

USA SWIMMING
ATHLETE SELECTION PROCEDURES
2019 Pan American Games
POOL
May 10, 2018

The 2019 Pan American Games for swimming (the “Championships”) will be held in Lima, Peru, August 6-10, 2019.

DEFINITIONS

- Available Swimmer. “Available Swimmer” means a swimmer who (i) qualifies to be Nominated to the Team in an Individual Olympic Event according to these Selection Procedures and has complied with all eligibility requirements set forth in Section 1.1 of these Selection Procedures; (ii) satisfies the applicable A or B Time Standard for the Individual Olympic Event in which he/she is an Available Swimmer; (iii) certifies to USA Swimming that he/she remains available to swim through the completion of the Championships; and (iv) indicates in writing that he or she will accept the invitation to be Nominated to the Team when that invitation is offered by USA Swimming and to swim in the Individual Olympic Event for which he/she qualifies in the Championships (except as otherwise provided herein). If a swimmer does not satisfy these requirements, then he/she is not considered an Available Swimmer.
- A Time Standard. An “A Time Standard” is a time standard developed by the Union Americana de Natacion (UANA) for those wishing to compete in an Individual Olympic Event at the Championships. “A Time Standards” can be achieved in competitions approved for that purpose by UANA from March 1, 2018 through April 30, 2019. Championships Qualification Time Standards are found in Attachment A.
- B Time Standard. A “B Time Standard” is an easier time standard developed by UANA for those wishing to compete in relays or, subject to certain limitations and restrictions, an Individual Olympic Events at the Championships. “B Time Standards” can be achieved in competitions approved for that purpose by UANA from March 1, 2018 through April 30, 2019. Championships Qualification Time Standards are found in Attachment A.
- FINA Points Table, 2018. FINA (Federation International de Natation) Points Table, 2018 means the applicable FINA Points Table (i.e., men or women) updated as of February 2018, for 2018, and found on the website <http://fina.org/content/fina-points>.
- Finals. "Finals" means the Final heat in Individual Olympic Events that are conducted in the Qualifying Competition from which the Qualifying Competition finish order is determined. The results of the “A” Finals will be used to determine the finish order for the top eight places. The results of the “B and C” Finals of the Qualifying Competition will be used to

determine finish order immediately lower than those in the Finals (i.e., 9th -16th place and 17th-24th place).

- Head Coach. Unless otherwise indicated, "Head Coach" refers to the head coach of the Team for the applicable gender (i.e. the Men's Team Head Coach or Women's Team Head Coach).
- Individual Olympic Event. "Individual Olympic Event" refers to those individual pool competition events contested at the Olympic Games and at the Championships.
- Modified World Ranking. See "World Ranking", below.
- National Team Managing Director. "National Team Managing Director" refers to the USA Swimming National Team Managing Director, or her designee.
- Nominate/Nominated/Nomination to the Team. "Nominate/Nominated/Nomination to the Team" refers to the Team selected by USA Swimming on or before October 31, 2018, plus any replacements that may be added to the Team pursuant to Section 4 of these Selection Procedures. Final Nominations will be due to the USOC in July 26, 2019.
- Qualifying Competition. "Qualifying Competition" means the 2018 Phillips 66 National Championships held July 25-29, 2018 in Irvine, CA.
- Relay-Only Swimmer. A Relay-Only Swimmer means a swimmer who has qualified for the Team (prior to implementation of UANA limits on the number of Relay-Only Swimmers as provided in Section 1.3.7 of these Selection Procedures), but has not qualified to swim in an Individual Olympic Event.
- Team. "Team" means the Pan American Games Team Nominated to the USOC on or before June 26, 2019, plus any changes or replacements made pursuant to these Selection Procedures.
- Technical Advisor. "Technical Advisor" shall mean the USA Swimming National Team Technical Advisor, or his/her designee.
- World Ranking. World Ranking means the World Ranking list downloaded from the fina.org website at approximately 8:00 a.m. CDT July 25, 2018 and covering the period of January 1, 2017 through and including July 20, 2018.
 - Modified World Ranking. "Modified World Ranking" means the World Ranking list as modified by integrating all times from the Finals of the Qualifying Competition. An athlete's Modified World Ranking shall be determined by his/her time from the Finals of the Qualifying Competition. The results of the semifinals and preliminary

heats of the Qualifying Competition will be used to determine finish order immediately lower than those in the Finals (i.e., 9th place and below).

1. SELECTION SYSTEM

1.1. Provide the minimum eligibility requirements for an Available Swimmer to be considered for selection to the Team:

1.1.1. Nationality/Passport requirements:

Must be a national of the United States at the time of selection.

Must hold a valid U.S. passport that will not expire for six months after the conclusion of the Games.

1.1.2. Minimum International Olympic Committee (IOC) and/or Pan American Sport Organization (PASO) for participation:

Any competitor in the Olympic, Paralympic, Pan American or Parapan American Games must be a national of the country of the National Olympic Committee (NOC) or National Paralympic Committee (NPC) which is entering such competitor. For additional information regarding an athlete who is a national of two or more countries, has changed his or her nationality or acquired a new nationality, refer to the Olympic Charter (Rule 41), the IPC Handbook (Section 2, Chapter 3.1), or the PASO Statutes (Article XXII, Sections 4 and 5).

1.1.3. Minimum International Federation (IF) and Union Americana de Natación (UANA) standards for participation (if any):

a) To ensure Nomination to the Team, all athletes qualifying to swim in an Individual Olympic Event at the Championships must equal or better the A Time Standard set by UANA at that Individual Olympic Event during the applicable time period established by UANA (March 1, 2018 – April 30, 2019) in a competition approved for that purpose. Per UANA rules, USA Swimming will be allowed to enter two athletes in an Individual Olympic Event at the Championships only if both athletes have equaled or bettered the A Time Standard in that Individual Olympic Event in a competition approved for that purpose by UANA.

b) An athlete may also qualify to be Nominated to the Team by equaling or bettering the B Time Standard. Per UANA rules, any swimmer eligible to be Nominated to the Team who has achieved a B Time Standard, but not an A Time Standard must receive an invitation from UANA through the

USOC in order to compete in the Championships in an Individual Olympic Event. If a swimmer does not receive an invitation from UANA to compete in the Championships on or before May 31, 2019, then that swimmer will not be eligible for Nomination to the Team in that Individual Olympic Event. See Section 1.3.6 for the requirements relating to A Time Standards and B Time Standards for each Event.

- c) Athletes must have signed and submitted the Athlete Eligibility Condition Form.

1.1.4. Other requirements (if any):

- a) An athlete must qualify for the Qualifying Competition, as described in Section 1.2, and compete in the Qualifying Competition;
- b) Each swimmer that has been Nominated to the Team must sign and return to USA Swimming, and abide by, the USA Swimming and USOC applicable competition forms for 2019 (forms will be available prior to Nomination);
- c) Each swimmer that has been Nominated to the Team must comply with all applicable rules and requirements of, USOC, UANA, LIMA ORGANIZING COMMITTEE, WADA, USADA and USA Swimming, including without limitation USA Swimming policies and protocols regarding Team preparation and participation, through the Championships;
- d) Due to timing of events and to ensure that USA Swimming selects the best possible team for the 2019 World Championships, all swimmers who qualify for the 2019 World Championships or the 2019 World University Games in Individual Olympic Events are ineligible for Nomination to the Team, unless otherwise agreed to in writing by USA Swimming. Athletes will be allocated to the teams for these three competitions in the following order of importance to USA Swimming and must swim in the competition to which they are assigned, unless otherwise excused pursuant to these Selection Procedures:

- (1) 2019 FINA World Championships; July 21-28, 2019
- (2) 2019 World University Games; July 3-11, 2019
- (3) Championships; August 6-10, 2019

The rule set forth above in Section 1.1.4.d. will not apply to those swimmers who qualify for, via their respective selection procedures, the 2019 World Championships or the 2019 World University Games solely in

relay events and/or in individual non-Olympic events. In these instances only, these swimmers are eligible for selection to the Championships.

- e) In order to be considered for Nomination to the Team, an athlete must, at the beginning of the Qualifying Competition and at the time of Nomination to the Team:
 - (1) Be a registered athlete member of USA Swimming in good standing;
 - (2) Be a citizen of the United States; and
 - (3) Be eligible to represent the United States in the Championships.
- f) In order to be considered for Nomination to the Team, an athlete must, at the time of Nomination to the Team, be an Available Swimmer.
- g) Athletes must have successfully completed all Games Registration requirements by stated deadline.

1.2. Tryout Events:

- 1.2.1. Provide the event names, dates and locations of all trials, events and camps to be used as part of the selection process.

The Qualifying Competition

- 1.2.2. Provide event names, dates, locations and description of how athletes qualify for the trials, events and camps listed above in 1.2.1. (if any).

- (a) To qualify for the Qualifying Competition, an athlete must achieve an applicable Qualifying Competition time standard between June 1, 2017 and the entry deadline for the Qualifying Competition. The Qualifying Competition time standards can be found at:
<https://www.usaswimming.org/Home/times/time-standards>

- 1.3. Provide a comprehensive, step-by-step description of the method that explains how athletes will go through the selection process (include maximum Team size).

Section 1.3 sets forth the steps by which Available Swimmers will be selected for Nomination to the Team. The process of determining who is eligible to be Nominated to the Team will take place on or before October 31, 2018, after completion of the Qualifying Competition. The results from the application of these Selection Procedures will be announced on or around October 31, 2018, although USA Swimming retains the

right to make changes to the results to address withdrawals, vacancies and applicable UANA invitations through June 26, 2019 (when the final nominations will be forwarded to the USOC).

The specific steps for determining athletes to be Nominated to the Team are as follows:

1.3.1. Team Size.

The maximum allowable Team size is eighteen (18) men and eighteen (18) women. The actual Team size will be determined once these Selection Procedures have been implemented. For the purposes of these Selection Procedures, the men's and women's components of the Team will be considered separately (except for applying the maximum number of Relay-Only Swimmers, as described in Section 1.3.6). USA Swimming is under no obligation to Nominate to the Team a full team of 18 athletes in each, or either, gender.

1.3.2. Qualifying Competition.

Performances at the Qualifying Competition, from among those eligible to compete in the Qualifying Competition as provided in Section 1.2 above, will be used to determine the Team. Performances at the Qualifying Competition will be prioritized using the priority system described below. The best finishing Available Swimmers will be subject to the A Time Standard and B Time Standard requirements, UANA invitation requirements, and the UANA limits placed on Relay-Only Swimmers, all as described below, to determine those to be Nominated to the Team.

1.3.3. Elimination of Swimmers Qualifying for the 2019 World Championships or 2019 World University Games.

Swimmers who qualify in Individual Olympic Events for the 2019 World Championships team or the 2019 World University Games team will not be considered Available Swimmers and will be eliminated from consideration for the Team. The ranking order for all Available Swimmers will be correspondingly adjusted to reflect the elimination of swimmers qualifying for the 2019 World Championships team or the 2019 World University Games team prior to the selection criteria set forth below being applied. Regardless of the time swum in the Finals, all Available Swimmers competing in and finishing the "A" Finals of the Qualifying Competition will be ranked higher than Available Swimmers competing in and finishing the "B or C" Finals. For example, the finishers in the "A" Finals will be ranked 1-8 (assuming all eight competitors finish and are Available Swimmers), the top finishing Available Swimmer in the "B" Final will be ranked 9th-16th (assuming all competitors finish and are Available Swimmers) or "C" Finals will be ranked 17th-24th (assuming all competitors finish and are Available Swimmers).

1.3.4. Application of Priorities for Team Selection.

Performances in the Individual Olympic Events at the Qualifying Competition will be prioritized for each gender as described in this Section 1.3.4. These Priorities will be applied on or before October 31, 2018, after completion of the Qualifying Competition. Swimmers not qualifying via one of these priorities will not be eligible to be Nominated to the Team, unless they are subsequently added to the Team as a replacement according to the process set forth in Section 4. If, after applying the priorities set forth below, as well as the procedures set forth in Sections 1.3.5 and 1.3.6, there are fewer than eighteen (18) men or eighteen (18) women, or both, on the Team, then USA Swimming will not field a full Team, unless the Team is filled as a result of adding one or more replacements as provided in Section 4.

(a) Priority #1.

The first priority will be comprised of both (i) the two best finishing Available Swimmers based on finish order during the Finals of the Qualifying Competition in each of the 100-meter and 200-meter freestyle Events, and (ii) the best finishing Available Swimmer based on finish order during the Finals of the Qualifying Competition in each of the Individual Olympic Events other than the 100-meter and 200-meter freestyle.

(b) Priority #2.

The second priority will be comprised of the second best finishing Available Swimmer based on finish order during the Finals of the Qualifying Competition in each of the Individual Olympic Events other than the 100-meter and 200-meter freestyle.

1.3.5. Application of A and B Time Standards.

(a) Subject to the application of the priorities described in Section 1.3.4 above and the other rules set forth in this Section 1.3.5, it is generally anticipated that the two best finishing Available Swimmers in each Individual Olympic Event at the Qualifying Competition will qualify for the Team and will be given the opportunity to swim the corresponding Individual Olympic Event at the Championships (for example, the top two 200m butterfly finishers at the Qualifying Competition will swim the 200m butterfly at the Championships). However, UANA has a requirement that, in order for two U.S. athletes to compete in an Individual Olympic Event at the Championships, both athletes must have swum an A Time Standard in a competition approved for that purpose by UANA. Note: A Time Standard does not have to be done at the Qualifying

Competition, but must be done during the March 1, 2018 – April 30, 2019 timeframe in a competition approved for that purpose by UANA. The applicable UANA qualifying procedures are set forth in Attachment A.

- (b) If the best finishing athlete in a particular Individual Olympic Event does not have an A Time Standard, but has an B Time Standard, he/she must be invited by UANA to participate at the Championships. For purposes of clarification, if the best finishing Available Swimmer in an Individual Olympic Event at the Qualifying Competition has an B Time Standard, and the second best finishing Available Swimmer has an A Time Standard, the best finishing Available Swimmer finisher will be Nominated to the Team and will swim that Individual Olympic Event at the Championships while the second best finishing Available Swimmer would not be Nominated to the Team for that Individual Olympic Event nor would he/she swim in that Individual Olympic Event at the Championships.
- (c) If a swimmer who stands to be Nominated to the Team has not received an invitation from UANA to participate in the Championships on or before May 31, 2019 then that swimmer shall not be eligible for Nomination to the Team in that Individual Olympic Event and the next best finishing Available Swimmer(s) will be selected according to the process set forth in this Section 1.3.5.
- (d) If the second best finishing athlete in an Individual Olympic Event at the Qualifying Competition does not achieve an A Time Standard in a competition approved for that purpose by UANA by the April 30, 2019 deadline, the next best finishing Available Swimmer in that Individual Olympic Event at the Qualifying Competition will be eligible for Nomination to the Team in place of the athlete who does not have the A Time Standard, provided that the replacement athlete has achieved an A Time Standard and satisfies all other requirements for Nomination to the Team. If the athlete who stands to be replaced has qualified to be Nominated to the Team in another Individual Olympic Event and he/she has achieved the A Time Standard in that other Individual Olympic Event, then he/she will not be removed from Nomination to the Team (unless required under another provision of these selection procedures) but will be removed from the Individual Olympic Event in which he/she has not achieved the required A Time Standard. If the next best finishing Available Swimmer does not have an A Time Standard in a competition approved for that purpose by UANA, then the subsequent best finishing Available Swimmer in that Individual Olympic Event at the Qualifying Competition will be Nominated to the Team in place of the athlete(s) who do not have the A Time Standard, provided that the replacement athlete has an A Time Standard and satisfies all other requirements for Nomination to the Team. This process will repeat until an Available Swimmer who has an A Time Standard is eligible for Nomination to the Team or there are no other Available Swimmers who may be eligible for Nomination to the Team in that Individual Olympic Event. If there are no other Available Swimmers with an

A Time Standard from a competition approved by UANA for that purpose, then USA Swimming will only Nominate one Available Swimmer to the Team in that Individual Olympic Event.

1.3.6. Selection of Relay-Only Swimmers.

If fewer than 18 men or 18 women, or both, are selected for the Team, USA Swimming will Nominate Relay-Only Swimmers. The Relay Only Swimmers considered for Nomination to the Team will be the next Available Swimmer in the 100-meter and/or 200-meter freestyle from the Finals of the Qualifying Competition. Relay-Only swimmers will be selected based on their Modified World Ranking. A maximum of two Relay-Only swimmers per gender will be Nominated.

(a) Ranking Process.

In the event that more Relay-Only Swimmers stand to be Nominated to the Team than allowed under UANA rules, the Relay-Only Swimmers will be ranked within their priority according to the Modified World Ranking list. Relay-Only Swimmers with the best Modified World Ranking will be eligible for Nomination to the Team in order of priority. Relay-Only Swimmers will be added to the list of those to be Nominated to the Team in order of priority until the maximum number of Relay-Only Swimmers, under the UANA rule, (2 per gender) is obtained or the Team is full, whichever comes first.

Relay-Only Swimmers must meet B Time Standard. Per UANA rules, only those Relay-Only Swimmers who have satisfied the B Time Standard for the event in which they have qualified for the Team will be eligible for Nomination to the Team. The B Time Standard must be achieved in the event through which he/she qualifies for the Team during the applicable time period established by UANA (March 1, 2018- April 30, 2019) at a competition approved by UANA for that purpose (UANA-approved competitions can be found at fina.org). For example; Relay- Only Swimmers who are Nominated to the Team in the 4x100 freestyle relay must have a B Time Standard in the 100 freestyle.

See Attachment A for applicable B Time Standards. Any Relay-Only Swimmer who would otherwise stand to be Nominated to the Team who fails to satisfy the B Time Standard requirement will not be eligible to be Nominated to the Team.

Relay-Only swimmers entered into the Championships must swim either in the heat or final of a relay event. Should a Relay-Only Swimmer not compete, this will lead to the disqualification of the respective team. Further, if a Relay-Only Swimmer does not compete in the heats of a relay in which the National Federation/NOC fails to qualify for the finals, the relay will be disqualified. If a Relay-Only Swimmer could swim in multiple relays, but does not compete in any

for which he/she is eligible, the final relay for which he/she was eligible will be the relay that is disqualified. If a Relay-Only Swimmer is medically unable to compete, they may be excused from the requirement to participate in a relay. A member of the PASO Medical Commission or their Designee will be present at heats and finals and will be the independent physician empowered to make decisions about Relay-Only Swimmer participation.

1.3.7. Procedure if Nominations to the Team Stand to Exceed 18 Per Gender.

If the application of the procedures set forth in Sections 1.3.4 and 1.3.6 results in a list of either more than eighteen (18) male or more than eighteen (18) female swimmers (or both) to be Nominated to the Team, then the swimmers of the gender with more than 18 swimmers to be Nominated to the Team shall be ranked and Nominated to the Team according to the following procedure:

- (a) All swimmers from Priority #1 shall be Nominated to the Team.
- (b) All swimmers from Priority #2 will be Nominated to the Team; provided, however, that if adding all swimmers from Priority #2 would result in more than eighteen (18) swimmers for a gender to be Nominated to the Team, then the swimmers within Priority #2 shall be Nominated to the Team in order of the best Modified World Ranking for the Individual Olympic Event for which they qualify until a maximum of eighteen (18) swimmers for that gender are Nominated to the Team.
- (c) If all Priority #2 swimmers are Nominated to the Team and the maximum Team size of eighteen (18) swimmers per gender has not been attained, then the Relay Only Swimmers may be added, subject to Section 1.3.6.

1.3.8. Breaking a Tie.

- (a) Tie in Same Individual Olympic Event.

In the instance where there is a tie between two swimmers in the same Individual Olympic Event for first place, both swimmers will be classified under Priority #1. In the instance where there is a tie between three or more swimmers for first place in the same Individual Olympic Event or where there is a tie between two or more swimmers in the same Individual Olympic Event for second place, a swim-off will be conducted at a time determined by the National Team Managing Director, Technical Advisor, the swimmers, and the personal coaches of the swimmers. If the parties are unable to agree on a date and time for the swim-off, then the date and time will be established by the National Team Managing Director and Technical Advisor. If the initial swim-off fails to break the tie, this process will continue until the tie is broken. The swimmers will be

assigned to their respective Priorities based on their finish in the swim-off(s). The swim-off results will only be used to determine places of those involved in the swim-off and may not be used to change the finish order otherwise determined at the Qualifying Competition (for example, the winner of the swim-off between the second and third place finishers at the Qualifying Competition may not use his/her time in the swim-off to move to Priority #1 if the swim-off time is better than the time of the winner of the Qualifying Competition).

(b) Tie in Determining Nominations to Team Involving Swimmers from Different Individual Olympic Events.

In the instance where the application of Modified World Rankings is used to rank swimmers to be Nominated to the Team (Section 1.3.7), and where the application of the Modified World Rankings results in a tie between two or more swimmers in different Individual Olympic Events for the final position(s) on the Team, the tie will be broken as follows:

- (1) Each swimmer's fastest performance swum in his/her Individual Olympic Event at the Finals of the Qualifying Competition will be ranked according to the FINA Points Table, 2018. The swimmer who has the best ranking shall be Nominated to the Team.
- (2) If this fails to break the tie, each swimmer's performance swum in his/her Individual Olympic Event at the Finals of the Qualifying Competition will be converted into a ratio, using the swimmer's Qualifying Competition time as the denominator, and the FINA-approved World Record for that Individual Olympic Event as of July 20, 2018 as the numerator, and the swimmer(s) with the highest percentage shall be Nominated to the final position(s) on the Team.
- (3) If this fails to break the tie, the fastest time swum by each swimmer in his/her Individual Olympic Event during the period from January 1, 2017- July 30, 2018 will be ranked according to the Modified World Ranking lists, and the swimmer(s) will be Nominated to the Team in order of the best ranking.
- (4) If this fails to break the tie, then the swimmer with the highest Modified World Ranking in an Individual Olympic Event other than his/her Individual Olympic Event involved in the tie shall be Nominated to the Team (e.g. if a swimmer's results in the 100m freestyle are involved in the tie, then that swimmer's highest Modified World Ranking in an Individual Olympic Event other than the 100m freestyle shall be considered).

1.3.9. Selection of Swimmers of Events.

The two best finishing Available Swimmers in all Individual Olympic Events at the Qualifying Competition will be given the opportunity to swim the corresponding Individual Olympic Event at the Championships (for example, the top two 200m butterfly finishers at the Qualifying Competition will swim the 200m butterfly at the Championships), provided that (i) both swimmers have been Nominated to the Team pursuant to the procedures set forth in this Section 1.3; (ii) both swimmers satisfy the applicable A Time Standard requirement for that Individual Olympic Event; and (iii) both swimmers remain eligible, under these Selection Procedures, through the completion of that Individual Olympic Event at the Championships.

All swimmers who are Nominated to the Team shall be eligible for selection to any and all relays to be held at the 2019 Championships, the Head Coach and National Team Managing Director, and Technical Advisor in consultation with the assistant coaches, shall select the swimmers for each relay conducted at the Championships. . In selecting the relay teams, the Head Coach and National Team Managing Director, Technical Advisor and assistant coaches shall consider all available relevant information, in no particular order, including but not limited to each Team member's Qualifying Competition performances (including preliminary times, time trials, swim-offs and relay lead-off times), past relay performances, past relay reaction times, relay exchange experience, Championships performances, personal best performances, Championships event schedules, individual workload, other recent results and performances, consistency of performances, fatigue, health, fitness levels, training preparation, participation in relay training camps, scientific evaluation, attitude and team chemistry.

1.3.10 Filling a Vacant Position with no Team Vacancy.

- (a) If an Individual Olympic Event is vacant because not all Priority #2 swimmers are added to the Team, then the vacancy will be filled as follows:
 - (1) First priority will be given to the athlete already on the Team who is the next highest-finishing Available Swimmer in that Individual Olympic Event at the Qualifying Competition, provided they meet the A Time Standard.
 - (2) If no athlete meets the criteria, then second priority will be the Available Swimmer already on the Team who has recorded the highest World Ranking in that Individual Olympic Event provided they meet the A Time Standard.
 - (3) If no athlete meets the criteria, then the swimmer in an Individual Olympic Event will be determined at the discretion of the Head Coach

and National Team Managing Director provided they meet the A Time Standard.

(4) In all instances, however, the swimmer must agree, after consulting with the Head Coach and National Team Managing Director, to compete in the additional Individual Olympic Event. If the swimmer does not agree to swim in the additional Individual Olympic Event, then the swimmer shall not be considered an Available Swimmer for that Individual Olympic Event.

(5) This process shall repeat until the Individual Olympic Event is filled or the list of swimmers already on the Team has been exhausted.

(b) Under the rules of the Championships, a swimmer may swim in up to five (5) Individual Olympic Events. Any vacancies in an Individual Olympic Event caused by this limitation will be filled according to the procedures set forth in Section 4 of these Selection Procedures.

(c) If the best finishing Available Swimmer has achieved the A Time Standard in an Individual Olympic Event but the second best finishing Available Swimmer has not achieved the A Time Standard in that Individual Olympic Event either at the Qualifying Competition or at any other competition approved for that purpose by UANA from March 1, 2018 through April 30, 2019, then the second best finishing Available Swimmer will not swim in that Individual Olympic Event (and may not be Nominated to the Team – see Section 1.3.5), and the second spot will be filled according to the process set forth in this Section 1.3.9.

(d) If a Priority 2 swimmer fails to make the Team because the Team is full, then the swimmer already on the Team who has recorded the fastest time in that vacant Individual Olympic Event during the period from January 1, 2017- July 30, 2018 will serve as the replacement in that Individual Olympic Event, provided that he/she has achieved the A Time Standard in that Individual Olympic Event.

(e) If there is a vacancy in an Individual Olympic Event that arises on or after June 26, 2019, the replacement process set forth in Section 4 will be used to fill the vacancy in that Individual Olympic Event.

2. DISCRETIONARY SELECTION (if applicable)

2.1. Provide rationale for utilizing discretionary selection (if any):

N/A

- 2.2. List the discretionary criteria and explain how they will be used (if any):

No discretionary criteria will be used to select the Team.

Discretionary criteria will be used to select the swimmers, who have already been selected to the Team, for each relay at the Championships. See Section 1.3.9. for details.

- 2.3. Provide the name of the committee that will be responsible for making discretionary selections, along with a complete list of the members' titles currently serving on the committee:

See Section 1.3.9.

- 2.3.1. Specify the process that will be used to identify and handle any potential conflicts of interest involving a member of the committee.

In regards to relay selection, if the National Team Managing Director, Technical Advisor, or any of the Head Coaches or Assistant Coaches has a possible conflict of interest, he/she must disclose it. If such conflict exists, the selection committee member must recuse him/herself from committee discussions and voting. Further, the committee member should not otherwise influence other members of the committee in the selection process. However, a committee member who recused him/herself, but who has relevant and necessary information with respect to athlete performance, for example a national team coach or high performance director, may, if requested by the selection committee, provide such information to the committee so long as such information is provided in a fair and unbiased manner and the committee member who declared the conflict of interest does not vote toward the final decision.

3. REMOVAL OF ATHLETES

- 3.1. Prior to entry by name to the Local Organizing Committee by the USOC, USA Swimming has jurisdiction over potential nominees.

An athlete who is to be nominated to the Team by USA Swimming may be removed for any of the following reasons, as determined by USA Swimming:

- 3.1.1. Voluntary withdrawal. An athlete may choose to voluntarily withdraw from an Individual Olympic Event or the Team. Athlete must submit a written letter to USA Swimming's National Team Managing Director. An athlete considering withdrawal is strongly encouraged to submit the written withdrawal by May 1, 2019.

- 3.1.2. Injury or illness as certified by a physician (or medical staff) approved by USA Swimming. USA Swimming may remove an athlete who has an injury or illness, as certified by the approved Team physician, that is likely to keep him or her from competing at peak levels in the Championships. If an athlete refuses verification of his/her illness or injury by a physician (or medical staff) approved by USA Swimming, his/her injury will be assumed to be disabling and to keep him/her from competing at peak levels in the Championships, and he/she may be removed.
- 3.1.3. Failure to participate in Mandatory Training and/or Competition as defined in Section 9 of these procedures. An athlete may be removed if the National Team Managing Director, in consultation with the Head Coaches, the Technical Advisor, the USA Swimming Steering Committee Chairman and the USA Swimming Athletes' Vice Chair, determine that the swimmer is unable or unwilling to maintain a training regimen that is necessary for peak performance in the Championships. (See Attachment B, Team Participation and Commitment Agreement.)
- 3.1.4. Violation of USA Swimming Code of Conduct/ Honor Code (forms will be made prior to Nomination to the Team). Any swimmer may be dismissed from the Team at any time if the swimmer violates any of the applicable USOC, UANA, LIMA ORGANIZING COMMITTEE, USA Swimming or other rules and regulations applicable to the Team or its members, including without limitation applicable Codes of Conduct or Honor Codes.
- 3.1.5. If a swimmer is alleged to have committed an anti-doping rule violation, that swimmer shall remain on the Team (or remain eligible to be Nominated to the Team) until: (i) the swimmer is provisionally suspended or declared ineligible after a hearing conducted pursuant to the U.S. Anti-Doping Agency Protocol for Olympic Movement Testing or by FINA; (ii) the swimmer voluntarily accepts a provisional suspension or sanction of ineligibility; or (iii) the swimmer voluntarily withdraws from the Team or relinquishes eligibility to be Nominated to the Team.

An athlete who is removed from the Team, or an Individual Olympic Event or relay, or from eligibility to be Nominated to the Team, pursuant to this provision has the right to a hearing per the NGB's/HPMO's Bylaws (www.usaswimming.org), the USOC's Bylaws, Section 9 and the applicable anti-doping code/protocol before such removal or declaration of ineligibility.

- 3.2. Once athlete entries have been submitted to the Local Organizing Committee by the USOC, the USOC has jurisdiction over the Team, at which time, in addition to any applicable NGB/HPMO Code of Conduct and Honor Code, the USOC's Code of Conduct and Grievance Procedures apply. The USOC's Code of Conduct and Grievance Procedures can be found at:
<http://www.teamusa.org/Athlete-Resources/Athlete-Ombudsman/Resources/Code-of-Conduct>

- 3.3. An athlete may be removed as a nominee to the Team or from the Team for an adjudicated violation of IOC, PASO, IPC, WADA, IF, USADA and/or USOC anti-doping protocol, policies and procedures, as applicable.

4. REPLACEMENT OF ATHLETES

- 4.1. Describe the selection and approval process for determining replacement athlete(s) should a vacancy occur:

The pool of potential replacement athletes includes those individuals who meet the criteria set forth in this Section 4.

The next highest place Available Swimmers in each Individual Olympic Event will be considered a potential replacement athlete, provided that the Available Swimmer must satisfy the applicable A Time Standard or B Time Standard, as described in Section 1.3.5 and is subject to the limitation on the number of Relay-Only Swimmers as described in Section 1.3.6 and the limitations set on the size of the male or female Teams, as provided in Section 1.3.1, before he/she can be Nominated to the Team.

- 4.1.1. Prior to submission of entries by name to the Local Organizing Committee, including any applicable group or committee (prior to June 26, 2019):
- (a) If there is a vacancy in an Individual Olympic Event that occurs between the time of selection (on or before October 31, 2018) and the date of Nomination (July 26, 2019), USA Swimming cannot automatically add anyone to the Team without the written approval of the USOC, and possibly UANA, if an invitation is required.
 - (b) If the USOC approves, in writing, to the addition of a swimmer to the Team for an Individual Olympic Event by no later than entry deadline then the following procedure shall be used; however, **no swimmer who is already on the Team may be taken off the Team as a result of the application of this procedure:**
 - (1) Filling Vacant Event Positions in All Individual Olympic Events Other Than 100m and 200m Freestyle.

For all Individual Olympic Events except the 100m or 200m Freestyle events, if the Team is not full (fewer than eighteen (18) swimmers per gender) after a swimmer declines a position in an Individual Olympic Event for any reason, or Individual

Olympic Event positions otherwise become vacant, then the vacancy in any such Individual Olympic Event(s) shall be filled by the next fastest Available Swimmer in that Individual Olympic Event. If the next fastest Available Swimmer is already on the Team, and he/she agrees after consulting with the Head Coach and National Team Managing Director to swim in the additional Individual Olympic Event, then he/she shall serve as the replacement in that Individual Olympic Event. If he/she declines to swim in the additional Individual Olympic Event, then he/she shall not be considered an Available Swimmer for that Individual Olympic Event, and the next fastest Available Swimmer will be considered. If the next Available Swimmer is not already on the Team, then that swimmer will be selected according to Section 1.3.4. If adding the next Available Swimmer from each Individual Olympic Event left vacant would cause the Team to exceed the maximum number (eighteen (18) per gender), then those who qualify as the next fastest Available Swimmer in the Individual Olympic Events left vacant shall be ranked according to the procedure described in Section 1.3.9 (a). Those ranked highest according to that procedure shall be added to the Team in order until the Team reaches eighteen (18) per gender, and any remaining Individual Olympic Event vacancy will be filled from within the Team pursuant to Section 4.1.1.b.3 below.

(2) Filling Vacant Positions in 100m or 200m Freestyle with Team Vacancy.

If a vacancy occurs in the 100m or 200m Freestyle Individual Olympic Event, the next highest Available Swimmer already on the Team will compete in the Individual Olympic Event, provided that he/she has satisfied the A Time Standard (and the highest-finishing Available Swimmer has also met the A Time Standard) as well as any other applicable requirements set forth in these Selection Procedures, and no additional swimmer will be added to the Team. If the vacancy occurs due to the withdrawal of a Relay-Only Swimmer, then a replacement will be selected according to the procedures set forth in Section 4.1.1.b.4 below.

(3) Filling Vacant Event Position with No Team Vacancy.

If the Team is still full (eighteen [18] per gender) after the withdrawal from an Individual Olympic Event, the vacancy in

any Individual Olympic Event(s) will be filled by an Available Swimmer already on the Team. First priority will be given to the next highest place finisher at the Qualifying Competition. If no swimmer already on the Team swam the Individual Olympic Event at the Qualifying Competition, then the Available Swimmer on the Team with the highest World Ranking in the Individual Olympic Event will be selected; provided, however, that the replacement swimmer must agree, after consulting with the Head Coach and National Team Managing Director, to compete in the additional Individual Olympic Event. If the replacement swimmer does not agree to swim in the additional Individual Olympic Event, then this process will repeat until the vacant Individual Olympic Event is filled.

(4) Relay-Only Swimmer vacancy.

If the vacancy occurs because a Relay-Only Swimmer is no longer on the Team or withdraws from a position in a relay event, then the following procedure will be used:

- (a) If there is a vacancy available for a Relay-Only Swimmer pursuant to Sections 1.3.1 and 1.3.6 above, then the next best finishing Available Swimmer from the Individual Olympic Event in which the vacating swimmer qualified for the Team will be added to the Team. For example, if only one Relay-Only Swimmer, per gender, was on the Team, and if the next best place finisher in the 100m freestyle were to leave the Team, then the next best place finisher in the 100m freestyle would be added to the Team, provided that he/she is an Available Swimmer.
- (b) If there are no vacancies available for Relay-Only Swimmers pursuant to Sections 1.3.1 and 1.3.6 above, then no swimmers will be added to the Team.

4.1.2. After submission of Entries by Name to the Local Organizing Committee, including any applicable group or committee:

After June 27, 2019, no swimmers will be added to the Team, and the Available Swimmer already on the Team who has recorded the fastest time in a vacant Individual Olympic Event during the period from March 1, 2018, through April 30, 2019, will serve as the replacement in that Individual Olympic Event; provided, however, that the replacement must agree, after consulting with the Head Coach and National Team Managing Director, to

compete in the vacant Individual Olympic Event. If the replacement does not agree to swim in the vacant Individual Olympic Event, then this process will repeat until the vacant Individual Olympic Event is filled.

5. SUPPORTING DOCUMENTS

USA Swimming will retain the approved Selection Procedures and all supporting documents and data from the selection process for six months past the date of the Closing Ceremony of the Games.

6. REQUIRED DOCUMENTS

In addition to the USOC Code of Conduct, and USA Swimming documents are required to be signed by an athlete as a condition of Nomination to the Championships:

Forms will be made available prior to Nomination

7. PUBLICITY/DISTRIBUTION OF PROCEDURES

The USOC approved Selection Procedures (complete and unaltered) will be posted/published by the USA Swimming in the following locations:

7.1. NGB/HPMO Web site: www.usaswimming.org

These procedures will be posted as soon as possible, but not more than five business days following notice of approval by the USOC.

8. DATE OF NOMINATION

The Nomination of Athletes form, including replacements, will be announced to all athletes and submitted to the USOC on or before:

June 26, 2019

9. MANDATORY TRAINING AND/OR COMPETITION

Specify the location, schedule and duration of mandatory training and/or competition:

<u>Event</u>	<u>Date</u>	<u>Site</u>
Depart US	Aug 1	
International Training	Aug 2-5	Lima, Peru
Competition	Aug 6-10	Lima, Peru
Return home	August 11	

10. ANTI-DOPING REQUIREMENTS

Athletes must adhere to all IOC, IPC, PASO, WADA, IF, USADA and USOC anti-doping protocols, policies and procedures, as applicable. This includes participation in Out-of-Competition Testing as required by the IOC, IPC, PASO, WADA, IF, USADA and USOC Rules, as applicable.

11. DEVELOPMENT OF SELECTION PROCEDURES

The following committee/group (include names and titles) was responsible for creating these Selection Procedures:

Lindsay Mintenko, National Team Managing Director, USA Swimming
Natalie Coughlin, USOC Athletes’ Advisory Council Representative for USA Swimming
Lucinda McRoberts, General Counsel & VP Business Affairs, USA Swimming
Mike Unger, VP & Chief Operating Officer, USA Swimming

12. NGB/HPMO BYLAWS AND GRIEVANCE PROCEDURES

The USA Swimming Bylaws and Grievance Procedures can be found at:
www.usaswimming.org

13. INTERNATIONAL DISCLAIMER

These procedures are based on IOC, IPC, PASO, as applicable, and/or FINA, UANA, USOC, LIMA ORGANIZING COMMITTEE rules and regulations as presently known and understood. Any change in the selection procedures caused by a change in IOC, IPC, PASO, as applicable, and/or FINA, UANA, USOC, LIMA ORGANIZING COMMITTEE rules and regulations will be distributed to the affected athletes immediately. The selection criteria are based on the latest information available to USA Swimming. However, the selections are always subject to unforeseen, intervening circumstances, and realistically may not have accounted for every possible contingency.

If any force of nature, or force majeure, should cause the alteration or cancellation of any of the selection events listed in this document, these selection procedures will be revised, pursuant to their resubmission to the USOC.

The terms and conditions of these written Selection Procedures shall take priority over any verbal explanation, clarification or interpretation of the Selection Procedures, and an athlete relies on a verbal explanation, clarification or interpretation of these Selection Procedures at his or her sole risk. Any request or question that would involve a formal clarification or interpretation of these Selection Procedures, or that would address an issue not otherwise covered in these Selection Procedures, should be submitted to the National Team Managing Director at USA Swimming in writing by no later than June 1, 2018, and the response to such

request by USA Swimming must be provided in writing and, where appropriate, must be published promptly on the USA Swimming website. Any change to these Selection Procedures must first be approved by the USOC.

An athlete who is Nominated to the Team by virtue of an error or oversight by USA Swimming may be removed from the Team at any time.


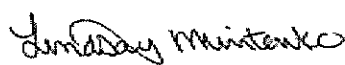
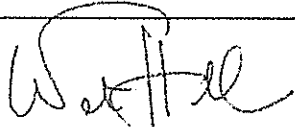
14. ATHLETE OMBUDSMAN

Athletes who have questions regarding their opportunity to compete that are not answered by USA Swimming may contact the USOC Athlete Ombudsman, Kacie Wallace, by:

- Telephone at (719) 866-5000
- Email at Kacie.wallace@usoc.org
- <http://www.teamusa.org/Athlete-Resources/Athlete-Ombudsman>

15. NGB/HPMO SIGNATURES

I certify that I have read and understand the standards/criteria set by our IF and/or CF (PAG/PPAG only) and incorporated those standards/criteria into our Selection Procedures. I further certify that the information provided herein regarding Athlete Selection Procedures represents the method approved by USA Swimming.

Position	Print Name	Signature	Date
NGB/HPMO President or CEO/Executive Director	Tim K. Hinkley		5-17-18
Nat. Team Coach, Head Coach, or Nat Program Director	Lindsay Mintenko		5-17-18
USOC Athletes' Advisory Council Representative*	Natalie C. Hall		May 15, 2018

* If the USOC AAC Representative has delegated authority to the Alternate AAC Representative to sign the Selection Procedures, attach a letter from the AAC Representative indicating the reason he/she has delegated authority.

* Signature by the Athlete Representative constitutes that he/she has read and understands the Selection Procedures. If the Athlete Representative reads and does not agree with the Athlete Selection Procedures being submitted by the NGB/HPMO, he/she may submit those reasons in writing to his/her Sport Performance Team.

* If, for some reason, a sport does not have an elected USOC AAC Representative, the NGB/HPMO must designate an athlete from that sport to review and sign the Selection Procedures.

Attachment A
UANA Qualification System

SWIMMING





SWIMMING

Events	
Men (16)	Women (16)
50m freestyle	50m freestyle
100m freestyle	100m freestyle
200m freestyle	200m freestyle
400m freestyle	400m freestyle
1,500m freestyle	800m freestyle
100m backstroke	100m backstroke
200m backstroke	200m backstroke
100m breaststroke	100m breaststroke
200m breaststroke	200m breaststroke
100m butterfly	100m butterfly
200m butterfly	200m butterfly
200m individual medley	200m individual medley
400m individual medley	400m individual medley
RELAY	RELAY
4 x 100m freestyle relay	4 x 100m freestyle relay
4 x 200m freestyle relay	4 x 200m freestyle relay
4 x 100m medley relay	4 x 100m medley relay
Mixed Gender Relays (2)	
4 x 100m freestyle relay	
4 x 100m medley relay	

Quota

The athlete quota for swimming is 350

Quota per NOC	
Men	18
Women	18
Total	36

Quota per event per NOC	
Individual events	2
Relay events	1 team of 4

These athletes must all have qualified according to the system described below.

Athlete Eligibility

Athletes must have signed and submitted the Athlete Eligibility Condition Form.



Qualification System

Qualification period: March 1st, 2018– April 30th, 2019. **

**The following competitions being held outside of the stated qualification date range are also specifically approved for qualification: 2017-Central American Games, Managua, Nicaragua, 2018-UANA Swimming Cup, Coral Springs, Florida.

As Host Country, Peru automatically will qualify 18 male and 18 female competitors.

Each National Olympic Committee (NOC) may use proven swim times attained during the qualification period of those swimmers who have met the qualifying standards established by the Union Americana de Natación (UANA) for Lima 2019 Pan American Games at a competition recognized by the Federation Internationale de Natation (FINA) from the official list of approved qualifying competitions for the 18th FINA World Championships, Gwangju, Korea.

The priority order for qualification and selection into the Pan American Games will be:

1. All athletes who have achieved an “A” time standard (see chart on page 5) will be invited to compete. For any NOC to enter two athletes in an individual event, both athletes from that NOC must have equaled or bettered the “A” time standard in that event.
2. Universality athletes will be invited to compete. The universality rule applies to those NOCs that do not have athletes with either an “A” or “B” qualifying time, or NOCs that have no athletes selected for the LIMA 2019 Pan American Games through the online selection process. These NOCs are entitled to have one male and/or one female athlete entered in the Pan American Games. Universality athletes will be selected separately by gender.

An NOC that has qualified one swimmer with either an ‘A’ or ‘B’ standard time and has been invited to compete, that NOC through the universality system may enter another swimmer of opposite gender through the UANA OME system.

3. Relay-only athletes will be invited to compete. NOCs entering relay teams may enter a maximum of two relay-only athletes per gender, as part of their team. Relay-only athletes will be considered as part of the per-team quota of 18 men and 18 women.
4. Athletes who have achieved a “B” time standard (see chart on page 5) will be invited to compete until the quota of athletes for the LIMA 2019 Pan American Games is met. If more than 26 spaces remain after the addition of ‘A’ qualifiers, ‘B’ standard athletes will be selected by adding the next fastest B standard athlete to each event until less than 26 quota spots remain. Additional ‘B’ athletes will then be added one at a time to individual events based on FINA point rankings until the quota of athletes has been achieved.

If an NOC has an athlete with “B” qualifying standard, but that athlete is not invited to compete, then that NOC may be permitted to enter athletes via the universality rule (step 2, above).

Under the universality rule, each NOC is guaranteed an entry of one male and/or one female athlete, each of whom may enter a maximum of three individual events, without having a qualifying time for any event. Should an NOC not qualify any athletes during the selection process, it must identify which athletes are to be considered for the universality positions within the online meet entry system (OME). An NOC that enters universality athletes at the LIMA 2019 Pan American Games is not eligible to enter mixed gender relays and therefore cannot enter relay-only athletes.



Once a swimmer has qualified in at least one individual event and has been invited to the LIMA 2019 Pan American Games as an “A” or “B” athlete, that athlete may enter and swim other individual events up to a maximum of five individual events, without having a qualifying time in those other events, provided that NOC has an opening in that specific event. The rule of maximum of two entries per event per NOC still applies, and these athletes cannot enter an event that already has one athlete from that NOC in that event (unless both athletes have “A” qualifying times in that event).

These additional events must be entered during the OME process described in this document, and no additional event entries will be allowed after the entry deadline.

Relays

Each NOC may enter one team in each relay event, provided it has at least two athletes with “A” or “B” standards that have been invited to compete in the LIMA 2019 Pan American Games. Each NOC will be allowed a maximum of two relay-only swimmers per gender. All other relay participants must be entered in at least one individual event. Relay-only athletes are only eligible to swim in the relay(s) and will not be permitted to swim in any individual events. A relay only athlete must participate in at least one relay.

Relay-only swimmers entered into the Pan American games must swim either in the heat or final of a relay event. Should a relay-only swimmer not compete, this will lead to the disqualification of the respective team. Further, if a relay-only swimmer does not compete in the heats of a relay in which the NOC fails to qualify for the finals, the relay will be disqualified. If a relay-only swimmer could swim in multiple relays, but does not compete in any for which he/she is eligible, the final relay for which he/she was eligible will be the relay that is disqualified.

If a relay-only swimmer is medically unable to compete, they may be excused from the requirement to participate in a relay. A member of the PASO Medical Commission or their Designee will be present at heats and finals and will be the independent physician empowered to make decisions about relay-only athlete participation.

The composition of a relay team may be changed between the heats and final of an event. An NOC that enters universality athletes at the LIMA 2019 Pan American Games is not eligible to enter mixed gender relays and therefore cannot enter relay-only athletes.

UANA Online Meet Entry System

Swimming entries to the LIMA 2019 Pan American Games will first be processed by UANA through its OME system. UANA will provide each NOC with an OME system username and password and an OME users’ guide (English and Spanish) for the LIMA 2019 Pan American Games. This information will be distributed on January 15th, 2019.

The OME entry system opens at 12 noon (CT) on February 14th, 2019 and closes at 23:59 (CT) on May 16th, 2019.

Confirmation of Quota Places

UANA will notify PASO and all NOCs by June 24th as indicated in the timetable below of athletes who have been selected to compete in the LIMA 2019 Pan American Games.



2020 Olympic Qualification

The swimming competition at the LIMA 2019 Pan American Games will serve as a qualifying event for the Tokyo 2020 Olympic Games.

Timeline	
March 1 st , 2018 ***	Qualification period begins
January 15 th , 2019	UANA online meet entry user guide, username and password available
February 14 th , 2019	UANA online meet entry opens at uana-aquatics.org
February 14 th , 2019	Tutorial for online meet entry, available in English and Spanish
April 26 th , 2019	Lima2019 entry by number deadline.
April 30 th , 2019 ****	Qualification period ends
May 16 th , 2019	UANA online meet entry closes at 23:59 (CT)
May 24 th , 2019	UANA invites universality athletes
May 30 th , 2019	NOCs confirm to UANA the participation of universality athletes
May 31 st , 2019	UANA sends invitations to NOCs
June 7 th , 2019	NOCs confirm to UANA which eligible athletes will be entered in the LIMA 2019 Pan American Games
June 13 th , 2019	UANA to update list of athletes participating in the LIMA 2019 Pan American Games
June 14 th , 2019	UANA sends invitations to NOCs for athletes not previously invited on May 31 st .
June 17 th , 2019	NOCs confirm to UANA the participation of athletes invited on June 14 th .
June 24 th , 2019	UANA online meet entry system complete with swimmer lists and entries per event
June 26 th , 2019	Lima2019 entry by name deadline.

***The following competitions being held outside of the stated qualification date range are also specifically approved for qualification. 2017-Central American Games, Managua, Nicaragua, 2018-UANA Swimming Cup, Coral Springs, Florida.

****The qualification period will end the last day of the qualification period for the 18th FINA World Championship, Gwangju, Korea but not later than April 30th, 2019.



Qualification Standards

Women		
Length of race	"A" time standard	"B" time standard
50m freestyle	25.89	27.44
100m freestyle	56.56	59.95
200m freestyle	2:03.55	2:10.96
400m freestyle	4:16.91	4:32.33
800m freestyle	8:50.99	9:24.97
100m backstroke	1:03.36	1:07.17
200m backstroke	2:18.45	2:26.76
100m breaststroke	1:11.11	1:15.38
200m breaststroke	2:34.43	2:43.79
100m butterfly	1:01.25	1:04.93
200m butterfly	2:14.13	2:22.19
200m individual medley	2:19.99	2:28.92
400m individual medley	4:57.99	5:17.99

Men		
Length of race	"A" time standard	"B" time standard
50m freestyle	22.68	24.07
100m freestyle	49.80	52.79
200m freestyle	1:49.66	1:56.24
400m freestyle	3:54.44	4:08.51
1,500m freestyle	15:43.36	16:39.97
100m backstroke	56.49	59.99
200m backstroke	2:02.89	2:10.26
100m breaststroke	1:02.26	1:06.00
200m breaststroke	2:17.52	2:25.79
100m butterfly	53.73	56.95
200m butterfly	2:00.54	2:07.77
200m individual medley	2:04.43	2:11.90
400m individual medley	4:27.69	4:43.79

Attachment B
USA Swimming Forms – Team Participation and Commitment

USA SWIMMING

2019 PAN AMERICAN GAMES TEAM PARTICIPATION AND COMMITMENT

I agree to abide by the Pan American Games Team USA Swimming Athlete Selection Procedures, Pan American Games Team competition requirements, competition protocols, the Honor Code and the USA Swimming Code of Conduct.

I agree to fully commit to a comprehensive training program designed for a competitive performance at the 2019 Pan American Games. If for any reason I become unable to fulfill this commitment, I will immediately notify the National Team Managing Director.

I understand that I may be removed from the 2019 Pan American Games Team if circumstances interfere with my preparation for peak performance.

I give USA Swimming National Team Division permission to give out my contact information for Pan American Games Team Staff use:

_____ Yes _____ No

I give USA Swimming National Team Division permission to give out my contact information for internal USA Swimming Staff use: _____ Yes _____ No

_____ Signature _____ Printed
Name _____ Date

If under 18:

_____ Parent Signature _____ Parent Printed
Name _____ Date