



# AARON DAHL

## ST JOHN'S LEGENDS HEAD COACH

The Board of Directors of the St. John's Legends Swim Club is very pleased to announce that Aaron Dahl will be joining the Legends in September of 2013 as Director of Swimming and Head Coach. Aaron is a well known and highly qualified Swim Coach with a resume that is very impressive. He is highly regarded in Canada's Swimming community as one of Canada's leading age group coaches. Aaron has made a life decision to move to St. John's where he will become the Director of Swimming and Head Coach of our club. He will be joined by our Assistant Head Coach from Sudbury, Liam Wilson who will begin with Legends in late May, and our many dedicated part-time coaches.

Throughout the last two weeks, our Board has become very familiar with Aaron's capabilities, his past successes and his level of commitment to swimming. We are proud of the program that we have created over many years that has allowed us to attract a coach of this calibre. Aaron will lead our program into the future. He will also coach Memorial Seahawks Varsity Swim Team, a partnership which is well established and mutually beneficial.

Aaron's recent club experience includes positions of Head Coach and Associate Director of Swimming with Victoria Amateur Swimming Club, Assistant Coach with Victoria Academy of Swimming, Head Coach and Director of Swimming with Campbell River Killer Whales Swimming Club. Aaron is well known for the growth and success of the Campbell River Club which grew from 33 members in 2002 to 165 members in 2008. During his time at Campbell River, along with developing the club and many swimmers, he developed Alec Page, who competed at the London Olympic Games in 2012.

Aaron will be coming to St. John's from May 29-June 1 to visit and will meet the swimmers during LC Champs.

### Aaron's Career Highlights (so far):

#### Awards and Recognition

- August 2007 - Womens coach, TEAM BC, Western Canada Games, Sherwood Park, AB
- August 2008 - 14 & Under Boys Coach, TEAM CANADA, North American Challenge Cup, Edmonton, AB
- August 2009 - 16 & Under Boys Coach, TEAM CANADA, North American Challenge Cup - La Mirada, CA
- August 2009 - Selected Coach, TEAM BC, Canada Summer Games, Charlottetown, PEI
- January 2010 - Youth Boys Coach, TEAM CANADA, New South Wales State Champs and Australian Tour
- August 2011 - Selected Coach, TEAM CANADA, FINA Junior World Championships, Lima, Peru
- May 2012 - Men's coach, TEAM CANADA, Mare Nostrum Junior Tour, Barcelona, Spain & Canet, France
- September 2009 to 2012 - Member of SWIM BC Technical Advisory Committee
- September 2011 - SWIM BC 17 & Under Coach of the Year
- November 2011 - SWIMMING CANADA Youth Male Coach of the Year
- November 2012 - SWIMMING CANADA Youth Male Coach of the Year
- November 2012 - SWIMMING CANADA Junior Male Coach of the Year
- Multiple Speedo Domestic Excellence Award Winner
- Coach of Multiple Senior and Age Group National Champions
- Coach of Multiple BC Provincial Records and 15-17 boys National Age Group Records, including 2012 Olympian Alec Page