

2013 WASHINGTON METROPOLITAN INTERSCHOLASTIC SWIMMING AND DIVING CHAMPIONSHIPS

Results

#1 Boys 200 Yard Medley Relay

METROS: 1:33.77M 2012 Good Counsel

B Welch, E Garfield, J Conger, R Edmunds

MCPS: 1:37.44C WJ 2001 CH 2011

Ras,Kaufman,Raab,Emilio;Cole,Stanhope,Xiao,Asbury

Pool Record: 1:28.91P 2011 Boston University

B Kallert, K Ernst, M Rickett, D Kempf

1:34.85 AAAU

1:36.56 AAAC

Team	Relay	Finals Time
A - Final		
1 GC		1:32.68MAAAU
Welch, Brady JR		Mercer, Leo SR
Conger, Jack SR		Colket, Matt SR
24.71	26.21	20.13 21.63
2 PREP		1:34.75C AAAU
Goldstein, Brandon SO		Vissering, Carsten SO
Berry, Kevin FR		Lin, Adrian SO
24.59	24.91	23.96 21.29
3 TSW		1:36.98C
Gibson, Andrew JR		Dickey, Austin SR
Gibson, Matt SR		Yook, Daniel SO
25.33	25.36	23.72 22.57
4 MTB		1:37.52
Lin, Eric JR		Hammond, Lukas JR
Foster, Jack SR		Thomas, Michael JR
25.86	27.07	22.87 21.72
5 QO		1:37.91
Wang, Alvin JR		Liu, Jeremy SR
Mann, Andrew JR		Engel, Jake SR
25.24	26.35	24.48 21.84
6 GONZ		1:38.01
Baker, Ryan FR		O'Hara, Paul SR
Ashkin, Jase FR		Lichtenfels, William SR
25.12	26.48	24.63 21.78
7 RMT		1:39.72
Menguy, Hugo JR		Din, Matthew SR
Song, Gregory JR		Liu, Anatol JR
25.64	27.45	23.95 22.68
8 WWH		1:39.97
Sullivan, Mike SO		Scordato, Patrick SR
Janezich, John JR		Mooers, John JR
32.72	21.27	24.39 21.59
9 DEM		1:41.14
Henderson, Clifford SR		Sheerin, Patrick SR
Gonzalez, Noah SO		Mion, Nicholas SR
26.10	28.05	24.77 22.22
10 BCC		1:46.99
Hedlund, Justin SO		Hogan, David SR
Fritz, Wyatt FR		Arias, Paulo FR
27.28	29.33	26.18 24.20
B - Final		
11 WAJ		1:42.32
Arcaz, Arthur SR		Zucker, Jacob SO
Orsak, James SR		Ellett, Robert JR
26.03	28.55	25.00 22.74

12 JHB		1:42.52
Latona, Andrew SR		Jaffe, Sam SR
Camp, Cory SR		Kenny, Matthew FR
25.83	29.42	24.23 23.04
13 CLK		1:43.77
Chuang, Matthew FR		Qian, Andrew SR
Guo, Justin JR		Kiehl, Joshua SR
27.46	28.59	25.61 22.11
14 SPB		1:43.93
Hisnanick, James SO		Sukachevin, Kohler JR
Stradley, Jimmy SR		Bauer, Travis JR
27.50	27.65	25.75 23.03
15 WCH		1:44.24
Mackey, Colin SO		Richardson, Mark JR
Kirks, Matthew JR		McGuire, Jack JR
27.08	28.83	24.94 23.39
16 WIL		1:44.85
Miller, Timothy SO		Ross, Marques FR
Kacapor, Ersin FR		Fosburgh, Pieter
25.01	29.98	26.97 22.89
17 EIN		1:44.95
Coyne, Jackson SO		Lewis, Rory SO
Johnson, Duncan JR		DeWaal, Ethan JR
29.54	27.53	24.00 23.88
18 STA		1:45.14
Johnson, Nathan 16		Flood, James 16
Clare, Matthew 14		Merley, Connor 13
26.94	29.81	25.01 23.38
19 NWM		1:45.55
Caverly, Robert SR		Hsieh, Jeffery SR
Brown IV, EJ JR		English, Braidon JR
26.45	30.06	25.82 23.22
20 POO		1:47.05
An, William SO		McCarty, Jack JR
Kim, Anthony SO		Rubenstein, Jake SR
26.91	30.42	26.48 23.24

#1 Boys 200 Yard Medley Relay

METROS: 1:33.77M 2012 Good Counsel

B Welch, E Garfield, J Conger, R Edmunds

MCPS: 1:37.44C WJ 2001 CH 2011

Ras,Kaufman,Raab,Emilio;Cole,Stanhope,Xiao,Asbury

Pool Record: 1:28.91P 2011 Boston University

B Kallert, K Ernst, M Rickett, D Kempf

1:34.85 AAAU

1:36.56 AAAC

Team	Relay	Prelim Time
Preliminaries		
1 PREP		1:36.18C qAAAC
Goldstein, Brandon SO		Vissering, Carsten SO
Berry, Kevin FR		Lin, Adrian SO
24.60	25.74	23.78 22.06
2 GC		1:37.10C q
Welch, Brady JR		Mercer, Leo SR
Conger, Jack SR		Colket, Matt SR
25.58	28.30	20.99 22.23

3 MTB		1:38.68 q
Lin, Eric JR		Hammond, Lukas JR
Foster, Jack SR		Thomas, Michael JR
27.01	26.91	22.69 22.07
4 QO		1:38.69 q
Wang, Alvin JR		Liu, Jeremy SR
Mann, Andrew JR		Engel, Jake SR
25.91	26.47	24.76 21.55
5 TSW		1:38.74 q
Gibson, Andrew JR		Dickey, Austin SR
Gibson, Matt SR		Yook, Daniel SO
25.64	25.72	24.64 22.74
6 RMT		1:39.61 q
Menguy, Hugo JR		Din, Matthew SR
Song, Gregory JR		Liu, Anatol JR
26.06	27.13	23.87 22.55
7 GONZ		1:40.03 q
Baker, Ryan FR		O'Hara, Paul SR
Ashkin, Jase FR		Lichtenfels, William SR
25.30	27.59	24.74 22.40
8 DEM		1:40.32 q
Henderson, Clifford SR		Sheerin, Patrick SR
Gonzalez, Noah SO		Mion, Nicholas SR
25.78	27.73	24.67 22.14
9 WWH		1:41.07 q
Sullivan, Mike SO		Scordato, Patrick SR
Janezich, John JR		Mooers, John JR
26.53	28.65	24.26 21.63
10 BCC		1:41.69 q
Rios, Jorge SR		Hogan, David SR
Baird, Graham JR		Greenhalgh, Andrew SR
26.19	28.74	23.62 23.14
11 WAJ		1:43.16 q
Arcaz, Arthur SR		Zucker, Jacob SO
Orsak, James SR		Ellett, Robert JR
26.25	28.22	25.58 23.11
12 STA		1:43.24 q
Johnson, Nathan 16		Flood, James 16
Clare, Matthew 14		Merley, Connor 13
26.37	28.70	25.11 23.06
13 JHB		1:43.86 q
Latona, Andrew SR		Jaffe, Sam SR
Camp, Cory SR		Kenny, Matthew FR
26.57	29.21	24.65 23.43
14 WCH		1:44.48 q
Mackey, Colin SO		Richardson, Mark JR
Tran, Calvin JR		Soevik, Njord JR
27.06	28.87	25.45 23.10
15 SPB		1:44.90 q
Hisnanick, James SO		Sukachevin, Kohler JR
Stradley, Jimmy SR		Bauer, Travis JR
27.70	27.93	25.95 23.32
16 WIL		1:45.12 q
Miller, Timothy SO		Ross, Marques FR
Kacapor, Ersin FR		Fosburgh, Pieter
25.15	30.62	25.72 23.63

2013 WASHINGTON METROPOLITAN INTERSCHOLASTIC SWIMMING AND DIVING CHAMPIONSHIPS

Results

Preliminaries ... (#1 Boys 200 Yard Medley Relay)

17 CLK	1:45.21	q
Chuang, Matthew FR	Qian, Andrew SR	
Guo, Justin JR	Kiehl, Joshua SR	
28.35	28.22	26.60
22.04		
18 POO	1:45.60	q
An, William SO	Sekar, Ashwin JR	
McCarty, Jack JR	Kim, Anthony SO	
33.59		23.18
19 EIN	1:45.96	q
Coyne, Jackson SO	Lewis, Rory SO	
Johnson, Duncan JR	DeWaal, Ethan JR	
30.70	27.05	23.87
24.34		
20 NWM	1:46.39	q
Caverly, Robert SR	Hsieh, Jeffery SR	
Brown IV, EJ JR	English, Braidon JR	
26.58	30.58	26.34
22.89		
21 SJC	1:46.92	
Gillespie, Thomas FR	Mackenzie, Kevin JR	
Bertozzi, Luca FR	Rurka, John SR	
27.81	27.51	28.50
23.10		
22 SEV	1:48.49	
Von Heeringen, Austin JR	Epstein, Jordan SR	
O'Connor, Reily JR	Knopf, Nicholas SO	
26.93	31.80	25.59
24.17		
23 CZM	1:49.41	
Reed, Hunter FR	Waters, John SR	
Mannella, Nicholas SR	Evantanto, Azevedo SO	
29.38	29.57	26.39
24.07		
24 BEARS	1:49.89	
Kopp, Jeff	Baker, David	
Lundelius, Trey	Kulp, Greg	
27.05	32.60	26.75
23.49		
*25 SHE	1:51.03	
Lee, Thomas JR	Witkin, Alex JR	
Kong, Austin SO	Braker, Andrew SR	
35.62	25.73	49.68
*25 BU	1:51.03	
Gutman, Tyler SO	Barpoulis, Nick SR	
Bramson, Max SR	Sussman, Nick JR	
27.06	30.55	28.19
25.23		
27 PVI	1:52.08	
Herbert, David FR	Deeley, Jake FR	
Morrissey, John SR	Gormley, Connor SR	
28.66	32.73	26.81
23.88		
28 WTM	1:53.47	
Orban, Peter FR	Zuniga, Jonathan JR	
Villanueva, Josh JR	Campbell, Richard SO	
28.26	32.77	27.92
24.52		
29 GHS	1:53.74	
Hedquist, Pat FR	Mazhari, Arsome SR	
Ado, Jacob SR	Valencia, Matthew JR	
29.97	31.13	25.39
27.25		

30 JFK	1:54.45	
Bowrin, Thomas 10	Girguis, Mark 10	
Frizzell, Trent 11	Ruppert, Connor 9	
	28.35	26.36
31 GDS	1:56.64	
Pavlakis, Alex JR	Fitzgerald, Kyle JR	
Callander, Scott SO	Foley, Chris FR	
27.52	36.41	25.62
27.09		
32 DHS	1:56.73	
Whitmeyer, Brady FR	Merlino, Garrett JR	
Tabor, Joseph SR	Maggio, Tyler FR	
30.04		26.61
33 ROC	1:58.55	
VanGieson, Bryan SR	Rivera, Jake SO	
Barr, Vincent SR	Baldwin, John JR	
	28.04	24.89

#2 Girls 200 Yard Medley Relay

METROS: 1:43.51M 2006 Good Counsel

K Kyle, C Haase, L Kemp, M Waters

MCPS: 1:46.74C 2010 Walt Whitman

V Kuhn, R Tong, D Schulkin, C Meyer

Pool Record: 1:41.70P 2011 University of New Ham

A Perrault, A Nahin, L McCandless, S Reed

1:46.54 AAAU

1:48.60 AAAC

Team	Relay	Finals Time
A - Final		
1 TSW		1:45.21C AAAU
Li, Kristina JR	Chen, Jessica JR	
Sun, Scarlett JR	Zhang, Emily SO	
25.83	29.68	25.99
23.71		
2 WWH	1:46.86	AAAC
Meyer, Charlotte SR	Gould, Audrey SR	
Kellett, Halie SR	Kannan, Sarah JR	
26.78	28.51	27.53
24.04		
3 SHE	1:47.17	AAAC
Conrad, Megan SR	Hockman, Amy JR	
Hill, Morgan FR	Kolanowski, Anna SR	
27.41	31.45	25.14
23.17		
4 SR	1:49.13	
Garcia, Laura JR	Kronfli, Natalie SR	
Haley, Kelleigh FR	Ledecky, Kathleen SO	
29.21	30.89	26.08
22.95		
5 WCH	1:50.80	
Lindsey, Hannah FR	Gelbaugh, Elizabeth SO	
Andrews, Emily JR	Wright, Kathryn FR	
26.04	32.38	27.01
25.37		
6 SJC	1:52.07	
Kirsch, Sydney FR	Luigard, Claire FR	
Osborne, Kara SR	Bogart, Isabel FR	
28.43	31.11	27.18
25.35		
7 POO	1:52.63	
Knapp, Lindsay SO	Hanson, Diana SR	
Dahlin, Katie SO	Vaules, Sayaka FR	
30.44	30.26	26.39
25.54		

8 WAJ	1:52.97	
Horikawa, Natsumi JR	Cirillo, Melanie SO	
Ship, Hannah SO	Kuvan, Sophia JR	
27.76	32.50	28.14
24.57		
9 NWM	1:53.06	
Dai, Grace SR	Kaplan, Zoe JR	
Marcus, Sara SR	Marcus, Sophie SR	
	28.13	25.45
10 RMT	1:54.09	
Han, Sherril SO	Dickerson, Brittany SR	
Sherman, Ellie SO	Nguyen, Michelle JR	
28.92	32.44	27.12
25.61		
B - Final		
11 GV	1:54.09	
Gray, Megan SR	Burke, Molly FR	
Allen, Sarah SR	Burke, Bridie JR	
28.56	34.23	27.94
23.36		
12 HA	1:54.96	
Raynor, Emma JR	Jubin, Isabelle SO	
Cohen, Nina SR	McKinney, Halsey JR	
28.91	32.23	28.10
25.72		
13 CHC	1:54.97	
Drummond, Olivia	Popera, Alexa SO	
Overly, Anne FR	O'Berry, Caitlyn FR	
30.12	31.27	27.86
25.72		
14 GC	1:55.60	
Ryan, Margarita FR	Urban, Natalie JR	
Cleary, Katherine SR	way, Andi SO	
28.35	34.09	26.98
26.18		
15 MTB	1:56.84	
Yu, Rona FR	Olsson, Anna FR	
Lathrop, Emily SR	Arai, Jennifer SR	
36.14	27.25	27.35
26.10		
16 PVI	1:57.59	
Mastracchio, Nicole JR	Neubig, Theresa SO	
Merrill, Emma JR	Neubig, Kathleen SR	
30.84	33.09	25.78
27.88		
17 SID	1:59.52	
St. John, Mary	Wilson, Megan	
Kulikowski, Tess	Abeles, Elizabeth	
31.01	32.74	29.51
26.26		
18 QO	1:59.77	
Spivey, Lillie SO	Cantrell, Alexandra SR	
Chulock, Meghan SO	Valenti, Ellie SO	
30.93	33.00	29.67
26.17		
19 BCC	2:00.59	
McGuire-Wien, Eleanore F	Fry, Abby SO	
Ockenhouse, Sarah FR	Martin, Sophia SR	
29.96	35.04	28.72
26.87		
20 GDS	2:02.87	
Bergman, Meredith SO	Bailar, Schuyler JR	
Mayer, Morgan FR	Smulson, Hannah FR	
34.64	29.33	31.05
27.85		

Results

1:48.60 AAAC

12	GV			1:56.79	q
	Gray, Megan SR			Burke, Molly FR	
	Allen, Sarah SR			Burke, Bridie JR	
	29.23	34.79		52.77	
13	MTB			1:56.83	q
	Yu, Rona FR			Olsson, Anna FR	
	Lathrop, Emily SR			Arai, Jennifer SR	
	34.09	29.46		27.32	25.96
14	GC			1:57.06	q
	Ryan, Margarita FR			Urban, Natalie JR	
	Cleary, Katherine SR			way, Andi SO	
	28.45	34.63		27.85	26.13
15	CHC			1:57.29	q
	Drummond, Olivia			Popera, Alexa SO	
	Overly, Anne FR			O'Berry, Caitlyn FR	
	30.68	31.68		28.64	26.29
16	PVI			1:59.62	q
	Mastracchio, Nicole JR			Neubig, Theresa SO	
	Merrill, Emma JR			Neubig, Kathleen SR	
	31.10	33.57		26.58	28.37
17	SID			2:00.00	q
	St. John, Mary			Wilson, Megan	
	Abeles, Elizabeth			Kulikowski, Tess	
	34.47	29.92		28.66	26.95
18	QO			2:00.74	q
	Spivey, Lillie SO			Cantrell, Alexandra SR	
	Chulock, Meghan SO			Valenti, Ellie SO	
	31.18	33.14		29.93	26.49
19	GDS			2:01.11	q
	Bergman, Meredith SO			Bailar, Schuyler JR	
	Mayer, Morgan FR			Smulson, Hannah FR	
	31.35	30.63		30.01	29.12
20	BCC			2:01.17	q
	McGuire-Wien, Eleanore F			Fry, Abby SO	
	Ockenhouse, Sarah FR			Martin, Sophia SR	
	30.18				27.41
21	POTO			2:01.90	
	Kersten, Tatiana SR			Grube, Sydney FR	
	Kehoe, Clare SO			Cruzado, Jessica JR	
	33.98	32.63		28.71	26.58
22	ROC			2:02.13	
	Karl, Meghan FR			Casimates, Ariana FR	
	Moriarty, Erin FR			Kumagai, Akari SO	
23	WTM			2:03.04	
	Wolf, Erika FR			Lewis, Kelly SR	
	Schiefer, Kailey SR			Hanson, Caroline SO	
	36.11	30.75		30.00	26.18
24	NCS			2:03.59	
	Taylor, Gracie 16			Irwin, Hadley 16	
	Hanley, Elinor 14			Ricks, Annabel 16	
	31.73	35.36		56.50	
25	SEV			2:03.73	
	O'Connor, Birgitt FR			Blanchard, Bryn JR	
	Socha, Carly SO			Stachura, Devan SR	
	30.90	34.55		31.14	27.14

26	EIN			2:03.84	
	Anderson, Carol SR		Fulton, Catherine FR		
	Mayfield, Emily SO		Anderson, Gail FR		
	38.65	29.12	28.38		27.69
27	JHB			2:04.11	
	Stuart, Ashley FR		Hamson, Bethany JR		
	Kalen, Madi JR		Sigwalt, Rachel FR		
28	MARET			2:04.19	
	Mulroy, Julia SR		Pietrantonio, Frances SR		
	Harangi, Dorottya FR		Grannis, Elizabeth JR		
	32.03	32.64	29.97		29.55
29	CLK			2:05.16	
	Alvarado, Carly SO		Huynh, Christina JR		
	Ziegler, Rachel FR		Giacalone, Sarah FR		
	28.35	36.86	28.94		31.01
30	DHS			2:06.37	
	Quade, Savannah FR		Holt, Julia SO		
	Giron, Meghan FR		Yagodich, Sara SR		
	33.13				28.21
31	CZM			2:07.63	
	Grimm, Isabel FR		Sonnenberg, Rebecca FR		
	Sonnenberg, Rachel JR		Gunster, Michaela SR		
	32.80	36.40	30.34		28.09
32	GHS			2:16.66	
	Robinson, Sophie FR		Brown, Melissa JR		
	Lyons, Melanie JR		Chavez, Kiara JR		
	33.00	37.73	34.40		31.53
#3 Boys 200 Yard Free					
	METROS:	1:38.38M	2012	Garrett Powell	
	MCPS:	1:38.38C	2012	Garrett Powell	
	Pool Record:	1:37.57P	2011	Eric Jones	
		1:39.61	AAAU		
		1:41.26	AAAC		
Name		Yr	Team	Finals Time	
A - Final					
1	Goddard, Grant		SOPREP	1:39.67	AAAC
	22.85		24.96	25.72	26.14
2	Colket, Matt		SRGC	1:40.20	AAAC
	23.58		24.92	25.80	25.90
3	Springer, Gavin		SID	1:40.85	AAAC
	23.67		25.34	26.11	25.73
4	Lin, Adrian		SOPREP	1:41.93	
	23.38		25.14	26.51	26.90
5	Novak, Brennan		SOGONZ	1:43.10	
	24.05		26.00	26.69	26.36
6	Thomas, Michael		JR MTB	1:43.12	
	23.74		26.01	26.86	26.51
7	Camp, Cory		SRJHB	1:43.16	
	23.45		25.60	26.88	27.23
8	Sullivan, Mike		SOWWH	1:43.58	
	23.90		26.08	26.87	26.73
9	Kiehl, Joshua		SRCLK	1:44.73	
	24.52		26.48	26.77	26.96
10	Baird, Graham		JR BCC	1:45.27	
	23.17		25.72	27.50	28.88

2013 WASHINGTON METROPOLITAN INTERSCHOLASTIC SWIMMING AND DIVING CHAMPIONSHIPS

Results

B - Final ... (#3 Boys 200 Yard Free)

B - Final				
11	Tsau, Brian	SOMTB	1:44.25	
	24.52	26.37	26.94	26.42
12	Laracuente, Xavier	JR POO	1:44.65	
	24.00	26.50	27.44	26.71
13	Stevenson, Jamie	SRBCC	1:44.88	
	24.75	26.80	26.75	26.58
14	Valentine, Andrew	JR GONZ	1:45.17	
	24.31	26.84	27.32	26.70
15	Snodderly, Joesph	SOPREP	1:45.22	
	24.86	26.35	27.08	26.93
16	Burgett, Noah	SOWAJ	1:45.38	
	24.52	26.88	27.07	26.91
17	Greenhalgh, Andrew	SRBCC	1:45.86	
	25.18	26.70	27.06	26.92
18	Freeman, John	BEARS	1:45.93	
	24.92	26.74	27.66	26.61
19	Hodges, Rio	SRRMT	1:46.14	
	24.64	27.09	26.74	27.67
20	Gibson, Andrew	JR TSW	1:47.82	
	24.34	26.75	27.64	29.09

#3 Boys 200 Yard Free

METROS: 1:38.38M 2012 Garrett Powell

MCPS: 1:38.38C 2012 Garrett Powell

Pool Record: 1:37.57P 2011 Eric Jones

1:39.61 AAAU

1:41.26 AAAC

Name	Yr	Team	Prelim Time	
Preliminaries				
1	Goddard, Grant	SOPREP	1:41.79	q
	23.50	26.38	25.87	26.04
2	Springer, Gavin	SID	1:42.80	q
	24.36	26.11	26.36	25.97
3	Colket, Matt	SRGC	1:42.86	q
	23.95	26.01	26.57	26.33
4	Lin, Adrian	SOPREP	1:43.09	q
	23.90	26.31	26.59	26.29
5	Sullivan, Mike	SOWWH	1:43.14	q
	24.01	26.24	26.58	26.31
6	Baird, Graham	JR BCC	1:43.37	q
	23.89	25.92	26.53	27.03
7	Kiehl, Joshua	SRCLK	1:43.75	q
	24.46	26.50	26.32	26.47
8	Camp, Cory	SRJHB	1:43.96	q
	24.40	26.10	26.65	26.81
9	Novak, Brennan	SOGONZ	1:44.25	q
	24.54	26.43	27.00	26.28
10	Thomas, Michael	JR MTB	1:44.52	q
	24.20	26.48	26.89	26.95
11	Valentine, Andrew	JR GONZ	1:44.70	q
	23.92	26.47	27.20	27.11
12	Tsau, Brian	SOMTB	1:44.76	q
	24.97	26.42	26.97	26.40

13	Laracuente, Xavier	JR POO	1:44.82	q
	24.27	26.37	27.12	27.06
14	Snodderly, Joesph	SOPREP	1:45.16	q
	24.59	26.44	27.24	26.89
15	Stevenson, Jamie	SRBCC	1:45.30	q
	25.33	26.27	26.81	26.89
16	Gibson, Andrew	JR TSW	1:45.33	q
	25.06	26.86	26.82	26.59
17	Hodges, Rio	SRMT	1:45.48	q
	24.63	26.81	26.75	27.29
18	Greenhalgh, Andrew	SRBCC	1:46.16	q
	25.52	26.94	27.08	26.62
19	Burgett, Noah	SOWAJ	1:46.48	q
	24.54	26.88	27.62	27.44
20	Freeman, John	BEARS	1:46.72	q
	25.07	26.68	27.70	27.27
21	Hisnanick, James	SOSPB	1:47.07	
	24.79	26.94	27.75	27.59
22	McGuire, Jack	JR WCH	1:47.76	
	24.87	26.89	27.52	28.48
23	Bajorek, Peter	JR NWM	1:47.99	
	25.02	26.92	28.02	28.03
24	Goodkind, Chris	SOTSW	1:48.85	
	24.97	26.98	27.98	28.92
25	Kirchner, Michael	SR WAJ	1:49.52	
	25.56	27.16	28.03	28.77
26	Kim, Abraham	FRPREP	1:49.70	
	25.65	27.22	28.38	28.45
27	Wilkins, Domminic	SRSMT	1:49.78	
	25.09	27.46	28.60	28.63
28	Treichel, Karl	FRTSW	1:50.13	
	25.26	27.77	28.73	28.37
29	Kenny, Matthew	FRJHB	1:50.91	
	25.82	28.30	28.60	28.19
30	Okado da Silva, Vini	SOWAJ	1:51.18	
	25.02	27.60	28.99	29.57
31	Lathrop, Paul	SOMTB	1:51.39	
	25.69	28.20	28.71	28.79
32	Von Heeringen, Aust	JR SEV	1:51.83	
	25.82	27.99	29.36	28.66
33	Walker, Graham	SORMT	1:51.89	
	25.58	28.72	29.11	28.48
34	Hohman, Andrew	JR GONZ	1:52.58	
	26.06	28.18	29.16	29.18
35	Cochran, Christopher	SOWCH	1:55.02	
	26.22	28.67	30.13	30.00
36	Mackey, Colin	SOWCH	1:55.10	
	26.69	29.22	30.16	29.03
37	Semler, Josh	JR SMG	1:55.27	
			30.22	29.33
38	Periwal, Avikar	JR MTB	1:56.17	
	26.04	28.52	30.81	30.80
39	Herbert, David	FRPVI	1:56.67	
	26.85	29.50	30.11	30.21
40	VanderWeele, Andre	JR NW	1:56.86	

41	Bouvier, Ben	SRWWH	1:57.33	
	26.68	29.45	30.01	31.19
42	Koufos, Nikos	SOJHB	1:58.53	
	26.62	29.15	31.46	31.30
---	Kilgallin, Billy	SRGONZ	DFS	
Declared false start				

#4 Girls 200 Yard Free

METROS: 1:45.49M 2006 Kate Ziegler

MCPS: 1:47.91C 2011 Elizabeth Pepper

Pool Record: 1:45.49P 2006 Kate Ziegler

1:49.67 AAAU

1:51.57 AAAC

Name	Yr	Team	Finals Time	
A - Final				
1	Ledecky, Kathleen	SOSR	1:42.96	MAAAU
	24.49	25.80	26.58	26.09
2	Kolanowski, Anna	SRSHE	1:48.36	AAAU
	25.59	27.38	27.81	27.58
3	Lindsey, Hannah	FR WCH	1:51.43	AAAC
	25.79	28.20	29.16	28.28
4	Johnson, Morgan	14 NCS	1:53.13	
	26.21	28.72	29.17	29.03
5	Kannan, Sarah	JR WWH	1:53.61	
	26.40	28.53	29.33	29.35
6	Hubert, Leah	JR TSW	1:53.66	
	26.97	28.72	29.51	28.46
7	Miller, Makenzie	JR GC	1:53.83	
	26.52	28.67	29.43	29.21
8	Kuvan, Sophia	JR WAJ	1:54.01	
	27.11	28.60	28.71	29.59
9	Song, Dorit	SOPPOO	1:54.74	
	26.95	28.80	29.86	29.13
10	Dickerson, Brittany	SRRMT	1:55.51	
	27.40	29.14	29.70	29.27
B - Final				
11	Nugent, Haley	JR WAJ	1:54.65	
	26.73	28.38	29.28	30.26
12	Martinko, Jordan	SRGC	1:56.01	
	26.78	29.47	30.18	29.58
13	Han, Sherril	SORMT	1:56.18	
	26.99	29.36	30.15	29.68
14	Klausing, Kimberly	SRTSW	1:57.12	
	27.21	29.64	30.16	30.11
15	Boege, Hedda	SRDHS	1:57.25	
	27.34	29.55	30.43	29.93
16	LeMone, Alexis	FRHA	1:57.56	
	27.93	30.06	30.01	29.56
17	Abeles, Elizabeth	SID	1:58.23	
	27.55	29.22	30.55	30.91
18	Asbury, Fiona	FR WCH	1:58.37	
	27.86	29.82	30.45	30.24
19	Rysak, Bethany	JR BCC	1:59.25	
	27.41	29.98	30.85	31.01
20	Dai, Grace	SRNWM	1:59.72	
	27.18	29.80	31.53	31.21

2013 WASHINGTON METROPOLITAN INTERSCHOLASTIC SWIMMING AND DIVING CHAMPIONSHIPS

Results

#4 Girls 200 Yard Free

METROS: 1:45.49M 2006 Kate Ziegler
MCPS: 1:47.91C 2011 Elizabeth Pepper
Pool Record: 1:45.49P 2006 Kate Ziegler
1:49.67 AAAU
1:51.57 AAAC

Name	Yr	Team	Prelim Time
Preliminaries			
1 Ledecy, Kathleen	SOSR		1:45.77C qAAAU
25.12	26.56	27.22	26.87
2 Kolanowski, Anna	SRSHE		1:49.50 qAAAU
25.70	27.71	28.17	27.92
3 Lindsey, Hannah	FRWCH		1:52.04 q
26.21	28.16	28.94	28.73
4 Kannan, Sarah	JR WWH		1:53.37 q
26.40	28.69	29.29	28.99
5 Johnson, Morgan	14 NCS		1:53.41 q
26.24	28.88	29.30	28.99
6 Hubert, Leah	JR TSW		1:54.15 q
27.12	28.83	29.59	28.61
7 Miller, Makenzie	JR GC		1:55.02 q
26.63	28.86	30.00	29.53
8 Kuvan, Sophia	JR WAJ		1:55.55 q
26.68	28.58	29.94	30.35
9 Dickerson, Brittany	SRRMT		1:56.13 q
27.66	29.63	29.78	29.06
10 Song, Dorit	SOPOO		1:56.16 q
27.49	29.48	29.84	29.35
11 Martinko, Jordan	SRGC		1:56.44 q
27.09	29.39	30.03	29.93
12 Nugent, Haley	JR WAJ		1:56.61 q
28.00	29.66	29.44	29.51
13 Boege, Hedda	SRDHS		1:56.65 q
27.25	29.40	30.29	29.71
14 Dai, Grace	SRNWM		1:57.53 q
27.54	29.73	29.97	30.29
15 Abeles, Elizabeth	SID		1:57.59 q
27.52	29.15	30.34	30.58
16 LeMone, Alexis	FRHA		1:58.30 q
27.95	29.96	30.21	30.18
17 Han, Sherril	SORMT		1:58.48 q
27.58	29.75	30.73	30.42
18 Klausing, Kimberly	SRTSW		1:59.12 q
27.92	30.35	30.81	30.04
19 Rysak, Bethany	JR BCC		1:59.42 q
27.72	30.07	30.60	31.03
20 Asbury, Fiona	FRWCH		1:59.93 q
28.09	30.21	30.73	30.90
21 Welch, Jeanette	JR TSW		2:00.72
28.01	30.61	31.42	30.68
22 Holden, Samantha	JR WAJ		2:00.86
28.15	30.10	31.35	31.26
23 Sheapp, Kaitlyn	SRSHE		2:01.41
28.43	30.30	31.07	31.61

24 Gregory, Catherine	FRSJC		2:01.66
28.06	30.59	31.49	31.52
25 Pereles, Grace	SOWCH		2:02.32
28.36	30.82	31.75	31.39
*26 McCreary, Megan	CHC		2:02.46
29.02	31.10	31.73	30.61
*26 Karl, Meghan	FRROC		2:02.46
28.35	30.48	32.04	31.59
28 Kolanowski, Christin	SOSHE		2:02.85
27.96	30.67	32.24	31.98
29 Moore, Emma	FRMTB		2:03.15
28.20	30.69	32.24	32.02
30 Martin, Bella	SOBCC		2:03.32
		31.59	30.97
31 Longosz, Elizabeth	15 NCS		2:03.86
32 Urban, Natalie	JR GC		2:04.81
28.50	31.29	32.65	32.37
33 Anderson, Gail	FREIN		2:04.84
29.65	31.74	31.83	31.62
34 Allen, Sarah	SRGV		2:05.67
28.61	31.27	32.82	32.97
35 Jih, Cynthia	SRPOO		2:06.51
28.75	32.47	32.67	32.62
36 Barpoulis, Megan	SOHA		2:07.01
28.72	31.82	32.85	33.62
37 Robinson, Sophie	FRGHS		2:07.33
29.47	32.00	32.92	32.94
38 Melcher, Cosette	SOWCH		2:08.75
28.66	31.91	33.83	34.35

#5 Boys 200 Yard IM

METROS: 1:47.59M 2008 Eric Friedland
MCPS: 1:47.59C 2008 Eric Friedland
Pool Record: 1:47.59P 2008 Eric Friedland
1:51.57 AAAU
1:53.52 AAAC

Name	Yr	Team	Finals Time
A - Final			
1 Vissering, Carsten	SOPREP		1:51.01 AAAU
24.36	28.74	31.03	26.88
2 Foster, Jack	SRMTB		1:51.31 AAAU
24.01	28.36	32.86	26.08
3 Song, Gregory	JR RMT		1:54.17
24.78	30.56	32.46	26.37
4 Lewis, Rory	SOEIN		1:54.21
24.52	29.67	33.60	26.42
5 Goldstein, Brandon	SOPREP		1:55.16
25.52	28.56	34.34	26.74
6 Gu, Harrison	JR WCH		1:55.75
25.28	29.84	32.71	27.92
7 Rios, Jorge	SRBCC		1:56.91
25.53	28.63	34.46	28.29
8 Ge, Steve	SRWCH		1:57.64
25.21	30.45	34.78	27.20
9 Tragotsis, Nikos	JR TSW		1:58.68
25.45	29.72	35.43	28.08

10 Johnson, Duncan	JR EIN		1:59.52
25.65	30.96	35.58	27.33
B - Final			
11 Colket, Thomas	SRGC		1:55.81
25.54	29.05	34.90	26.32
12 Janezich, John	JR WWH		1:57.29
24.82	30.44	34.84	27.19
13 Katsigiannakis, Emm	JR TSW		1:59.59
25.83	30.60	35.91	27.25
14 Pastoriza, Stephen	SOWWH		1:59.81
27.37	30.36	33.75	28.33
15 Mann, Andrew	JR QO		1:59.84
25.41	30.35	35.89	28.19
16 Zucker, Jacob	SOWAJ		1:59.99
27.48	30.96	33.44	28.11
17 Edskes, Bouke	FRRMT		2:00.00
25.89	30.06	35.76	28.29
18 Yook, Daniel	SOTSW		2:00.23
26.36	30.01	35.65	28.21
19 Liu, Anatol	JR RMT		2:00.70
26.55	31.77	34.78	27.60
20 Lin, Alex	JR POO		2:01.41
26.32	30.14	37.66	27.29

#5 Boys 200 Yard IM

METROS: 1:47.59M 2008 Eric Friedland
MCPS: 1:47.59C 2008 Eric Friedland
Pool Record: 1:47.59P 2008 Eric Friedland
1:51.57 AAAU
1:53.52 AAAC

Name	Yr	Team	Prelim Time
Preliminaries			
1 Vissering, Carsten	SOPREP		1:54.05 q
24.77	29.62	32.32	27.34
2 Foster, Jack	SRMTB		1:54.65 q
24.40	29.65	33.58	27.02
3 Lewis, Rory	SOEIN		1:54.98 q
24.98	29.84	33.77	26.39
4 Song, Gregory	JR RMT		1:55.08 q
25.07	30.87	32.74	26.40
5 Goldstein, Brandon	SOPREP		1:55.57 q
25.67	28.97	34.17	26.76
6 Rios, Jorge	SRBCC		1:55.88 q
25.19	28.75	34.23	27.71
7 Gu, Harrison	JR WCH		1:55.91 q
25.15	30.89	32.86	27.01
8 Ge, Steve	SRWCH		1:57.35 q
25.83	30.39	33.77	27.36
9 Tragotsis, Nikos	JR TSW		1:58.21 q
25.28	29.90	35.24	27.79
10 Johnson, Duncan	JR EIN		1:58.35 q
26.11	29.79	35.27	27.18
11 Janezich, John	JR WWH		1:58.75 q
25.49	30.18	35.42	27.66
12 Colket, Thomas	SRGC		1:59.01 q
25.96	29.71	36.05	27.29

2013 WASHINGTON METROPOLITAN INTERSCHOLASTIC SWIMMING AND DIVING CHAMPIONSHIPS

Results

Preliminaries ... (#5 Boys 200 Yard IM)

13	Pastoriza, Stephen	SOWWH	1:59.81	q
	27.60	30.22	33.79	28.20
14	Edskes, Bouke	FRRMT	2:00.01	q
	26.37	30.56	35.01	28.07
15	Katsigiannakis, Emm	JR TSW	2:00.08	q
	25.72	30.18	36.32	27.86
16	Liu, Anatol	JR RMT	2:00.16	q
	25.72	31.71	34.83	27.90
17	Zucker, Jacob	SOWAJ	2:00.74	q
	27.44	31.16	33.92	28.22
18	Lin, Alex	JR POO	2:00.78	q
	26.06	29.78	37.94	27.00
19	Mann, Andrew	JR QO	2:00.91	q
	25.20	29.82	37.21	28.68
20	Yook, Daniel	SOTSW	2:01.28	q
	26.00	29.67	36.80	28.81
21	Wainer, Julian	SOWAJ	2:01.79	
	26.46	30.50	36.47	28.36
22	Liu, Jeremy	SRQO	2:01.97	
	26.73	31.96	33.59	29.69
23	Qian, Andrew	SRCLK	2:02.34	
	26.27	32.53	34.80	28.74
24	Palmiere, Michael	JR QO	2:03.83	
	27.12	30.99	36.41	29.31
25	Wang, Peter	SORMT	2:04.37	
	26.91	30.68	37.20	29.58
26	Horikawa, Nozomi	FR WAJ	2:04.76	
	27.02	30.73	37.55	29.46
27	Flood, James	16 STA	2:05.11	
	27.11	32.45	36.92	28.63
28	O'Leary, Ryan	FRDHS	2:05.62	
	28.57	32.43	35.42	29.20
29	Shapiro, Tyler	JR QO	2:06.48	
	26.86	31.56	37.14	30.92
30	Latona, Andrew	SRJHB	2:06.50	
	26.86	29.93	38.93	30.78
31	Gonzalez, Noah	SODEM	2:07.24	
	26.19	32.18	38.04	30.83
32	Dommerholt, Aram	SOWAJ	2:07.32	
	27.22	33.73	36.50	29.87
33	Steingass, Evan	SOGONZ	2:07.84	
	27.11	33.69	38.51	28.53
34	Tan, Jerry	JR TSW	2:07.90	
	26.70	33.42	37.94	29.84
35	Sukachevin, Kaden	FRMTB	2:09.37	
	27.61	32.96	1:08.80	
36	Vissering, Alex	FR WWH	2:09.62	
	27.76	34.43	36.65	30.78
37	Girguis, Mark	10 JFK	2:09.68	
	28.17	35.46	36.50	29.55
38	Sun, Lucky	FR WCH	2:09.69	
	27.08	32.95	38.69	30.97
39	Tucker, Chandler	JR GC	2:09.86	
	26.87	33.69	35.78	33.52

40	Caudle, Ross	SOGONZ	2:10.82					
	28.22	32.77	39.55	30.28				
41	Witkin, Alex	JR SHE	2:10.87					
	30.32	32.81	37.05	30.69				
42	Delgado, Lucas	JR GONZ	2:11.71					
	26.88	32.40	40.16	32.27				
43	Navale, Rahul	SRSHE	2:11.85					
	27.84	35.48	38.50	30.03				
44	Kacapor, Ersin	FR WIL	2:11.96					
	27.64	32.33	42.09	29.90				
45	Epstein, Jordan	SRSEV	2:12.17					
	27.32	34.20	39.79	30.86				
46	An, William	SOPPO	2:12.36					
	26.44	31.23	42.82	31.87				
47	Parrino, Christopher	13 STA	2:12.74					
	28.75	34.81	38.61	30.57				
48	Youssefiani, Dariush	FR WCH	2:13.43					
	30.25	34.35	37.00	31.83				
49	Ross, Marques	FR WIL	2:13.72					
	28.34	38.17	36.08	31.13				
50	Lin, Joseph	15 STA	2:13.90					
	29.20	33.84	39.36	31.50				
51	Periwal, Avikar	JR MTB	2:14.16					
	28.74	35.59	41.17	28.66				
52	Martin, Bruce	JR POO	2:14.56					
	29.94	34.49	38.87	31.26				
53	Barpoulis, Nick	SRBU	2:14.88					
	26.11	34.92	42.15	31.70				
54	Jentoft-Herr, Eric	JR EBS	2:14.92					
	26.79	32.63	44.35	31.15				
55	Mercer, Leo	SRGC	2:15.24					
	28.36	36.45	38.26	32.17				
---	Connolly, Evan	JR GONZ	DFS					
Declared false start - Misc								
6 Girls 200 Yard IM								
METROS:		1:58.19M 2012	Charlotte Meyer					
MCPS:		1:58.19C 2012	Charlotte Meyer					
Pool Record:		1:58.19P 2012	Charlotte Meyer					
		2:03.36	AAAU					
		2:05.51	AAAC					
<table><tr><th>Name</th><th>Yr</th><th>Team</th><th>Finals Time</th></tr></table>					Name	Yr	Team	Finals Time
Name	Yr	Team	Finals Time					
A - Final								
1	Meyer, Charlotte	SR WWH	1:59.89	AAAU				
	26.51	30.03	35.33	28.02				
2	Bailar, Schuyler	JR GDS	2:05.67					
	27.04	32.18	35.62	30.83				
3	Gu, Elaina	SOWCH	2:06.32					
	27.91	32.32	37.66	28.43				
4	Merrill, Emma	JR PVI	2:06.35					
	26.89	32.01	36.97	30.48				
5	Gould, Audrey	SR WWH	2:07.04					
	27.56	32.77	36.70	30.01				
6	Zhang, Emily	SOTSW	2:08.02					
	27.78	32.75	37.77	29.72				
7	Hanson, Diana	SRPOO	2:08.07					
	27.73	34.40	36.11	29.83				

8	El-Masry, Sophie	FRRMT	2:10.50					
	28.14	33.67	38.11	30.58				
9	Lathrop, Emily	SRMTB	2:12.26					
	28.44	32.96	40.32	30.54				
10	Schipani, Jessica	SRAHC	2:14.34					
	28.23	32.61	39.71	33.79				
B - Final								
11	Horikawa, Natsumi	JR WAJ	2:08.68					
	28.53	31.38	39.53	29.24				
12	Cleary, Katherine	SRGC	2:11.37					
	28.36	32.50	39.25	31.26				
13	Klatzkin, Allie	SRTSW	2:11.88					
	27.01	32.63	41.52	30.72				
14	Andrews, Emily	JR WCH	2:12.60					
	28.30	32.71	42.08	29.51				
15	Sun, Scarlett	JR TSW	2:13.32					
	28.99	33.39	40.90	30.04				
16	Song, Kelsy	FRRMT	2:13.41					
	29.84	34.25	38.65	30.67				
17	Goetcheus, Grace	FRAHC	2:13.60					
	29.01	32.17	41.08	31.34				
18	Pietrantonio, Frances	SRMARET	2:14.79					
	28.62	33.91	40.60	31.66				
19	Hockman, Amy	JR SHE	2:15.42					
	28.81	35.66	38.49	32.46				
20	Zhou, Amy	SOMTB	2:15.62					
	27.51	34.85	42.48	30.78				
#6 Girls 200 Yard IM								
METROS:		1:58.19M	2012	Charlotte Meyer				
MCPS:		1:58.19C	2012	Charlotte Meyer				
Pool Record:		1:58.19P	2012	Charlotte Meyer				
		2:03.36	AAAU					
		2:05.51	AAAC					
<table><tr><th>Name</th><th>Yr</th><th>Team</th><th>Prelim Time</th></tr></table>					Name	Yr	Team	Prelim Time
Name	Yr	Team	Prelim Time					
Preliminaries								
1	Meyer, Charlotte	SR WWH	2:05.21	qAAAC				
	27.76	30.86	37.17	29.42				
2	Gu, Elaina	SOWCH	2:07.76	q				
	28.39	32.34	38.08	28.95				
3	Hanson, Diana	SRPOO	2:08.05	q				
	28.19	34.28	35.42	30.16				
4	Gould, Audrey	SR WWH	2:08.51	q				
	28.05	33.54	36.67	30.25				
5	El-Masry, Sophie	FRRMT	2:08.91	q				
	28.39	33.91	36.84	29.77				
6	Merrill, Emma	JR PVI	2:08.94	q				
	27.62	32.33	1:08.99					
7	Bailar, Schuyler	JR GDS	2:10.51	q				
	28.87	33.79	36.39	31.46				
8	Schipani, Jessica	SRAHC	2:10.75	q				
	29.15	31.31	38.09	32.20				
9	Zhang, Emily	SOTSW	2:11.04	q				
	29.04	33.34	38.28	30.38				
10	Lathrop, Emily	SRMTB	2:11.69	q				
	28.89	32.98	39.56	30.26				

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Preliminaries ... (#6 Girls 200 Yard IM)

11	Klatzkin, Allie	SRTSW	2:12.05	q
	27.63	32.54	40.60	31.28
12	Cleary, Katherine	SRGC	2:12.24	q
	28.77	32.52	39.26	31.69
13	Andrews, Emily	JR WCH	2:12.61	q
	28.40	33.02	41.39	29.80
14	Pietrantonio, Frances	SRMARET	2:12.77	q
	28.50	33.18	39.87	31.22
15	Horikawa, Natsumi	JR WAJ	2:12.87	q
	29.58	32.22	40.77	30.30
16	Song, Kelsy	FRRMT	2:13.03	q
	29.15	34.40	38.99	30.49
17	Hockman, Amy	JR SHE	2:13.70	q
	29.00	34.87	37.41	32.42
18	Zhou, Amy	SOMTB	2:14.14	q
	27.12	34.12	41.78	31.12
19	Goetcheus, Grace	FRAHC	2:14.16	q
	28.83	32.65	41.63	31.05
20	Sun, Scarlett	JR TSW	2:14.44	q
	29.90	33.43	41.15	29.96
21	Kaufman, Colleen	FRSHE	2:14.53	
	29.48	35.54	38.43	31.08
22	Kaplan, Zoe	JR NWM	2:14.83	
	30.91	35.75	37.05	31.12
23	Luigard, Claire	FRSJC	2:15.66	
	29.46	35.39	38.31	32.50
24	Sheapp, Kylie	SRSHE	2:15.74	
	30.25	32.85	40.30	32.34
25	Deng, Lisa	JR WWH	2:17.45	
	29.76	35.68	39.19	32.82
26	Flamand, Kelly	JR SHE	2:17.83	
	30.59	34.63	40.13	32.48
27	Giron, Meghan	FRDHS	2:18.22	
	29.81	34.91	41.25	32.25
28	Kaplan, Mara	FRWCH	2:19.02	
	30.48	37.16	38.57	32.81
29	Grube, Sydney	FRPOTO	2:20.32	
	31.78	35.64	40.03	32.87
30	Drummond, Olivia	CHC	2:20.54	
	30.00	35.59	42.98	31.97
31	Casimates, Ariana	FRROC	2:21.68	
	32.14	34.80	42.09	32.65
32	Hamson, Bethany	JR JHB	2:22.68	
	31.42	36.45	41.23	33.58
33	Mayer, Morgan	FRGDS	2:22.74	
	32.87	36.98	40.21	32.68
34	Mastracchio, Nicole	JR PVI	2:22.75	
	31.08	34.89	45.26	31.52
35	Raynor, Emma	JR HA	2:22.77	
	31.37	34.48	43.60	33.32
36	Ship, Hannah	SOWAJ	2:22.88	
	30.85	34.96	43.67	33.40
37	Shapiro, Frankie	FRWWH	2:23.53	
	30.68	35.79	43.26	33.80

38	Dunbar, Maya	JR ES	2:23.94	
	32.83	35.93	43.71	31.47
39	Cernoch, Christine	SR WAJ	2:24.03	
	30.49	37.26	42.78	33.50
40	Lee, Hannah	SOWCH	2:24.15	
	30.63	38.72	40.47	34.33
41	Bolek, Katie	JR TSW	2:25.36	
	31.56	37.58	41.63	34.59
42	Murray, Mary Claire	SRGC	2:25.43	
	30.77	36.90	43.51	34.25
43	Fulton, Catherine	FREIN	2:25.47	
	32.50	37.04	41.20	34.73
44	Aitken, Sarah	SOMTB	2:25.86	
	31.60	38.31	42.18	33.77
45	Noll, Abigail	JR ROC	2:27.60	
	32.71	38.84	43.39	32.66
46	Kent, Helen	FRRMT	2:27.84	
	32.18	36.70	45.10	33.86

#7 Boys 50 Yard Free

METROS:	19.85M	2012	Jack Conger
MCPS:	20.91C	2008	Sean Stewart
Pool Record:	19.85P	2012	Jack Conger
	20.87	AAAU	
	21.17	AAAC	

Name	Yr	Team	Finals Time
A - Final			
1	O'Hara, Paul	SR GONZ	20.57C AAAU
2	Mangold, Barrett	SR WAJ	20.97 AAAC
3	Cole, Austin	SR WCH	21.32
4	Henderson, Clifford	SRDEM	21.77
5	Wu, Alex	SRNWM	21.78
6	Dickey, Austin	SRTSW	21.80
*7	Scordato, Patrick	SRWWH	22.27
*7	Root, Christopher	SR WAJ	22.27
9	Mooers, John	JR WWH	22.32
10	Din, Matthew	SRRMT	22.59
B - Final			
11	Bloom, William	SR GONZ	22.47
12	Mion, Nicholas	SRDEM	22.51
13	Antonisse, Noel	SRMTB	22.52
14	Wang, Alvin	JR QO	22.63
15	Lichtenfels, William	SR GONZ	22.67
16	Gu, Kevin	JR WCH	22.78
17	Sukachevin, Kohler	JR SPB	22.85
*18	Brophy, Evan	SRWTM	23.02
*18	Bell, Drew	JR GONZ	23.02
20	Lair Ferrari, Andreas	12 GER	23.08

#7 Boys 50 Yard Free

METROS:	19.85M	2012	Jack Conger
MCPS:	20.91C	2008	Sean Stewart
Pool Record:	19.85P	2012	Jack Conger
	20.87	AAAU	
	21.17	AAAC	

Name	Yr	Team	Prelim Time
Preliminaries			
1	O'Hara, Paul	SRGONZ	20.63C qAAAAU
2	Cole, Austin	SR WCH	21.74 q
3	Mangold, Barrett	SR WAJ	21.78 q
4	Wu, Alex	SRNWM	21.98 q
5	Henderson, Clifford	SRDEM	22.14 q
6	Scordato, Patrick	SRWWH	22.30 q
7	Root, Christopher	SR WAJ	22.38 q
8	Mooers, John	JR WWH	22.39 q
9	Dickey, Austin	SRTSW	22.43 q
10	Din, Matthew	SRRMT	22.52 q
11	Mion, Nicholas	SRDEM	22.55 q
12	Antonisse, Noel	SRMTB	22.66 q
13	Lichtenfels, William	SRGONZ	22.69 q
14	Gu, Kevin	JR WCH	22.76 q
15	Bloom, William	SRGONZ	22.83 q
16	Brophy, Evan	SRWTM	23.10 q
17	Soevik, Njord	JR WCH	23.12 q
*18	Bell, Drew	JR GONZ	23.13 q
*18	Wang, Alvin	JR QO	23.13 q
20	Lair Ferrari, Andreas	12 GER	23.18 q
21	Sukachevin, Kohler	JR SPB	23.21
22	Moore, Benjamin	SR WCH	23.32
23	Jaffe, Sam	SRJHB	23.38
24	Lazar, Jason	SOTSW	23.42
*25	Daza, Matthew	SOWAJ	23.44
*25	Dorsey, David	SRDHS	23.44
*25	Johnson, Kevin	SOWWH	23.44
28	Ellett, Robert	JR WAJ	23.50
*29	Kim, Anthony	SOPPO	23.55
*29	Fralin, Hayden	BEARS	23.55
31	Bauer, Travis	JR SPB	23.60
32	English, Braidon	JR NWM	23.62
33	McCarty, Jack	JR POO	23.67
34	Callander, Scott	SOGDS	23.75
35	Hogan, David	SRBCC	23.77
36	Kelso, Aidan	BEARS	23.83
37	Mittl, Matthew	SRRMT	23.85
38	Walter, Griffin	SRDHS	23.86
39	Kulp, Greg	BEARS	23.99
40	Spencer, Stephen	SRPREP	24.02
41	Gormley, Connor	SRPVI	24.05
42	Tang, Lanson	JR TSW	24.14
43	Kessler, Nathan	SOQO	24.26
---	Hedgepeth, Frank	SOJHB	DFS
Declared false start			

**2013 WASHINGTON METROPOLITAN INTERSCHOLASTIC
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#8 Girls 50 Yard Free

METROS: 23.09M 2012 **Caroline McTaggart**
MCPS: 23.27C 2012 **Reia Tong**
Pool Record: 22.79P 2009 **Christie Raleigh**
 23.47 AAU
 23.85 AAAC

Name	Yr	Team	Finals Time
A - Final			
1 McTaggart, Caroline	SOHA		23.15C AAU
2 Mulquin, Catherine	SRGC		23.80 AAAC
3 Illig, Michelle	SRWCH		23.83 AAAC
4 Doan, Melanie	PBR		24.31
5 Fagan, Annie	JR TSW		24.34
6 Kirsch, Sydney	FRSJC		24.41
7 Chen, Jessica	JR TSW		24.48
8 Johnson, Catherine	FRSPB		24.51
9 Richter, Audrey	FRRMT		24.65
10 Gasaway, Cecila	JR SR		24.66
B - Final			
11 Orme, Nicole	13 NCS		24.71
12 Tiberino, Alicia	JR WCH		24.74
13 Jubin, Isabelle	SOHA		24.81
14 Kuhn, Amanda	SRWWH		24.97
15 Haley, Kelleigh	FRSR		25.19
16 Wright, Kathryn	FRWCH		25.22
17 Vaules, Sayaka	FRPOO		25.53
18 Straathoff, Elizabeth	JR WAJ		25.54
19 Nguyen, Michelle	JR RMT		25.59
20 Marcus, Sophie	SRNWM		25.81

#8 Girls 50 Yard Free

METROS: 23.09M 2012 **Caroline McTaggart**
MCPS: 23.27C 2012 **Reia Tong**
Pool Record: 22.79P 2009 **Christie Raleigh**
 23.47 AAU
 23.85 AAAC

Name	Yr	Team	Prelim Time
Preliminaries			
1 Illig, Michelle	SRWCH		23.84 qAAAC
2 Mulquin, Catherine	SRGC		23.94 q
3 McTaggart, Caroline	SOHA		23.96 q
4 Doan, Melanie	PBR		24.45 q
5 Johnson, Catherine	FRSPB		24.52 q
6 Kirsch, Sydney	FRSJC		24.63 q
7 Gasaway, Cecila	JR SR		24.78 q
8 Richter, Audrey	FRRMT		24.81 q
9 Chen, Jessica	JR TSW		24.94 q
10 Fagan, Annie	JR TSW		25.03 q
11 Tiberino, Alicia	JR WCH		25.07 q
12 Kuhn, Amanda	SRWWH		25.10 q
13 Orme, Nicole	13 NCS		25.16 q
*14 Jubin, Isabelle	SOHA		25.26 q
*14 Haley, Kelleigh	FRSR		25.26 q
16 Nguyen, Michelle	JR RMT		25.58 q
*17 Straathoff, Elizabeth	JR WAJ		25.64 q

*17 Wright, Kathryn	FRWCH	25.64	q
19 Vaules, Sayaka	FRPOO	25.65	q
20 Marcus, Sophie	SRNWM	25.67	q
21 Cohen, Nina	SRHA	25.72	
22 Marcus, Sara	SRNWM	25.92	
23 Gibson, Claudia	FR TSW	25.93	
24 Sweeney, Katie	JR CZM	26.08	
25 Berchem, Emily	SRBCC	26.12	
26 Kellett, Halie	SRWWH	26.31	
27 Caplan, Rachel	SOWCH	26.34	
28 Cardoni, Alexa	SOWAJ	26.38	
29 Flood, Marianna	FRAHC	26.40	
30 Cirillo, Melanie	SOWAJ	26.45	
31 Cruzado, Jessica	JR POTO	26.46	
32 McKinney, Halsey	JR HA	26.47	
*33 Kalen, Madi	JR JHB	26.53	
*33 Arai, Jennifer	SRMTB	26.53	
35 Osborne, Kara	SR SJC	26.54	
36 Hauri, Michaela	SOQO	26.66	
37 Collamore, Pauline	JR GV	26.75	
38 Zhang, Lynn	FR TSW	26.76	
39 Triau, Abigail	SR CZM	26.83	
40 Gray, Megan	SR GV	26.88	
41 Whelan, Emma	SOSMG	27.17	
42 Karta, Annie	SOGC	27.53	
--- Holley, Akeyla	SOES	DFS	
Declared false start			

#9 Boys 1 mtr Diving

METROS: 585.10M 2007 **Matt Cooper**
MCPS: 585.10C 2007 **Matt Cooper**

Name	Yr	Team	Finals Score
1 Shinholser, TJ	JR PBR		497.70
2 Magliato, Bennett	SID		450.70
3 Crow, Jack	SOBCC		414.70
4 Warder, Tristan	FRGONZ		365.25
5 Carne, Simon	JR WWH		353.60
6 Gigliotti, Jack	JR DJO		330.35
7 Ho, Micha	SOSPB		315.00
8 Joyce, Jack	JR GONZ		298.05
9 DeWaal, Ethan	JR EIN		291.90
10 Gormley, Connor	SRPVI		291.35
11 Taylor, Dylan	JR POO		287.90
12 Holman, Mark	FRPBR		287.40
13 Dillon, Wyatt	SRGONZ		280.05
14 Hinga, Cole	JR WWH		276.25
15 Seidell, Nick	SRMTB		264.25
16 Rogers, Eric	JR TSW		263.55
17 Marders, Andrew	SOWCH		261.50
18 Lozupone, Anthony	SRGC		259.65
19 Zonghetti, Kyle	SOWCH		257.80
20 Huang, Brian	JR MTB		256.15
21 Riley, John	SOGONZ		178.45
22 Katz, Aaron	SR SHE		173.80
23 Curry, Michael	SOIRETN		161.45
24 Coran, Ryan	JR WCH		160.15

*25 Botsford, Hunter	SODHS	110.35
*25 Bennington, Cole	JR ROC	110.35
27 Mircoff, Sam	SOQO	108.90
28 Seidell, Glenn	SOWCH	106.30
29 Washington, Patrick	SRMTB	105.90
30 Sprague, Michael	JR PREP	102.95
31 Moore, Sam	FRGC	101.60
32 McGinley, Thomas	SOBMHS	98.90
33 Gouldman, Steven	SRBMHS	98.00
34 Von Muenchow Pohl	JR PREP	96.70
35 Curto, Ryan	BEARS	94.90
36 Fahmy, Zach	JR PREP	92.45
37 Stamm, William	JR POO	91.60
38 Kolb, Wyatt	JR POO	89.65
39 Hathaway, Joesph	JR PREP	79.95
40 Bernero, Dominic	SODJO	77.40
41 Semenov, Lilya	JR POO	76.65
42 Rivera, Javier	SRBMHS	66.65

#10 Girls 1 mtr Diving

METROS: 512.10M 2007 **Meg Hostage**
MCPS: 473.75C 2009 **Brittany Powell**

Name	Yr	Team	Finals Score
1 Becker, Kali	SOWCH		420.15
2 Hashem, Mashal	JR WCH		398.85
3 Young, Katherine	JR WAJ		394.25
4 Cornell, Mackenzie	SRNWM		390.90
5 Faerber, Elaina	FRWCH		367.70
6 Kim, Chloe	FRPOO		315.20
7 von Friedeburg, Lexi	FRGDS		298.25
8 Neuenschwander, Ch	SOGC		286.90
9 Dunn, Brighid	FRWCH		278.70
10 White, Summer	JR SHE		271.15
11 Graves, Caroline	SOSHE		270.85
12 Kelly, Alayna	JR DJO		269.50
13 von Friedeburg, Fran	SRGDS		268.30
14 Kline, Madeline	FRDHS		256.40
15 Roach, Amy	JR BCC		242.00
16 McKee, Kate	JR WWH		240.45
17 Kelly, Maddie	SODJO		231.25
*18 Hockey, Emily	SODHS		226.70
*18 Wolsh, Cassandra	FRJHB		226.70
20 Reamer, Caelan	JR TSW		224.30
21 Lerche, Kara	SOGC		159.85
22 Silverberg, Stephanie	SORMT		159.60
23 Hummer, Alissa	SOWWH		156.75
24 Bergman, Cecilia	SOMTB		151.30
25 Haley, Anna	SRJHB		104.35
26 Kuldell, Jessica	JR POO		97.50
27 Novey, Katherine	FRGDS		95.15
28 Catalano, Alexis	FRSR		95.10
29 Baith, Katie	FRSR		94.90
30 Barton, Leslie	JR WAJ		94.40
31 Bonney, Terradys	JR QO		93.30
32 Moriarty, Erin	FRROC		92.80
33 Bzhilyansluaya, Nade	SOPOO		90.25
34 Rodriguez, Susie	FRDJJO		90.15

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(#10 Girls 1 mtr Diving)

35 Siarkas, Chrysanthi JR SHE 88.80

#11 Boys 100 Yard Fly

METROS: 48.71M 2009 Brady Fox

MCPS: 49.66C 2001 Michael Raab

Pool Record: 46.71P 2011 Matthew Rickett

49.79 AAAU

50.74 AAAC

Name	Yr	Team	Finals Time
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A - Final

1	Goddard, Grant	SOPREP	50.66	AAAC
	23.43	27.23		
2	Thomas, Michael	JR MTB	50.75	
	24.06	26.69		
3	Lewis, Rory	SOEIN	51.19	
	24.18	27.01		
4	Song, Gregory	JR RMT	51.69	
	24.68	27.01		
5	Mooers, John	JR WWH	52.32	
	24.12	28.20		
6	Engel, Jake	SR QO	52.53	
	24.31	28.22		
7	Gu, Harrison	JR WCH	52.64	
	24.44	28.20		
8	Janezich, John	JR WWH	52.71	
	24.58	28.13		
9	Nugent, Jean-Marc	JR WAJ	52.97	
	24.65	28.32		
10	Katsigiannakis, Emm	JR TSW	53.44	
	25.17	28.27		

B - Final

11	Arcaz, Arthur	SR WAJ	53.03	
	24.97	28.06		
12	Valentine, Andrew	JR GONZ	53.05	
	24.67	28.38		
13	Allsopp, Robert	JR NWM	53.16	
	24.29	28.87		
14	Scordato, Patrick	SR WWH	53.47	
	24.49	28.98		
15	Gonzalez, Noah	SODEM	53.68	
	25.23	28.45		
16	Sheerin, Patrick	SRDEM	53.72	
	24.90	28.82		
17	Lin, Eric	JR MTB	54.02	
	25.12	28.90		
18	Berry, Kevin	FRPREP	54.22	
	24.87	29.35		
19	Treichel, Karl	FRTSW	54.90	
	25.40	29.50		
20	Lin, Alex	JR POO	55.40	
	25.90	29.50		

#11 Boys 100 Yard Fly

METROS: 48.71M 2009 Brady Fox

MCPS: 49.66C 2001 Michael Raab

Pool Record: 46.71P 2011 Matthew Rickett

49.79 AAAU

50.74 AAAC

Name	Yr	Team	Prelim Time
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Preliminaries

1	Thomas, Michael	JR MTB	51.41	q
	24.17	27.24		
2	Goddard, Grant	SOPREP	51.57	q
	23.93	27.64		
3	Song, Gregory	JR RMT	51.88	q
	24.77	27.11		
4	Lewis, Rory	SOEIN	51.96	q
	25.01	26.95		
5	Mooers, John	JR WWH	52.03	q
	23.67	28.36		
6	Janezich, John	JR WWH	52.34	q
	25.15	27.19		
7	Engel, Jake	SRQO	52.35	q
	24.71	27.64		
8	Gu, Harrison	JR WCH	52.92	q
	24.85	28.07		
9	Nugent, Jean-Marc	JR WAJ	53.14	q
	24.98	28.16		
10	Katsigiannakis, Emm	JR TSW	53.15	q
	24.85	28.30		
11	Valentine, Andrew	JR GONZ	53.18	q
	24.97	28.21		
*12	Scordato, Patrick	SR WWH	53.28	q
	24.92	28.36		
*12	Arcaz, Arthur	SR WAJ	53.28	q
	25.22	28.06		
14	Allsopp, Robert	JR NWM	53.78	q
	24.71	29.07		
15	Gonzalez, Noah	SODEM	54.08	q
	25.00	29.08		
16	Sheerin, Patrick	SRDEM	54.09	q
	25.37	28.72		
17	Lin, Eric	JR MTB	54.22	q
	25.64	28.58		
18	Berry, Kevin	FRPREP	54.60	q
	25.57	29.03		
19	Lin, Alex	JR POO	54.65	q
	25.98	28.67		
20	Treichel, Karl	FRTSW	54.67	q
	25.81	28.86		
21	Ashkin, Jase	FRGONZ	54.68	
	26.12	28.56		
22	Baker, Ryan	FRGONZ	54.74	
	25.70	29.04		
23	Denvir, Jack	SID	54.74	
	25.42	29.32		

24	Buehler, Dylan	SODEM	54.76
	25.57	29.19	
25	Broder, Kieran	JR PREP	54.83
	24.97	29.86	
26	Gu, Kevin	JR WCH	55.23
	26.14	29.09	
27	Hazel, Sawyer	SOTSW	55.33
	26.03	29.30	
28	Johnson, Kevin	SOWWH	55.50
	25.76	29.74	
*29	Callander, Scott	SOGDS	55.69
	25.80	29.89	
*29	Tan, Jerry	JR TSW	55.69
	25.53	30.16	
31	Amitay, Ethan	SOMTB	55.75
	26.16	29.59	
32	Mejia, Kevin	SR WAJ	55.78
	26.03	29.75	
33	Weiss, Jacob	JR POO	56.18
	26.53	29.65	
34	McElhattan, Neal	FRGONZ	56.20
	26.02	30.18	
35	Kynoch, Brent	SRPREP	56.24
	26.58	29.66	
36	Pavlakakis, Alex	JR GDS	56.27
	26.02	30.25	
37	Sellemi, Victor	JR RMT	56.46
	26.33	30.13	
38	Ado, Jacob	SRGHS	56.84
	25.83	31.01	
39	Huang, Jonathan	JR RMT	57.09
	27.04	30.05	
40	Mannella, Nicholas	SR CZM	57.14
	25.96	31.18	
41	Chuang, Matthew	FRCLK	57.21
	27.35	29.86	
42	Barbour, Sean	FRDEM	57.31
	27.04	30.27	
43	Kong, Austin	SOSHE	57.37
	26.54	30.83	
44	Shapiro, Tyler	JR QO	57.43
	26.99	30.44	
45	English, Braidon	JR NWM	57.78
	26.31	31.47	
46	Gillespie, Thomas	FRSJC	57.79
	26.77	31.02	
47	Orsak, James	SR WAJ	57.96
	26.46	31.50	
48	Brown IV, EJ	JR NWM	58.23
	26.79	31.44	
49	Clare, Matthew	14 STA	58.49
	27.23	31.26	
50	Kirks, Matthew	JR WCH	58.74
	27.06	31.68	
51	Miller, Brad	SOPOO	58.77
	27.92	30.85	

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Preliminaries ... (#11 Boys 100 Yard Fly)

52	Zhang, David	FRRMT	58.86
	27.62	31.24	
53	Barpoulis, Nick	SRBU	58.90
	26.56	32.34	
54	Navale, Rahul	SRSHE	58.95
	27.86	31.09	
55	Kacapor, Ersin	FRWIL	58.97
	26.42	32.55	
56	Epstein, Jordan	SRSEV	59.00
	27.43	31.57	
57	Hopkins, Wesley	SOMTB	59.73
	27.80	31.93	
58	Guo, Justin	JR CLK	59.89
	27.83	32.06	
59	Fritz, Wyatt	FRBCC	59.97
	28.08	31.89	
60	Tran, Calvin	JR WCH	1:00.15
	27.59	32.56	
61	Notaro, Nicholas	14 STA	1:00.17
	27.30	32.87	
62	Song, Sam	SRPOO	1:00.87
	28.88	31.99	
63	Morrissey, John	SRPVI	1:01.00
	28.37	32.63	

#12 Girls 100 Yard Fly

METROS: 55.07M 2010 Danielle Schulkin
MCPS: 55.07C 2010 Danielle Schulkin
Pool Record: 53.08P 2010 Felicia Lee
55.39 AAU
56.52 AAAC

Name	Yr	Team	Finals Time
A - Final			
1	Li, Kristina	JR TSW	55.05MAAAU
	25.89	29.16	
2	Kolanowski, Anna	SRSHE	55.87 AAAC
	26.56	29.31	
3	Klatzkin, Allie	SRTSW	56.76
	26.55	30.21	
4	Garcia, Laura	JR SR	57.07
	27.34	29.73	
5	Hill, Morgan	FRSHE	57.67
	26.90	30.77	
6	Fosburgh, Elizabeth	SOWIL	57.93
	27.07	30.86	
7	Zhou, Amy	SOMTB	57.97
	26.70	31.27	
8	Sherman, Ellie	SORMT	58.40
	27.35	31.05	
9	Park, Helen	JR TSW	59.13
	28.12	31.01	
10	Andrews, Emily	JR WCH	59.37
	28.12	31.25	

B - Final

11	Merrill, Emma	JR PVI	58.75
	27.15	31.60	
12	Dahlin, Katie	SOPPOO	59.13
	27.74	31.39	
13	Swinerton, Grace	SRBCC	59.83
	27.82	32.01	
14	Han, Sherril	SORMT	59.84
	28.05	31.79	
15	Anderson, Molly	JR SHE	1:00.27
	28.13	32.14	
16	Cleary, Katherine	SRGC	1:00.54
	28.31	32.23	
17	Pietrantonio, Frances	SRMARET	1:00.82
	28.28	32.54	
18	Drummond, Olivia	CHC	1:00.83
	28.48	32.35	
19	St. John, Mary	SID	1:01.34
	28.94	32.40	
20	Vaughan, Bridget	JR SHE	1:02.34
	28.84	33.50	

#12 Girls 100 Yard Fly

METROS: 55.07M 2010 Danielle Schulkin
MCPS: 55.07C 2010 Danielle Schulkin
Pool Record: 53.08P 2010 Felicia Lee
55.39 AAU
56.52 AAAC

Name	Yr	Team	Prelim Time
Preliminaries			
1	Li, Kristina	JR TSW	55.93 qAAAC
	26.49	29.44	
2	Kolanowski, Anna	SRSHE	55.95 qAAAC
	26.40	29.55	
3	Klatzkin, Allie	SRTSW	56.86 q
	26.66	30.20	
4	Fosburgh, Elizabeth	SOWIL	58.00 q
	27.02	30.98	
5	Garcia, Laura	JR SR	58.07 q
	27.51	30.56	
6	Hill, Morgan	FRSHE	58.19 q
	27.22	30.97	
7	Zhou, Amy	SOMTB	58.20 q
	26.60	31.60	
8	Andrews, Emily	JR WCH	58.80 q
	27.85	30.95	
9	Park, Helen	JR TSW	58.95 q
	28.03	30.92	
10	Sherman, Ellie	SORMT	58.96 q
	28.01	30.95	
11	Merrill, Emma	JR PVI	59.15 q
	27.77	31.38	
12	Swinerton, Grace	SRBCC	59.79 q
	27.61	32.18	
13	Dahlin, Katie	SOPPOO	59.88 q
	28.24	31.64	

14	Pietrantonio, Frances	SRMARET	1:00.03 q
	28.25	31.78	
15	Anderson, Molly	JR SHE	1:00.22 q
	28.22	32.00	
16	Drummond, Olivia	CHC	1:00.58 q
	28.33	32.25	
17	Cleary, Katherine	SRGC	1:01.13 q
18	St. John, Mary	SID	1:01.39 q
	29.17	32.22	
19	Han, Sherril	SORMT	1:01.45 q
	28.84	32.61	
20	Vaughan, Bridget	JR SHE	1:01.58 q
	28.41	33.17	
21	Holden, Samantha	JR WAJ	1:01.88
	29.25	32.63	
22	Longosz, Elizabeth	15 NCS	1:02.45
	29.09	33.36	
23	Nguyen, Michelle	JR RMT	1:02.49
	29.07	33.42	
24	Overly, Anne	FRCHC	1:02.51
	28.98	33.53	
25	Bell, Erin	16 NCS	1:02.63
	29.41	33.22	
26	Yu, Rona	FRMTB	1:02.66
	29.43	33.23	
27	Marders, Nicole	SRWCH	1:02.72
	29.13	33.59	
28	Osborne, Kara	SRSJC	1:02.73
	29.19	33.54	
29	Murray, Mary Claire	SRGC	1:03.08
	29.46	33.62	
30	Ockenhouse, Sarah	FRBCC	1:03.18
	29.31	33.87	
31	Wilson, Julia	SID	1:03.51
	30.14	33.37	
32	Erfani, Yassaman	SRHA	1:03.52
	29.06	34.46	
33	Giron, Meghan	FRDHS	1:03.63
	29.70	33.93	
34	Li, Jessica	JR WWH	1:03.72
	30.74	32.98	
35	Knapp, Lindsay	SOPPOO	1:04.23
	29.86	34.37	
36	Allen, Sarah	SRGV	1:04.55
	29.88	34.67	
37	Kulikowski, Tess	SID	1:04.72
	30.48	34.24	
38	Harnood, Eliya	FRNWM	1:04.87
	30.60	34.27	
39	Lopaczynski, Adriani	JR WCH	1:05.04
	30.81	34.23	
40	Mayfield, Emily	SOEIN	1:05.20
	30.59	34.61	
41	D'Arpa, Monica	JR TSW	1:05.39
	30.03	35.36	

**2013 WASHINGTON METROPOLITAN INTERSCHOLASTIC
SWIMMING AND DIVING CHAMPIONSHIPS**

Results

Preliminaries ... (#12 Girls 100 Yard Fly)

42	Tsai, Victoria	FRMTB	1:06.10
	31.62	34.48	
43	Cernoch, Christine	SRWAJ	1:06.45
	29.93	36.52	
44	Shapiro, Frankie	FRWWH	1:06.79
	31.12	35.67	
45	Sonnenberg, Rachel	JRCZM	1:06.86
	30.97	35.89	
46	Kehoe, Clare	SOPOTO	1:06.97
	30.79	36.18	
47	Caplan, Rachel	SOWCH	1:08.01
	31.14	36.87	
48	Hoyson, Ellen	JRGC	1:08.59
	31.40	37.19	
49	Miller, Lilan	12JFK	1:09.07
50	LaRochelle, Anisa	SRHA	1:09.75
	30.75	39.00	

#13 Boys 100 Yard Free

METROS: 45.23M 2012 Sean Sullivan

MCPS: 45.61C 2008 Sean Stewart

Pool Record: 44.33P 2009 Eric Knight

45.57 AAU

46.24 AAAC

Name	Yr	Team	Finals Time
A - Final			
*1 O'Hara, Paul		SRGONZ	45.83 AAAC
	21.87	23.96	
*1 Mangold, Barrett		SRWAJ	45.83 AAAC
	22.03	23.80	
3 Cole, Austin		SRWCH	46.84
	22.55	24.29	
4 Lin, Adrian		SOPREP	47.25
	22.96	24.29	
5 Miller, Timothy		SOWIL	47.52
	22.56	24.96	
6 Wu, Alex		SRNWM	47.63
	22.54	25.09	
7 Root, Christopher		SRWAJ	47.69
	22.69	25.00	
8 Colket, Matt		SRGC	47.70
	23.06	24.64	
9 Laracuente, Xavier		JRPOO	48.39
	23.28	25.11	
--- Baird, Graham		JRBCC	DFS
Declared false start			
B - Final			
11 Mackenzie, Kevin		JRSJC	47.92
	23.16	24.76	
12 Hodges, Rio		SRRMT	48.61
	23.41	25.20	
13 Antonisse, Noel		SRMTB	49.14
	23.57	25.57	

14 Kilgallin, Billy	SRGONZ	49.15
	23.49	25.66
15 Mion, Nicholas	SRDEM	49.58
	23.61	25.97
*16 Welter, PT	SOGONZ	49.59
	23.84	25.75
*16 Lichtenfels, William	SRGONZ	49.59
	23.39	26.20
18 Brophy, Evan	SRWTM	50.01
	23.85	26.16
19 Okado da Silva, Vini	SOWAJ	50.13
	24.17	25.96
20 Daza, Matthew	SOWAJ	50.22
	23.89	26.33

#13 Boys 100 Yard Free

METROS: 45.23M 2012 Sean Sullivan

MCPS: 45.61C 2008 Sean Stewart

Pool Record: 44.33P 2009 Eric Knight

45.57 AAU

46.24 AAAC

Name	Yr	Team	Prelim Time
Preliminaries			
1 O'Hara, Paul		SRGONZ	46.14 qAAAC
	22.18	23.96	
2 Mangold, Barrett		SRWAJ	46.71 q
	22.70	24.01	
3 Lin, Adrian		SOPREP	47.42 q
	23.26	24.16	
4 Root, Christopher		SRWAJ	47.47 q
	22.90	24.57	
5 Miller, Timothy		SOWIL	47.53 q
	22.65	24.88	
6 Baird, Graham		JRBCC	47.62 q
	22.86	24.76	
7 Cole, Austin		SRWCH	47.75 q
	23.14	24.61	
8 Colket, Matt		SRGC	47.78 q
	23.09	24.69	
9 Laracuente, Xavier		JRPOO	47.89 q
	23.16	24.73	
10 Wu, Alex		SRNWM	48.21 q
	23.16	25.05	
11 Gibson, Matt		SRTSW	48.79 q
	23.35	25.44	
12 Mackenzie, Kevin		JRSJC	48.86 q
	23.69	25.17	
13 Hodges, Rio		SRRMT	48.90 q
	23.48	25.42	
14 Kilgallin, Billy		SRGONZ	49.25 q
	23.60	25.65	
15 Brophy, Evan		SRWTM	49.33 q
	23.77	25.56	
16 Antonisse, Noel		SRMTB	49.43 q
	23.77	25.66	

17 Welter, PT	SOGONZ	49.44 q
	24.12	25.32
18 Lichtenfels, William	SRGONZ	49.79 q
	23.72	26.07
19 Mion, Nicholas	SRDEM	49.97 q
	23.95	26.02
20 Daza, Matthew	SOWAJ	50.04 q
	23.91	26.13
21 Wilkins, Domminic	SRSMR	50.50
	24.55	25.95
22 Okado da Silva, Vini	SOWAJ	50.77
	24.50	26.27
23 Fralin, Hayden	BEARS	51.06
	24.56	26.50
*24 O'Connor, Reily	JRSEV	51.09
	24.60	26.49
*24 Kynoch, Brent	SRPREP	51.09
	24.96	26.13
26 Kelso, Aidan	BEARS	51.28
	24.67	26.61
27 Merley, Connor	13STA	51.48
	24.13	27.35
28 Jentoft-Herr, Eric	JREBS	51.51
	24.44	27.07
29 Soevik, Njord	JRWCH	51.69
	25.14	26.55
30 Semler, Josh	JRSMG	51.70
	24.82	26.88
31 Sun, Lucky	FRWCH	51.80
	24.45	27.35
32 Krisko, Patrick	JRPOO	51.87
	24.85	27.02
33 Gutman, Tyler	SOBU	51.91
	24.59	27.32
34 Walter, Griffin	SRDHS	52.12
	25.17	26.95
35 Blanchard, Grayson	FRSEV	52.37
	25.31	27.06
36 Li, Abbott	SRTSW	52.43
	25.34	27.09
37 Kim, Anthony	SOPOO	52.48
	25.19	27.29
38 Lazar, Jason	SOTSW	52.73
	25.75	26.98
39 McCarty, Jack	JRPOO	52.97
	25.03	27.94
40 Rurka, John	SRSJC	53.07
	25.43	27.64
41 Braker, Andrew	SRSHE	53.15
	25.53	27.62
42 Ado, Jacob	SRGHS	53.16
	25.33	27.83
43 Mittl, Matthew	SRRMT	53.19
	25.04	28.15
44 Ricks, Wilson	14STA	53.29
	25.60	27.69

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Results

Preliminaries ... (#13 Boys 100 Yard Free)

45	Berry, Kevin	FR PREP	53.40
	25.36	28.04	
46	Hsieh, Justin	JR NWM	54.77
	26.00	28.77	

#14 Girls 100 Yard Free

METROS: 49.94M 2012 Caroline McTaggart
MCPS: 50.35C 2004 Kassy Kugler
Pool Record: 49.66P 2011 Abbey McKenney
50.91 AAAU
51.67 AAAC

Name	Yr	Team	Finals Time
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A - Final

1	McTaggart, Caroline	SOHA	49.72MAAAU
	24.09	25.63	
2	Kirsch, Sydney	FRSJC	52.29
	24.96	27.33	
3	Illig, Michelle	SR WCH	52.40
	25.16	27.24	
4	Conrad, Megan	SR SHE	53.05
	25.93	27.12	
5	Tiberino, Alicia	JR WCH	53.13
	25.61	27.52	
6	Doan, Melanie	PBR	53.42
	25.19	28.23	
7	Song, Dorit	SOPOO	53.43
	26.00	27.43	
8	Richter, Audrey	FRRMT	53.58
	25.73	27.85	
9	Jubin, Isabelle	SOHA	53.62
	25.74	27.88	
10	Kannan, Sarah	JR WWH	53.63
	25.81	27.82	

B - Final

11	Burke, Bridie	JR GV	51.36 AAAC
	24.78	26.58	
12	Gasaway, Cecila	JR SR	53.46
	25.69	27.77	
13	Fagan, Annie	JR TSW	53.70
	25.75	27.95	
14	Martinko, Jordan	SR GC	54.38
	26.23	28.15	
15	Popera, Alexa	SOCHC	54.48
	26.26	28.22	
16	Sheapp, Kylie	SR SHE	54.71
	26.10	28.61	
17	Rysak, Bethany	JR BCC	55.10
	26.46	28.64	
18	Gregory, Catherine	FRSJC	55.80
	26.66	29.14	
19	Sweeney, Katie	JR CZM	56.19
	26.59	29.60	
20	Zhang, Lynn	FRTSW	56.42
	27.28	29.14	

#14 Girls 100 Yard Free

METROS: 49.94M 2012 Caroline McTaggart
MCPS: 50.35C 2004 Kassy Kugler
Pool Record: 49.66P 2011 Abbey McKenney
50.91 AAAU
51.67 AAAC

Name	Yr	Team	Prelim Time
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Preliminaries

1	McTaggart, Caroline	SOHA	51.38 qAAAC
	24.71	26.67	
2	Kirsch, Sydney	FRSJC	52.40 q
	25.25	27.15	
3	Illig, Michelle	SR WCH	53.25 q
	25.58	27.67	
4	Kannan, Sarah	JR WWH	53.26 q
	25.60	27.66	
5	Doan, Melanie	PBR	53.41 q
	25.43	27.98	
6	Conrad, Megan	SRSHE	53.69 q
	26.19	27.50	
7	Tiberino, Alicia	JR WCH	53.94 q
	26.23	27.71	
8	Richter, Audrey	FRRMT	54.08 q
	26.36	27.72	
9	Jubin, Isabelle	SOHA	54.09 q
	26.01	28.08	
10	Song, Dorit	SOPOO	54.27 q
	26.35	27.92	
*11	Gasaway, Cecila	JR SR	54.31 q
	26.31	28.00	
*11	Popera, Alexa	SOCHC	54.31 q
	26.59	27.72	
13	Martinko, Jordan	SR GC	54.64 q
	26.53	28.11	
14	Burke, Bridie	JR GV	54.82 q
	25.76	29.06	
15	Fagan, Annie	JR TSW	55.24 q
	26.62	28.62	
16	Sheapp, Kylie	SRSHE	55.79 q
	26.86	28.93	
17	Rysak, Bethany	JR BCC	56.00 q
	27.20	28.80	
18	Gregory, Catherine	FRSJC	56.27 q
	27.28	28.99	
19	Zhang, Lynn	FRTSW	56.34 q
	27.60	28.74	
20	Sweeney, Katie	JR CZM	56.66 q
	26.92	29.74	
21	Straathoff, Elizabeth	JR WAJ	56.68
	27.53	29.15	
22	Gibson, Claudia	FR TSW	56.70
	27.55	29.15	
23	Arai, Jennifer	SRMTB	56.76
	27.22	29.54	

24	Kolanowski, Christin	SOSHE	56.86
	27.04	29.82	
25	McKinney, Halsey	JR HA	57.05
	27.49	29.56	
26	Cohen, Nina	SRHA	57.25
	27.33	29.92	
27	Vaules, Sayaka	FRPOO	57.27
	27.60	29.67	
28	way, Andi	SOGC	57.40
	27.79	29.61	
29	Marcus, Sara	SRNWM	57.43
	27.40	30.03	
30	Kellett, Halie	SR WWH	57.44
	27.56	29.88	
31	Triau, Abigail	SR CZM	57.52
	27.66	29.86	
32	Bogart, Isabel	FRSJC	57.54
	27.69	29.85	
33	Knapp, Lindsay	SOPOO	57.61
	28.12	29.49	
34	Marcus, Sophie	SRNWM	57.69
	27.62	30.07	
35	Jih, Cynthia	SRPOO	57.70
	27.35	30.35	
36	Wright, Kathryn	FR WCH	58.01
	28.55	29.46	
37	Langworthy, Anna	FR DHS	58.12
	27.75	30.37	
38	Dunbar, Maya	JR ES	58.15
	28.34	29.81	
39	Bearman, Emma	11 JFK	58.45
	28.26	30.19	
40	Cardoni, Alexa	SOWAJ	58.52
	27.80	30.72	
41	Ho, Connie	FRMTB	58.70
	28.27	30.43	
42	Melcher, Cosette	SOWCH	59.00
	28.28	30.72	
43	Whelan, Emma	SOSMG	59.01
	28.37	30.64	
44	Nowak, Caroline	JR MTB	59.16
	28.19	30.97	
45	Spak, Katie	SOWAJ	59.75
	28.27	31.48	
46	He, Michelle	SRTSW	1:00.02
	28.91	31.11	

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Results

#15 Boys 500 Yard Free					12	Burgett, Noah	SOWAJ	4:40.58	4	Springer, Gavin	SID	4:32.30	qAAAC	
METROS: 4:17.51M 2012 Jack Conger						25.81	28.07	28.34	28.47		24.81	26.72	27.42	27.79
MCPS: 4:20.04C 2012 Garrett Powell						28.47	28.65	28.35	28.46		27.56	27.84	28.21	28.10
Pool Record: 4:17.51P 2012 Jack Conger						28.24	27.72				27.87	25.98		
4:30.83 AAAU					13	Hammond, Lukas	JR MTB	4:42.52		5	Welch, Brady	JR GC	4:32.74	qAAAC
4:35.75 AAAC						25.16	28.01	28.38	28.63		23.99	26.55	27.28	27.78
						28.50	28.72	28.89	28.98		27.58	27.85	27.92	27.99
						28.90	28.35				28.20	27.60		
					14	Hisnanick, James	SOSPB	4:44.29		6	Foster, Jack	SRMTB	4:34.11	qAAAC
						25.67	28.09	28.71	29.15		25.09	27.41	27.10	27.53
						28.69	28.74	28.72	29.07		27.75	27.83	27.97	27.92
						29.18	28.27				28.26	27.25		
					15	Kiehl, Joshua	SRCLK	4:45.36		7	Sullivan, Mike	SOWWH	4:34.39	qAAAC
						25.44	27.77	28.28	28.80		24.89	27.27	27.71	27.84
						28.89	29.18	29.40	29.59		27.59	27.69	28.01	28.01
						29.33	28.68				27.93	27.45		
					16	Wainer, Julian	SOWAJ	4:46.61		8	Stevenson, Jamie	SRBCC	4:37.30	q
						26.19	28.05	28.59	28.52		25.46	27.08	27.80	28.11
						28.95	29.09	28.97	29.46		28.31	28.24	28.23	28.40
						29.54	29.25				28.40	27.27		
					17	Tragotsis, Nikos	JR TSW	4:47.45		9	Greenhalgh, Andrew	SRBCC	4:37.50	q
						25.65	28.06	28.86	29.11		26.00	27.58	27.90	27.99
						29.39	29.50	29.44	29.67		28.19	28.25	27.97	27.90
						29.81	27.96				28.16	27.56		
					18	Ge, Steve	SRWCH	4:50.74		10	Tsau, Brian	SOMTB	4:38.36	q
						25.52	28.26	28.83	28.80		25.48	27.02	27.33	27.56
						29.42	29.71	30.30	30.48		27.73	27.82	28.31	28.71
						29.87	29.55				29.18	29.22		
					19	Bajorek, Peter	JR NWM	4:50.94		11	Camp, Cory	SRJHB	4:39.40	q
						25.71	28.37	28.93	29.44		24.70	27.35	27.87	28.21
						29.34	29.58	30.02	29.97		28.52	28.32	28.76	28.94
						30.18	29.40				28.88	27.85		
					20	Mann, Andrew	JR QO	4:52.17		12	Hisnanick, James	SOSPB	4:41.18	q
						25.94	28.50	29.01	29.48		25.83	27.90	28.22	28.58
						29.68	29.97	29.95	30.18		28.65	28.45	28.65	28.84
						30.15	29.31				28.34	27.72		
#15 Boys 500 Yard Free														
METROS: 4:17.51M 2012 Jack Conger														
MCPS: 4:20.04C 2012 Garrett Powell														
Pool Record: 4:17.51P 2012 Jack Conger														
4:30.83 AAAU														
4:35.75 AAAC														
					Name	Yr	Team	Prelim Time						
A - Final														
1 Conger, Jack					SRGC		4:13.87MAAAU							
22.16					24.48	25.34	25.81							
26.08					26.28	26.45	26.49							
26.24					24.54									
2 Springer, Gavin					SID	4:29.54	AAAU							
24.07					26.02	26.91	27.41							
27.60					27.70	27.93	27.99							
27.40					26.51									
3 Novak, Brennan					SOGONZ	4:31.23	AAAC							
24.39					26.54	27.30	27.47							
27.47					27.67	27.72	27.82							
27.83					27.02									
4 Welch, Brady					JR GC	4:32.73	AAAC							
24.18					26.30	27.02	27.56							
27.62					27.95	28.11	28.13							
28.24					27.62									
5 Foster, Jack					SRMTB	4:35.07	AAAC							
24.69					26.96	27.34	28.01							
27.88					27.84	27.86	28.14							
28.38					27.97									
6 Snodderly, Joesph					SOPREP	4:36.16								
24.96					26.89	27.45	27.71							
28.04					28.14	28.38	28.45							
28.33					27.81									
7 Tsau, Brian					SOMTB	4:36.32								
25.31					27.18	27.73	28.36							
28.24					27.90	28.17	28.31							
27.88					27.24									
8 Stevenson, Jamie					SRBCC	4:37.12								
25.80					27.58	27.76	28.28							
27.97					28.29	28.11	28.14							
28.06					27.13									
9 Greenhalgh, Andrew					SRBCC	4:38.41								
25.72					27.42	28.16	28.17							
28.22					28.34	28.23	28.26							
28.31					27.58									
10 Sullivan, Mike					SOWWH	4:39.38								
24.58					27.30	27.83	28.11							
28.32					28.59	28.81	28.86							
29.01					27.97									
B - Final														
11 Camp, Cory					SRJHB	4:38.05								
25.17					27.68	28.31	28.46							
28.20					28.26	28.54	28.24							
27.91					27.28									

**2013 WASHINGTON METROPOLITAN INTERSCHOLASTIC
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Results

Preliminaries ... (#15 Boys 500 Yard Free)					31 Parker, Jacob	SRRMT	4:57.10	45 Rurka, Christopher	JR PREP	5:17.01			
18 Bajorek, Peter	JR NWM	4:46.58	q		25.84	28.57	29.27	29.35	27.45	30.08	31.41	32.00	
		25.67	28.26	28.92	29.12	29.76	30.18	30.71	31.18	32.12	32.72	32.92	33.30
		28.99	29.17	29.44	29.26	31.37	30.87			32.96	32.05		
		29.25	28.50										
19 Wainer, Julian	SOWAJ	4:46.73	q		25.93	28.64	28.69	29.47	46 Barbour, Sean	FRDEM	5:25.26		
		25.64	27.35	28.39	28.82	30.01	30.67	31.06	31.73	28.12	31.39	32.64	33.38
		29.22	29.27	29.54	29.60	31.55	30.73			33.53	33.91	33.51	34.30
		29.95	28.95							32.71	31.77		
20 Mann, Andrew	JR QO	4:47.48	q		26.59	29.25	29.45	29.59	47 Li, Alan	FRRMT	5:25.61		
		25.79	28.31	28.63	28.70	30.19	30.36	30.67	31.19	28.88	32.31	32.80	33.86
		28.65	29.10	29.17	29.53	30.91	30.84			33.40	32.99	33.32	33.09
		30.08	29.52							33.54	31.42		
21 Kirchner, Michael	SR WAJ	4:48.11			26.78	29.89	30.16	30.55	48 Jones, Patrick	SOSMG	5:31.09		
		26.08	28.39	28.64	28.77	29.79	29.96	30.32	30.85	28.62	32.04	33.01	33.92
		28.91	29.17	29.40	29.54	31.19	29.78			34.17	34.44	34.28	34.38
		29.62	29.59							33.79	32.44		
22 Caverly, Robert	SRNWM	4:48.46			27.07	30.32	30.36	30.69	#16 Girls 500 Yard Free				
		25.86	28.20	28.77	29.17	30.90	30.89	30.85	31.07	METROS: 4:33.14M 2013 Kathleen Ledecky			
		29.20	29.52	29.32	29.73	31.02	29.79			MCPS: 4:48.12C 1989 Pam Minthorn			
		29.62	29.07							Pool Record: 4:33.14P 2013 Kathleen Ledecky			
23 McGuire, Jack	JR WCH	4:50.69			27.43	30.16	30.64	30.80	4:52.74 AAU				
		25.89	27.49	28.32	28.94	30.94	31.50	31.32	31.08	4:57.96 AAAC			
		29.62	29.79	29.71	30.26	31.04	30.69			Name	Yr	Team	Finals Time
		30.40	30.27							A - Final			
24 Rubenstein, Jake	SR POO	4:50.85			37 Kopp, Jeff	BEARS	5:06.51		1 Ledecky, Kathleen	SOSR	4:31.38MAAAU		
		26.23	28.58	29.22	29.63	26.79	29.78	30.52	31.10	24.85	26.75	27.14	27.61
		29.66	29.68	29.60	29.57	31.10	31.60	31.14	31.93	27.69	27.61	27.62	27.87
		29.69	28.99			31.74	30.81			27.64	26.60		
25 Goodkind, Chris	SOTSW	4:53.46			38 Fritz, Wyatt	FRBCC	5:07.56		2 Meyer, Charlotte	SRWWH	4:50.85	AAAU	
		25.76	28.21	28.84	29.47	27.71	30.72	31.57	31.39	27.23	28.62	29.08	29.42
		30.01	30.43	30.14	30.62	31.59	31.38	31.06	31.18	29.33	29.31	29.52	29.76
		30.06	29.92			30.62	30.34			29.88	28.70		
26 Henneman, John	FR GONZ	4:54.95			39 Emerson, Casey	16 STA	5:08.86		3 Gu, Elaina	SOWCH	4:57.06	AAAC	
		26.25	29.08	29.80	29.62	28.35	30.67	31.23	31.17	27.60	29.82	30.34	30.39
		29.80	30.33	30.23	29.95	31.58	31.67	31.25	31.39	30.41	29.90	30.11	30.28
		30.56	29.33			31.45	30.10			29.77	28.44		
27 Steingass, Evan	SOGONZ	4:55.27			40 Herbert, David	FRPVI	5:09.95		4 Johnson, Morgan	14 NCS	4:57.70	AAAC	
		27.20	29.44	30.08	30.14	26.82	29.82	30.53	31.37	26.76	29.30	29.63	30.00
		29.96	30.49	29.95	29.96	31.67	32.32	31.63	31.86	30.24	30.42	30.24	30.73
		29.86	28.19			32.44	31.49			30.75	29.63		
28 Hedlund, Justin	SOBCC	4:55.45			41 Cochran, Christopher	SOWCH	5:11.78		5 Hubert, Leah	JR TSW	5:00.81		
		26.73	29.16	29.77	30.11	27.98	30.88	31.97	31.87	27.47	29.59	30.01	30.26
		29.77	29.87	30.42	30.10	31.81	31.41	31.89	31.64	30.03	30.42	30.86	31.05
		30.02	29.50			31.64	30.69			31.07	30.05		
29 Engel, Jake	SR QO	4:55.55			42 Zhang, David	FRRMT	5:12.17		6 Hill, Morgan	FRSHE	5:04.44		
		26.51	29.47	29.80	29.12	29.38	31.86	31.20	32.05	27.17	29.28	30.02	30.58
		29.69	30.20	30.06	30.34	32.03	32.00	31.54	31.58	30.40	31.33	31.69	31.71
		30.27	30.09			30.83	29.70			31.47	30.79		
30 Mejia, Kevin	SR WAJ	4:56.51			43 VanderWeele, Andre	JR NW	5:12.91		7 Kuvan, Sophia	JR WAJ	5:05.06		
		27.54	29.76	29.86	29.97	27.15	30.48	31.43	31.39	27.75	29.65	30.45	30.70
		30.45	29.72	30.06	30.48	32.07	32.15	31.81	32.33	30.93	31.19	31.36	31.64
		29.49	29.18			32.64	31.46			31.06	30.33		
					44 Martin, Bruce	JR POO	5:13.06		8 Dickerson, Brittany	SRRMT	5:05.90		
						29.35	32.58	32.83	32.34	28.03	30.06	30.85	31.08
						31.37	31.04	31.06	31.10	30.96	31.17	31.17	31.08
						31.13	30.26			31.30	30.20		

2013 WASHINGTON METROPOLITAN INTERSCHOLASTIC SWIMMING AND DIVING CHAMPIONSHIPS

Results

A - Final ... (#16 Girls 500 Yard Free)

9	Miller, Makenzie	JR GC	5:08.55	
	28.08	29.77	30.51	30.90
	31.15	31.86	31.73	32.26
	31.38	30.91		
10	Boege, Hedda	SRDHS	5:11.69	
	27.85	30.27	31.05	31.56
	31.61	31.52	32.13	32.24
	32.38	31.08		

B - Final

11	Anderson, Molly	JR SHE	5:08.95	
	28.28	30.65	30.77	31.39
	31.17	31.32	31.40	31.39
	31.72	30.86		
12	Klausing, Kimberly	SRTSW	5:12.35	
	27.72	30.31	31.06	31.75
	32.00	32.07	32.52	32.56
	31.76	30.60		
13	Abeles, Elizabeth	SID	5:13.01	
	28.15	30.67	31.14	31.61
	31.88	31.97	32.14	32.17
	31.93	31.35		
14	Welch, Jeanette	JR TSW	5:15.54	
	27.89	30.67	31.74	32.09
	32.35	32.35	32.62	32.37
	32.39	31.07		
15	Dahlin, Katie	SOPPO	5:16.42	
	28.18	30.79	31.87	32.90
	32.08	31.84	32.88	32.62
	32.37	30.89		
16	Kaufman, Colleen	FRSHE	5:17.33	
	27.90	30.94	31.66	31.58
	32.67	32.84	32.68	33.16
	32.51	31.39		
17	Martin, Bella	SOBCC	5:17.67	
	28.94	31.19	31.96	32.11
	32.37	32.68	32.39	32.47
	32.40	31.16		
18	McGuire-Wien, Elea	FRBCC	5:17.89	
	27.95	31.07	31.85	32.51
	32.48	32.80	32.51	32.49
	32.73	31.50		
19	McCreary, Megan	CHC	5:17.94	
	28.87	30.70	31.68	32.07
	32.69	32.75	32.77	32.58
	32.54	31.29		
20	St. John, Mary	SID	5:23.75	
	29.41	32.35	32.72	33.40
	33.18	33.03	32.57	32.94
	32.89	31.26		

#16 Girls 500 Yard Free

METROS:		4:33.14M	2013	Kathleen Ledecy	
MCPS:		4:48.12C	1989	Pam Minthorn	
Pool Record:		4:33.14P	2013	Kathleen Ledecy	
		4:52.74	AAAU		
		4:57.96	AAAC		
Name		Yr	Team	Prelim Time	
Preliminaries					
1	Ledecy, Kathleen		SOSR	4:33.14Mq	AAAAU
	24.91		26.94	27.35	27.66
	27.58		27.66	27.99	28.12
	28.03		26.90		
2	Meyer, Charlotte		SR WWH	4:51.04	qAAAAU
	27.24		28.69	28.84	29.18
	29.47		29.10	29.34	29.65
	30.16		29.37		
3	Gu, Elaina		SOWCH	4:56.13	qAAAC
	27.35		29.45	30.04	30.23
	30.28		29.91	29.61	30.03
	29.91		29.32		
4	Hill, Morgan		FRSHE	5:00.78	q
	26.89		28.73	29.73	30.18
	30.75		30.75	31.04	31.42
	31.02		30.27		
5	Dickerson, Brittany		SRRMT	5:01.71	q
	28.16		30.05	30.69	30.70
	30.76		30.22	30.54	30.30
	30.34		29.95		
6	Johnson, Morgan	14	NCS	5:01.94	q
	27.24		29.33	30.06	30.22
	30.66		30.77	30.85	31.05
	31.16		30.60		
7	Kuvan, Sophia		JR WAJ	5:02.09	q
	27.27		29.54	30.31	30.53
	30.91		30.99	30.58	30.64
	30.66		30.66		
8	Hubert, Leah		JR TSW	5:03.24	q
	27.90		29.89	30.44	30.70
	30.85		30.24	30.90	31.34
	31.08		29.90		
9	Miller, Makenzie		JR GC	5:03.37	q
	27.54		30.10	30.44	30.69
	30.72		31.18	30.85	31.34
	30.94		29.57		
10	Boege, Hedda		SRDHS	5:07.98	q
	27.85		30.70	31.09	31.11
	31.07		31.14	31.56	31.47
	31.39		30.60		
11	Anderson, Molly		JR SHE	5:09.54	q
	28.36		30.64	31.33	31.12
	31.14		31.13	31.49	31.65
	31.79		30.89		

12	Klausing, Kimberly	SRTSW	5:12.87	q
	28.19	30.82	31.53	31.89
	31.80	31.83	31.85	31.78
	31.95	31.23		
13	Kaufman, Colleen	FRSHE	5:16.27	q
	28.02	31.22	32.05	31.96
	32.02	32.11	32.68	32.50
	32.24	31.47		
14	Welch, Jeanette	JR TSW	5:16.98	q
	28.58	31.11	31.92	32.37
	32.20	32.34	32.59	32.22
	32.24	31.41		
15	Abeles, Elizabeth	SID	5:17.39	q
	28.70	30.37	31.25	31.51
	32.18	32.36	32.60	32.66
	32.90	32.86		
16	McGuire-Wien, Elea	FRBCC	5:17.83	q
	28.16	30.68	32.27	32.76
	32.80	32.60	32.82	31.94
	32.47	31.33		
17	Martin, Bella	SOBCC	5:18.95	q
	28.78	31.50	32.15	32.15
	32.52	32.22	32.65	32.61
	32.66	31.71		
18	Dahlin, Katie	SOPPO	5:19.15	q
	28.18	30.99	31.98	32.56
	32.71	32.04	32.93	32.54
	33.12	32.10		
19	St. John, Mary	SID	5:20.89	q
	28.87	31.89	32.48	32.54
	32.74	32.73	32.87	32.74
	32.51	31.52		
20	McCreary, Megan	CHC	5:21.42	q
	29.44	31.66	32.09	32.21
	32.52	32.80	33.04	33.18
	32.82	31.66		
21	Pereles, Grace	SOWCH	5:22.96	
	29.41	31.91	32.89	32.98
	32.96	32.96	32.75	32.80
	32.79	31.51		
22	Ryan, Margarita	FRGC	5:23.29	
	28.64	31.98	32.58	32.72
	32.72	32.75	33.26	33.12
	1:05.52			
23	Moore, Emma	FRMTB	5:24.36	
	28.84	31.26	32.07	32.56
	32.82	32.84	33.46	33.72
	33.63	33.16		
24	Sheapp, Kaitlyn	SRSHE	5:24.69	
	29.65	31.40	32.21	32.55
	32.80	33.07	33.14	33.62
	33.63	32.62		
25	Ridge, Kelsey	FRWCH	5:26.31	
	29.57	32.00	33.03	33.27
	33.52	33.30	33.44	33.18
	33.07	31.93		

**2013 WASHINGTON METROPOLITAN INTERSCHOLASTIC
SWIMMING AND DIVING CHAMPIONSHIPS**

Results

Preliminaries ... (#16 Girls 500 Yard Free)

26	Alvarado, Carly	SOCLK	5:26.62	
	28.55	31.49	32.49	33.37
	33.50	33.85	33.78	34.01
	33.52	32.06		
27	Anderson, Gail	FREIN	5:26.75	
	30.16	32.11	32.47	32.36
	32.82	33.27	33.46	33.66
	33.50	32.94		
28	Ockenhouse, Sarah	FRBCC	5:27.51	
	29.12	32.21	33.08	33.16
	33.26	33.15	33.42	33.65
	33.54	32.92		
29	Urban, Natalie	JR GC	5:27.69	
	29.10	31.87	32.82	33.11
	33.28	33.46	33.48	33.59
	33.84	33.14		
30	Erfani, Yassaman	SRHA	5:32.58	
	29.21	32.42	33.81	33.82
	34.41	34.16	34.09	34.30
	33.77	32.59		
31	Karayianis, Katherine	FR WCH	5:32.76	
	30.66	32.70	33.24	33.58
	33.79	33.95	34.00	33.80
	33.88	33.16		
32	Toth, Kristen	FRSVPHS	5:33.51	
	30.20	32.67	33.97	33.35
	34.12	34.07	34.03	34.26
	33.97	32.87		
33	Banks, Kacey	SAA	5:34.99	
	30.38	33.57	33.67	33.85
	33.80	33.90	34.24	34.30
	34.11	33.17		
34	Pawlowski, Lucy	FRAHC	5:39.78	
	31.42	33.63	33.86	34.04
	34.23	34.51	34.60	34.79
	34.65	34.05		
35	Olsson, Anna	FR MTB	5:40.26	
	29.90	32.37	33.70	34.17
	34.60	35.27	35.73	36.10
	35.22	33.20		
36	Barpoulis, Megan	SOHA	5:40.51	
	29.88	32.90	34.02	34.29
	34.16	35.09	35.12	34.73
	35.12	35.20		
37	Bergman, Meredith	SOGDS	5:40.68	
	30.51	32.95	34.27	34.61
	35.26	35.94	35.39	34.56
	34.19	33.00		
38	D'Arpa, Monica	JR TSW	5:40.91	
	29.60	32.75	33.61	33.96
	34.03	34.75	35.67	35.92
	36.06	34.56		

39	Robinson, Sophie	FRGHS	5:41.39	
	31.05	33.28	34.02	34.46
	34.74	34.97	35.14	35.22
	1:08.51			
40	Griffin, Hannah	SOWAJ	5:41.85	
	30.58	33.44	34.18	34.08
	34.01	34.59	34.54	35.46
	35.94	35.03		
41	Neubig, Theresa	SOPVI	5:44.50	
	29.98	33.66	34.78	35.12
	36.15	35.02	35.26	36.10
	35.14	33.29		
42	Hoyson, Ellen	JR GC	5:47.04	
	30.65	34.32	35.41	35.17
	35.62	34.92	34.85	35.45
	35.50	35.15		
43	Noll, Abigail	JR ROC	5:48.03	
	31.00	33.71	34.53	35.45
	35.36	35.49	36.02	36.32
	35.81	34.34		
44	Hippchen, Mary	FRSJC	5:48.67	
	30.88	33.73	34.99	35.36
	35.34	35.76	35.82	35.95
	1:10.84			
45	Jacome, Natasha	SRSJC	5:54.92	
	30.35	33.23	34.70	35.67
	36.38	36.74	37.15	37.61
	37.65	35.44		
46	Orosz, Dora	SOWAJ	5:55.14	
	32.90	35.22	35.22	35.85
	35.90	36.05	36.15	36.71
	36.56	34.58		
---	Valenti, Ellie	SOQO	DQ	
	False start			
	30.08	32.68	34.26	34.77
	35.07	35.03	35.16	35.36
	35.16	33.66		
---	Braviak, Caroline	SOWAJ	DFS	
	Declared false start			
17 Boys 200 Yard Free Relay				
METROS: 1:24.88M 2012 Gonzaga College High School				
O'Hara, P Reyes, M Hardimon, S Sullivan				
MCPS: 1:27.08C 2011 Churchill				
C Asbury, C Salgado, O Sovek, A Cole				
Pool Record: 1:20.92P 2011 Boston University				
Gilmartin, M Rickett, J Hill, D Kempf				
1:25.46 AAU				
1:26.92 AAAC				
Team Relay Finals Time				
A - Final				
1	GONZ		1:25.80C AAAC	
	O'Hara, Paul SR	Bloom, William SR		
	Lichtenfels, William SR	Valentine, Andrew JR		
	20.92	21.55	21.95	21.38

2	WAJ		1:26.36C AAAC	
	Mangold, Barrett SR	Root, Christopher SR		
	Burgett, Noah SO	Nugent, Jean-Marc JR		
	21.19	21.44	43.73	
3	WCH		1:26.54C AAAC	
	Ge, Steve SR	Gu, Kevin JR		
	Gu, Harrison JR	Cole, Austin SR		
	22.77	21.90	21.65	20.22
4	PREP		1:28.87	
	Goddard, Grant SO	Kim, Abraham FR		
	Goldstein, Brandon SO	Kynoch, Brent SR		
	21.35	23.12	21.63	22.77
5	TSW		1:29.81	
	Dickey, Austin SR	Tragotsis, Nikos JR		
	Lazar, Jason SO	Katsigiannakis, Emmanuel		
	22.05	22.60	22.91	22.25
6	NWM		1:30.17	
	Wu, Alex SR	Allsopp, Robert JR		
	Bajorek, Peter JR	English, Braidon JR		
	21.92	22.49	22.47	23.29
7	DEM		1:31.07	
	Henderson, Clifford SR	Mion, Nicholas SR		
	Buehler, Dylan SO	Barbour, Sean FR		
	22.03	22.30	23.40	23.34
8	POO		1:31.20	
	Laracuenta, Xavier JR	Lin, Alex JR		
	Krisko, Patrick JR	Rubenstein, Jake SR		
	22.33	22.21	23.33	23.33
9	MTB		1:31.22	
	Hammond, Lukas JR	Lin, Eric JR		
	Tsau, Brian SO	Antonisse, Noel SR		
	23.29	23.04	22.75	22.14
10	BEARS		1:32.55	
	Freeman, John	Fralin, Hayden		
	Kelso, Aidan	Kulp, Greg		
	22.54	22.94	23.42	23.65
B - Final				
11	RMT		1:32.15	
	Hodges, Rio SR	Walker, Graham SO		
	Mittl, Matthew SR	Sellemi, Victor JR		
	22.85	22.44	23.35	23.51
12	GC		1:32.78	
	Colket, Thomas SR	Mercer, Leo SR		
	Munson, Alex FR	Tucker, Chandler JR		
	22.64	23.20	23.59	23.35
13	STA		1:33.27	
	Ricks, Wilson 14	Clare, Matthew 14		
	Notaro, Nicholas 14	Merley, Connor 13		
	23.91	23.36	22.87	23.13
14	WWH		1:34.53	
	Johnson, Kevin SO	Bouvier, Ben SR		
	Pastoriza, Stephen SO	Taswell, Ethan SO		
	23.62	23.33	24.02	23.56
15	DHS		1:35.03	
	Dorsey, David SR	O'Leary, Ryan FR		
	Merlino, Garrett JR	Walter, Griffin SR		
	23.48	23.47	24.58	23.50

2013 WASHINGTON METROPOLITAN INTERSCHOLASTIC SWIMMING AND DIVING CHAMPIONSHIPS

Results

B - Final ... (#17 Boys 200 Yard Free Relay)

16	BCC	1:35.73			
	Hogan, David SR	Arias, Paulo FR			
	Stevenson, Jamie SR	Carden, Matt SR			
	24.04	23.80	23.79	24.10	
17	QO	1:35.93			
	Palmiere, Michael JR	Myers, Alex FR			
	Shapiro, Tyler JR	Kessler, Nathan SO			
	23.30	24.55	24.79	23.29	
18	SHE	1:36.09			
	Brailsford, Petyon SR	Navale, Rahul SR			
	Schwartz, Evan SR	Braker, Andrew SR			
	24.19	24.20	24.18	23.52	
19	SJC	1:36.62			
	Rurka, John SR	Ylli, Devi SO			
	Gibeily, Thomas SR	Miller, Christian FR			
	23.84	24.74	23.37	24.67	
20	SEV	1:39.64			
	Knopf, Nicholas SO	Sittinger, Corey SR			
	Blanchard, Grayson FR	O'Connor, Reily JR			
	26.73	26.42	23.93	22.56	

#17 Boys 200 Yard Free Relay

METROS: 1:24.88M 2012 Gonzaga College High S

P O'Hara, P Reyes, M Hardimon, S Sullivan

MCPS: 1:27.08C 2011 Churchill

C Asbury, C Salgado, O Sovek, A Cole

Pool Record: 1:20.92P 2011 Boston University

J Gilmartin, M Rickett, J Hill, D Kempf

1:25.46 AAAU

1:26.92 AAAC

Team	Relay	Prelim Time			
Preliminaries					
1	WCH	1:27.87	q		
	Ge, Steve SR	Gu, Kevin JR			
	Gu, Harrison JR	Cole, Austin SR			
	22.60	22.31	22.00	20.96	
2	WAJ	1:27.98	q		
	Mangold, Barrett SR	Root, Christopher SR			
	Burgett, Noah SO	Nugent, Jean-Marc JR			
	21.81	21.71	22.98	21.48	
3	GONZ	1:29.85	q		
	Valentine, Andrew JR	Bell, Drew JR			
	Bloom, William SR	Lichtenfels, William SR			
	22.53	22.88	22.43	22.01	
4	NWM	1:30.65	q		
	Wu, Alex SR	Allsopp, Robert JR			
	Bajorek, Peter JR	English, Braidon JR			
	22.39	22.83	22.53	22.90	
5	PREP	1:30.79	q		
	Goddard, Grant SO	Kynoch, Brent SR			
	Goldstein, Brandon SO	Kim, Abraham FR			
	21.66	23.42	22.09	23.62	
6	TSW	1:31.32	q		
	Dickey, Austin SR	Tragotsis, Nikos JR			
	Katsigiannakis, Emmanuel	Lazar, Jason SO			
	22.62	22.71	22.40	23.59	

7	MTB	1:32.21	q		
	Hammond, Lukas JR	Lin, Eric JR			
	Tsau, Brian SO	Antonisse, Noel SR			
	23.92	22.88	22.98	22.43	
8	POO	1:32.36	q		
	Rubenstein, Jake SR	Krisko, Patrick JR			
	Laracuente, Xavier JR	Lin, Alex JR			
	23.70	23.88	22.16	22.62	
9	DEM	1:32.78	q		
	Henderson, Clifford SR	Mion, Nicholas SR			
	Buehler, Dylan SO	Barbour, Sean FR			
	22.72	22.52	23.64	23.90	
10	BEARS	1:33.08	q		
	Freeman, John	Fralin, Hayden			
	Kelso, Aidan	Kulp, Greg			
	22.43	23.27	24.11	23.27	
11	RMT	1:33.35	q		
	Hodges, Rio SR	Mittl, Matthew SR			
	Walker, Graham SO	Sellemi, Victor JR			
	23.15	23.74	22.90	23.56	
12	STA	1:34.05	q		
	Ricks, Wilson 14	Clare, Matthew 14			
	Notaro, Nicholas 14	Merley, Connor 13			
	24.00	23.73	22.88	23.44	
13	GC	1:34.08	q		
	Colket, Thomas SR	Mercer, Leo SR			
	Munson, Alex FR	Tucker, Chandler JR			
	22.74	23.88	23.99	23.47	
14	DHS	1:35.39	q		
	Dorsey, David SR	O'Leary, Ryan FR			
	Merlino, Garrett JR	Walter, Griffin SR			
	23.60	23.16	25.04	23.59	
15	BCC	1:35.41	q		
	Hogan, David SR	Arias, Paulo FR			
	Stevenson, Jamie SR	Carden, Matt SR			
	23.91	24.07	23.46	23.97	
16	WWH	1:35.46	q		
	Pastoriza, Stephen SO	Bouvier, Ben SR			
	Johnson, Kevin SO	Taswell, Ethan SO			
	24.43	23.56	23.11	24.36	
17	QO	1:36.96	q		
	Palmiere, Michael JR	Myers, Alex FR			
	Myers, Brandon SR	Kessler, Nathan SO			
	23.57	24.49	25.02	23.88	
18	SJC	1:37.38	q		
	Rurka, John SR	Ylli, Devi SO			
	Gibeily, Thomas SR	Miller, Christian FR			
	24.30	24.82	23.29	24.97	
19	SHE	1:37.50	q		
	Brailsford, Petyon SR	Navale, Rahul SR			
	Schwartz, Evan SR	Braker, Andrew SR			
	24.65	24.56	24.69	23.60	
20	SEV	1:37.88	q		
	Knopf, Nicholas SO	Sittinger, Corey SR			
	Blanchard, Grayson FR	O'Connor, Reily JR			
	24.59	25.66	24.75	22.88	

21	CZM	1:37.90			
	Waters, John SR	Evantanto, Azevedo SO			
	Alfano, James SR	Mannella, Nicholas SR			
	23.77	24.91	25.79	23.43	
22	SMG	1:38.45			
	Semler, Josh JR	Katrina, Andrew			
	Jones, Patrick SO	Pinto, Eric JR			
	23.87	25.05	24.72	24.81	
23	WTM	1:38.52			
	Parra, Michael JR	Brophy, Lowell FR			
	Campbell, Richard SO	Brophy, Evan SR			
	25.30	25.53	25.06	22.63	
24	HTSHS	1:39.00			
	McHale, Robert SO	Weber, Joe SO			
	Kime, Griffin SR	Glasgow, Dan JR			
	24.66	25.12	25.12	24.10	
25	SMR	1:39.38			
	Wilkins, Domminic SR	Hoerauf, John FR			
	Manion, Tyler SR	Woodburn, Wyatt JR			
	23.48	26.71	25.49	23.70	
26	BU	1:39.69			
	Gutman, Tyler SO	Bramson, Max SR			
	Sussman, Nick JR	Barpoulis, Nick SR			
	25.72	25.95	25.15	22.87	
27	GHS	1:39.74			
	Hedquist, Pat FR	Mazhari, Arsome SR			
	Valencia, Matthew JR	Ado, Jacob SR			
	25.28	24.83	25.68	23.95	
28	ROC	1:40.17			
	Barr, Vincent SR	Toussaint, Tim SR			
	Rivera, Jake SO	Baldwin, John JR			
	24.63	25.55	25.62	24.37	
29	JFK	1:40.79			
	Bowrin, Thomas 10	Frizzell, Trent 11			
	Ruppert, Connor 9	Girguis, Mark 10			
	25.03	25.12	26.60	24.04	
30	GDS	1:41.98			
	Pavakis, Alex JR	Foley, Chris FR			
	Fitzgerald, Kyle JR	Callander, Scott SO			
	24.52	27.23	26.59	23.64	
31	CLK	1:43.95			
	Franklin, Spencer JR	White, Jared SO			
	Fowler, Zachary SO	Giacalone, Nick SO			
	25.03	25.22	27.53	26.17	
32	SPB	1:44.10			
	Ramos, Anthony JR	Weiser-Warscho, Victor JR			
	Talsania, Patrick JR	Stradley, Jimmy SR			
	25.83	26.35	28.20	23.72	
33	WIL	1:46.02			
	Fosburgh, Pieter	Dunston, Brandon			
	Rock, Paul	Kennedy-Noce, Josh			
	25.14	28.15	26.04	26.69	

**2013 WASHINGTON METROPOLITAN INTERSCHOLASTIC
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Results

#18 Girls 200 Yard Free Relay
METROS: 1:35.39M 2012 Walt Whitman High School
R Tong, S Kannan, A Gould, C Meyer
MCPS: 1:35.39C 2012 Walt Whitman High School
R Tong, S Kannan, A Gould, C Meyer
Pool Record: 1:34.40P 2011 Umber
D Cruz, E Ronning, A Miller, A McKenney
1:36.77 AAAU
1:38.33 AAAC

Team	Relay	Finals Time
A - Final		
1 SR		1:36.77 AAAU
	Gasaway, Cecila JR	Haley, Kelleigh FR
	Kronfli, Natalie SR	Ledecky, Kathleen SO
	24.56 24.26	25.28 22.67
2 WCH		1:36.98 AAAC
	Tiberino, Alicia JR	Andrews, Emily JR
	Gu, Elaina SO	Illig, Michelle SR
	24.85 24.99	23.63 23.51
3 TSW		1:38.01 AAAC
	Fagan, Annie JR	Klatzkin, Allie SR
	Zhang, Emily SO	Chen, Jessica JR
	24.92 24.62	24.34 24.13
4 WWH		1:38.05 AAAC
	Kannan, Sarah JR	Gould, Audrey SR
	Kuhn, Amanda SR	Meyer, Charlotte SR
	24.65 24.61	24.82 23.97
5 HA		1:39.76
	LeMone, Alexis FR	Cohen, Nina SR
	McKinney, Halsey JR	McTaggart, Caroline SO
	25.59 25.47	48.70
6 GC		1:39.83
	Miller, Makenzie JR	Mulquin, Catherine SR
	Cleary, Katherine SR	Martinko, Jordan SR
	24.88 24.66	25.16 25.13
7 RMT		1:40.09
	Richter, Audrey FR	Song, Kelsy FR
	El-Masry, Sophie FR	Nguyen, Michelle JR
	24.84 25.13	24.89 25.23
8 NCS		1:42.75
	Orme, Nicole 13	Bell, Erin 16
	Longosz, Elizabeth 15	Johnson, Morgan 14
	24.66 26.86	26.21 25.02
9 SHE		1:42.95
	Kaufman, Colleen FR	Kolanowski, Christina SO
	Flamand, Kelly JR	Sheapp, Kylie SR
	25.72 25.72	26.04 25.47
10 NWM		1:43.43
	Dai, Grace SR	Pincus, Alexis FR
	Marcus, Sara SR	Marcus, Sophie SR
	25.62 26.51	25.41 25.89
B - Final		
11 GV		1:42.25
	Gray, Megan SR	Uhar, Kit SO
	Collamore, Pauline JR	Burke, Bridie JR
	26.07 26.21	25.98 23.99

12 WAJ		1:42.64
	Straathoff, Elizabeth JR	Nugent, Haley JR
	Cirillo, Melanie SO	Cardoni, Alexa SO
	25.56 25.79	25.82 25.47
13 MTB		1:43.64
	Zhou, Amy SO	Nowak, Caroline JR
	Moore, Emma FR	Olsson, Anna FR
	25.67 26.24	26.09 25.64
14 BCC		1:44.46
	Berchem, Emily SR	Rysak, Bethany JR
	Ockenhouse, Sarah FR	Martin, Bella SO
	26.57 25.26	26.62 26.01
15 POO		1:44.79
	Dahlin, Katie SO	Lechner, Alexandra SR
	Song, Dorit SO	Vaules, Sayaka FR
	27.11 27.29	24.98 25.41
16 DHS		1:45.82
	Boege, Hedda SR	Betts, Courtney SO
	Williams, Marin FR	Langworthy, Anna FR
	25.65 26.15	27.49 26.53
17 SJC		1:46.64
	Gregory, Catherine FR	Strachan, Audrey FR
	Witte, Taylor JR	Osborne, Kara SR
	25.91 27.56	27.56 25.61
18 CZM		1:47.85
	Sweeney, Katie JR	Sonnenberg, Rachel JR
	Connor, Sofia SO	Triau, Abigail SR
	26.39 27.63	27.76 26.07
19 ES		1:48.77
	Hawkins, Erica SO	Howell, Julia SR
	Dunbar, Maya JR	Holley, Akeyla SO
	27.41 27.55	53.81
20 GDS		1:49.04
	Bailar, Schuyler JR	Goldman, Taylor SO
	Smulson, Hannah FR	Mayer, Morgan FR
	24.69 29.43	28.98 25.94

#18 Girls 200 Yard Free Relay
METROS: 1:35.39M 2012 Walt Whitman High School
R Tong, S Kannan, A Gould, C Meyer
MCPS: 1:35.39C 2012 Walt Whitman High School
R Tong, S Kannan, A Gould, C Meyer
Pool Record: 1:34.40P 2011 Umber
D Cruz, E Ronning, A Miller, A McKenney
1:36.77 AAAU
1:38.33 AAAC

Team	Relay	Prelim Time
Preliminaries		
1 WCH		1:38.63 q
	Tiberino, Alicia JR	Andrews, Emily JR
	Gu, Elaina SO	Illig, Michelle SR
	25.05 25.16	24.04 24.38
2 SR		1:38.75 q
	Gasaway, Cecila JR	Haley, Kelleigh FR
	Kronfli, Natalie SR	Ledecky, Kathleen SO
	25.61 24.45	25.60 23.09

3 WWH		1:39.07 q
	Kannan, Sarah JR	Gould, Audrey SR
	Kuhn, Amanda SR	Meyer, Charlotte SR
	24.63 24.58	25.10 24.76
4 TSW		1:39.36 q
	Fagan, Annie JR	Klatzkin, Allie SR
	Chen, Jessica JR	Zhang, Emily SO
	25.56 24.75	24.50 24.55
5 RMT		1:40.59 q
	Nguyen, Michelle JR	Song, Kelsy FR
	El-Masry, Sophie FR	Richter, Audrey FR
	26.01 24.91	25.09 24.58
6 GC		1:40.75 q
	Cleary, Katherine SR	Martinko, Jordan SR
	Miller, Makenzie JR	Mulquin, Catherine SR
	25.48 25.27	25.10 24.90
7 HA		1:42.32 q
	LeMone, Alexis FR	Cohen, Nina SR
	McKinney, Halsey JR	McTaggart, Caroline SO
	26.27 25.60	26.76 23.69
8 SHE		1:43.52 q
	Kaufman, Colleen FR	Kolanowski, Christina SO
	Flamand, Kelly JR	Sheapp, Kylie SR
	25.74 26.08	26.26 25.44
9 NCS		1:43.77 q
	Orme, Nicole 13	Longosz, Elizabeth 15
	Bell, Erin 16	Johnson, Morgan 14
	25.25 26.78	26.93 24.81
10 NWM		1:44.02 q
	Dai, Grace SR	Pincus, Alexis FR
	Marcus, Sara SR	Marcus, Sophie SR
	25.58 26.60	25.87 25.97
11 WAJ		1:44.47 q
	Nugent, Haley JR	Straathoff, Elizabeth JR
	Cirillo, Melanie SO	Cardoni, Alexa SO
	26.04 25.85	26.43 26.15
12 MTB		1:45.04 q
	Zhou, Amy SO	Moore, Emma FR
	Olsson, Anna FR	Nowak, Caroline JR
	25.86 26.46	26.03 26.69
13 DHS		1:46.21 q
	Boege, Hedda SR	Betts, Courtney SO
	Williams, Marin FR	Langworthy, Anna FR
	25.78 26.83	27.26 26.34
14 POO		1:46.36 q
	Dahlin, Katie SO	Lechner, Alexandra SR
	Song, Dorit SO	Vaules, Sayaka FR
	27.10 27.94	25.46 25.86
15 GV		1:46.49 q
	Gray, Megan SR	Uhar, Kit SO
	Collamore, Pauline JR	Burke, Bridie JR
	26.95 26.03	26.97 26.54
16 BCC		1:46.52 q
	Rysak, Bethany JR	Berchem, Emily SR
	Ockenhouse, Sarah FR	Martin, Bella SO
	26.15 26.37	27.15 26.85

2013 WASHINGTON METROPOLITAN INTERSCHOLASTIC SWIMMING AND DIVING CHAMPIONSHIPS

Results

Preliminaries ... (#18 Girls 200 Yard Free Relay)					*30 WIL	1:55.48	16 Henneman, John	FRGONZ	54.69
17 SJC	1:48.05	q			Baffer, Bryn	Ortiz, Bela	26.41	28.28	
Gregory, Catherine FR	Strachan, Audrey FR				Bohman, Camilla	Fosburgh, Elizabeth SO			17 Latona, Andrew
Witte, Taylor JR	Osborne, Kara SR				28.47	33.24	29.50	24.27	SRJHB
26.32	27.69	28.03	26.01						26.92
					*30 JFK	1:55.48			27.82
18 CZM	1:48.53	q			Liming, Samantha 12	McKneely, Katelyn 10			18 Rios, Jorge
Sweeney, Katie JR	Sonnenberg, Rachel JR				Miller, Lilan 12	Bearman, Emma 11	26.67	28.17	SRBCC
Connor, Sofia SO	Triau, Abigail SR				29.00				26.83
26.54	28.04	27.43	26.52						28.62
					32 CLK	1:55.82			20 Colket, Thomas
19 GDS	1:49.06	q			Alvarado, Carly SO	Ziegler, Rachel FR	28.83	28.94	SRGC
Bailar, Schuyler JR	Smulson, Hannah FR				Gomez, Kayla SO	Giacalone, Sarah FR			
Bergman, Meredith SO	Mayer, Morgan FR				26.30	27.46	31.05	31.01	
25.42	29.84	27.57	26.23						
					33 GHS	2:01.23			
20 ES	1:49.45	q			Robinson, Sophie FR	Brown, Melissa JR			
Hawkins, Erica SO	Holley, Akeyla SO				Lyons, Melanie JR	Chavez, Kiara JR			
Howell, Julia SR	Dunbar, Maya JR				28.64	30.19	1:02.40		
27.54	26.28	28.20	27.43						
					#19 Boys 100 Yard Back				
21 ROC	1:51.05				METROS:	47.27M	2013	Jack Conger	
Casimates, Ariana FR	Noll, Abigail JR				MCPS:	51.14C	2008	Sean Stewart	
Kumagai, Akari SO	Karl, Meghan FR				Pool Record:	47.27P	2013	Jack Conger	
27.63	28.56	27.89	26.97			50.32	AAAU		
						51.56	AAAC		
22 CHC	1:51.09				Name	Yr	Team	Prelim Time	
O'Berry, Caitlyn FR	Gilak, Lucy				A - Final				
McCreary, Megan	McInerny, Lydia				1 Conger, Jack	SRGC	46.76M	AAAU	
26.94	28.67	26.68	28.80		22.94	23.82			
					2 Welch, Brady	JR GC	51.76		
23 WTM	1:51.19				25.25	26.51			
Crews, Sarah JR	Wolf, Erika FR				3 Goldstein, Brandon	SOPREP	52.31		
Schiefer, Kailey SR	Hanson, Caroline SO				25.67	26.64			
28.15	28.50	27.84	26.70		4 Baker, Ryan	FRGONZ	52.75		
					25.58	27.17			
24 MARET	1:51.34				5 Gibson, Andrew	JR TSW	53.20		
Harangi, Dorottya FR	Grannis, Elizabeth JR				25.88	27.32			
Mulroy, Julia SR	Pietrantonio, Frances SR				6 Menguy, Hugo	JR RMT	53.48		
27.70	29.73	27.75	26.16		26.12	27.36			
					7 Miller, Timothy	SOWIL	53.63		
25 SMG	1:51.35				25.70	27.93			
Willoughby, Cailyn	Scott, Keeley SO				8 Wang, Alvin	JR QO	54.33		
Katrina, Jenna FR	Whelan, Emma SO				26.04	28.29			
28.82	27.75	28.68	26.10		9 Ashkin, Jase	FRGONZ	54.41		
					26.36	28.05			
26 POTO	1:51.76				10 Allsopp, Robert	JR NWM	54.79		
Cruzado, Jessica JR	Maruca, Amanda JR				26.30	28.49			
Kehoe, Clare SO	Kersten, Tatiana SR				B - Final				
27.14	28.91	27.59	28.12		11 Gibson, Matt	SRTSW	53.04		
					25.90	27.14			
27 SID	1:52.64				12 Connolly, Evan	JR GONZ	53.14		
Zeidan, Karine	Springer, Jessica				25.95	27.19			
Kulikowski, Tess	Wulf, Jocelyn				13 Freeman, John	BEARS	53.82		
29.22	29.16	27.55	26.71		25.99	27.83			
					14 Johnson, Duncan	JR EIN	53.93		
28 QO	1:53.86				26.18	27.75			
Hauri, Michaela SO	Kettl, Lauren JR				15 Yook, Daniel	SOTSW	54.32		
O'Keefe, Caroline FR	Cocker, Elizabeth SR				26.62	27.70			
27.61	29.52	28.22	28.51						
29 SMR	1:55.29								
Pagliarulo, Laura SR	Deppe, Meagan JR								
Gardiner, Sarah JR	Ye, Alexandra SO								
28.46	30.34	28.47	28.02						

**2013 WASHINGTON METROPOLITAN INTERSCHOLASTIC
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Results

Preliminaries ... (#19 Boys 100 Yard Back)				46 Yan, Alan	SOWCH	1:00.96	12 Alvarado, Carly	SOCLK	59.88
20 Latona, Andrew	SRJHB	55.25	q	29.10	31.86		29.28	30.60	
27.18	28.07			47 Knopf, Nicholas	SOSEV	1:01.14	13 Garcia, Laura	JR SR	1:00.15
*21 Edskes, Bouke	FRRMT	55.32		29.42	31.72		29.98	30.17	
26.84	28.48			*48 Orban, Peter	FRWTM	1:01.20	14 Ryan, Margarita	FRGC	1:00.50
*21 Arcaz, Arthur	SRWAJ	55.32		29.37	31.83		28.93	31.57	
27.29	28.03			*48 Koufos, Nikos	SOJHB	1:01.20	15 Kuhn, Amanda	SRWWH	1:00.60
Swim-Off Required				29.95	31.25		29.39	31.21	
23 Pavlakis, Alex	JR GDS	55.89		50 Charlip, Danny	SRWAJ	1:01.45	16 Raynor, Emma	JR HA	1:00.83
27.68	28.21			29.59	31.86		29.66	31.17	
24 Lair Ferrari, Andreas	12 GER	56.20		51 Davila, Jordan	FRWAJ	1:01.63	17 Goetcheus, Grace	FRAHC	1:01.32
27.59	28.61			28.77	32.86		29.41	31.91	
25 Caverly, Robert	SRNWM	56.40		52 Bauer, Travis	JR SPB	1:01.66	18 McGuire-Wien, Elea	FRBCC	1:01.70
27.05	29.35			30.41	31.25		30.10	31.60	
26 Wang, Peter	SORMT	56.78		53 DeLeon, Benito	SONWM	1:01.81	*19 Lathrop, Emily	SRMTB	1:01.88
27.50	29.28			29.71	32.10		30.20	31.68	
27 Walker, Graham	SORMT	57.19		54 Dubrovsky, Max	SRWWH	1:02.29	*19 Yu, Rona	FRMTB	1:01.88
27.68	29.51			55 Hopkins, Wesley	SOMTB	1:02.79	29.94	31.94	
28 Henderson, Clifford	SRDEM	57.39		30.74	32.05		#20 Girls 100 Yard Back		
27.59	29.80			56 Bouvier, Ben	SRWWH	1:04.14	METROS:	54.85M	2012 Kristina Li
29 Horikawa, Nozomi	FRWAJ	57.55		30.43	33.71		MCPS:	54.85C	2012 Kristina Li
28.14	29.41			--- Bailar, Jinwon	FRGDS	DFS	Pool Record:	53.46P	2010 Felicia Lee
30 Hedlund, Justin	SOBCC	57.75		Declared false start			55.76	AAAU	
28.35	29.40			#20 Girls 100 Yard Back				56.94	AAAC
31 Gutman, Tyler	SOBU	57.79		METROS:	54.85M	2012 Kristina Li	Name	Yr	Team
28.64	29.15			MCPS:	54.85C	2012 Kristina Li	Prelim Time		
32 Rubenstein, Jake	SRPOO	57.86		Pool Record:	53.46P	2010 Felicia Lee	Preliminaries		
28.24	29.62			55.76	AAAU		1 Lindsey, Hannah	FRWCH	55.85
33 An, William	SOPOO	57.96		56.94	AAAC		27.61	28.24	qAAAC
27.63	30.33			Name	Yr	Team	Finals Time		
34 Von Heeringen, Aust	JR SEV	58.12		A - Final			2 Li, Kristina	JR TSW	55.87
27.93	30.19			1 Li, Kristina	JR TSW	54.40MAAAU	27.42	28.45	qAAAC
35 Munson, Alex	FRGC	58.24		26.33	28.07		3 Mulquin, Catherine	SRGC	56.50
28.17	30.07			2 Lindsey, Hannah	FRWCH	54.74MAAAU	27.74	28.76	
36 Kopp, Jeff	BEARS	58.27		26.59	28.15		28.94	29.50	q
28.08	30.19			3 Mulquin, Catherine	SRGC	55.72 AAAU	5 Fosburgh, Elizabeth	SOWIL	58.76
37 Mackey, Colin	SOWCH	58.61		27.19	28.53		28.75	30.01	q
28.05	30.56			4 Conrad, Megan	SRSHE	57.94	6 Dai, Grace	SRNWM	59.20
38 Hazel, Sawyer	SOTSW	58.80		28.59	29.35		28.84	30.36	q
28.98	29.82			5 Horikawa, Natsumi	JR WAJ	58.22	7 Orme, Nicole	13 NCS	59.26
39 Larson, Mark	SOPREP	59.54		28.60	29.62		29.10	30.16	q
28.16	31.38			6 Fosburgh, Elizabeth	SOWIL	58.46	8 Conrad, Megan	SRSHE	59.70
40 Krisko, Patrick	JR POO	59.83		28.40	30.06		29.43	30.27	q
29.45	30.38			7 Orme, Nicole	13 NCS	58.56	9 Swinnerton, Grace	SRBCC	59.79
41 Chuang, Matthew	FRCLK	1:00.19		28.57	29.99		28.96	30.83	q
29.32	30.87			8 Swinnerton, Grace	SRBCC	59.52	10 Sun, Scarlett	JR TSW	59.90
42 Tran, Calvin	JR WCH	1:00.23		28.78	30.74		29.38	30.52	
29.31	30.92			9 Sun, Scarlett	JR TSW	59.67	11 Johnson, Catherine	FRSPB	59.98
43 Huang, Brian	JR MTB	1:00.27		29.17	30.50		29.19	30.79	q
28.60	31.67			10 Dai, Grace	SRNWM	59.87	12 Garcia, Laura	JR SR	1:00.41
44 Blanchard, Grayson	FRSEV	1:00.35		29.04	30.83		30.25	30.16	q
29.87	30.48			B - Final			13 Kuhn, Amanda	SRWWH	1:00.69
45 Van Nevel, John	SOPOO	1:00.78		11 Johnson, Catherine	FRSPB	59.55	29.58	31.11	q
29.31	31.47			28.75	30.80		14 Ryan, Margarita	FRGC	1:00.80
							29.12	31.68	q

**2013 WASHINGTON METROPOLITAN INTERSCHOLASTIC
SWIMMING AND DIVING CHAMPIONSHIPS**

Results

Preliminaries ... (#20 Girls 100 Yard Back)

15	Alvarado, Carly	SOCLK	1:00.87	q
	29.77	31.10		
16	Goetcheus, Grace	FRAHC	1:00.88	q
	29.20	31.68		
17	McGuire-Wien, Elea	FRBCC	1:01.12	q
	29.76	31.36		
18	Yu, Rona	FRMTB	1:01.29	q
	30.01	31.28		
*19	Raynor, Emma	JR HA	1:01.42	q
	29.92	31.50		
*19	Lathrop, Emily	SRMTB	1:01.42	q
	30.24	31.18		
21	LeMone, Alexis	FRHA	1:01.50	
	30.55	30.95		
22	Sherman, Ellie	SORMT	1:01.88	
	30.58	31.30		
23	Burke, Bridie	JR GV	1:01.89	
	29.84	32.05		
24	Karl, Meghan	FRROC	1:02.89	
	30.63	32.26		
25	Bogart, Isabel	FRSJC	1:03.34	
	30.46	32.88		
26	Ship, Hannah	SOWAJ	1:03.44	
	30.71	32.73		
27	Scott, Keeley	SOSMG	1:03.77	
	30.98	32.79		
28	Uhar, Kit	SOGV	1:03.87	
	30.23	33.64		
29	Asbury, Fiona	FRWCH	1:03.88	
	31.50	32.38		
30	Mastracchio, Nicole	JR PVI	1:04.40	
	31.28	33.12		
31	He, Michelle	SRTSW	1:04.55	
	31.38	33.17		
32	Billig, Kelly	FRSHE	1:04.70	
	31.14	33.56		
33	Bell, Erin	16 NCS	1:04.73	
	31.69	33.04		
34	Berchem, Emily	SRBCC	1:05.01	
	31.67	33.34		
35	Meyer, Gwen	JR WWH	1:05.14	
	32.08	33.06		
36	Casimates, Ariana	FRROC	1:05.15	
	31.72	33.43		
37	Li, Jessica	JR WWH	1:05.21	
	31.92	33.29		
38	Nowak, Caroline	JR MTB	1:05.25	
	31.94	33.31		
39	Lopaczynski, Adrian	JR WCH	1:05.73	
	32.29	33.44		
40	Kent, Helen	FRRMT	1:05.75	
	31.80	33.95		
41	Griffin, Hannah	SOWAJ	1:06.16	
	32.36	33.80		

42	Spivey, Lillie	SOQO	1:06.45	
	32.31	34.14		
43	Toth, Kristen	FRSVPHS	1:06.89	
	31.97	34.92		
44	Ho, Connie	FRMTB	1:07.13	
	32.59	34.54		
45	Meinschein, Amanda	FRSMG	1:07.21	
	33.11	34.10		
46	Chen, Heather	JR TSW	1:07.40	
	32.45	34.95		
47	Bearman, Emma	11 JFK	1:07.77	
	33.75	34.02		
48	Huizinga, Sally	JR HA	1:07.97	
	31.88	36.09		
49	Jin, Emily	SOWCH	1:08.47	
	33.14	35.33		
---	Langworthy, Anna	FRDHS	DFS	
	Declared false start			

#21 Boys 100 Yard Breast

METROS:	54.71M	2013	Carsten Vissering
MCPS:	54.90C	2008	Eric Friedland
Pool Record:	54.05P	2009	Eric Knight
	57.08	AAAU	
	58.16	AAAC	

Name	Yr	Team	Finals Time
A - Final			
1	Vissering, Carsten	SOPREP	54.94 AAU
	25.77	29.17	
2	Dickey, Austin	SRTSW	55.75 AAU
	26.14	29.61	
3	Liu, Jeremy	SRQO	57.83 AAAC
	27.12	30.71	
4	Mercer, Leo	SRGC	59.11
	26.89	32.22	
5	Parker, Jacob	SRRMT	59.72
	28.17	31.55	
6	Nugent, Jean-Marc	JR WAJ	1:00.23
	28.26	31.97	
7	Din, Matthew	SRRMT	1:00.68
	28.31	32.37	
8	Mackenzie, Kevin	JR SJC	1:00.79
	28.41	32.38	
9	Zucker, Jacob	SOWAJ	1:00.94
	28.88	32.06	
10	Amitay, Ethan	SOMTB	1:01.10
	28.71	32.39	
B - Final			
11	Pastoriza, Stephen	SOWWH	1:00.65
	28.95	31.70	
12	Tucker, Chandler	JR GC	1:00.81
	28.45	32.36	
13	Lin, Eric	JR MTB	1:00.87
	28.15	32.72	
14	Sukachevin, Kohler	JR SPB	1:01.13
	28.55	32.58	

15	Liu, Anatol	JR RMT	1:01.88
	29.25	32.63	
16	Vissering, Alex	FRWWH	1:01.93
	29.34	32.59	
17	Richardson, Mark	JR WCH	1:01.97
	28.97	33.00	
*18	Qian, Andrew	SRCLK	1:02.37
	29.18	33.19	
*18	Maloney, Sean	JR GONZ	1:02.37
	29.25	33.12	
20	Hammond, Lukas	JR MTB	1:02.77
	29.38	33.39	

#21 Boys 100 Yard Breast

METROS:	54.71M	2013	Carsten Vissering
MCPS:	54.90C	2008	Eric Friedland
Pool Record:	54.05P	2009	Eric Knight
	57.08	AAAU	
	58.16	AAAC	

Name	Yr	Team	Prelim Time
Preliminaries			
1	Vissering, Carsten	SOPREP	54.71MqAAAU
	25.73	28.98	
2	Dickey, Austin	SRTSW	56.68 qAAAU
	26.63	30.05	
3	Liu, Jeremy	SRQO	57.75 qAAAC
	27.04	30.71	
4	Mercer, Leo	SRGC	1:00.12 q
	27.86	32.26	
5	Din, Matthew	SRRMT	1:00.14 q
	28.19	31.95	
6	Parker, Jacob	SRRMT	1:00.52 q
	28.40	32.12	
7	Nugent, Jean-Marc	JR WAJ	1:00.92 q
	28.76	32.16	
8	Mackenzie, Kevin	JR SJC	1:00.93 q
	28.04	32.89	
9	Zucker, Jacob	SOWAJ	1:00.96 q
	29.33	31.63	
10	Amitay, Ethan	SOMTB	1:00.98 q
	29.00	31.98	
11	Lin, Eric	JR MTB	1:01.20 q
	28.49	32.71	
12	Liu, Anatol	JR RMT	1:01.28 q
	28.86	32.42	
*13	Tucker, Chandler	JR GC	1:01.39 q
	28.34	33.05	
*13	Pastoriza, Stephen	SOWWH	1:01.39 q
	29.42	31.97	
15	Sukachevin, Kohler	JR SPB	1:01.45 q
	28.54	32.91	
16	Richardson, Mark	JR WCH	1:01.56 q
	29.15	32.41	
17	Qian, Andrew	SRCLK	1:02.05 q
	29.15	32.90	

**2013 WASHINGTON METROPOLITAN INTERSCHOLASTIC
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Preliminaries ... (#21 Boys 100 Yard Breast)			45 Buehler, Dylan	SODEM	1:06.33	B - Final		
18 Vissering, Alex	FR WWH	1:02.19 q	30.84	35.49		11 Zhang, Emily	SOTS	1:06.74
29.41	32.78		46 Jaffe, Sam	SRJHB	1:06.34	31.26	35.48	
19 Hammond, Lukas	JR MTB	1:02.21 q	30.71	35.63		12 Nugent, Haley	JR WAJ	1:06.79
29.11	33.10		47 Yao, Edward	SOWCH	1:06.46	31.69	35.10	
20 Denvir, Jack	SID	1:02.22 q	31.22	35.24		13 Luigard, Claire	FRSJC	1:07.53
28.81	33.41		48 Morrissey, John	SRPVI	1:06.59	31.79	35.74	
21 Maloney, Sean	JR GONZ	1:02.32	30.78	35.81		14 Gelbaugh, Elizabeth	SOWCH	1:09.09
29.23	33.09		49 Sekar, Ashwin	JR POO	1:08.31	32.38	36.71	
22 Palmiere, Michael	JR QO	1:02.59	32.54	35.77		15 Park, Helen	JR TSW	1:09.21
29.85	32.74		50 Witkin, Alex	JR SHE	1:08.36	32.96	36.25	
23 Broder, Kieran	JR PREP	1:02.72	31.92	36.44		16 Grube, Sydney	FRPOTO	1:09.38
29.10	33.62		51 Claro, Andre	SRSJC	1:08.47	32.68	36.70	
24 He, Jeffrey	SRRMT	1:02.85	31.41	37.06		17 Overly, Anne	FRCHC	1:09.83
29.67	33.18		52 Hsieh, Jeffery	SRNWM	1:08.83	33.15	36.68	
25 O'Leary, Ryan	FRDHS	1:03.23	32.20	36.63		18 Song, Kelsy	FRRMT	1:09.84
29.79	33.44		53 O'Neill, Evan	SRNW	1:09.17	33.05	36.79	
26 Flood, James	16 STA	1:03.43	31.24	37.93		19 Schipani, Jessica	SRAHC	1:10.13
29.80	33.63		54 Hsieh, Justin	JR NWM	1:09.67	32.27	37.86	
27 Kim, Abraham	FRPREP	1:03.54	32.51	37.16		20 Deng, Lisa	JR WWH	1:11.66
30.28	33.26		--- Sheerin, Patrick	SRDEM	DQ	33.50	38.16	
28 Tang, Lanson	JR TSW	1:03.55	False start			#22 Girls 100 Yard Breast		
29.77	33.78		28.70	31.92		METROS: 1:00.05M 2012 Sarah Haase		
29 Dommerholt, Aram	SOWAJ	1:04.09	--- Girguis, Mark	10 JFK	DQ	MCPS: 1:04.54C 2006 Susan Kim		
30.24	33.85		Non-simultaneous touch			Pool Record: 1:00.05P 2012 Sarah Haase		
30 Hogan, David	SRBCC	1:04.45	30.59	34.72		1:03.94 AAAU		
29.77	34.68		#22 Girls 100 Yard Breast			1:05.20 AAAC		
31 Chung, Jeremy	SOTS	1:04.62	METROS: 1:00.05M 2012 Sarah Haase			Name Yr Team Prelim Time		
29.83	34.79		MCPS: 1:04.54C 2006 Susan Kim			Preliminaries		
32 Cove, Jack	SRGONZ	1:04.65	Pool Record: 1:00.05P 2012 Sarah Haase			1 Gould, Audrey	SR WWH	1:04.69 qAAAC
30.25	34.40		1:03.94 AAAU			30.25	34.44	
33 Chitwood, Ryan	SR WWH	1:04.91	1:05.20 AAAC			2 Hanson, Diana	SRPOO	1:06.50 q
30.55	34.36		Name Yr Team Finals Time			31.56	34.94	
34 Youssefiani, Dariush	FR WCH	1:05.15	A - Final			3 Bailar, Schuyler	JR GDS	1:06.71 q
30.43	34.72		1 Bailar, Schuyler	JR GDS	1:03.56C AAAU	31.86	34.85	
35 Dorsey, David	SRDHS	1:05.27	29.95	33.61		4 El-Masry, Sophie	FRRMT	1:07.27 q
30.53	34.74		2 Gould, Audrey	SR WWH	1:04.13C AAAC	32.31	34.96	
36 Tyshing, Miguel	JR PREP	1:05.34	30.01	34.12		5 Popera, Alexa	SOCHC	1:07.48 q
30.54	34.80		3 Chen, Jessica	JR TSW	1:05.47	31.76	35.72	
37 Foster, Kyle	JR TSW	1:05.72	30.90	34.57		6 Chen, Jessica	JR TSW	1:07.63 q
31.36	34.36		4 Hanson, Diana	SRPOO	1:06.08	32.32	35.31	
38 Gerber, Drew	SOWCH	1:05.78	31.23	34.85		7 Kaplan, Zoe	JR NWM	1:07.78 q
31.18	34.60		5 Kaplan, Zoe	JR NWM	1:06.92	32.02	35.76	
*39 Huey-Burns, Conor	SRGC	1:05.91	31.62	35.30		8 Wilson, Julia	SID	1:07.84 q
32.17	33.74		6 Popera, Alexa	SOCHC	1:07.39	32.16	35.68	
*39 Spigler, Alex	SRMARET	1:05.91	32.02	35.37		9 Kronfli, Natalie	SRSR	1:08.06 q
31.18	34.73		7 Kronfli, Natalie	SRSR	1:08.08	32.10	35.96	
41 Ross, Marques	FR WIL	1:06.03	31.94	36.14		10 Hockman, Amy	JR SHE	1:08.79 q
31.11	34.92		8 El-Masry, Sophie	FRRMT	1:08.14	32.37	36.42	
42 Lundelius, Trey	BEARS	1:06.18	32.43	35.71		11 Zhang, Emily	SOTS	1:08.82 q
30.83	35.35		9 Wilson, Julia	SID	1:09.54	32.65	36.17	
43 Sukachevin, Kaden	FR MTB	1:06.26	33.30	36.24		12 Schipani, Jessica	SRAHC	1:08.85 q
31.34	34.92		10 Hockman, Amy	JR SHE	1:09.78	31.98	36.87	
44 Parrino, Christopher	13 STA	1:06.29	32.48	37.30		13 Nugent, Haley	JR WAJ	1:09.02 q
31.43	34.86					32.96	36.06	

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Preliminaries ... (#22 Girls 100 Yard Breast)

14	Gelbaugh, Elizabeth	SOWCH	1:09.25	q
	32.67	36.58		
15	Luigard, Claire	FRSJC	1:09.72	q
	32.75	36.97		
16	Park, Helen	JR TSW	1:09.91	q
	33.32	36.59		
17	Song, Kelsy	FRRMT	1:10.45	q
	33.68	36.77		
18	Deng, Lisa	JR WWH	1:10.49	q
	33.25	37.24		
19	Grube, Sydney	FRPOTO	1:10.71	q
	33.36	37.35		
20	Overly, Anne	FRCHC	1:10.86	q
	33.65	37.21		
21	Cantrell, Alexandra	SR QO	1:10.94	
	33.14	37.80		
22	Lewis, Kelly	SR WTM	1:11.58	
	33.33	38.25		
23	Mayer, Morgan	FRGDS	1:11.74	
	34.38	37.36		
24	Kaplan, Mara	FR WCH	1:11.85	
	34.30	37.55		
25	Hamson, Bethany	JR JHB	1:12.60	
	34.23	38.37		
26	Poerstel, Christina	SOWCH	1:12.67	
	35.29	37.38		
27	San Miguel, Toni Ro	JR POO	1:12.89	
	34.72	38.17		
28	Cirillo, Melanie	SOWAJ	1:13.10	
	34.88	38.22		
29	Flamand, Kelly	JR SHE	1:13.16	
	34.38	38.78		
30	Neubig, Theresa	SOPVI	1:13.28	
	33.42	39.86		
31	Lee, Hannah	SOWCH	1:14.17	
	35.04	39.13		
32	Olsson, Anna	FR MTB	1:14.36	
	34.99	39.37		
33	Redding, Riva	FRRMT	1:15.20	
	34.74	40.46		
34	Fulton, Catherine	FREIN	1:18.23	
	36.77	41.46		

#23 Boys 400 Yard Free Relay

METROS: 3:05.97M 2009 Gonzaga

B Murphy, B Whipkey, D Mackenzie, D Sullivan

MCPS: 3:08.73C 2012 Walter Johnson

B Mangold, J Powell, R Whitescarver, J Nugent

Pool Record: 3:05.97P 2009 Gonzaga HS

B Murphy, B Whipkey, D MacKenzie, D Sullivan;

3:07.94 AAAU

3:10.99 AAAC

Team	Relay	Finals Time
A - Final		
1 GC		3:05.20MAAAU
	Conger, Jack SR	Colket, Matt SR
	Welch, Brady JR	Colket, Thomas SR
	20.66	42.81
	22.58	47.22
	23.00	47.65
	22.74	47.52
2 PREP		3:08.41C AAAC
	Vissering, Carsten SO	Snodderly, Joesph SO
	Lin, Adrian SO	Goddard, Grant SO
	22.41	46.47
	23.30	49.01
	22.50	46.83
	21.69	46.10
3 WAJ		3:09.90 AAAC
	Root, Christopher SR	Burgett, Noah SO
	Nugent, Jean-Marc JR	Mangold, Barrett SR
	22.78	47.80
	23.50	49.14
	22.49	47.26
	21.73	45.70
4 WWH		3:13.01
	Sullivan, Mike SO	Moors, John JR
	Janezich, John JR	Scordato, Patrick SR
	23.07	47.82
	23.67	49.04
	22.50	47.73
	22.43	48.42
5 MTB		3:13.05
	Thomas, Michael JR	Antonisse, Noel SR
	Tsau, Brian SO	Foster, Jack SR
	22.60	47.43
	23.32	49.34
	23.70	49.18
	22.64	47.10
6 WCH		3:13.21
	Ge, Steve SR	Gu, Kevin JR
	Gu, Harrison JR	Cole, Austin SR
	23.92	49.50
	23.56	49.56
	23.14	47.89
	21.76	46.26
*7 TSW		3:15.08
	Gibson, Andrew JR	Yook, Daniel SO
	Tragotsis, Nikos JR	Gibson, Matt SR
	23.42	48.54
	23.52	49.03
	23.45	48.89
	23.29	48.62
*7 GONZ		3:15.08
	Valentine, Andrew JR	Welter, PT SO
	Kilgallin, Billy SR	Novak, Brennan SO
	23.39	48.63
	23.97	49.38
	23.24	49.06
	23.06	48.01
9 BCC		3:15.71
	Rios, Jorge SR	Stevenson, Jamie SR
	Greenhalgh, Andrew SR	Baird, Graham JR
	23.70	49.15
	24.23	50.26
	23.40	49.34
	21.99	46.96

10 RMT		3:17.16
	Song, Gregory JR	Hodges, Rio SR
	Liu, Anatol JR	Din, Matthew SR
	23.86	48.79
	23.15	48.88
	23.75	49.64
	23.30	49.85
B - Final		
11 NWM		3:18.54
	Allsopp, Robert JR	Bajorek, Peter JR
	Caverly, Robert SR	Wu, Alex SR
	24.45	51.45
	23.69	49.65
	23.42	50.23
	22.17	47.21
12 POO		3:20.11
	Krisko, Patrick JR	McCarty, Jack JR
	Laracuente, Xavier JR	Lin, Alex JR
	24.65	52.54
	23.72	51.25
	22.63	47.27
	23.15	49.05
13 QO		3:22.33
	Engel, Jake SR	Wang, Alvin JR
	Mann, Andrew JR	Liu, Jeremy SR
	24.12	50.87
	23.84	49.62
	23.99	51.16
	23.80	50.68
14 JHB		3:23.72
	Camp, Cory SR	Jaffe, Sam SR
	Kenny, Matthew FR	Latona, Andrew SR
	23.40	48.39
	25.10	52.87
	24.43	51.66
	24.48	50.80
15 BEARS		3:23.83
	Fralin, Hayden	Kelso, Aidan
	Freeman, John	Kopp, Jeff
	24.64	51.38
	23.37	49.13
	24.01	51.93
	24.38	51.39
16 SJC		3:25.24
	Rurka, John SR	Gillespie, Thomas FR
	Gibeily, Thomas SR	Mackenzie, Kevin JR
	25.20	52.59
	24.35	51.95
	24.45	51.79
	23.46	48.91
17 SPB		3:25.85
	Bauer, Travis JR	Stradley, Jimmy SR
	Hisnanick, James SO	Sukachevin, Kohler JR
	24.59	50.94
	25.72	54.86
	23.67	50.18
	23.45	49.87
18 SEV		3:26.90
	Von Heeringen, Austin JR	Blanchard, Grayson FR
	Epstein, Jordan SR	O'Connor, Reily JR
	24.80	51.88
	25.34	52.72
	24.88	52.54
	23.49	49.76
19 CLK		3:27.52
	Guo, Justin JR	Chuang, Matthew FR
	Qian, Andrew SR	Kiehl, Joshua SR
	25.46	53.79
	26.05	54.68
	23.68	50.22
	23.26	48.83
20 WIL		3:29.85
	Miller, Timothy SO	Kacapor, Ersin FR
	Cronyn, Max	Ross, Marques FR
	23.73	49.33
	24.38	51.29
	26.00	54.89
	25.78	54.34

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#23 Boys 400 Yard Free Relay

METROS: 3:05.97M 2009 Gonzaga

B Murphy, B Whipkey, D Mackenzie, D Sullivan

MCPS: 3:08.73C 2012 Walter Johnson

B Mangold, J Powell, R Whitescarver, J Nugent

Pool Record: 3:05.97P 2009 Gonzaga HS

B Murphy, B Whipkey, D MacKenzie, D Sullivan;

3:07.94 AAAU

3:10.99 AAAC

Team	Relay	Prelim Time
Preliminaries		
1 GC		3:09.31 qAAAC
	Colket, Thomas SR	Colket, Matt SR
	Welch, Brady JR	Conger, Jack SR
	23.18	47.66 23.30 48.60
	23.07	47.82 21.03 45.23
2 PREP		3:11.47 q
	Vissering, Carsten SO	Snodderly, Joesph SO
	Lin, Adrian SO	Goddard, Grant SO
	22.63	47.21 23.70 49.28
	22.62	47.48 22.48 47.50
3 WAJ		3:12.20 q
	Root, Christopher SR	Kirchner, Michael SR
	Nugent, Jean-Marc JR	Mangold, Barrett SR
	23.15	48.16 23.82 49.97
	22.70	47.49 22.06 46.58
4 WWH		3:12.77 q
	Moors, John JR	Sullivan, Mike SO
	Janezich, John JR	Scordato, Patrick SR
	22.74	47.04 23.08 47.91
	23.65	49.60 22.58 48.22
5 GONZ		3:13.75 q
	Kilgallin, Billy SR	Welter, PT SO
	Valentine, Andrew JR	Novak, Brennan SO
	23.71	49.26 22.83 48.08
	22.89	47.83 23.25 48.58
6 MTB		3:14.27 q
	Foster, Jack SR	Antonisse, Noel SR
	Tsau, Brian SO	Thomas, Michael JR
	23.26	47.91 23.58 49.57
	23.91	49.57 22.21 47.22
7 RMT		3:14.81 q
	Din, Matthew SR	Song, Gregory JR
	Liu, Anatol JR	Hodges, Rio SR
	23.15	48.81 23.39 48.11
	22.97	48.95 23.00 48.94
8 TSW		3:15.10 q
	Gibson, Andrew JR	Yook, Daniel SO
	Tragotsis, Nikos JR	Gibson, Matt SR
	23.17	48.09 17.43 48.87
	23.76	49.48 23.02 48.66
9 WCH		3:15.51 q
	Gu, Harrison JR	Gu, Kevin JR
	Ge, Steve SR	Cole, Austin SR
	23.55	48.50 23.28 49.80
	23.81	49.59 22.29 47.62

10 BCC				3:16.99 q
	Rios, Jorge SR		Stevenson, Jamie SR	
	Greenhalgh, Andrew SR		Baird, Graham JR	
	23.28	49.45	24.09	50.01
	23.87	49.79	22.21	47.74
11 NWM				3:17.62 q
	Allsopp, Robert JR		Bajorek, Peter JR	
	Caverly, Robert SR		Wu, Alex SR	
	23.58	50.32	23.37	49.26
	23.50	50.03	22.31	48.01
12 POO				3:20.36 q
	McCarty, Jack JR		Krisko, Patrick JR	
	Lin, Alex JR		Laracuente, Xavier JR	
	24.44	51.89	24.16	51.55
	23.38	48.86	23.00	48.06
13 QO				3:21.91 q
	Wang, Alvin JR		Liu, Jeremy SR	
	Mann, Andrew JR		Engel, Jake SR	
	23.81	49.82	23.91	51.56
	23.63	50.29	23.37	50.24
14 SPB				3:24.77 q
	Hisnanick, James SO		Stradley, Jimmy SR	
	Bauer, Travis JR		Sukachevin, Kohler JR	
	24.32	50.13		54.41
	24.08	50.27	23.14	49.96
15 JHB				3:26.02 q
	Kenny, Matthew FR		Jaffe, Sam SR	
	Latona, Andrew SR		Camp, Cory SR	
	25.28	52.84	25.33	52.75
	25.19	52.10	22.85	48.33
16 SEV				3:26.83 q
	Von Heeringen, Austin JR		Blanchard, Grayson FR	
	Epstein, Jordan SR		O'Connor, Reily JR	
	24.55	51.20	24.81	52.38
	24.60	52.53	23.97	50.72
17 BEARS				3:27.27 q
	Freeman, John		Fralin, Hayden	
	Kelso, Aidan		Lundelius, Trey	
	23.90	49.67	24.61	51.16
	24.71	52.58	24.78	53.86
18 SJC				3:27.39 q
	Rurka, John SR		Gillespie, Thomas FR	
	Gibeily, Thomas SR		Mackenzie, Kevin JR	
	25.37	53.52	24.27	52.34
	24.71	52.51	22.97	49.02
19 CLK				3:27.83 q
	Qian, Andrew SR		Chuang, Matthew FR	
	Guo, Justin JR		Kiehl, Joshua SR	
	24.42	51.31	25.54	53.60
	25.92	54.11	23.00	48.81
20 WIL				3:31.51 q
	Miller, Timothy SO		Cronyn, Max	
	Ross, Marques FR		Kacapor, Ersin FR	
	22.71	47.89	26.37	55.41
	26.28	55.42	24.31	52.79

21 EIN				3:31.58
	Johnson, Duncan JR		Coyne, Jackson SO	
	DeWaal, Ethan JR		Lewis, Rory SO	
	24.20	50.79	26.46	56.14
	25.79	55.63	23.19	49.02
22 DHS				3:32.64
	Dorsey, David SR		Merlino, Garrett JR	
	Walter, Griffin SR		O'Leary, Ryan FR	
	25.20	52.55	26.06	55.13
	25.03	52.48	24.86	52.48
23 DEM				3:34.00
	Buehler, Dylan SO		Gonzalez, Noah SO	
	Barbour, Sean FR		Sheerin, Patrick SR	
	25.38	53.41	25.29	53.76
	26.08	56.18	23.84	50.65
24 STA				3:34.71
	Ricks, Wilson 14		Clare, Matthew 14	
	Parrino, Christopher 13		Merley, Connor 13	
	25.60	54.96	25.35	54.30
	25.43	53.42	24.11	52.03
25 SHE				3:35.90
	Navale, Rahul SR		Kong, Austin SO	
	Lee, Thomas JR		Brailsford, Petyon SR	
	25.37	53.21	25.60	54.33
	25.34	54.87	25.07	53.49
26 CZM				3:36.41
	Evantanto, Azevedo SO		Reed, Hunter FR	
	Waters, John SR		Mannella, Nicholas SR	
	26.14	54.25	26.24	56.05
	24.42	53.46	24.51	52.65
27 SMG				3:38.21
	Pinto, Eric JR		Katrina, Andrew	
	Jones, Patrick SO		Semler, Josh JR	
	26.36			
	25.99	1:04.54	42.19	
28 WTM				3:43.30
	Orban, Peter FR		Teigland, Vebjorn SR	
	Brophy, Lowell FR		Brophy, Evan SR	
	26.87	56.74	28.09	58.09
	26.60	57.43	23.66	51.04
29 PVI				3:44.66
	Herbert, David FR		Gormley, Connor SR	
	Grealish, Aiden FR		Morrissey, John SR	
	25.98	54.50	26.26	56.72
	27.18	59.06	25.24	54.38
30 ROC				3:52.47
	Barr, Vincent SR		Rivera, Jake SO	
	Baldwin, John JR		Zweig, Zachary SR	
	27.12	56.96	25.92	58.87
	25.77	54.93	28.59	1:01.71

**2013 WASHINGTON METROPOLITAN INTERSCHOLASTIC
SWIMMING AND DIVING CHAMPIONSHIPS**

Results

#24 Girls 400 Yard Free Relay				10 BCC				3:44.94				#24 Girls 400 Yard Free Relay			
METROS: 3:27.63M 2012 Walt Whitman High School				Rysak, Bethany JR				Swinnerton, Grace SR				METROS: 3:27.63M 2012 Walt Whitman High School			
R Tong, A Gould, V Kuhn, C Meyer				McGuire-Wien, Eleanore FR				Martin, Bella SO				R Tong, A Gould, V Kuhn, C Meyer			
MCPS: 3:27.63C 2012 Walt Whitman High School				26.32 55.23				26.79 56.54				MCPS: 3:27.63C 2012 Walt Whitman High School			
R Tong, A Gould, V Kuhn, C Meyer				26.87 56.16				27.44 57.01				R Tong, A Gould, V Kuhn, C Meyer			
Pool Record: 3:24.95P 2010 North Baltimore AC				B - Final				Pool Record: 3:24.95P 2010 North Baltimore AC				R Tong, A Gould, V Kuhn, C Meyer			
R Schaffer, A Staub, K Surhoff, F Lee				11 SJC				3:40.85				R Schaffer, A Staub, K Surhoff, F Lee			
3:30.14 AAAU				Gregory, Catherine FR				Bogart, Isabel FR				3:30.14 AAAU			
3:33.53 AAAC				Luigard, Claire FR				Kirsch, Sydney FR				3:33.53 AAAC			
Team	Relay	Finals Time		26.90	56.20	26.56	56.27	Team	Relay	Prelim Time		26.63	55.70	24.78	52.68
A - Final				12 NCS				3:42.98				Preliminaries			
1 WCH		3:28.01	AAAU	Orme, Nicole 13		Bell, Erin 16		1 WCH		3:31.06	qAAAC				
Tiberino, Alicia JR		Illig, Michelle SR		Longosz, Elizabeth 15		Johnson, Morgan 14		Tiberino, Alicia JR		Illig, Michelle SR					
Lindsey, Hannah FR		Gu, Elaina SO		25.85	53.75	27.78	57.83	Gu, Elaina SO		Lindsey, Hannah FR					
25.63	53.46	24.54	51.97	27.30	57.41	25.83	53.99	26.15	54.46	24.86	53.03				
24.67	51.56	24.56	51.02	13 POO				3:43.47				24.90	52.22	24.48	51.35
2 SHE		3:29.06	AAAU	Knapp, Lindsay SO		Song, Dorit SO		2 SHE		3:31.31	qAAAC				
Hill, Morgan FR		Conrad, Megan SR		Jih, Cynthia SR		Hanson, Diana SR		Hill, Morgan FR		Conrad, Megan SR					
Sheapp, Kylie SR		Kolanowski, Anna SR		27.69	58.32	25.58	53.27	Sheapp, Kylie SR		Kolanowski, Anna SR					
24.68	51.87	25.65	52.98	26.62	56.63	26.35	55.25	25.19	52.53	26.44	54.59				
25.62	54.28	23.99	49.93	14 CHC				3:45.75				25.83	54.22	23.86	49.97
3 HA		3:32.83	AAAC	Drummond, Olivia		McCreary, Megan		3 RMT		3:37.18	q				
LeMone, Alexis FR		Jubin, Isabelle SO		Overly, Anne FR		Popera, Alexa SO		Han, Sherril SO		Song, Kelsy FR					
Raynor, Emma JR		McTaggart, Caroline SO		26.79	55.89	27.61	57.18	El-Masry, Sophie FR		Richter, Audrey FR					
26.46	54.48	25.18	53.73	26.88	56.22	27.03	56.46	26.56	54.76	26.43	55.19				
26.19	55.25	23.80	49.37	15 DHS				3:49.59				25.32	53.75	25.25	53.48
4 TSW		3:33.19	AAAC	Boege, Hedda SR		Betts, Courtney SO		4 GC		3:37.40	q				
Li, Kristina JR		Sun, Scarlett JR		Giron, Meghan FR		Langworthy, Anna FR		Miller, Makenzie JR		Martinko, Jordan SR					
Hubert, Leah JR		Fagan, Annie JR		26.52	55.59	27.62	57.77	Ryan, Margarita FR		Mulquin, Catherine SR					
25.42	51.80	25.71	53.73	27.71	58.16	27.82	58.07	26.30	54.72	26.53	55.27				
26.24	54.09	25.16	53.57	16 WWH				3:50.05				26.01	54.35	24.98	53.06
5 GC		3:36.60		Kellett, Halie SR		Li, Jessica JR		5 HA		3:37.78	q				
Miller, Makenzie JR		Martinko, Jordan SR		Shapiro, Frankie FR		Fritsch, Sara JR		LeMone, Alexis FR		Jubin, Isabelle SO					
Ryan, Margarita FR		Mulquin, Catherine SR		27.12	57.46	27.43	57.62	Raynor, Emma JR		McTaggart, Caroline SO					
26.00	54.28	25.92	54.18	27.27	58.23	26.19	56.74	26.67	54.60	25.89	55.27				
26.10	55.30	25.10	52.84	17 SID				3:50.30				26.69	56.51	24.28	51.40
6 RMT		3:38.61		St. John, Mary		Kulikowski, Tess		6 SR		3:40.09	q				
Han, Sherril SO		Song, Kelsy FR		Wilson, Julia		Abeles, Elizabeth		Gasaway, Cecila JR		Haley, Kelleigh FR					
El-Masry, Sophie FR		Richter, Audrey FR		27.32	56.82	28.06	59.16	Kronfli, Natalie SR		Garcia, Laura JR					
26.22	54.18	26.00	54.52	27.41	58.54	26.78	55.78	26.32	54.45	26.08	55.13				
25.81	55.26	25.82	54.65	18 NWM				3:52.74				26.74	55.38	26.29	55.13
7 WAJ		3:39.15		Harnood, Eliya FR		Pincus, Alexis FR		7 WAJ		3:40.41	q				
Kuvan, Sophia JR		Straathoff, Elizabeth JR		Jacobs, Delaney SO		Kaplan, Zoe JR		Nugent, Haley JR		Straathoff, Elizabeth JR					
Nugent, Haley JR		Horikawa, Natsumi JR		27.99	57.80	27.17	57.69	Kuvan, Sophia JR		Horikawa, Natsumi JR					
25.84	54.81	26.58	56.39	28.26	1:00.21	27.41	57.04	27.41	56.09	27.11	57.54				
26.29	54.77	25.23	53.18	19 GV				3:54.29				25.21	52.88	25.84	53.90
8 SR		3:41.79		Uhar, Kit SO		Burke, Molly FR		8 TSW		3:42.33	q				
Gasaway, Cecila JR		Haley, Kelleigh FR		Collamore, Pauline JR		Allen, Sarah SR		Welch, Jeanette JR		Zhang, Lynn FR					
Garcia, Laura JR		Kronfli, Natalie SR		27.30	58.12	28.30	1:01.28	Fagan, Annie JR		Sun, Scarlett JR					
26.47	54.90	25.78	54.79	27.58	58.68	26.92	56.21	27.15	56.34	26.97	56.57				
26.17	55.29	26.96	56.81	20 CZM				3:56.57				25.47	54.15	26.62	55.27
9 MTB		3:43.49		Sweeney, Katie JR		Connor, Sofia SO		9 MTB		3:42.77	q				
Lathrop, Emily SR		Moore, Emma FR		Grimm, Isabel FR		Triau, Abigail SR		Zhou, Amy SO		Lathrop, Emily SR					
Arai, Jennifer SR		Zhou, Amy SO		26.95	57.31	28.42	59.63	Moore, Emma FR		Arai, Jennifer SR					
26.35	54.96	26.75	56.19	29.44	1:02.26	27.38	57.37	25.93	54.71	26.57	55.31				
26.40	56.52	26.02	55.82									27.34	57.29	25.97	55.46

**2013 WASHINGTON METROPOLITAN INTERSCHOLASTIC
SWIMMING AND DIVING CHAMPIONSHIPS**

Results

Preliminaries ... (#24 Girls 400 Yard Free Relay)					21	QO	3:56.68		15.	Bethesda-Chevy Chase	89	
10	BCC	3:43.24 q				Spivey, Lillie SO	Cantrell, Alexandra SR		16.	Georgetown Day School	73	
	Rysak, Bethany JR	Swinerton, Grace SR				Hauri, Michaela SO	Valenti, Ellie SO		17.	Holy Child	62	
	Martin, Bella SO	McGuire-Wien, Eleanore F				27.93	58.72	27.94	59.48	18.	Georgetown Visitation	59
	26.11	54.86	25.95	54.71		27.44	58.78	27.73	59.70	19.	Damascus High School	50.5
	27.38	57.11	26.50	56.56	22	PVI	3:57.80		20.	Sidwell Friends School	45	
11	SJC	3:44.01 q				Merrill, Emma JR	Neubig, Kathleen SR		21.	Paul VI Catholic High School	40	
	Luigard, Claire FR	Gregory, Catherine FR				Neubig, Theresa SO	Mastracchio, Nicole JR		22.	Paint Branch Swim and Dive	36	
	Bogart, Isabel FR	Kirsch, Sydney FR				26.64	55.81	29.22	1:02.28	23.	Wilson	34
	27.00	56.58	27.17	56.62		28.09	1:00.20	28.27	59.51	24.	Springbrook High School	26
	27.02	57.13	25.34	53.68	23	JHB	4:01.84		25.	Academy of the Holy Cross	23	
12	POO	3:44.60 q				Sigwalt, Rachel FR	Stuart, Ashley FR		26.	Bishop O'Connell	13	
	Jih, Cynthia SR	Knapp, Lindsay SO				Hamson, Bethany JR	Kalen, Madi JR		27.	Magruder High School	10	
	Song, Dorit SO	Hanson, Diana SR				27.31	58.67	29.79	1:03.56	28.	Clarksburg High School	9
	26.98	57.06	27.24	58.19		28.89	1:00.88	27.87	58.73	29.	Maret School	7
	25.94	53.95	26.67	55.40	24	EIN	4:02.89		30.	Quince Orchard High School	6	
13	NCS	3:47.24 q				Fulton, Catherine FR	Mayfield, Emily SO		31.	The Potomac School	5	
	Johnson, Morgan 14	Longosz, Elizabeth 15				Anderson, Gail FR	Anderson, Carol SR		32.	Elizabeth Seton High School	4	
	Bell, Erin 16	Orme, Nicole 13				28.59	1:00.22	28.03	1:00.13	33.	Blake High School	2.5
	26.32	54.87	28.07	1:00.02		28.68	58.70	30.05	1:03.84	Scores - Men		
	27.94	58.79	25.11	53.56	25	SMG	4:03.87		Men - Team Rankings - Through Event 24			
14	CHC	3:47.63 q				Meinschein, Amanda FR	Scott, Keeley SO		1.	Gonzaga College High School	340.5	
	Drummond, Olivia	McCreary, Megan				Whelan, Briana	Whelan, Emma SO		2.	Georgetown Preparatory School	320	
	Overly, Anne FR	Popera, Alexa SO				29.61	1:01.16	28.92	1:01.90	3.	Good Counsel	281
	26.96	56.47	28.35	58.64		28.82	1:01.75	59.06		4.	Montgomery Blair	263
	27.23	56.53	27.13	55.99	26	ES	4:07.46		5.	Walter Johnson High School	262	
15	DHS	3:50.97 q				Dunbar, Maya JR	Hawkins, Erica SO		6.	Walt Whitman	236.5	
	Langworthy, Anna FR	Betts, Courtney SO				Howell, Julia SR	Holley, Akeyla SO		7.	Wootton High School	230	
	Giron, Meghan FR	Boege, Hedda SR				27.96	57.73	29.45	1:02.11	8.	Richard Montgomery High School	206
	27.56	57.79	28.43	1:00.07		29.84	1:04.52	1:03.10		9.	Churchill High School	192
	27.63	59.48	24.63	53.63	27	WTM	4:10.21		10.	Bethesda-Chevy Chase	157	
16	WWH	3:51.31 q				Crews, Sarah JR	Orban, Anona FR		11.	Quince Orchard High School	126	
	Kellett, Halie SR	Shapiro, Frankie FR				Hanson, Caroline SO	Lewis, Kelly SR		12.	Northwest High School	118	
	Li, Jessica JR	Deng, Lisa JR				28.79			13.	DeMatha Catholic High School	105	
	27.45	57.79	27.94	59.37				32.06	14.	Poolesville High School	86	
	27.38	57.70	27.14	56.45	28	ROC	4:20.30		15.	Einstein	81	
17	SID	3:51.63 q				Kumagai, Akari SO	Cremins, Sontanna SR		16.	Blake High School	63	
	St. John, Mary	Wulf, Jocelyn				Hurley-Novatny, Amelia SO	Welch, Ariana JR		17.	Sidwell Friends School	62	
	Kulikowski, Tess	Abeles, Elizabeth				30.27	1:04.82	31.31	1:05.14	18.	Springbrook High School	56
	27.69	57.25	27.87	1:00.76		30.96	1:05.70	1:04.64		19.	Landon School	49
	27.82	58.48	26.61	55.14	Scores - Women							
18	GV	3:55.78 q			Women - Team Rankings - Through Event 24							
	Burke, Molly FR	Uhar, Kit SO			1.	Wootton High School	392					
	Collamore, Pauline JR	Allen, Sarah SR			2.	Churchill High School	386					
	29.16	1:02.38	27.10	57.61	3.	Sherwood High School	292					
	28.21	59.06	26.91	56.73	4.	Stone Ridge	235					
19	CZM	3:56.18 q			5.	Walt Whitman	224					
	Sweeney, Katie JR	Connor, Sofia SO			6.	Richard Montgomery High School	219					
	Grimm, Isabel FR	Triaui, Abigail SR			7.	Good Counsel	207					
	26.88	56.53	28.34	1:29.36	8.	Walter Johnson High School	183					
	34.26	1:00.03	30.26		9.	The Holton-Arms School	174					
20	NWM	3:56.62 q			10.	Poolesville High School	161					
	Kaplan, Zoe JR	Harnood, Eliya FR			11.	National Cathedral/W	113					
	Jacobs, Delaney SO	Pincus, Alexis FR			11.	St. John's College High School	113					
	27.44	57.50	28.35	58.48	13.	Northwest High School	112					
	29.83	1:02.12	27.17	58.52	14.	Montgomery Blair	90					