. Powers	So. Broomfield	:25.50	13. K. Peterson	So. Wheat Ridge	:56.08	13. C. Webster	Monarch	2:00.94
14. J. Martin	Sr. Broomfield	:25.51	14. K. LaRiviere	Jr. Highlands Ranch	:56.10	14. A. Shaw	Jr. Niwot	2:01.11
15. C. Timson	Fr. Rampart	:25.56	15. S. Cook	Grand Junction	:56.11	15. D. Kidd	Grand Junction	2:01.19
16. N. English	Grand Junction	:25.58	16. E. Huebsch	Dakota Ridge	:56.17	16. K. Dirks	So. Silver Creek	2:01.24
17. L. VanFleet	Jr. Ponderosa	:25.58	17. M. Black	Jr. Silver Creek	:56.18	17. A. Vermeulen	Fr. Golden	2:02.20
18. J. Petersen	Sr. Wheat	:25.60	18. H. Lehman	Jr. Cheyenne Mtn.	:56.24	18. E. Moore	Jr. Silver Creek	2:02.51
19. K. Peterson	So. Wheat Ridge	:25.72	19. R. Thompson	Jr. Broomfield	:56.26	19. R. Thompson	Jr. Broomfield	2:03.05
20. S. Boyd	Coronado	:25.74	20. M. Shaeffer	Sr. Coronado	:56.37	20. E. Krasovec	Fr. Cheyenne Mtn.	2:03.69
500 Yard Freestyle (5:48.50)			100 Yard Backstroke (1:06.00)			100 Yard Butterfly (1:06.30)		
1. L. Matheson	Jr. Longmont	5:08.94	1. K. Lewicki	Monarch	:54.85	1. K. Lewicki	Monarch	:57.78
2. F. Hayward	Jr. Cheyenne Mtn.	5:10.01	2. C. Timson	Fr. Rampart	:56.43	2. A. Burton	Sr. Highlands Ranch	:58.49
3. M. Codevilla	Fr. Niwot	5:11.31	3. H. Lehman	Jr. Cheyenne Mtn.	:56.71	3. M. Shaeffer	Sr. Coronado	:58.67
4. J. Carpenter	Sr. Greeley West	5:11.81	4. E. Lang	Sr. Loveland	:58.03	4. L. Sowitch	So. Mullen	:59.03
5. L. Brovold	Jr. Rampart	5:15.39	5. K. Terry	Sr. Pine Creek	:59.66	5. H. Lehman	Jr. Cheyenne Mtn.	:59.41
6. M. Johnson	Dakota Ridge	5:16.51	6. L. White	Sr. Golden	1:00.21	6. S. Cook	Grand Junction	:59.46
7. M. Powers	So. Broomfield	5:17.21	7. A. Vermeulen	Fr. Golden	1:00.26	7. E. Hermeston	So. Silver Creek	1:00.12
8. E. Lang	Sr. Loveland	5:19.33	8. K. LaRiviere	Jr. Highlands Ranch	1:01.13	8. C. Webster	Monarch	1:00.24
9. K. Austin	Fr. Broomfield	5:19.58	9. L. VanFleet	Jr. Ponderosa	1:01.25	9. K. Dirks	So. Silver Creek	1:00.27
10. D. Roney	Sr. Highlands Ranch	5:22.39	10. M. Shaeffer	Sr. Coronado	1:01.41	10. L. Brovold	Jr. Rampart	1:00.30
11. E. Yie	So. Niwot	5:26.25	11. R. Thompson	Jr. Broomfield	1:01.63	11. C. Timson	Fr. Rampart	1:00.82
12. E. Moore	Jr. Silver Creek	5:26.93	12. E. Hermeston	So. Silver Creek	1:01.99	12. S. Zinis	Sr. Mullen	1:01.21
13. L. Sowitch	So. Mullen	5:27.71	13. E. Huebsch	Dakota Ridge	1:02.01	13. D. Roney	Sr. Highlands Ranch	1:01.86
14. D. Kidd	Grand Junction	5:29.61	14. A. Burton	Sr. Highlands Ranch	1:02.24	14. H. Luo	Sr. Niwot	1:02.06
15. K. Terry	Sr. Pine Creek	5:30.76	15. G. Chahal	Jr. Greeley West	1:02.26	15. I. Osborne	Sr. Pueblo West	1:02.17
16. J. Martin	Sr. Broomfield	5:31.36	16. S. Hemingway	Dakota Ridge	1:02.32	16. J. Miller	So. Rampart	1:02.20
17. C. Nollsch	Jr. Highlands Ranch	5:31.92	17. J. Carpenter	Sr. Greeley West	1:02.46	17. L. Deitmeyer	Golden	1:02.33
18. E. Hermeston	So. Silver Creek	5:31.92	18. K. Dirks	So. Silver Creek	1:02.73	18. M. Powers	So. Broomfield	1:02.48
19. J. Eccleston	Fr. Windsor	5:32.05	19. L. Sowitch	So. Mullen	1:02.85	19. M. Codevilla	Fr. Niwot	1:02.94
20. K. Graham	Jr. G. Washington	5:32.82	20. M. Clode	Sr. Mullen	1:02.91	20. S. Gaspar	So. Niwot	1:03.49
100 Yard Breaststroke (1:15.50)			200 Yard Individual Medley (2:26.00)			1-Meter Diving (310(11.4))		
1. E. Chen	Sr. Rampart	1:03.51	1. K. Lewicki	Monarch	2:07.31	1. M. Buckley	So. Rampart	474.75
2. S. Bricker	Sr. Cheyenne Mtn.	1:04.84	2. H. Lehman	Jr. Cheyenne Mtn.	2:09.11	2. L. Hammar	Denver South	467.85
3. E. Krasovec	Fr. Cheyenne Mtn.	1:06.15	3. L. Sowitch	So. Mullen	2:09.70	3. G. Peltier	Sr. Rampart	462.05
4. S. Cook	Grand Junction	1:06.27	4. E. Lang	Sr. Loveland	2:10.97	4. G. Pauly	Fr. Arvada West	461.45
5. C. Chahbandour	So. Mullen	1:06.55	5. E. Chen	Sr. Rampart	2:10.99	5. M. Sanger	Windsor	447.55
6. K. Hobbs	Dakota Ridge	1:06.94	6. E. Yie	So. Niwot	2:12.87	6. K. Chambo	Sr. Highlands Ranch	438.00
7. J. Miller	So. Rampart	1:07.63	7. M. Powers	So. Broomfield	2:13.67	7. S. Brown	Sr. Ponderosa	417.90
8. A. Peet	Sr. Loveland	1:09.29	8. S. Cook	Grand Junction	2:15.00	8. A. Settle	Monarch	408.15
9. D. Cos	So. Pine Creek	1:09.36	9. J. Miller	So. Rampart	2:15.03	9. L. Gryboski	Jr. Coronado	401.65
10. A. Burton	Sr. Highlands Ranch	1:10.33	10. A. Burton	Sr. Highlands Ranch	2:15.38	10. A. Teets	Jr. Pine Creek	401.41
11. H. Lehman	Jr. Cheyenne Mtn.	1:10.52	11. D. Engel	Fr. Windsor	2:16.09	11. M. Kimmitt	So. Silver Creek	400.95
12. M. Jenkins	Centaurus	1:10.55	12. D. Cos	So. Pine Creek	2:16.83	12. R. Brucker	Jr. Skyline	391.65
13. E. Yie	So. Niwot	1:10.91	13. H. Luo	Sr. Niwot	2:16.94	13. K. Kohls	Fruita Monument	386.50
14. D. Engel	Fr. Windsor	1:10.98	14. K. Hobbs	Dakota Ridge	2:17.21	14. K. Hinesley	So. Cheyenne Mtn.	383.15
15. L. Zhang	Monarch	1:11.64	15. E. Hermeston	So. Silver Creek	2:17.81	15. T. Lenhart	Mountain View	381.55
16. A. Schwamm	Jr. Mullen	1:11.82	16. J. Carpenter	Sr. Greeley West	2:18.92	16. K. Weygandt	Jr. Silver Creek	372.70
17. E. Brower	Fr. Cheyenne Mtn.	1:11.94	17. J. Reichhardt	So. Loveland	2:19.19	17. A. Smith	Sr. Silver Creek	370.45
18. M. Mitchell	Monarch	1:12.14	18. K. Dirks	So. Silver Creek	2:19.28	18. C. Stewart	So. Thompson Vall.	369.40
19. E. Carrell	Fr. Cheyenne Mtn.	1:12.20	19. E. Moore	Jr. Silver Creek	2:19.47	19. L. Beckwith	Jr. Silver Creek	367.90
20. K. Carlson	Sr. Liberty	1:12.31	20. K. Nielsen	Standley Lake	2:19.52	20. S. Fuller	So. Longmont	352.20
200 Yard Medley Relay (2:06.00)			200 Yard Freestyle Relay (1:52.00)			400 Yard Freestyle Relay (4:08.00)		
1. Rampart		1:46.82	1. Mullen		1:38.80	1. Rampart		3:37.44
2. Cheyenne Mountain		1:48.90	2. Rampart		1:40.57	2. Cheyenne Mountain		3:40.98
3. Loveland		1:49.81	3. Cheyenne Mountain		1:41.64	3. Highlands Ranch		3:42.30
4. Mullen		1:49.85	4. Broomfield		1:43.13	4. Niwot		3:45.68
5. Highlands Ranch		1:51.79	5. Monarch		1:43.62	5. Broomfield		3:46.27
6. Monarch		1:52.32	6. Silver Creek		1:44.18	6. Monarch		3:46.99
7. Dakota Ridge		1:54.99	7. Highlands Ranch		1:44.97	7. Golden		3:49.16
8. Niwot		1:55.00	8. Grand Junction		1:45.88	8. Dakota Ridge		3:49.25
9. Silver Creek		1:55.57	9. Windsor		1:46.57	9. Silver Creek		3:49.66
10. Grand Junction		1:56.53	10. Niwot		1:46.86	10. Wheat Ridge		3:50.93
11. Pine Creek		1:57.26	11. Loveland		1:46.90	11. Windsor		3:52.53
12. Coronado		1:57.31	12. Greeley West		1:47.39	12. Loveland		3:52.62
13. Golden		1:57.65	13. George Washington		1:47.63	13. Mullen		3:52.77
14. Broomfield		1:58.04	14. Standley Lake		1:48.01	14. Grand Junction		3:53.04
15. Windsor		1:58.25	15. Wheat Ridge		1:48.43	15. Coronado		3:54.87
16. Arvada West		1:59.53	16. Coronado		1:48.69	16. Greeley West		3:58.53
17. Wheat Ridge		1:59.61	17. Dakota Ridge		1:48.76	17. George Washington		3:58.57
18. Ponderosa		2:00.18	18. Pine Creek		1:49.11	18. Standley Lake		3:58.82
19. George Washington		2:00.28	19. Centaurus		1:49.16	19. Centaurus		3:59.38
20. Centaurus		2:00.51	20. Thompson Valley		1:49.64	20. Pine Creek		3:59.98

Colorado Girls 4A High School Swimming and Diving Top 20 Rankings - 1/10/2019

4A Team Rankings

1. Rampart	373
2. Cheyenne Mountain	312
3. Mullen	247
4. Highlands Ranch	239
5. Niwot	218
6. Silver Creek	216
7. Monarch	213
8. Loveland	200
9. Broomfield	190
10. Dakota Ridge	165
11. Grand Junction	157
12. Windsor	138
13. Golden	119
14. Pine Creek	100
15. Coronado	96
16. Greeley West	81
17. Wheat Ridge	68
18. George Washington	53
19. Longmont	46
20. Ponderosa	43

Colorado Girls 3A High School Swimming and Diving Top 20 Rankings - 1/10/2019

50 Yard Freestyle (27.50)			100 Yard Freestyle (1:01.00)			200 Yard Freestyle (2:16.00)		
1. C. Cairns	St. Mary's	:24.25	1. C. Cairns	St. Mary's	:53.43	1. A. Nalen	Fr. Kent Denver	1:58.87
2. D. Brown	Sr. Aspen	:25.32	2. E. Mishmash	Jr. Salida	:54.39	2. A. Gallagher	Sr. Colorado Acad.	2:02.17
3. C. Stevens	Jr. Manitou Springs	:25.43	3. A. Nalen	Fr. Kent Denver	:55.65	3. E. Moreland	Sr. La Junta	2:02.67
4. P. Irwin	Jr. Erie	:25.47	4. A. Gallagher	Sr. Colorado Acad.	:55.83	4. A. Brooks	Jr. Kent Denver	2:03.36
5. A. Blickensderfer	Sr. Pueblo County	:25.48	5. P. Irwin	Jr. Erie	:55.98	5. R. Gucker	Jr. Evergreen	2:03.55
6. A. Musso	Sr. Pueblo County	:25.60	6. A. Musso	Sr. Pueblo County	:56.07	6. L. Kahn-Farooqi	Aspen	2:03.74
7. E. Moreland	Sr. La Junta	:25.72	7. J. Dellwardt	So. Berthoud	:56.65	7. M. Wilkins	Jr. Conifer	2:04.66
8. A. Gallagher	Sr. Colorado Acad.	:25.76	8. F. Hellard	Evergreen	:56.67	8. J. Dellwardt	So. Berthoud	2:05.39
9. C. Crane	Sr. Evergreen	:25.82	9. E. Moreland	Sr. La Junta	:56.85	9. N. Fry	Fr. Colorado Acad.	2:05.58
10. A. Nalen	Fr. Kent Denver	:25.88	10. A. Blickensderfer	Sr. Pueblo County	:57.44	10. K. Smith	So. Glenwood Spr.	2:05.84
11. N. Evans	Fr. Kent Denver	:25.89	11. N. Evans	Fr. Kent Denver	:57.52	11. K. Tehrani	Fr. Aspen	2:06.93
12. S. Dolloff-Holt	Manitou Springs	:26.07	12. L. Kahn-Farooqi	Aspen	:57.78	12. G. Genova	So. Pueblo South	2:07.40
13. E. Rhee	Sr. Fountain Valley	:26.21	13. A. Madsen	Fr. Glenwood Spr.	:57.81	13. P. Oaster	Green Mountain	2:07.74
14. E. Neuroth	Green Mountain	:26.53	14. Q. Schmidt	So. Durango	:57.90	14. C. Stevens	Jr. Manitou Springs	2:08.00
15. P. Briney	Jr. Thomas Jefferson	:26.60	15. S. Dolloff-Holt	Manitou Springs	:57.93	15. K. Liberato	So. Pueblo County	2:08.43
16. A. Maurello	Jr. Pueblo County	:26.64	16. A. Ouellette	Green Mountain	:58.09	16. K. Flanery	Sr. Estes Park	2:08.99
17. C. Beery	So. Thomas Jefferson	:26.76	17. A. McManus	Fr. Durango	:58.33	17. S. Dolloff-Holt	Manitou Springs	2:09.71
18. K. Lee	Summit	:26.81	18. S. Vijay	Disc. Canyon	:58.39	18. N. Clayton	Disc. Canyon	2:10.04
19. A. Dodd	So. Berthoud	:26.83	19. A. Bruntz	Fr. Eaton	:58.68	19. A. Mazzetti	Sr. Erie	2:11.08
20. S. Vijay	Disc. Canyon	:26.83	20. H. Atkins	Jr. Evergreen	:58.84	20. T. Jacobsen	Evergreen	2:11.66
500 Yard Freestyle (6:14.00)			100 Yard Backstroke (1:10.00)			100 Yard Butterfly (1:10.00)		
1. A. Giesbrecht	Disc. Canyon	5:23.21	1. J. Dellwardt	So. Berthoud	1:00.17	1. J. Kim	So. Kent Denver	:58.93
2. C. Beery	So. Thomas Jefferson	5:23.64	2. D. Brown	Sr. Aspen	1:01.08	2. P. Irwin	Jr. Erie	:59.14
3. Q. Schmidt	So. Durango	5:26.13	3. A. Nalen	Fr. Kent Denver	1:01.23	3. K. Tehrani	Fr. Aspen	1:00.09
4. R. Gucker	Jr. Evergreen	5:26.38	4. R. Gucker	Jr. Evergreen	1:01.37	4. A. Blickensderfer	Sr. Pueblo County	1:01.23
5. M. Wilkins	Jr. Conifer	5:27.46	5. G. Moreland	So. La Junta	1:02.58	5. L. Kahn-Farooqi	Aspen	1:01.52
6. A. Brooks	Jr. Kent Denver	5:27.99	6. K. Liberato	So. Pueblo County	1:02.94	6. N. Evans	Fr. Kent Denver	1:01.62
7. L. Kahn-Farooqi	Aspen	5:30.37	7. S. Dolloff-Holt	Manitou Springs	1:03.35	7. R. Gucker	Jr. Evergreen	1:02.12
8. P. Irwin	Jr. Erie	5:33.83	8. N. Evans	Fr. Kent Denver	1:03.37	8. S. Dolloff-Holt	Manitou Springs	1:02.32
9. C. Cairns	St. Mary's	5:34.09	9. P. Irwin	Jr. Erie	1:03.57	9. A. Maurello	Jr. Pueblo County	1:02.67
10. A. Madsen	Fr. Glenwood Spr.	5:37.64	10. L. Kahn-Farooqi	Aspen	1:04.51	10. M. Wilkins	Jr. Conifer	1:03.66
11. N. Fry	Fr. Colorado Acad.	5:37.92	11. A. Madsen	Fr. Glenwood Spr.	1:04.86	11. C. Beery	So. Thomas Jefferson	1:04.04
12. J. Dellwardt	So. Berthoud	5:38.89	12. M. Wilkins	Jr. Conifer	1:04.99	12. A. Pierce	D'Evlyn	1:04.16
13. G. Genova	So. Pueblo South	5:43.37	13. M. Stinson	Sr. Glenwood Spr.	1:05.45	13. K. Cashdollar	Sr. Manitou Springs	1:04.24
14. L. Fruhwirth	Jr. St. Mary's Acad.	5:46.27	14. G. Genova	So. Pueblo South	1:05.58	14. B. Musso	Fr. Pueblo County	1:04.38
15. T. Jacobsen	Evergreen	5:47.14	15. A. Ouellette	Green Mountain	1:05.81	15. E. Silliman	Fr. Colorado Acad.	1:05.01
16. H. Atkins	Jr. Evergreen	5:47.37	16. A. Musso	Sr. Pueblo County	1:05.91	16. T. Jacobsen	Evergreen	1:05.13
17. P. Oaster	Green Mountain	5:49.50	17. A. Harris	Gunnison	1:06.27	17. E. Mishmash	Jr. Salida	1:05.16
18. E. Knight	Fr. Durango	5:49.61	18. A. Blickensderfer	Sr. Pueblo County	1:06.29	18. J. Krinsky	Sr. Pueblo County	1:05.44
19. S. Dolloff-Holt	Manitou Springs	5:51.87	19. M. Pollack	So. Kent Denver	1:06.35	19. I. Gaines	So. La Junta	1:05.49
20. C. Stevens	Jr. Manitou Springs	5:54.03	20. E. Neuroth	Green Mountain	1:06.38	20. C. Smith	So. Evergreen	1:05.63
100 Yard Breaststroke (1:20.00)			200 Yard Individual Medley (2:36.00)			1-Meter Diving (290(11.1))		
1. S. Dolloff-Holt	Manitou Springs	1:07.69	1. J. Kim	So. Kent Denver	2:12.56	1. K. Abbott	Jr. Colorado Acad.	377.95
2. E. Moreland	Sr. La Junta	1:08.45	2. C. Beery	So. Thomas Jefferson	2:13.32	2. A. Behn	Fr. Durango	372.80
3. A. Blickensderfer	Sr. Pueblo County	1:09.15	3. S. Dolloff-Holt	Manitou Springs	2:14.12	3. K. Behn	Fr. Durango	368.45
4. N. Clayton	Disc. Canyon	1:11.69	4. C. Crane	Sr. Evergreen	2:14.76	4. R. Alexander	Disc. Canyon	362.45
5. E. Mishmash	Jr. Salida	1:11.83	5. J. Dellwardt	So. Berthoud	2:15.64	5. S. Steele	Sr. Pueblo County	355.90
6. E. Kinney	So. Aspen	1:12.11	6. R. Gucker	Jr. Evergreen	2:15.65	6. C. Sviatko	Sr. Eaton	324.10
7. J. Dellwardt	So. Berthoud	1:12.23	7. E. Mishmash	Jr. Salida	2:15.76	7. V. Sanders	Disc. Canyon	317.30
8. K. Tehrani	Fr. Aspen	1:12.26	8. P. Irwin	Jr. Erie	2:15.86	8. J. Griffin	Disc. Canyon	304.50
9. R. Schneller	So. Holyoke	1:13.05	9. Q. Schmidt	So. Durango	2:18.47	9. C. Brants	So. Colorado Acad.	294.85
10. M. McDonald	Evergreen	1:13.20	10. M. Wilkins	Jr. Conifer	2:18.94	10. O. Mummery	Jr. Durango	291.10
11. F. Toner	Jr. Thomas Jefferson	1:14.13	11. D. Brown	Sr. Aspen	2:19.05	11. A. Scruton	So. Glenwood Spr.	290.60
12. C. Beery	So. Thomas Jefferson	1:14.13	12. N. Clayton	Disc. Canyon	2:19.19	12. P. Hankins	So. Pueblo County	290.23
13. J. Kim	So. Kent Denver	1:14.30	13. A. Blickensderfer	Sr. Pueblo County	2:20.04	13. S. McCormick	Jr. Berthoud	284.95
14. B. Kuzbek	So. Manitou Springs	1:14.81	14. N. Evans	Fr. Kent Denver	2:23.50	14. M. Henrickson	Sr. Pueblo County	284.70
15. P. Oaster	Green Mountain	1:15.76	15. E. Kinney	So. Aspen	2:23.55	15. L. Claassen	So. Glenwood Spr.	276.90
16. C. Cairns	St. Mary's	1:15.86	16. K. Liberato	So. Pueblo County	2:24.12	16. G. Thompson	Disc. Canyon	273.30
17. A. Rydland	So. Disc. Canyon	1:16.66	17. A. Madsen	Fr. Glenwood Spr.	2:24.71	17. H. Hibler	Sr. Pueblo South	254.20
18. E. Macpherson	Fr. Glenwood Spr.	1:16.78	18. H. Atkins	Jr. Evergreen	2:25.09	18. C. Scruton	Jr. Glenwood Spr.	232.15
19. S. Crane	Evergreen	1:16.92	19. M. McDonald	Evergreen	2:25.17	19. N. Perea	So. Pueblo South	145.25
20. B. Musso	Fr. Pueblo County	1:17.56	20. P. Oaster	Green Mountain	2:25.72	20. V. Trujillo	Pueblo South	118.45
200 Yard Medley Relay (2:10.00)			200 Yard Freestyle Relay (1:56.00)			400 Yard Freestyle Relay (4:16.00)		
1. Aspen		1:54.34	1. Pueblo County		1:44.48	1. Kent Denver		3:53.36
2. Manitou Springs		1:54.78	2. Kent Denver		1:44.57	2. Salida		3:55.93
3. Pueblo County		1:55.72	3. Manitou Springs		1:45.76	3. Colorado Academy		3:57.01
4. Evergreen		1:56.70	4. Aspen		1:45.81	4. Discovery Canyon		3:57.85
5. Erie		1:58.94	5. Evergreen		1:47.37	5. Erie		3:57.95
6. Discovery Canyon		1:59.10	6. Thomas Jefferson		1:47.84	6. Aspen		3:58.17
7. La Junta		1:59.73	7. Colorado Academy		1:47.98	7. Glenwood Springs		3:59.42
8. Kent Denver		1:59.89	8. Berthoud		1:49.79	8. Durango		3:59.50
9. Glenwood Springs		2:01.90	9. Glenwood Springs		1:49.88	9. Pueblo County		4:00.18
10. Green Mountain		2:02.46	10. Salida		1:50.12	10. Manitou Springs		4:00.24
11. Thomas Jefferson		2:02.55	11. Summit		1:50.41	11. Evergreen		4:02.19
12. Salida		2:03.55	12. Durango		1:50.64	12. Berthoud		4:02.85
13. Berthoud		2:04.70	13. Green Mountain		1:51.47	13. Summit		4:04.10
14. Gunnison		2:05.25	14. La Junta		1:51.57	14. Green Mountain		4:05.83
15. Holyoke		2:05.56	15. Holyoke		1:52.71	15. St. Mary's		4:07.23
16. Colorado Academy		2:05.66	16. Erie		1:54.23	16. D'Evlyn		4:07.89
17. Eaton		2:05.88	17. St. Mary's		1:54.29	17. St. Mary's Academy		4:09.01
18. Durango		2:06.10	18. Gunnison		1:54.76	18. Holyoke		4:09.38
19. Summit		2:06.65	19. D'Evlyn		1:55.05	19. Gunnison		4:10.54
20. St. Mary's		2:07.55	20. Moffat County		1:55.35	20. Fountain Valley		4:14.74

Colorado Girls 3A High School Swimming and Diving Top 20 Rankings - 1/10/2019

3A Team Rankings

1. Pueblo County	314
2. Kent Denver	293
3. Evergreen	285
4. Aspen	266
5. Discovery Canyon	222
6. Manitou Springs	219
7. Glenwood Springs	202
8. Colorado Academy	202
9. Durango	196
10. Salida	151
11. Erie	141
12. Green Mountain	138
13. Berthoud	132
14. Thomas Jefferson	128
15. La Junta	115
16. St. Mary's	70
17. Summit	55
18. Holyoke	52
19. Eaton	49
20. Gunnison	41